LOCAL BRIEFS.

May cherries are now on the market There is a full crop this year,

Sanford is now being supplied with cabbage and other early vegetables raised in this section.

Rev. J. K. Roberts, of Carthage, spent a few hours here Monday while n his way to Duke where he is now holding a series of meetings; We are informed that Miss Nora

Riddle, who lives on upper Hawkins was in Lee county last week trying to Avenue, has a head of hair, which, by ement is four feet and eight inches in length. It is also very

Work has been finished on the highteams have been moved to the Sanfordwork a mile or so west of town.

last week from Hendersonville where they attended the annual meeting of the Independent Order of Odd Fellows of North Carolina as delegates from the Sanford Lodge.

Six members of a newly organized finishing club went to Avent's Ferry, on the Cape Fear river, this week to spend a few days fishing. They are Messrs. Kemp Baldwin, L. E. Fonda, Dan King, John Coulter, Phil Cross and Dr. A. Y. Russoll.

Capt. J. A. Thomas, chief of police of Winston-Salem, came down last week to visit his brothers, Messrs. J. M. and A. S. Thomas. Mr. Thomas has been chief of police of Winston-Salem for

Capt. John Hu chings, who has charge of the Sanford tobacco waretells The Express that there will be enough tobacco raised on ter-ritory within a radius of 15 miles of Sanford this year to insure a corps of od buyers on the local market when the fall season opens. He says the prospects are bright for building up a good tobacco market in Manford.

Mrs. O. M. Goodwin went to Little on this week to see her daughter, Miss Mamie Goodwin, graduate at Lit ale College. Miss Goodwin has made high marks in all her studies, taking a four-years' course in two years. She was valedictorian of her ses. Miss Goodwin is a bright, talented young woman and her friends are proud of the record she has made in

Mr. H. M. Williams went to Raleigh Monday to see his son, J. R. Williams graduate at the Agricultural and Mechanical College. Mr. Williams graduates in civil engineering. He represented his class as one of the commence ment speakers: Mr. Williams applied himself and took a high stand in his studies, J. D. Ray, of this place, also received a diploma for completion of the four-years' course in agriculture.

For some time feed has been misses from the McAnley livery stable. Last Friday Police Officer Turner went to the home of Joe Brown, solored, and upon making search found two sacks of calls and one of corn. The negro was ried before Mayor Howard Saturday the theft and required to give a bond of \$200 for his appearance at the next term of court.

Mrs. Josie McCraney, superintendent of the hospital at High Point, and Miss Ruth Wicker, a nurse in the hospital, who went to Wilmington last week to attend the annual meeting of the State Nurse's Association, came up to Sanford Saturday. Mrs. McCraey went from here to Cameron to visit her people. After spending the week-and with her sister, Miss Flora Wick-

Many of the yards in Sanford now show a wealth of color in beautiful May roses and various other kinds of flowers. Many of our people cultivate flowers while others beautify their yards ers while others beautify their yards and lawns with grass. The Bermuda locals in team work, while Person, grass will flourish in Sanford. After it once gets a good hold in the soil it is hard to kill out. It is fine for stock as well as for yard and lawn. Mr. Leonard Tufts who is propagating this grass at Pinehurst, says it can be raised more successfully than any other grass that is grown in the South

The board of trustess of the Sanford Graded school met again Saturday night to consider the matter of election of a superintendent for the schools. Some forty applicants have filed letters with the board for the position. However, the board did not go into the election of a superintendent. The board adjourned to meet again today, when the matter will be again taken up. Teachers for all grades above the fourth grades are to also be elected. As stated in The Express last week teachers for the lower grades were elected at the first meeting of the

Mr. A. J. Harps, who returned last week from a trip to Ohio, was in town Saturday. He tells The Express that and baking powder, also a bread mixer. with open arms half a dozen or more 220 acres have already been set in toWe want to let each other know which bacco on his big tobacco farm at Pine-brand of flour or baking powder has bacoo on his big tobacco farm at Pine-view. He expects to have about 300 acres in cultivation. As the spring has been the best results every time. There are a few brands of flour and baking powder few of them have died. Other farmers that if never sold in Sanford there would in that section will raise tobacco this be fewer doctors bills and more Chrisyear. Mr. Holmes will have under tlans. We want to discuss the effect of oultivation about 60 acres. Mesers. good bread thoroughly cooked, half-T. S. Cross and Dolph Griffin will cul-cooked bread, soda bread, and sour tive 15 acres in tobacco near Swann Station and Mr. W. M. Holder 11 acres be eleven questions asked and answered adjoining them.

