

Dr. William C. Young Chaplain, Counselor For Chowan College

With the coming of Dr. Young as College Chaplain and Counselor, special counseling services will now be available for students, faculty, and staff.

The offices, formerly occupied by Mrs. Whitaker and Miss White have been renovated into a counseling suite. The arrangement, recommended by professional counselors, is a two-room arrangement. Each room has a window and a door, with a door between the two rooms. A person may enter or leave either room privately. The doors are hinged and the furniture so arranged that a person in the counseling office is afforded privacy at all times.

The larger office, referred to as the conference room, will be available for student conferences, discussion groups, improvement groups, and for group counseling activity.

Dr. Young has indicated that he will be available for counseling both by appointment and on contact, and will provide counseling hours during the day and also at night. Times convenient to the student will be worked out by the students involved. "Counseling," he states, "is not necessarily a function for those who are having emotional, mental, or physical difficulty. Counseling is an opportunity for the successfully functioning person to improve his mental, his emotional, and his physical state." He feels that most of his counseling will be with those who are already well adjusted, and who desire to become better persons. "Maturity," Dr. Young states, "often begins when a person begins to understand that there is room for growth and improvement, and begins to reason as he regards his interpersonal relationships, vocational opportunities, and philosophical motivations."

Many psychological tests will be made available for those desiring to take them, and thorough evaluations will be made. The purpose of tests will be to show strengths and areas for growth improvement. Various inventories will be available to indicate parental and environmental relating so that better understanding of sociological states might be made.

Seven types of counseling will be made available at this time. There will be religious

counseling given, which will be an attempt to help develop a better understanding of a person's relationship to the Creator. The involved student will be allowed freedom to try to find ultimate truth and relate it to a better way of life. This will be an attempt to find the true and lasting happiness. It will mean understanding present actions as related to the total life span.

A second type of counseling opportunity will deal with the multiphasic problems and crises that affect developmental life. A person, through his own resources, will be able to face with reality the past, present, and future unrealities of his life and those individuals associated with him. If desired, tests and inventories will be given so that he might see how impersonal and interpersonal experiences have shaped his present personality pattern.

Pre-marital counseling will be made available for those who are making definite plans to be married. Such talk sessions are designed to give a better understanding of the marital relationship, and provide understanding so that necessary marital adjustment might be made easier, and married life might be made happier. Such counseling may involve either, or both of the persons involved, and understanding of each other will be a major activity of this type of counseling.

Some individuals who come to Chowan are married, and due to the added burden and responsibility of classes and classwork, have an extreme amount of personality demands which increase tension and anxiety. Also, marital adjustment may not be complete and more understanding is desired and needed. Married couples mature enough to involve themselves in this type of activity will be able to consider and improve marital success and happiness.

A lot of fun and understanding of others is made possible by discussion groups which are allowed to come together and talk about anything that they so desire. There is a lot of good natured banter and argumentation that promotes a better understanding of people by seeking to understand particular, and sometimes, unique viewpoints.



OUTSTANDING STUDENTS — At the close of school last year, a program was held in the auditorium to give recognition to the outstanding students at Chowan College. Here they are, left to right, first row: Willie Lee Harris, highest scholastic average (sophomore); Delores Hill, highest scholastic average (freshman); Carolyn Holliday, highest scholastic average (freshman); and Rebecca Powers, Mary Pearce music scholarship. Back row, left to right, Billy Ray Godwin, Joe Parker award for outstanding sophomore in Graphic Arts; Jimmy Elks, best all-around athlete; Warren Bryant, John McSweeney award for outstanding freshman in Graphic Arts; Manly Dunlow, superior citizenship award; Norman Phillips, best all-around student; and John Whitley, most outstanding contribution to religious life of campus and community.

Quit Squawking

We would like to ask you, the students of Chowan College why you complain about the food that is served? Some of us heard these complaints last year, and we didn't like to hear them.

One of the common complaints is, "I don't want any of that slop." Why, then, do you try to slip more food when no one is looking or you return and ask for seconds or thirds?

You can't go anywhere else and buy a balanced meal for the price you pay for those served at Chowan.

Don't complain to the people serving you because they are doing their best.

Remember, they are only human. What about you???

