

### Ugly, Unsightly Pimples Are Signals of Bad Blood

Give heed to the warning. Pimples on the face and other parts of the body are warnings from Nature that your blood is sluggish and impoverished. Sometimes they foretell eczema, boils, blisters, scaly eruptions and other skin disorders that burn like flames of fire.

They mean that your blood needs S. S. S. to purify it and cleanse it of these impure accumulations that can cause unlimited trouble. This remedy is the greatest vegetable purifier known, and contains no minerals or chemicals to injure the most delicate skin.

Go to your drugstore, and get a bottle of S. S. S. today, and get rid of those unsightly and disfiguring pimples, and other skin irritations. And it will cleanse your blood thoroughly. If you wish special medical advice, you can obtain it without charge by writing to Medical Director, 29 Swift Laboratory, Atlanta, Georgia.

# ADAMS

Pure Chewing Gum

a Stick a day keeps Dyspepsia away



# BLACK JACK

## SAVE YOUR CLOTHING

by having them cleaned and steam pressed.

Phone 1026 **CLYDE ENNIS** Phone 1026

## Chiropractic

### Facts That You Should Know

Some citizens ask me "Did you ever cure tonsillitis?" I do not and never did like the word CURE. If I were to answer the question on the spur of the moment, I would say most emphatically, NO. The word Cure means to HEAL, to MAKE WELL. NO LIVING PERSON POSSESSES THE POWER TO HEAL ANOTHER but each of us has this healing power WITHIN OURSELVES for the healing or reparation of our body.

### You Can't Cure Me I Can't Cure You

You can however cure yourself providing the body is not interfered with. IF YOU ARE DISEASED THERE ARE NINETY-FIVE CHANCES OUT OF A HUNDRED THERE IS INTERFERENCE.

Now you come to the Chiropractor. You have Tonsillitis. I know of a SPECIFIC PLACE WHERE I WILL FIND NERVES PINCHED. You have Appendicitis. I know of another specific place. BOTH CASES HAVE PINCHED NERVES. Nothing changes only location. No medical man knows the function of the tonsils, therefore he should not be permitted to remove them. Is it not better to keep those much abused little organs than to deprive your body of something that an ALL WISE CREATOR KNEW WAS ESSENTIAL TO OUR NEEDS? I can't make the sun shine, but I can RAISE THE SHADE and let the SUN IN THAT DARKENED BOOM. I can't make healing force but I CAN ADJUST SUBLUXATED VERTEBRAE AND LET IT IN TO THOSE diseased tonsils.

### Consultation and Spinal Analysis Free

## M. H. GROVES, Chiropractor

Office, 218-19-20 Wallace Building. Hours, 9 to 12 A. M.; 2:30 to 5:00 P. M. Other hours by appointment. Phones: Office 240; Res. 243 W.

It was a noble effort Col. A. H. Boyden made on the floor of the convention in the cause of the school teachers and the general advancement of education. Colonel Boyden is one of the old-time wheelhorses in North Carolina politics, but in recent years he has turned his thoughts to the betterment of social and economic conditions, and when he embarks into a cause he carries his whole heart into it. His first concern was for making more tolerable the condition of the Confederate veteran. In that direction he has wrought to the worthiness of a monument. The school teachers are bound to profit materially by reason of his vigorous championship of their cause.—Charlotte Observer.

### FALLING LIMB STRIKES BOY AND HIS DEATH FOLLOWS

Wadesboro, April 11.—Jennings, 8-year-old son of Mr. and Mrs. D. Burns Hyatt, of Ansonville township died at their home, 12 miles north of here, Wednesday afternoon as a result of injuries received when he was struck by a limb from a tree cut down by his father. Mr. Hyatt was cutting down some dead trees near his home as a matter of protection for his children, fearing they would fall sometime on the children nearby. He did not know that his son was near him. The little boy, hearing his father's axe, ran to the field to see him coming just in time to meet his awful fate. The boy lived for four hours, but never regained consciousness. He was bruised in many places and his skull fractured. The burial was at Concord church yesterday afternoon.

W S S  
German Gas.  
Excited Hun Soldier—O, Sir Kamerad, I gif meinself up! I to you meinself surrender, Sir Kamerad!