The State Board of Health is preparing to conduct anti-typhoid dispensaries line iron. We have some difficulties work slong by making a small appro-priation. A corps of trained physicians questions about the gasoline iron. will come to Lee county, if the county

We hope that one or all of the tomato
commissioners sek for them and spend club agents can be present to tell us of two or three weeks in the county giv-ing our people the anti-typhoid treat-ward in the next world coming to one ment absolutely free of cost. The dis-of these tomato club agents who thorpensaries will be operated much as the oughly does her duty than to have the penaeries will be operated much as she ought does are duty than to have are anti-hookworm dispensaries were conreward of three missionaries who are ducted. The typhoid vacains will be spending their time teaching Japs and given absolutely free of charge to all Maxicans.

who want it. If you are in favor of it. Do not forget our exchange list.

Prof. R. W. Allen will conduct a

A Seaboard Air Line south-bour reight train pulled through Sanford ast Saturday with 125 cars. How i that for a long train?

Mr. D. M. Garley is preparing to nake ice cream in the basement of his drug store this season. He will not only make it for sale in his own store, but will be prepared to supply the demand from other towns in this section.

Mr. J. A. Hornady, who is traveling in the interest of the creamery-that has been established at the Agircultural and Mechanical College, Raleigh ment of creamery routes. He made s tour of the county several weeks ago and expects to succeed in establishing wo or three creamery routes.

way that was built through the Osgood Mr. Niven Johnson, who handles oil section and the force of hands and at this place for the Standard Oil Combeen moved to the Sanford-pany, tells The Express that he has road. They are now at sold more than 3,000 gallons of gasoline in Sanford and Jonesboro during this Mesers, John D. Gunter, Sr., and Lee month. This did not include all the G. Molver returned the latter part of gasoline used in the two towns during that time as some consumers buy it by to be found. the barrel. Most of this gasoline is consumed by people who own automo

Large crowds attended the unveiling of the monuments of M. C. Vestal at Cool Springs last Sunday morning at 11 o'clock and of Sheriff C, G. Petty at Buffalo at 3 o'clock in the afternoon by the Sanford Camp, Woodmen of the World. District Deputy O'Brien, of Raleigh, had charge of the ceremonies. Mr. L. L. Tilly, of Durham, made as address at both unvilings. Mr. B. Cole also took part in the ceremonies. Music was made by a choir composed of Mrs. W. F. Chears, Mrs. J. B. Willis, Mrs. E. E. Murchison, Missee Carrie Glass, several years and is considered one of Flora Ray, Mary Cole, Messrs. W. C. the best officers that city has ever had. York, Earl York and A. P. King.

A business man of Sanford says the weed. Many of the citizens of Sanford chew tobacco while a large number smoke. Much tobacco is consumed by boys in town who smoke cigarettes. Many a dollar is spent here every year place who dip it on the sly: Marconi, through any kind of a wall. When this turn forgot. apparatus is brought into general use many of the women who now dip snuff will quit the habit. Rev. K. L. McIver, who had been a

ed here Saturday morning returning to his home in Durham. Miss McDonald died suddenly at her home in the Crane's Creek section on Tuesday morning of last week. Her brother, Mr. A. B. McDonald, who made his home with her, heard her breathing beavily and upon hastening to the bed found her dying. She died with something like neuralgia of the heart. The Interment was made in the family burying ground near the home. Miss McDonald was a cultured, refined woman and was loved and esteemed by all who know her. One who knew her a witting of heavest. in writing of her says: "Hers was the simple life of seclusion and sacrifice nothing she possessed being too good for those about her. She had long been of "Union Presbyterian Church." Miss McDonald died at the age of 79 years. She is survived by two brothers. Mr. A. B. McDonald and Mr. A. A. McDonald, of Louisville, Ala.

anford Opens Base Ball Season -Raleigh Team Defeated.

Sanford opened the base ball seaso here last Friday by defeating Raleigh er, Miss Wicker returned Monday to 18 to 1. The locals had the visiting life as he finds it, thinking his lot the team at their mercy from the start, Freeman allowing only four scattered hits, while the locals broke loose on Clarkson for nineteen safeties. Person, Freeman, Donnell, Jones, Cav-Layton and Tulluck starried with the willow. Going to the oat four times Person scored two home runs and made a two-base hit, Layton out of four times at the bat got 2 three base hits and 1 one base hit, Tulluck four times at the bat got 3 singles. Battery for the locals, Freeman and Pergame. There were 76 paid admissions while some 200 people saw the game can be collected out of some of those who see the games.