Help Needed

The new staff of The Chowanian listed elsewhere in this issue, needs the help of interested students and faculty members. How about you!

Perhaps the most definite and far reaching type of talking activity is the "Improvement Type" of group counseling. In this setting, ten or fifteen individuals come together and begin to understand their developmental states, and how they get along with each other in the group and in society. A lot of deep level introspection is done. Projective techniques, such as dream analysis, projective drawings, and various tests are given and critiqued in the group. The group leader attempts to show how actions of individuals are governed by personality need. A lot of developmental understanding is given through a non-directed free discussion period. This activity, of course, is only for those who are willing and able to be truthful and mature, and who conscientiously desire to improve their manner of thinking and behavior.

Since the College Counselor is not related to disciplinary committees, he will not exercise discipline in any manner, and all tests and verbalizations are strictly confidential.

Many Books in College Library Have Been Made Into Movies

The following books have been made into great movies. These books, along with many others, can be found in Chowan College Library.

Ben Hur, A Tale of the Christ— A best-selling historical novel by Lew Wallace. The hero is Judah Ben Hur, heir of a rich Jewish family, by accident responsible for injury to the new Roman governor by a falling tile. His quondam friend Messala accuses him of treason and he is sent to the galleys. It is years before he escapes. In the course of the novel John the Baptist and Jesus are introduced. The most famous of the many adventuresome episodes of the book is the chariot race in which Ben Hur defeats his old friend and enemy Messala. First published in 1880, it became an immediate and spectacular best seller and has been a popular favorite ever since. Was one of the greatest movies ever filmed.

The Hunchback of Notre-Dame— The publication of The Hunchback of Notre-Dame marked the beginning of a new era in French fiction; with it, Victor Hugo struck a mighty blow for the new Romanticism. With the mingled violence, broad humor and strange Gothic beauty of medieval Paris as a background, the tale of the deformed giant Quasimodo unfolds in a welter of excitement and passion. Under Hugo's spell, we hear again the thunder of the bells of Notre-Dame; we see the gypsy dancer La Esmeralda as she whirls in the midst of a Paris mob; we hear the roar of the army of gypsies, vagabonds and thieves attacking the great doors of the cathedral; and we feel the desperation of the priest Claude Frolo as he jeopardizes his soul for the gypsy. Compounded of the grandeur and the degradation of one of the most colorful epochs of French history, written with all the vigor and brilliance of Hugo's storytelling genius. The Hunchback of Notre-Dame, written in 1831,

has never lost its immense popular appeal.

Quo Vadis— A historical novel by Henryk Sienkiewicz, written in 1895, dealing with the Rome of Nero and the early Christian martyrs. The Roman noble, Petronius, a worthy representative of the dying paganism, is perhaps the most interesting figure, and the struggle between Christianity and paganism supplies the central plot. A succession of characters and episodes and, above all, the richly colorful, decadent life of ancient Rome give the novel its chief interest. The beautiful Christian Lygia is the object of unwelcome attentions from Vinicius, one of the Emperor's guards, and when she refuses to yield to his importunities, she is denounced and thrown to the wild beasts of the arena. She escapes and eventually marries Vinicius, whom Peter and Paul have converted to Christianity.

The Nun's Story— A true narrative of the dedicated life of Kathryn Cavarly Hulme. Convent life, with its rigors and its compensations, has seldom been as fairly depicted as in this biographical account. An unhappy love affair was one of the reasons Gabrielle Van der Mal (fictitious name) entered a convent in Belgium, but her love of God and desire to serve her fellow men were also important influences. For 17 years she tried diligently to discipline her analytical and independent mind through prayer and hard work as a nurse, first in a hospital for the insane, then in a Congo mission, and finally in a TB sanatorium in occupied Holland. Ultimately, she faced the bitter truth that the religious life, with its inflexible authority, was not for her, and she was released from her vows.

It is sad, but the fact is that men need women, at all ages.

What I really think, I don't always care to say, much less write.



A VALUABLE GIFT — This Monotype has been donated to the Roy Parker School of Printing at Chowan College by Parker Brothers, Inc., of Ahoskie, Windsor, Rich Square, and Gatesville. It has a sales value of \$1,500.00 and will save the school a great deal in cost of spacing materials, which this machine makes. It also makes type, which is added saving.