

Medlin 'Round in Sports

BY CHARLES E. MEDLIN

How An Athlete Finishes First

There is a lack of sportsmanship among the many people who enjoy sporting activities as spectators and participants. Sportsmanship is playing hard to win a game, but losing graciously if you should lose. Good sportsmanship involves such matters as fair play, acceptance of the rules that govern the game, courtesy and respecting your opponent.

Perhaps you have read where spectators at college and high school basketball games attack referees, where coaches complain publicly that their teams lost because of the officiating, where hometown or college crowds stone visiting team's buses. These people give their teams and their towns a reputation of being bad sports!

Basketball, an exciting game, tends to build hysteria that makes people forget that sportsmanship is still part of the game. If one is unable to discipline himself properly he should refrain from attending the games.

Once a referee was chased by an enraged mob following a game. After the referee had reached the street, the pursuing mob accidentally trampled a three-year-old girl who was an innocent bystander. She will remain a cripple for the rest of her life. Sports has no place for mob violence of this nature. Play to win, but lose graciously.

Two small town high school teams were playing a championship game. The game was very close. Prior to the final whistle, with the score tied, the referee called a foul on the home team. The opposing player stepped to the foul line to take his foul shot that would decide the game. He made it! The local fans made a rush for the referee. Suddenly the star of the home team stepped in front of the ensuing mob. The mob stopped when the star told them, "the kids of this team are ashamed of you." They stood there for a few seconds and dispersed.

These incidents made certain people stop and think about their conduct at sporting events. Maybe we should instigate a program to award "good sportsmanship medals." More important, make sure you conduct yourself at all sporting events, whether as a participant or a spectator, in a manner that will reflect favorably upon your school and your family.

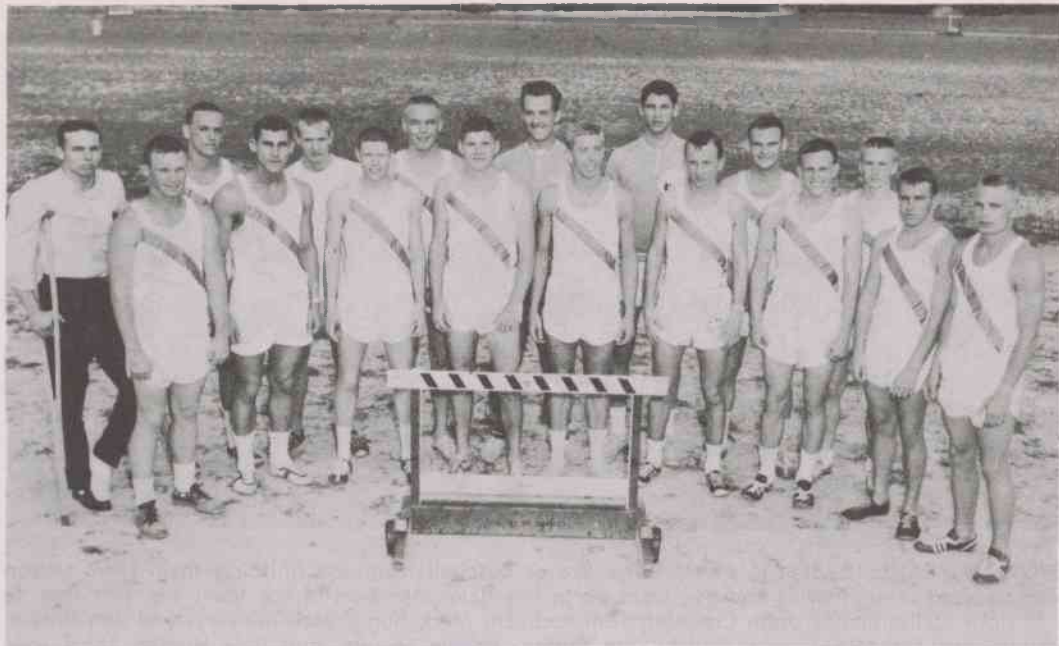
Gymnastics Should be at Chowan

Chowan College should have a supervised gymnastic program. Since a number of students do not participate in any kind of athletics there is possibly a lack of proper physical conditioning among many of our students and our faculty.

Gymnastics is a rigorous sport requiring both physical dexterity and mental alertness. Once one becomes proficient in gymnastics he probably is better conditioned and more alert than most athletes.

There are some 700 students at Chowan College and the majority of them take physical education. The students that can say that they participate in the competitive sports are approximately 45 students in football, approximately 20 in basketball, approximately 20 in baseball, approximately 30 on the track team and 8 on the tennis team. So, if you total these up you will come out with approximately 125 students. Then to add to this we can keep in mind that there are some of these students participating in more than one sport and this will cut the overall number down. After this has been done there are approximately 500 students left that need to have some physical exertion in their physical education program.

Coach Garrison has said that the main reason for Chowan not having a gymnastic program was because of the lack of facilities. He said that the physical education department had only two instructors and they were both coaches and this caused many conflicts which would prevent proper instruction for gymnastics at Chowan. We feel that there should be a gymnastic program set up, which would permit students that don't take part in a competitive sport to have physical exertion in their physical education program. This we feel will make the individual student feel he is a part of the athletic programs that are carried on at Chowan. We could also say that a gymnastic program would expand the physical education department at Chowan and would possibly encourage students to enter Chowan College in the future.



