

MR. HAPPY PARTY



NO DINNER BELL
YOU'LL NEED MY MAN
WHEN THIS CHOICE
MEAT IS IN THE PAN

Watch for Mr. Happy Party.

O. C. HERRINGTON
MEATS, FISH
& OYSTERS
PHONE NO. 146

PEOPLE MUST SACRIFICE.

Colonel Fries Calls County Workers Together—Tells Them to Go Out and Sell the People War Savings Stamps.

Winston-Salem, March 26.—"Surely our people are no longer apathetic or in doubt as to the seriousness of the war situation or as to the size of the tasks that are before them if America wins," said Col. F. H. Fries today, state director of war savings. Continuing, he said: "Believing that our people do realize now as never before the seriousness of the war situation when at this moment the German drive is threatening our very existence as a nation, I have wired the chairman of the War Savings committee of every county to call together in conference at once every member of the committee and every member of the Unit Club and to impress them at this strategic moment with the necessity of this work. I urged them to send forth every available worker in teams of two out into the county to work every section, and visit practically every home, urging the people to sign the pledge cards for the limit of their ability to buy War Savings Stamps."

Colonel Fries says that the citizens of the United States are just coming to the point where they are being called on to make sacrifices in giving their money and denying themselves material pleasures they enjoyed before the war. "Only parents who have given sons," he says, "have yet experienced a sacrifice anything like what we are to be called on to sacrifice in the future. We who have lost our money, not given it, and that at a higher rate of interest than our banks will pay, have made no sacrifice. Very few people have denied themselves anything. But at this strategic moment, we are beginning to see what will be required of us if we ever beat down German Kultur and destroy Prussianism."

"If we meet the demands made by us the government we must pledge ourselves to save and give regularly, monthly and weekly and not spasmodically or as we happen to have it. We must deny ourselves of all non-essentials, things not necessary to our efficiency and health. When we do less than this we not only prolong the war, but we handicap the government in its efforts to win the war. When we do not help, we hinder."

W S S

The large lot on Park avenue to be used by the Community Y. F. C. A. is being scraped today and soon will be in readiness for use. Owing to the inclement weather this matter was delayed. Boys desiring to enter the City Baseball League should register at the Y. M. C. A. office this week. The first series of games will be played the first week in April.

EAT LESS AND TAKE SALTS FOR KIDNEYS

Take a glass of Salts if your Back Hurts or Bladder Bothers.

The American men and women must guard constantly against kidney trouble, because we eat too much and our food is rich. Our blood is filled with uric acid, which the kidneys strive to filter out, they weaken from overwork, become sluggish; the eliminative tissues clog, and the result is kidney trouble, bladder weakness and a general decline in health.

When your kidneys feel like lumps of lead; your back hurts or the urine is cloudy, full of sediment or you are obliged to seek relief two or three times during the night; if you suffer with sick headaches or dizzy, nervous spells, acid stomach, or you have rheumatism whenever the weather is bad, get from your pharmacist about four ounces of Jad Salts; take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to flush and stimulate clogged kidneys; to neutralize the acids in the urine so it no longer is a source of irritation, thus ending bladder disorders.

Jad Salts is inexpensive; cannot injure, makes a delightful effervescent lithia-water beverage, and belongs in every home, because nobody can make a mistake by having a good kidney flushing any time.

FEEDING AFRICAN MULES.

Chicago, March 27.—It costs more to feed United States army mules and horses than it does to satisfy the hunger of the men themselves.

Millions of dollars—how many millions the forage branch of the Quartermaster's Corps here would not say—have already been paid for hay, grain and straw supplied cavalry mounts and pack and artillery animals since June, 1917, according to George I. Bridge, chief of the forage branch. Mr. Bridge joined the nation's "\$1-a-year" men to give the department the advantage of his years of experience as a purchaser of hay and grains. He based his conclusions as to the relative cost of feeding man and beast on a basis of 16 cents a meal for each soldier.

To cope with the gigantic task that the quartermasters face in keeping army animals well fed, a re-arrangement of the forage division has just been effected, whereby Chicago is made the forage-purchasing center for all of America's armed forces.

"From the Philippine Islands to the coast of Maine, from the Gulf of Mexico to Montreal, America is collecting forage for army horses and mules," he said. "Every cantonment and military station in the country, as well as all United States overseas forces, depend upon this office for their hay, oats and straw."

"Purchasing of forage supplies is much more complicated than in any other army branch. For example when a supply of frozen beef is needed, it is only necessary to see five or six firms, because these firms are practically the only ones from which the beef can be obtained. Consequently the purchase is quickly directed."

