

SALISBURY EVENING POST

TELEPHONE 266.

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THURSDAY, JUNE 6, 1918.

BUY WAR NOW SAVINGS STAMPS

RIPLLING RHYMES.

(By Walt Mason.) WASTED ADVICE.

If I had taken my advice, and saved, in peaceful times, today I'd doubtless have the price, all kinds of useful dimes. But while I urged my friends to save, in deathless prose and verse, far vain and foolish things I gave the contents of my purse. While handing out the wisest words the statutes would allow, I threw my money to the birds, and fed it to the cow. If I had taken my advice—'twas couched in ringing rhyme—I wouldn't now be buying ice two ounces at a time. My steak I'd purchase by the pound, like wise and thrifty gents, and I would not be chasing round to borrow fifty cents. And I could help the Red Cross game, and buy nine bonds or so, and not be shivering in shame because I lack the dough. The price of everything I use, goes up, to beat the band; the price of whiskey dye and shoes, and hoes to till the land; the price goes up, not once or twice—each day we see it scot; if I had taken my advice, I wouldn't care a hoot. I'm in the hole; I cannot pay tax, and I'm obliged to buy my coal in little peanut sacks. My heart is sad, my feet are ice, I'm veray with disgust, because I laughed at my advice, and burned up my dust.

BERLIN SAYS SITUATION REMAINS UNCHANGED

Berlin, via London, June 5.—"On the battlefield the situation is unchanged," says the German official communication issued this evening.

PARENTS AND CHILD DROWNED

Father, Mother, and Small Son Meet Death in Creek Near Kinston When They Visit a Fish Trap.

Kinston, June 4.—The bodies of Dock Jackson and wife and their little son were recovered from Big Contentnea creek some miles from here last night. The three were visiting a fish trap when they were drowned. No person saw the triple tragedy. It is presumed that the child fell overboard and the parents tried to rescue it.

BRITISH STEAMER IN A COLLISION; LIVES LOST

London, June 5.—Several persons were killed by explosions or drowned in the capsizing of a lifeboat from the steamer Kenilworth Castle, which reached a British port today in a crippled condition as a result of a collision. A number of persons also are reported to be missing. The steamer had on board about 300 passengers and mail from South America.

The explosions followed the collision.

The Kenilworth Castle is a steamer of 12,975 tons. She was built in Belfast in 1904 and is owned by the Union Castle Mail Steamship company.

What is "Spring Fever"?

It is simply low vitality, a lack of energy caused by impure blood. GROVE'S CASTLEMAN CHILL TONIC restores vitality and energy by purifying the blood and giving you the strength and invigoration you need.

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Plant All Stubble Land.

It is of the most vital importance that every acre devoted to growing small grain, such as wheat, oats, rye and barley, should be put into some food crop as soon as this grain is harvested. If the food production program of the state is to be successful, not one single farmer in North Carolina should overlook this matter, and not one should fail to plant every acre possible.

The Agricultural Extension Service has found that in some sections farmers are planning to allow it to remain fallow for the rest of the season. Every acre unplanted is that much loss in food, and will cause just that much of a serious hardship later.

According to Director B. W. Kilgore, peas, beans, late corn, sweet potatoes, and sorghum are some crops which seem to be made purposely for growing on a stubbleland. All of these crops are valuable food and feed producers. The peas and beans also improving the soil and building up its nitrogen and humus contents when the vines are are left on the ground to be plowed under.

Mr. C. R. Hudson, chief of farm demonstration division, has suggested that the planting of a few acres of cowpeas and soy-beans, so as to harvest them by machinery, is much more economical than the expensive method of pulling corn leaves for fodder. There will be very little labor available for pulling fodder this fall, and these hay crops should be planted on the stubble land to make up for this usual supply of roughage.

According to Mr. Hudson it is needless to call attention to the absolute necessity of more sweet potatoes and sorghum, because a good supply of both of these is greatly needed this year, and, in common with the peas and beans, they will grow well on stubble land.

There will be shortage in the crimson clover seed next fall unless a good supply of this is saved this spring. Those who have good stands of clover now will probably make some nice extra money by saving the seed for sale to their lesser provident neighbors later on.

Grow vegetables for canning, as well as for immediate consumption, says the Agricultural Extension Service. The best war garden is that one which produces a good supply all during the summer, but leaves enough for canning and drying. The importance of this will be realized this winter.

YOU SHOULD REMEMBER

That this country is at war. That our soldiers need woolen clothing and there is a world shortage of 54,000,000 sheep.

That there has been a decline of 12 per cent in the sheep industry in the United States since 1900.

That the sheep population of the United States today is approximately 32,000,000, while our grazing areas will maintain 150,000,000 head.

That the war has brought meatless days which the growing sheep by the farmers can help to overcome.

That the placing of soldiers in the field, who must have woolen clothing, means an excessive demand for wool in the face of a decreasing sheep population.