Program of the Home Makers Congress.

The Home Makers' Congress meets Saturday afternoon at 3 o'clock in the town hall.

Bread and bread-making will be the principal topic. We will have on the with "Mammy" and "Pappy."
table several different brands of flour the poorest home too poor to we with "Mammy" and "Pappy." bread on the human body. There will about diseases, medicine, etc.

se counties that will help the with them at times, so we will devote

Mrs. J. C. Watson Jonesboro, Rt. 1, May 24.

fanners and Customs of the People Who Live on the Caro-

Graduating Essay read by Miss Ids Holmes at the closing exercises of the Sanford Graded Schools last

THE MOUNTAIN PEOPLE.

The history of the mountains tells in part the history of the people, and in the "mountain whitee" and how did

Early in the history of the State there was a sparse population on the eastern slopes of the Blue Ridge long before nyone ventured to establish a home in the mountains that lay beyond that barrier, the first permanent settlers west of the Blue Ridge not appearing until after the Revolutionary war. As time passed, the restless drifting of those people who came to the new world in search of homes brought one and anther to the mountain country, fabled for its beauty, healthfulness, and possilities; while some of the settlers drifted away others settled down and reared milies who clung to the land of their birth, where their descendants are yet

The early settlers came from almost all the nations of Europe, but by far the reater number of these emigrants came rom the British isles.

That the people are, for the most part of English, Scotch, and Irish descent, their names show. And what good names some of them are, names that are crowned with honor out in the big world,-Hampton, Rogers, McClure, Morgan, Rhodes, Foster, and dozen ore, and to those fortunate ones, who out in the big world have gained fame and fortune, the Highlanders are undoubtedly related. The same blood flows in their veins, although they are here and living back in the eighteenth

Wby have they remained in the moun ains all these generations? The answer money spent by the people of the place may be found, partly, in the fact that in for tobacco would pay the bread bill of the beginning it was too easy for them the tows. As tobacco is a stimulant to make a living, that is, such a living perhaps the enforcement of the proto make a living, that is, such a living hibition laws has had something to do dant and their herds supplied their own with the increased consumption of the wants upon the mountain ranges. The ressons for their remaining after the easy conditions of pioneer life had passed are, first, because those who remained were not those who came, but their de cendants, born and raised in the wilder for snuff. There are women in the ness, and with no knowledge of any different life. And then they had no cominventor of the wireless telegraph, has munication with the outside world, and invented an apparatus by means of as time went on they were forgotten by which it is possible for a person to see the rest of the world, which they in

The mountain people are many of them poor and ignorant, but the ill-ciad man, who to the city visitor looks like a vaga Cameron to attend the funeral of his knows some things the fine-appearing aunt, Miss Catherine McDonald, pass-stranger does not know, and is well aware of the fact.

ed; so old-fashioned that he value native shrewdness above what he calls 'book-learning"; so old-fashioned that he thinks his neighbors as good as himself; and himself as good as his neighors, irrespective of who has the biggest orn field; and so old-fashioned that he elieves progress to be a menace against

als personal freedom.

When looking at the average High ander with his bent back, his narrow shoulders and lean frame, one suspect that back of everything the people are that back of everything the people are that that that that the people are that the many useful and value and the presented to us since our mind reacts upon the body. The pretty heavy loss resulting from the cyclone. It completely demolished our kitchen and dining room, and their furnishments.

The slender lade with their gentle life as he finds it, thinking his lot the

man who
the assure you all that every gire is
heartily appreciated, and we thank
heartily appreciated, and we thank
everybody for their sympathy, assistand help.

Mr. and Mrs. Bud Meddlin. ommon lot of man.