"In the forage branch, however, we are faced with a much more perplexing problem. Our purchases must be made direct from dealers, and there are thousands of them. We pick up carload of hay here, another somewhere else. This not only necessitates a large volume of correspondence but complicates our work. Of one thing we may be proud, however, there has been no trouble whatever in getting supplies, and there is no shortage in this country of the things needed in our department."

The forage division supplies straw for the beds of soldiers, a large amount being required for this purpose alone.

W S S

The Navy Needs Watchmakers.

The naval reserve force is in immediate need of a number of watchmakers for duty at naval air stations in France to work on the delicate mechanism of air machines.

Men capable of doing this class of work are thus given a splendid opportunity to render valuable service and at the same time to work along the lines with which they are familiar.

Such men will be enrolled as first class petty officers and transferred to Philadelphia preparatory to being sent across. The flying corps and ground work in connection therewith being one of the most popular branches of the service, there should be little difficulty in securing the desired men for this work. Enrollments may be made at the Fifth Naval District Enrolling office, 101 West Main street, Norfolk, Va., which office will also on request furnish full information of all interested.

In addition to the class of men above mentioned, in the reserve force, there are openings for men of nearly every trade and calling of civil life, and under the draft law registered men can still join the navy or reserve force if they have a statement from their local boards that their class and order numbers are so low that they are not in the current quota of the local board. Information as to these other branches may be secured at the address above given.

W S S

Sometimes it is called the National Amateur Hockey League and at other times the National Hockey League. Perhaps the "amateur" stuff as applied to some of our hockey performers is puzzling to the scribes.

GLAD TO TESTIFY

Says Watoga Lady, "As To What Cardui Has Done For Me, So As To Help Others."

Watoga, W. Va.—Mrs. S. W. Gladwell, of this town, says: "When about 15 years of age, I suffered greatly. . . Sometimes would go a month or two, and I had terrible headache, backache, and bearing-down pains, and would just drag and had no appetite. Then. . . it would last. . . two weeks, and was so weakening, and my health was awful."

My mother bought me a bottle of Cardui, and I began to improve after taking the first bottle, so kept it up till I took three. . . I gained, and was well and strong, and I owe it all to Cardui. I am married now and have 3 children. . . Have never had to have a doctor for female trouble, and just resort to Cardui if I need a tonic. I am glad to testify to what it has done for me, so as to help others."

If you are nervous or weak, have headaches, backaches, or any of the other ailments so common to women, why not give Cardui a trial? Recommended by many physicians. In use over 40 years. Begin taking Cardui today. It may be the very medicine you need.

NC-130

A Guarantee of Faith




ON THE SOLE



MANY pleasing variations of this type are offered in the Queen Quality Spring styles. Brown calf, white fabrics, canvas or pro-buck, as well as the blacks, are among the best fashions.



ALWAYS popular, this type of pump will continue to please the countless wearers of Queen Quality. Made of patent, black kid, or white fabrics. Light and dainty—dressy and desirable.

IN THE TOP



BROWN calf, black leathers, white fabrics, or white pro-buck are the prevailing materials used in this type. One of the distinguished boot models that will find many wearers for early Spring.



THIS pump may be had in black Shoe-Soap Kid, Queen Quality selection or patent calf, or white cloth. One of the very newest and most pleasing designs of all the season's offerings.

The "Queen Quality" Trade Mark is stamped on shoes as a Guarantee of Faith. The dealer who sells the shoes stands behind them with his good name. Thus, you have a

DOUBLE GUARANTEE

Manufacturer and Merchant pledge themselves to give you that to which you are entitled—Your Money's Worth.

LOOK FOR THE TRADE MARK

Buy standard merchandise that is vouched for by a Reliable Concern.

This is a time when you need every safeguard in your purchases. War conditions make a necessity for economy in everything, but the best economy is in buying good shoes. Buy Wisely of the Best Goods.

BUY "QUEEN QUALITY" SHOES

Thomas G Plant Company
Manufacturers Boston

A GOOD STAMP DAY.

The German Offensive Gives a Boost to the Sale of War Savings Stamps in Salisbury.

Monday was a good day in the sale of Thrift and War Savings Stamps in Salisbury. There was quite a fine sale at the post office and the banks and other places having these stamps on sale did some business. Several more citizens took good sized lumps of stamps and signified their intention of becoming members of the "Limit Club," that is to take as much as \$1,000 worth before the end of the year.

The German offensive appeared to give somewhat of a boost to the sale of these stamps and it is hoped there will continue to be a growing demand for them. The government needs the money, it is a fine and safe investment and there ought to be no trouble in having Rowan people subscribe for the amount allotted to this county.

