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Raleigh, N. C. Wilmington, N. C.

LETTERS FROM ABROAD.

[Extracts from last letters written, while abroad, by Mrs. L. J. Ingram to her children, Mr. and Mrs. W. C. Via.]

Shakespeare Hotel,
Stratford-on-Avon,
July 28, 1910.

My dear children:

This my birthday, and I know you have been thinking about me. With me it has been a perfect day. We coached to Stratford this morning; saw Shakespeare's house, the church where he was baptized and buried, Ann Hathaway's cottage, the home of Howard, who established Howard University in America. As we went up to the church there were a great many carriages. The driver told us there was a marriage going on so we rushed in and saw the couple, the flowers and attendants, which were all pretty. The bride was in white satin, with veil, etc. We walked out in the cemetery, which is right on the banks of the Avon river. There were a great many familiar names—Allen, Bennett, etc., so I felt very much at home. Next we went to the library and theatre building, dedicated to Shakespeare. They have some of his plays every day, matinee this afternoon and play at night. From there we went to the Shakespeare Hotel, where Miss Carroll had a lunch ordered, a big cake all iced and trimmed with 100 candles, allowing five years for each candle. I served the tea; blew out the candles at three blows, so they say I will live 30 years yet. I never had such a surprise in my life. Mrs. Litchford, standing with a glass of wine in her hand, gave a toast. She also wrote up the party in poetry, which follows:

On Tuesday, just at nine,
The Carroll party, gay and fine,
Went out in search of Shakespeare's town,

BREAKING OUT ALL OVER BODY

Itched Dreadfully. When Scratched It Would Bleed and Become Very Sore. Could Scarcely Sleep as the Itching was Worse at Night. Dreaded Putting Hands in Water.

Used Cuticura Soap and Ointment 3 Weeks. Trouble all Disappeared.

"Some time ago I had a breaking out all over my body. It first started like what we call goose flesh and itched dreadfully. When I scratched it, it would bleed and become very sore. I tried almost everything for the itching but none gave me much relief. I could scarcely sleep as the itching was always worse at night. My hands were so sore I dreaded putting them in water and after I would wash dishes or do laundry work that required the use of other soaps they were always worse. This went on for about six months. Then I used Cuticura Soap and Ointment, and in two or three weeks the trouble all disappeared. I always found that my hands were worse (with a dry scale on them) after using any cheap soap but the Cuticura Soap produced such a soothing feeling on my skin that it was a pleasure to use it. I also know what wonders the Cuticura Remedies have done for a friend of mine, so I would recommend them to any one. Mrs. Delaware Barrett, 611 King St., Wilmington, Del., Nov. 15, 1908."

Cuticura Remedies sold through the world. Potter Drug & Chem. Corp., Sole Props., Boston. 22-page book on Skin Diseases.

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S. S. Shephard
The Undertaker

OLD PAPERS FOR SALE—We have for sale a large number of old papers which are going very cheaply. Come quick before they are all gone.

SEEING THE BEST IN OTHERS.

Success Magazine.

It is unfortunate for a child to be reared in an atmosphere of pessimism, of an unnatural lack of confidence in one's fellows, an atmosphere of doubt or suspicion. Belief in men, and a desire to see the good side of people rather than the bad, is splendid capital with which to start out in life. When we see only the man that God made, refuse to see the burlesque man which unfortunate training, wrong thinking, mistakes and sin have made, we help to bring out whatever is noblest in our fellow man as well as in ourselves.

What we see in others is a pretty good indication of what predominates in ourselves. If we are inclined to see crookedness, perverseness, dishonesty, malice and envy in our neighbors, it indicates that these very qualities are too prominent in ourselves. Others are mirrors in which we see ourselves. Beware of what you see in others. It is a tell tale of what is in yourself. Look out for the person who is always condemning others, finding flaws, seeing the ugly, bad side. He is a dangerous man.