The mountain home is generally well filled with children, who take care of themselves, and where there are so many a few more or less makes no difinto an already overflowing home with a cordiality that might put to shame the exclusiveness practiced in the richer

The children share the responsibility and work of the home from the start, and in the remoter and poorer district are as wild as rabbits. Sometimes halfson; for the visitors, Clarkson and their own names so as to be understood. Darden. Mr. S. V. Scott umpired the Often they have the pretilest and most musual names. Of course there are without paying anything. Much of the also Mossy Bell, Luna Geneva, Vallerie John and Mary and Tom, but there are winter, was carried off. The sence will Oftentimes the poorer the samily the May, and a thousand others like them more fanciful the children's names, as though, this being the only inheritance, the parents wished to make it as rich

The principal recreation of the cour try is visiting. They go long distances for the purpose, and the smallest cabin is never too small to welcome home the married sons and daughters who have come with their families to stay a while consume the provisions for half the

In the villages there are ordinar amusements of young people: parties dancing, pionics, "box suppers," where the girls fill the boxes with fried chicken bread and cake, and the boys buy them; and of course there is music, the "fiddle" and guitar being the most popular in struments.

The country music is oftenest heard in the cool of the evening, when the day's work is done and all sit about the blazing logs of the big fire place.

Since the family get up with the sun or considerably before that, all soon go to rest—the visitors in the parlor where stands the best bed. There is a carpet on the floor, and a round table in the middle holds a lamp, and as ornaments. dosen oyster shells.

One's ablutions are supposed to be performed in a tin basin standing on a beach on the porch, the family takin

Perhaps the first thing otices upon meeting the people is t quaint speech, for although they sp English, one cannot talk with them without hearing someth trange and new, their language other peculiarities containing many old phrase and word that returns us

the language of Shakespears's day, even to that of the "Canterbury Tale These people came across the sens century and a half or more ago fro country places in England, Scotland and Ireland where old words were ye strongly intrenched, though nowher else in this new world has the languag of the past survived to the same exten as in the Carolina Mountains and th

adjoining foothills. Of course, like all who live in the backwoods, the mountainer is untraumeled by the rules of the grammaria. although he adheres strictly to a few rules of his own, and today his is the most purely "American" of any lan-guage in the United States, it having grown from its English source, un touched by contact with a motley world The voices of the people are low an pleasant, expressing the kindly natur of the speaker. And their speech, al though quaint, is not coarse or rude one never hears offensive talk, slang i unknown, and profanity in most part

of the mountains is looked upon as grave offense. When you see little groups of per esembled at the houses or moving fro place to place, the men newly she the women and children dressed in the best, you may know it is Sunday. Whe there is no church everybody goes visiting, and one should think from th number collected in the door-yards of some of the houses that these visito must strain the capacity of the bean-

be invited to dinner. If it is "preaching day" the peop are found all moving towards one point the settlement church, which, like the school house, generally stands "at a frequency of whose visits depends upon the size of his parish and the distance he has to travel.

naturally the Baptist form, and when you see a crowd down on the river bank some Sunday, you may be sure there is a "baptizing" going on. Besides the and the "Wholly Sanctified." "Book learning" does not trouble the mounvery seriously. The children, however, love to go to school and go so long as there is a school day left, unless circumstances in the form of younger brothers

rental control forbid. The school houses are being rebuilt, everywhere. and even now the last log school house may have closed its doors forever on the youth of the North Carolina Mountal

We want to thank the people of Sanford and our country neighbors, far and near, for their kindly assist-

It would take too much space The slender lads with their gentle write every one's name and the manners and friendly eyes become bent old men when men out in the world are we want to thank every individual in the prime of life. The mountains are dreams of beauty, but the man who

DOING THEIR DUTY.

ores of Sanford Readers are Learning the Duty of the Kidneys.

To filter the blood is the kidneys uty. When they fail to do this the kidneys are weak. Backache and other kidney ilis may

lollow.

Help the kidneys do their work.
Use Doan's Kidney Pills—the tested kidney remedy.
Sanford people endorse their worth.
J. L. Spainhour, Charlotte Ave., Sanford, says: "I have taken Doad's Kidney Pills off and on for quite awhile, whenever I have had occasion to regulate my kidneys or relieve pain in my back and have found them to be all that is claimed of them. I am always glad back and have found them to be all that is claimed of them. I am always glad to recommend Doan's Kidney I'ills, as I know that they have great merit." Price 50c, at all dealers. Don't simply ask for a kidney remedy—get Doan's Kidney Pills—the same that Mr. Spainhour had. Foster-Milburn Co., Props., Buffalo, N. Y.

Eyes Examined.

Headaches Relieved Caused From Eyestrain.

Dr. Julius Schaffer, of Fayetteville, Specialist in Optometry, Gradalthough the days of "visiting" may uate Philadelphia College and registered in the State, will be in

Sanford, Colonial Inn.