British Officer—Cut it short, man. This isn't a ball yoper.—Passing Show.

### W S S NOTICE, ELKS.

All Elks are requested to meet at the hall at 6 o'clock tomorrow evening, April 13th, to march to the depot in a body to meet Charlie Chaplin, who will address the citizens on behalf of the Third Liberty Loan. Be sure to be on hand for the reception.

### W S S NOTICE.

The Ladies Committee of the Bond Campaign has extended an invitation to Salisbury Council No. 26, Jr. O. U. A. M., to take part in the Charlie Chaplin Parade from the station to the Tabernacle Saturday evening at 7:30 o'clock, April 13th. All members are urged to participate in this ceremony.

### W S S QUIT MEAT IF YOUR KIDNEYS ACT BADLY

L. A. KLUTTZ, Counselor.

Take tablespoonful of Salts if Back hurts or Bladder bothers.

We are a nation of meat eaters and our blood is filled with uric acid, says a well-known authority who warns us to be constantly on guard against kidney trouble.

The kidneys do their utmost to free the blood of this irritating acid, but become weak from the overwork; they get sluggish; the eliminative tissues clog and thus the waste is retained in the blood to poison the entire system.

When your kidneys ache and feel like lumps of lead, and you have aching pains in the back or the urine is cloudy, full of sediment, or the bladder is irritable, obliging you to seek relief during the night; when you have severe headaches, nervous and dizzy spells, sleeplessness, acid stomach or rheumatism in bad weather, get from your pharmacist about four ounces of Jad Salts; take a tablespoonful in a glass of water before breakfast each morning and in a few days your kidneys will act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to flush and stimulate clogged kidneys, to neutralize the acids in urine so it's no longer a source of irritation, thus ending urinary and bladder disorders.

Jad Salts is inexpensive and cannot injure; makes a delightful effervescent lithia-water drink, and nobody can make a mistake by taking a little occasionally to keep the kidneys clean and active.



**MR. HAPPY PARTY**  
A CHOICE TENDER ROAST OF VEAL - TO APPETITE'S LIKE MINE APPEAL!  
Watch for Mr. Happy Party.  
**O.C. HERRINGTON MEATS, FISH & OYSTERS**  
PHONE NO. 146

### SUNDAY'S SPEAKING BY PROF. ANDREWS

It is very seldom that the people of Salisbury have the opportunity of hearing such prominent speakers, as is afforded them every Sunday afternoon at five o'clock at the Community building under the auspices of the Y. M. C. A. This hour every Sunday afternoon is a get-together time for the men of Salisbury and their friends and a treat is always in store each Sunday. Good music splendid singing and a spirit of Christian fellowship prevails throughout these gatherings. A young man always feels fully satisfied that the hour spent in this way Sunday afternoon is worth a great deal to him, and it does not mean that he is merely entertained for one hour, but that he has received food for thought. The seventh of these series of meetings will be addressed Sunday afternoon by Prof. T. Wingate Andrews, superintendent of the Salisbury public schools. Prof. Andrews is not only a gifted and eloquent speaker but a man whose whole heart is bent on helping his fellowmen and he will have a message next Sunday that will appeal to every thinking man or woman. He will speak on the subject: "The Measure Of a Man." No man or boy over 14 years of age in Salisbury should miss hearing this timely address.

A beautiful vocal duet, "In the Cross of Christ We Glory," will be sung by Mrs. E. D. McCall and Mr. Francis Griffith.

The speakers scheduled for other meetings are as follows:

April 21, Rev. H. O. Nash, Camp Greene, Episcopal clergyman.

April 28, Dr. E. K. Graham, president University of N. C.

May 5, Dr. H. E. Rondthaler, president Salem College.

May 12, Heriot Clarkson, attorney, Charlotte.

May 19, Aubrey L. Brooks, attorney, Greensboro.

### W S S ODD FELLOWS!

All Odd Fellows of Salisbury and Spencer are requested to meet in the hall over the Peoples Drug Store tomorrow evening at 7 o'clock for the purpose of marching in a body to the station and escorting Charlie Chaplin to the Tabernacle.

R. M. LEONARD, N. G.

W S S

Our 14-inch guns weigh nearly 95 tons and are over 58 feet long, costing \$118,000.