That it takes the wool of 20 sheep to furnish a soldier at the front with the necessary woolen equipment.

That North Carolina has only 200,000 sheep, and therefore, from this standpoint, could only place 10,000 soldiers in the field.

That the one chief reason for the decline of the sheep industry in North Carolina is due to the worthless roaming dog.

That the county demonstration agents of this state, who are the spokesmen for the farmers in their county, state that 75 per cent of the reasons sheep are not grown is because of the uncontrolled dog.

That if forty sheep were grown on every other farm in North Carolina, the state would produce 4,000,000 instead of 200,000 head.

That we should pay tribute to an industry which could be made to bring a return of \$20,000,000 to North Carolina annually, and not to an industry which demoralizes this possibility.

That sheep furnish food, clothing, and valuable soil fertility.

That worthless roaming dogs contract and spread rabies, kill and maim sheep, spread hog cholera, are a menace to the poultry and turkey industries, and are parasites to food conservation.

That the North Carolina's Sheep Breeders' and Wool Growers' Association needs your moral and financial support to help foster the sheep industry and control the other ravages mentioned above.

You can get in touch with this organization at WEST RALEIGH, N. C.

How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Medicine.

Hall's Catarrh Medicine has been taken by catarrh sufferers for the past thirty years, and has become known as the most reliable remedy for Catarrh. Hall's Catarrh Medicine acts thru the Blood on the Mucous surfaces, expelling the Poison from the Blood and healing the diseased portions.

FOOD SAVING BY THE HONOR SYSTEM

Conservation Division of the Food Administration Outlines Plan for Voluntary Rationing.

Raleigh, June 4.—The conservation of the Food Administration at Washington, which has at its command the leading dieticians of the country, has outlined a practical easy and systematic plan for voluntary rationing by consumers who desire to render their country and humanity the patriotic service of substituting non-exportable products of wheat, sugar and other products that must be shipped to our allies. The suggested plan follows:

Save Wheat. Those who are able to do so should abstain entirely from the use of wheat until the next harvest.

Those depending on baker's bread should use only small necessary quantities of Victory bread.

(Every 1-3-4 pounds of bread manufactured by bakers under the regulations of the Food Administration is equal to 1 pound of wheat flour. Graham and whole wheat flours save only 25 per cent of wheat flour. They contain 75 per cent of wheat flour.)

No one should use more than 1-2 pounds per week of wheat in any form (including the wheat flour in Victory Bread, crackers, pastry, macaroni, breakfast and other foods.)

This rationing requires a more restricted use of wheat than that asked for by the observance of wheatless days and meals.

Sugar. Use as little as possible, never more than 3-4 pound. Your grocer will inform you how you can buy enough sugar for canning and preserving this season.

Meats. As we are entering the sparse marketing season, it is necessary to economize to the utmost in the consumption of all meats and poultry, substituting milk, eggs and fish.

Milk and Its Products. Milk should be used liberally as a food, not merely as a beverage. Milk and cheese in their various forms replace meat. Use butter freely.

(The rapid expansion in dairy production since last summer now makes possible the freer use than was formerly recommended.)

All foods must be economically used. Save transportation—use local supplies.

Make your War Garden Supply Your Table.

For suggestions for your garden apply to the Agricultural Extension Service, Raleigh, N. C.

KIDNEY TROUBLE GONE GREENSBORO MAN WILL ENTER U. S. SERVICE

W. R. Bolden Makes Public Statement How He Wiped Out Painful Disease and Developed Good Physical Condition to Get Government Job—Gives All Credit to New Herb Medicine.

"I am sure no man has had a worse case of kidney trouble than mine," declares W. R. Bolden, the prominent resident of R. F. D. No. 4, Box 180, of Greensboro, in a signed statement which he has just given to the newspapers for publication. "I suffered terribly with pains in the back, nervousness, loss of sleep and my appetite was always poor. This all came from the kidney trouble.

"After my urine stood for awhile there would be a deep sediment in it, a very offensive odor, hot and feverish, and I've had to get up every hour of the night.

"A very good friend of mine told me about the new herb medicine Drecko that so many Greensboro people were taking for kidney disorder and I decided to give it a trial. I have taken four bottles of Drecko and now no settlement occurs in the urine, the odor is gone and there is no fever with it. I don't have to get up one time from night till morning and the pains have about gone from my back.

"I am taking one more bottle of Drecko to get good and well for I am going to work for the government soon and I want to be in good physical condition.

"I take great pleasure in recommending Drecko to all my friends who are troubled the same as I was. I feel sure it can do for anyone what it has so quickly done for me."