CHOWAN TRACK TEAM—The Chowan team finished the season at a tri-angular track meet in second place. Members of the team from left to right are: Pete Britton, Paul Haskins, John Irby, Jerry Martin, Buddy Horton, David Holey, Lee Boise, Ed Hale, and Bobby Jones. From left to right on the back row are Bernard Murden, Calvin Deemer, Ed Harper, Barry Horner, Dale Smith, Hank Marriot, Gilbert Willie and Ronnie Jones.

Track Season Ends Successfully

The Chowan track team closed out their season Friday May 4, by placing 2nd to the Newport News Apprentice School in a triangular meet which also involved Fredrick College of Portsmouth.

John Irby, who was undefeated in the mile and 880 yard run this season, was the top Brave scorer in the meet winning both of his specialities.

In the high jump Buddy Hor-

ton placed first with a jump of 5' 9" followed by Hank Marriott, who took second, and Pete Britton who finished in a three way tie for third.

In the relay Chowan was first with the team of Britton, Bobby Jones, Jerry Martin, and Bernard Murden.

Other first place winners from Chowan were Bobby Jones in the broad jump and Eddie Harper who won the hun-

dred yard dash in 10.5 and placed second in the 220.

After losing their opening meet to William and Mary Freshmen in Williamsburg the Braves opened their home track season by trouncing the Ferrum Panthers by a score of 96-35.

Del Smith and John Irby were the only double winners in the meet, Smith winning the shot put with a heave of 40' 5" and the discus at 113' 9". Irby won the mile in 4 minutes 55 seconds and the 880 in 2 minutes and 6 seconds.

Pete Britton won the javelin with a throw of 154' 11" and placed in a three way tie in the high jump with Buddy Horton of Chowan and Brown of Ferrum.

Other first place finishes for the Braves in this one-sided meet were: Gilbert Willy (Broad jump), Ronnie Jones (440), Jerry Martin (100), Bernard Murden (220) and the relay team of Bucky Wise, Murden, Irby and Ronnie Jones.

The Braves track team traveled to Fetzter Field in Chapel Hill April 17, where they lost to U.N.C. Freshmen by a score of 85-52.

The Braves could only manage to win 4 events against the Baby Tar Heels, one of those a tie in the high jump between Buddy Horton and Hank Marriot.

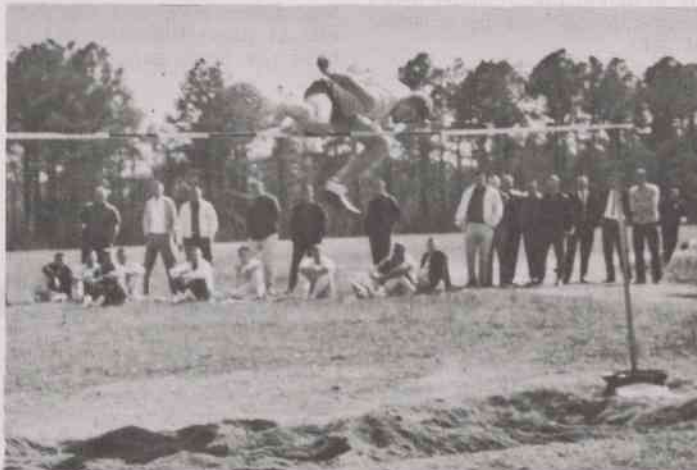
The home team proved to be stronger in the long run distances by sweeping the mile and two mile runs.

Gilbert Willy and Lee Boyce finished 1-2 in the high hurdles and John Irby won the 880 in a fine time of 2:01.4. The only other first place finish for the Braves was in the pole vault in which Ed Hale won at 9 feet.

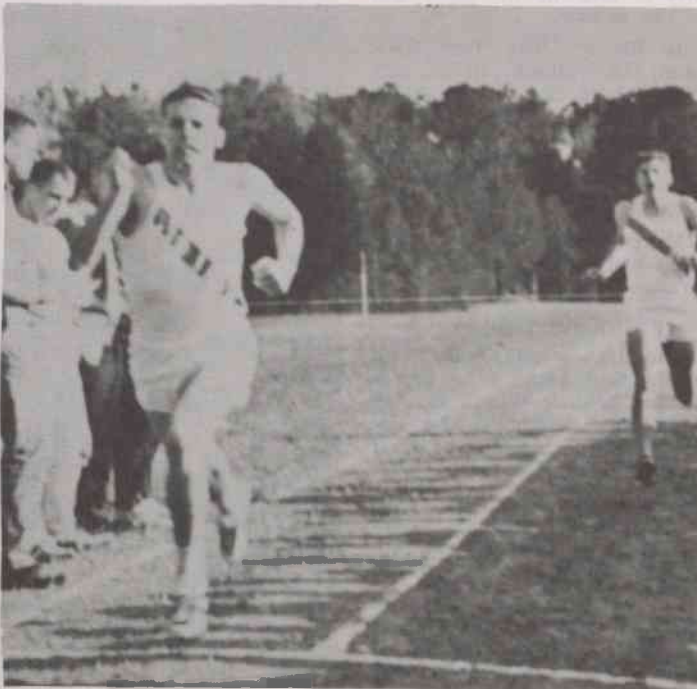
In a Triangular meet at Raleigh April 28, the Braves finished third behind N.C. State and Wake Forest Freshman teams.

The only Brave victory was in the 880 yard run where Irby ran a second breaking time of 1:58.

The Relay team of Murden, Harper, Willie and Martin finished second and fourth in the low and high hurdles respectively.



HIGH JUMP—Buddy Horton clears the high jump bar at 5 ft. 8 in. for the Chowan track team. The team was competing against Ferrum Junior College.



MURDEN FINISHES FIRST—Chowan takes first and second place with Bernard Murden and Jerry Martin in a thrilling race against Ferrum.