## They look just alike



There are more than 300 imitations of RU-BER-OID Roofing.

They all look like RU-BER-OID.

And they all claim to be "just as good." But their good looks and their wearing qualities are only on the surface. The quality isn't there and they soon warp, crack or rot.

Better start with the genuine RU-BER-OID—made by the Standard Paint Co. Though it costs a trifle more by the roll, RU-BER-OID will save you trouble and expense; and will give years more service.

We guarantee RU-BER-OID because we know its worth. In thousands of cases it has given good service for more than 20 years.

RU-BER-OID comes in Slate Gray, Tile Red and Copper Green. Tell us how much you need and we will figure what it costs.

**Goodman Lumber Company**  
SALISBURY, North Carolina

# RU-BER-OID ROOFING

### FOOD CONSERVATION IS VERY HEALTHFUL

In discussing food conservation and its relation to health Dr. Edward J. Wood of Wilmington, member of the State Board of Health, has just given out the following interview:

"As a member of the North Carolina State Board of Health especially interested in food problems allow me to state that this great aid to our allies can be done without the very slightest handicap to perfect health and without increasing the cost of living.

"Let us eat no more wheat while the war lasts. We have corn, an ideal cereal food which will not bear shipping abroad near so well as will wheat. Apart from this our allies can not use corn because they are not accustomed to it and corn will not rise with yeast as they would wish. We can eat corn supplemented with many other things. It has been proven that while wheat is the best cereal for human consumption, it is not essential and corn stands next in order. We would probably be much better for the change.

"Those things which can be added to a corn diet are soy bean flour, peanut flour, and rye flour. Rice can be incorporated in wheat bread in such a way that even twenty per cent of it can not be detected. This can be utilized in many ways when we restrict ourselves to a strict corn diet.

"In North Carolina a diet of corn, Irish potatoes, sweet potatoes, green vegetables boiled and raw, fruit dried or raw or otherwise preserved, milk or butter milk when possible, cheese, fish, oysters and clams, beef and mutton very occasionally, and a little pork would not allow of any additions. Indeed, only a small portion of these articles can be regarded as essential. Corn bread, butter, cabbage or collards or spinach, with a little meat twice a week or with milk or butter milk once a day would prevent pellagra or any other of the deficiency conditions. Such a diet would be far superior to what is usually consumed by the working classes now.

"If our people will do without the use of soda in cooking and use as little baking powder as possible and get away from the frying habit, health would greatly improve.

"We may conclude, then, that wheat should be regarded as a luxury and not as an essential, that we can well do without it, that denial of it to ourselves will not hurt us, that this sacrifice will be the grandest thing we could do as individuals and as a great patriotic state.

"Let our slogan be 'If eating wheat maketh my ally to go hungry, I will eat no more wheat until the war ends.'

### MANY KINDS OF GOOD SEEDS TO PLANT AT

## W. L. KLUTTZ'S

Red Bliss, Cobblers, Rose and Kluttz' Choice; also Sweet Potatoes, Seed Beans, Burpees, Giant, Refuges, Valentines, Six Weeks, Kentucky Wonder, Butter and many other kinds.

The best of Seed Corns and all kinds of Garden Seeds, Fancy Stayman, Winesap and Gano Apples.

Grape Fruit and Peanuts, Cabbage, Kraut, Peas, Beans, Celery, Corn, Tomatoes, Peaches, Apricots, Cherries, Berries and Pine Apples.

Salt Salmon, Mackerel and White Fish.

### WANTED AT KLUTTZ'S

Fat Chickens, Hens, Ducks and Turkeys; Salads, Onions, Radishes, Fresh Butter and anything good to eat.

### HOW TO GROW FAT

Alazy Stomach the Cause of Thinness, Nine Times in Ten.

If you are thin or lean, have scrawny arms and neck, you can't grow fat unless your food properly digests.

People take on flesh in proportion to the nutritious matter which the organs of digestion absorb and pass into the blood.

Just as long as the nutritious matter passes along without being absorbed, just so long will you remain thin.

Perhaps your stomach, bowels and liver need a tonic. If your digestion is not perfect, Mi-o-na tablets will put it right at once.