Here is a practical lesson for sick men and women who are dragging through life feeling miserable—a burden to themselves, a care to their relatives and a bore to their friends. There is no need going another day feeling the way you do. This wonderful herb medicine Drecko is doing wonderful work in quickly wiping out not only kidney disease, but also indigestion, gas, liver trouble, rheumatism, constipation, nervous disorders and a score of other common sicknesses which do not yield readily to the ordinary method of treatment.

Drecko is inexpensive, pleasant to take, contains absolutely no harmful mineral chemicals and is dispensed by almost all modern drug stores. It is particularly recommended in Salisbury by Smith Drug Co., and in by Rowan Drug Co. in Spencer.

ROWAN'S BOARD ENROLLED 266 MEN IN REGISTRATION ON WED.

Two Hundred and Twenty-Two of These Were White and 44 Colored—Provision Made for Those Who Were Unavoidably Preventing From Registering On That Date.

The number of young men registering from Rowan county with the local board Wednesday in compliance with the order of Provost Marshal General Crowder for all men who had reached the age of 21 years since the first registration, June 5, 1917, was 266. Of this number 222 were white and 44 colored. Two of the white men enrolling were aliens.

There are yet some who have not registered and the order provides that where a man was unavoidably hindered from enrolling Wednesday he may call on the board of his home county and have his name placed on the books by making proper and satisfactory proof that he was unavoidably prevented from registering on the regular registration date.

The numbered enrolled would have been greater but for the fact that a number of Rowan men who have attained their majority since June 5, 1917, have enlisted in either the army or the navy and these were not required to register. This registration runs pretty well with first in proportion to the number of men available for registration. In the first registration something over 3,000 names were enrolled and the total registration in the United States was about 10,000,000. It is estimated that the registration on Wednesday would bring in something like 1,000,000. Taking this as a basis for basing the Rowan registration of Wednesday it should have been one-tenth of the first registration which would have been something over 300. This number would have been reached if those who have entered the service since last June had been included.

Provisions for Other Registrations. Washington, June 5.—Results of the second registration will not be known until tomorrow. General Crowder has requested the adjutant general of each state to telegraph then a comprehensive summary of the result, giving the total registration, the proportion to the number that had been expected to enroll, reasons obtained for any difference between the figures, and the nature of any untoward occurrence attending the registration.

Registration days for men hereafter becoming 21 years of age probably will be fixed every three months. It is estimated that 1,000,000 men become of age yearly and the new registrants are expected to go for toward keeping the first class in each state from which thus far all men for the national army have been drawn.

Stop Itching Eczema

Never mind how often you have tried and failed, you can stop burning, itching eczema quickly by applying a little zemo furnished by any druggist for 35c. Extra large bottle, \$1.00. Healing begins the moment zemo is applied. In a short time usually every trace of eczema, tetter, pimples, rash, blackheads and similar skin diseases will be removed.

For clearing the skin and making it vigorously healthy, always use zemo, the penetrating, antiseptic liquid. It is not a greasy salve and it does not stain. Where others fail it is the one dependable treatment for skin troubles of all kinds.

The E. W. Rose Co., Cleveland, O.

Partial Eclipse of Sun Saturday. If you notice darkness covering the earth next Saturday afternoon, do not be unduly alarmed, says an exchange. It will be due to a "large partial" eclipse of the sun. It will begin at 6:36 o'clock, will be at its maximum at 7:33 and will end at 8:26 o'clock. The path of total obstruction will traverse the United States diagonally and will vary in width from 66 miles in the State of Washington to 40 miles in the state of Florida. Thirteen states will witness the total phase. The path of central or total eclipse begins in the Pacific ocean to the south of Japan, passes northward almost to the Aleutian Islands and then curving southward reaches the American coast near Portland, Ore., after traversing the United States it ends at sunset in the Bahama Islands.

W. S. S. Mrs. James Moyle who has been visiting relatives in Monroe has returned home.

WILLIAMS' MEDICINE CO. THE GREAT PEPPER REMEDY

FOR ASTHMA, BRONCHITIS, CATARRH, COLDS, LA.GRIFFE, ETC. CONSUMPTION PREVENTIVE—NOT A PATENT MEDICINE.

There are few diseases more prevalent than Asthma, Bronchitis, Croup, and Colds, and few more troublesome and dangerous. The special feature of this medicine is its ability to relieve the most distressing symptoms of these diseases, such as coughing, wheezing, and difficulty in breathing.

Repeated attacks result in a chronic Asthmatic condition, the condition of which is a distressing one, and which may lead to a fatal result. There is nothing more remedial to ones health than the ordinary remedy of this nature.

THE PEPPER REMEDY is a specific for all of the above troubles. It has helped and relieved thousands of sufferers. THE PEPPER REMEDY is in no sense a patent medicine, but is a legitimate prescription and the outcome of years of study, research and experiment by Prof. H. H. Hill, one of the world's leading physicians.

If your druggist does not keep it in stock, send \$1.00 either cash or money order, we will send a bottle with full directions to any part of the United States or Canada.