Monday, May 31st, for the purpose of examining the many errors the eyes are subject to and fitting glasses.

FOR RENT—A new five-room cottage with nice bath, sewerage, hot and cold water, and electric lights. On west side of Hawkins avenue. Apply to Miss Datay Bland for reasonable terms.

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Our equipment is first-class in every respect. Our Mr. Rogers (who is now a licensed Embalmer) is in charge of this department.

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The tours will consume 26 to 50 days, including ALL EXPENSES, such as Railroad and Steamship fares; Pullman and stateroom berths; The people as a rule are Baptiste, though there are a few Methodist, Pro-byterian and Episcopalian centres which plan, excepting Los Angeles and San Francisco where rooms only are are rapidly enlarging, but the religion furnished; attractive sight-seeing and side-trips.

Many Diverse Routes

orthodox Baptists, there are various off. Including Denver, Colorado Springs, Cripple Creek, Pike's Peak, Royal D shoots, such as the "Washfoot Baptists" Gorge, Salt Lake City, Yellowstone National Park, Grand Canyon of Arizona, Orange Groves of Southern California, San Diego, Los Angeles, M Coast of California, San Francisco, Portland, Seattle, Puget Sound, Vic- H taineer much. He takes his children's toria, Vancouver, the Canadian Rocky Mountains, St. Paul and Chicago.

All trains equipped with ALL STEEL Pullman drawing room, stateroom compartment and observation cars and diners for the exclusive use of our parties for the entire trip. Personally conducted and satisfactorily chaperoned. Ladies unescorted assured of every attention

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Milk, Cream, Butter and

r top desk; Columbia phonothe desk; Columbia phonothe and records; large oak writdesk; all in good condition.
gains. F. D. Thomas.

FOR SALE A young mule at a bargain for each, or would take good security. Apply to W. C. O'Connell,
Sanford, N. C., 18, 1.

R SALE—Pure bred St. Lembert
y bull calf. Price reasonable.
amar Davis, Sanford, N. C., R. L.

Farms Wanted set and Chatham counties. We buy sell real estate and from time to get customers who want farms in and Chatham counties. Send depition and lowest prices at which you agree to give us options, that we examine the farms. We also pay por cent, semi-annually on money setted with us, and give first mort a security. Write Central Loan & Co., Burlington, N. C.

WANTED—Beef cattle. Will pay the Chamberlain's Cough Remedy than any other," writes R. E. H. Homer City, Pa. "I have Roy for sale and I will call. J. H. Eubauks. Sanford, N. C.

STRAYED—A large blue, white and black speckled dog, about three years old. Disappeared from my home a few days ago. Goas he

For Sale.

One business lot fronting First street 100 feet and running back to Little Buffalo creek, known as the gin property, and new occupied by Highway Commission as mule stable. Price \$1,000.

Buttermilk.

One tract of land near Colon, containing 13 acres, more or less. Located in one of the best school districts in Lee county. School house within a stone's throw of land. Three miles from Santhardor set, leather covered; and located on one of our good roads. Price \$25.00 per acre

Toned Up Whole System. "Chamberlain's Tabiets have done more for me than I ever dared hope tor," writes Mrs. Esther Mae Baker, Spencerport, N. Y. "I used several bottles of these tablets a few months ago, They not only oured me of billious attacks, sick headaches and that tired out feeling, but toned up my whole system." For sale by all dealers

FOR SALE. One fresh young Jersey cow. Apply to N. E. Poe, Sanford, R. F. D. No. 3

hever falled to give the desired results."

For sale by all dealers.

FOR SALE—Fresh milk cow. Or all exchange for dry cattle. D. B. waringen and son, Jonesboro, N. C.;

STRAYED—A large blue, white and black speckled dog, about three years old. Disappeared from my home a few days ago. Goes by name of "Rex."

Upon return of dog finder will be sultably rewarded. E. S. Kelly, Sanford, N. C., R. !.



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damlet	5.85 5.40	Henderson Warren Plains	2.50

Ticket, on sale May 29th to June 2nd inclusive, and for trains which are scheduled to arrive in Richmond before noon on June 3. Final return limit June 10th. Tickets can be extended until June 30th by payment of 50 cents additional and depositing same with Special Agent, Joseph Richardson, on or before June 10th

For Pullman reservations and further information as to rates, etc., from other points call on your local agent or

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he Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-us-good" are but Experiments that trifle with and endanger the health of Infants and Children-Experience against Experiment.

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