Mi-o-na will relieve indigestion and every conceivable ailment of the stomach promptly. It strengthens digestion by building and toning up, and not by encouraging a tired stomach to continue its shiftless and health-destroying habits. It promptly drives away sour stomach, belching of gas, heaviness after eating.

The People's Drug Store, Smith Drug Company, and Main Pharmacy sell Mi-o-na and guarantee it to relieve indigestion, sea and car sickness, vomiting of pregnancy, or money back.

Mi-o-na is sold by leading druggists.

## Three Generations Testify to the Efficacy of—

# DR. CALDWELL'S Syrup Pepsin

The Perfect Laxative

in maintaining the family health. A combination of simple laxative herbs with pepsin, free from opiates and narcotic drugs, and pleasant to the taste, it acts easily and naturally, restoring normal regularity. First prescribed by Dr. Caldwell more than twenty-five years ago, it is today the indispensable family remedy in countless homes throughout the United States.

Sold in Drug Stores—50 cts. and \$1.00

A trial bottle can be obtained, free of charge, by writing to Dr. W. B. Caldwell, 457 Washington St., Monticello, Illinois

## METROPOLITAN INSURANCE MEN HOLD PATRIOTIC MEETING

There was a largely attended War Savings Stamp meeting of the Metropolitan Insurance Company agents and field men in this section of the state held in Salisbury yesterday afternoon, the meeting being held in the auditorium of the Community building, and being attended by between 65 and 70 out-of-town representatives of the company, while all of the local representatives and others interested in the campaign to sell stamps were also present. Mr. Beverly Lake, superintendent of the Salisbury district, and his assistants looked after the visitors and did everything possible to make the meeting the success that it was. Representatives were present from Charlotte, Greensboro, Gastonia, Winston-Salem and other neighboring towns, including all points in the Salisbury district.

Mr. W. H. Stuart, of the New York office of the Metropolitan, superintendent of agencies in the South was present and presided over the meeting, making a splendid patriotic address. He was accompanied by Superintendent Wilkes, of the middle western agencies. Judge Gilbert Stephenson was here as the special representative of Col. H. E. Fries, of Winston-Salem, state chairman of the War Savings Stamp campaign, and made a talk. Mr. W. B. Strachan, chairman of the Rowan campaign, and P. S. Carlton, of Salisbury, made short talks also.

The object of this meeting was to meet together with local and state representatives of the War Savings Stamp campaign for the purpose of stimulating a greater interest in the campaign and to exchange ideas as to the best means to do this. Each agent of the Metropolitan Life Insurance Company throughout the country is supplied with a sum of money with which to purchase Thrift and War Savings Stamps and he is urged to make every effort to sell these and so on. Through this plan the Metropolitan is aiding greatly in the sale of these government securities and thousands upon thousands of dollars worth of stamps have thus been sold.

The meeting yesterday afternoon was not only a pleasant one but a real patriotic and business gathering, of men whose specialty is selling insurance and thus they are peculiarly fitted to sell War Savings and Thrift Stamps and while they have been doing well the company is desirous that they do still better and similar meetings are being held throughout the country for the purpose of stimulating greater interest in the effort to sell these government securities and thus furnish the finances necessary to carry the war to a successful conclusion.

# FARMERS!

## Attend Big Demonstration of Cleveland Tractor at State Farm, Statesville, N. C.

Saturday, April 13th, 1918  
Beginning 10 o'clock A. M.

### The Cleveland Tractor



### A Paying Investment For You

With the Cleveland Tractor at work on your farm you can forget the shortage of men and horses. You can be unhampered by the high cost of labor. You can plow your fields on time regardless of weather. You can perform a multitude of tasks quickly, easily and economically—tasks which now are tedious and burdensome.

The Cleveland is priced well within your reach—only \$1385, f. o. b. factory.

It will actually pay for itself in a few months. After that its savings are clear profit for you. You will find it an investment that pays big dividends.

Orders for the Cleveland Tractor are piling up rapidly. Order now and be assured of a quick delivery. Farmers say this machine has no superior as a labor-saving, money-saving device on the farm. Put one to work for you.

# Carolina Motor Co.

STATESVILLE, N. C.