Don't allow yourself to be a cynic, a disapprover; don't go about with a microscope looking for other people's faults and failings. Learn to believe in people, to see the good in them. We have a peculiar love and admiration for some people because they find good in us, they see the possibilities which others do not see. We love them because they do not see the bad, the ugly, the crooked in us.

I know a woman who has a genius for bringing out the best in others because she refuses to see anything but the good. In spite of the fact that she takes comparatively little pains in selecting her servants, she always has good ones and rarely has trouble with them. She has often taken those who have been discharged time and time again from other families and has made good servants of them.

The secret of her success is that she does not treat them as most people do—as hirelings or inferiors—but with great kindness and consideration. She has patience with their weaknesses and failings and by her treatment so wins their love and confidence that they try their best to please her. Although she never locks her jewelry, money or any other valuables from them, a servant rarely takes anything from her.

She makes them understand that she trusts them, believes in them, relies upon their honor to deal as fairly with her as she does with them. It is really wonderful what she brings out of them by the Golden Rule, her philosophy. Yet it is perfectly natural and scientific. We do not misuse or take advantage of the friends who believe in us and see in us possibilities which others do not see.

Soldier, fault-finding, domineering, and over bearing methods bring the worst out of employees as the opposite methods bring out the best. Suspicion brings out suspicion, prejudice, prejudice, kindness, kindness.

Many men are always looking for the weak points in their employees; looking for some ugly thing, some unfortunate fault or habit. They are suspicious of them, taking it for granted that everybody who works for them would "do" them if they had a chance; would shirk and slight their work when out of their sight. The result is that these people always have trouble with their help.

Watched employees, those who are always suspected, will never give out their best. As a rule, you call out of employees the qualities which you recognize in them. They will reflect to you your own mental attitude toward them. They will give you back just about what you give them or expect of them. What you see in them they will come pretty near giving you. If you see good, they will give you their best. If you see the worst, they will give it to you in corresponding service.

A wrong mental attitude toward others, seeing the bad in them instead of the good, not only calls the same qualities out of these people but seriously injures ourselves. The habit of looking for the bad in others, of seeing only their failings and weaknesses, produces a habit of mind which is fatal to growth, to character-building.

It is just as important that we should see the best in ourselves as the best in others; that we should see the man or woman God intended, not the one created by false ideals or vicious suggestions.

Every time we think of ourselves we should insist upon seeing the ideal person, the God created being which must be perfect, immortal. We should insist and persist in seeing the ideal self, which is the truth of our being, and not the mere scarred apology of a man or woman which wrong thinking or vicious living have made. There is everything in

Flying Machines

A few years ago flying machines were hardly thought of, nor was

Scott's Emulsion
in summer. Now Scott's Emulsion is as much a summer as a winter remedy.

Science did it. All Diseases

WAKE COUNTY'S KINGS AGAIN

Rockingham Post.

Two weeks ago we had in the Post an editorial on seed sellers and wrote at length on King Batts, who sold \$4,000 worth of corn from one acre, and showed that his corn cost him to produce it as much as corn was worth on the market, and we promised in that article to say something about King Simpkins, the cotton seed seller, who claims to have raised more cotton than anyone else ever raised. We have seen his booklet where he expects to raise three or four bales per acre, but we have never seen where he did raise any large amount.

We admire the spirit of any farmer who really improves any seed, but have little use for the fellow who grows rich selling seed unless he really benefits his brother farmers. What are Simpkins' cotton seeds? They purport to be improved king seed. Are they? That is the question.

King cotton has five pink spots about the size of a pea in the blossom and not one tenth of the Simpkins seed have these spots.

The writer has bought two lots of seed from Mr. Simpkins. Fifty bushels several years ago and fifty bushels this year, and we are prepared to show that they are an awful gin-house mixture, containing almost every variety of cotton. We are informed that Mr. Simpkins sells a great many car loads of seed and raises very few of them himself; that his sacks are branded, "Pure Simpkins Cotton Seed, raised by W. A. Simpkins."