Within the next ten years thousands of testimonials have come to us from sufferers cured of Asthma, Bronchitis, Catarrh and Hay Fever.

Every home should have a bottle always on hand as a specific for the simple cold. See that the "Pepper" trade mark is on every bottle. No other is genuine.

WILLIAMS' MEDICINE CO. 108 Fulton St., New York City.

LADIES! When irregular or delayed use of Triumphant Pills, Safe and always dependable. Not sold at drug stores. Do not experiment with others, save disappointment. Write for "Relief" and particulars, it's free. Address:

NATIONAL MEDICAL INSTITUTE Milwaukee, Wis.

RIGHT Glasses for WRONG Eyes

RIGHT GLASSES—right in quality, appearance, accuracy and adjustment. WRONG EYES—wrong in focus, power, strength and clearness.

We rescue wrong sight by furnishing right glasses

Starnes & Parker Leading Jewelers and Opticians SALISBURY, N. C.

Cts. for Advertisers PETRIE & HIGH POINT N. C. Photo-Engravers

Sarah Bernhardt Banishes Her Wrinkles

without effort or trouble. When the most famous woman in the world can successfully defy Time's ravages and retain her beautiful youth and charm, though over three score and ten, the method used should be interesting to any woman who needs such aid. Read what Mrs. Bernhardt says:

"The Evanol Cream attracts most particularly my attention, not only for its qualities for use on the toilet table but also for its medical properties.

"Evanola is very agreeable to the taste and has a very beneficial effect for the Throat and fortifies the Vocal Cords. I will use Evanol and will always recommend it with pleasure on account of its real merits. Receive, gentlemen, my compliments, SARAH BERNHARDT."

Evanola Cream allays all irritations, corrects all bad affects of cosmetics, face bleaches or slogging powders.

Evanola is FIRST AID after exposure to wind or weather. Beautifies the complexion and clarifies the skin, giving it that exquisite tone which is the glory of youth. Ask your druggist for a small amount of Evanol Cream.

KINKY HAIR

The picture we show here is of a colored girl who had short, kinky, kinky hair.

Notice how long and beautiful her hair is since using

EXELENTO GUMME PASTILLES

By this hair grower and if you are not satisfied your money will be returned. It will make your hair grow long, soft and shiny. You can see the results after using several bottles.

Price 25c by mail. Stamps or cash. AGENTS WANTED EVERYWHERE Write for particulars to EXELENTO MEDICINE CO., ST. LOUIS, MO.

MONEY TALKS

IN EVERY PHASE OF LIFE. IT HAS A BIG VOICE IN THE AFFAIRS OF MEN. OPPORTUNITIES COME TO THOSE THAT HAVE IT THAT ARE NEVER OFFERED TO THOSE WITHOUT IT.

JOHN D. ROCKEFELLER started business with \$1,000 and has made tens of millions of dollars. The great opportunity knocks but once at every man's door. Are you ready to seize your opportunity if it comes today? Have you a \$1,000 that you can use?

START SAVING—BE READY COMMENCE TODAY.

The Peoples National Bank

SALISBURY, N. C.

What Are You Waiting For?

Why Wait?

The best time to begin saving money is now. Start with the littles. Let this bank assist you in increasing your Funds. We solicit small accounts. Our aim is the promotion of THRIFT

THE BANK of SPENCER

SPENCER, North Carolina.

Subscribers to the THIRD Liberty Loan Bonds, who have paid cash, are requested to call and get their Bonds at once.

To those who have been paying on the Government plan will advise that the second payment of 20 per cent will be due on the 28th.

Responsible Banking and efficient service is our policy. You are invited to open an account with this Bank.

Salisbury Bank and Trust Company

Capital - - - \$ 50,000.00 Assets - - - 350,000.00

WILLIAM R. WILCOX, the man he succeeded, also was there, his face wreathed in smiles.

THE DANGERS OF COSTIVENESS. Auto-intoxication, headache, lassitude, irritability, "blues," sallowness, blotches, are among the results of constipation. If long neglected it may cause piles, ulceration of bowels, appendicitis, nervous prostration, paralysis. Don't delay treatment. Best remedy is Foley Cathartic Tablets, as many thousands know from experience. They not only do their work surely, easily, gently, but without injury to stomach or intestinal lining. Contain no habit-forming element. Sold Everywhere.

Col. Roosevelt Attends Dinner Given by Republican Club of New York to New G. O. P. Chairman.

New York, June 5.—Theodore Roosevelt was the most distinguished of the prodigal sons who returned to the fold of the Republican club of New York, at a dinner in the clubhouse tonight. He swept through the crowded lobby shouting "Hello" to the men who once turned his picture to the wall, while they cheered him rapturously.

The dinner was in the nature of a reception to Will H. Hays, chairman of the Republican national committee.