In the sales made yesterday it was evident at least some of the money exchanged for stamps was "hoarded" money. One man appeared at the post office with a fair sized candy box loaded with pennies, nickles and dimes and there was also some gold invested, some of this being of the rare denomination of \$2.50, this also evidently having been hid away for some time.

W S S

A meeting for the purpose of organizing a Boy Teachers' Training Class will be held in the Community Y. M. C. A. office Friday evening at 8 o'clock. There is a demand for a class of this kind among the Sunday School Teachers in the city and the Secretary of the Y. M. C. A. is endeavoring to interest the teachers of boys' classes in this particular training class.

JUSTICE IN RUSSIA.

Not an Altogether Success as the Russians Struggle to Find the Right and Just Thing in Self-Government.

Petrograd, March 27.—(Correspondence of the Associated Press.)—The "popular revolutionary tribunal" whose initial experience in dispensing democratic justice was the trial of Countess Panine, the well known philanthropic and educational worker, has since tried several cases, the most important of which was that of General Boldirff, charged with insubordination and sentenced to three years' imprisonment.

But the operation of this primitive

ARE YOU STILL YOUNG AT HEART?

THEN WHY LOOK OLDER THAN YOU FEEL?

Every woman is as young as she looks, so why let sentiment or prejudice prevent your keeping youthful as long as you wish?

Not long ago many women would not use face powders or cosmetics. Today, practically every woman knows their need and uses them. This is equally true of the hair color restorer. Thousands of women keep their hair dark and youthful with Q-ban Hair Color Restorer. It is not a dye, but a delightful toilet preparation which brings back the color and gloss as gradually and evenly as the natural renewing of the hair itself.

Q-ban will not stain the scalp, wash or rub off; and does not interfere with washing or waving the hair. Keeps it glossy and healthy. Guaranteed to satisfy or money refunded.

Sold by all good druggists everywhere on Money-Back Guarantee. Price 75 cents.

court suffered a severe jolt when the case of L. M. Bramson, a popular leader of the Moderate Socialists, came up for trial. Bramson was charged with publishing several articles of "counter-revolutionary character" in one of the Socialist papers. When he entered the court room the spectators rose and cheered tumultuously.

The President of the court attempted to stop the demonstration, but his words were drowned in the noise and he motioned to the officer on duty to clear the room. This caused a storm of indignant protests. Amid the din and noise one could make out: "This you call a popular tribunal." "You want to make a torture chamber here." "You may drive us out with bayonets; we will not leave the room."

Bramson also protested against the attempt to deny him a public trial. Unable to restore order, the President called armed guards, directed that the prisoner be taken back to prison and adjourned the session.

In the future offenses of this nature will be tried by a special "revolutionary tribunal of the press," recently created by a decree of the Council of National Commissioners.

W S S

WHAT WILL YOU DO?

(Manufacturers Record.) The soldier must pay in suffering and death for liberty for you. What will you pay?

The soldier gives up all on earth except honor to purchase liberty for you and your country. What will you give up?

Your loved ones and country and all on earth that is worth living for are at stake. What are you willing to do to save them?

The murderer and the outlager are striking down your neighbor's family

and are starting for your loved ones. The soldier rushes in and offers his life to save them.

What are you willing to do to save them?

On April 6, the nation will ask for an expression of your patriotism. On that day it will want to know what you are willing to do to stand behind the soldier as he goes "over the top." It will ask you on that, the first anniversary of our entrance into war, how many Liberty Bonds, the best security on earth, you will buy. Do not wait for a long drawn-out campaign, but be ready on the opening day to stand in line, if necessary, to enter your subscription.

W S S

Russian dances appear to be less popular than formerly, although the army is still making one night stands in the provinces.

ROWAN ACADEMY.

Rowan Academy, March 25.—The Ladies Aid and Missionary Society of St. Luke's Reformed church will have an egg hunt at the home of David F. Peeler near Rowan Academy Easter Monday afternoon. Also at the same time and place there will be a supper given for the benefit of general church work consisting of all good things to eat; also ice-cream on the ground.

Preaching at St. Luke's Easter Sunday afternoon at 3 o'clock. All are welcome. Come. Pastor Koon's health has improved considerably, but not himself yet; but trust that the Lord may restore him to his usual health and strength.

A happy Easter to all.

You Careless Boy!
Shine Your Shoes With

SHINOLA

Learn to be neat and thrifty.

Shinola gives the quick dressy shine and makes your shoes wear longer. Ask your mother to get you a SHINOLA HOME SET

The genuine bristle dauber and lamb's wool polisher make shoe shining easy. Ask Nearest Store. BLACK - TAN - WHITE - RED. HOME SET