We are reliably informed that he sends these sacks to the gins in Wake county, the ginners buy the farmer's seed and the sacks are filled and sent in to Mr. Simpkins, who ships them to his customers. If this is not a violation of the pure food law it is a violation of the principles of fair trade. We happen to know that Mr. Simpkins buys seed and sells them under his brand from parties who never bought any of his seed. The fact is, these seed are the king seed and if they were pure there would be no better on strong land.

If the above statements are true, the Raleigh papers should investigate before continuing to crown this Mr. Simpkins king and benefactor.

TAKE THE NEXT STEP.

Success Magazine.

Do not be too anxious to see all the way ahead of you. It may not be best for you. The man who carries a lantern on a dark night can see perfectly to take the next step. He does not need to see all the steps, for he can take only one at a time, and when he takes that step the light moves forward for the next one.

The trouble with most of us is that we want to see too far ahead. We want to be sure that we are going to do some great thing. Then we will not be afraid to make a great effort. But keep "peggin' away," as Lincoln did. Keep your trust in the Great Unseen Power which somehow brings things out infinitely better than you expected.

How many times in our past lives the way has seemed so dark that we could not see a gleam of light. How many times failure has seemed absolutely inevitable and yet we kept hoping, doing our best, and the Unseen Power which makes things good for those who do their level best, came to our rescue and brought us our heart's desire.

Never mind if you can not at once obtain the thing you long for. No matter how far away or how impossible it may seem to you, just keep your mind, your purpose, fixed on it. There is magnetic power in focusing the mind on the thing we long for. Ways we never dreamed of before will open up in a marvelous manner.

Just keep trying, keep pushing, keep thinking—thinking hard all along the line of your ambition, and doing your level best to attain your desire, and you will be surprised to find how the way will open of itself as you advance.

The Self-Confident Are in Demand.

Success Magazine.

It is the self-confident man who wins. He who strikes out boldly, who does not wait for time or tide, who does not sit on the stone of Fate waiting for an opportunity to come along, who goes through obstacles and not over or around them, who is not waiting for others to speak, think, or act, is the man who is going to win in this new country. There is a great demand for the self-centered man—the man who is not afraid of himself, who, if he can not say "I will," at least says "I will try." Leaders, not followers, original thinkers, not imitators; men with new ideas are being called for loudly in all the important walks of life.

New Restaurant.

I have opened a new restaurant in the Lighttower building, on Martin St., for both white and colored; the front room for white people and the rear room for colored people.

MISS MARIE WATKINS, Colored.

THE ANGEL OF THE CRIMEA.

Washington Post.

It is strange that many people, even those familiar with the details of the career of Florence Nightingale, lose sight of the greatest thing she did, and of why the world owes her a great debt of gratitude, which a grant of \$250,000 from a grateful nation and the distinguished honor of the Order of Merit but poorly measure. That she had the moral courage to begin work among army nurses who were of notoriously bad character, and to thus risk the odium of the prudery of her times was undoubtedly great. That she greatly alleviated the suffering of the sick and wounded at Scutari was also praiseworthy. That she herself suffered, and virtually gave her health to the service which enlisted her sympathies, displays great devotion, and also evokes our admiration. These are among the things that people praise her for and they are numbered among her greatest acts in the popular estimation.

But the great work of this, one of the world's greatest philanthropists, extends far beyond the narrow scope of the Chersonese and the narrow period of the duration of the Crimean war, and will endure as long as the charge of the Light Brigade is remembered.

It is worthy of remembrance that it is Florence Nightingale who has given to the world its practical, tangible laws of nursing, the hygiene, in irrefutable form in her writings; has founded with the nation's grateful gift a training school for nurses in which good intentions and offices of kindly meaning, which at that time formed the sole equipment of a nurse gave way to scientific training along well-established lines under the guidance of both hygiene and sanitation. In a word it was she who founded the art and science of nursing; placed it upon a sure and scientific basis; made it both a technical and a well-founded science to the inestimable benefit of mankind. What the world praises Florence Nightingale most for today are but accessories and accidents in her magnificent labors in nursing, which are the heritage of humanity.

JOHN W. GULLEDGE,

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