

The Everyday Counselor

Rev. Herbert Spaugh, D. D.



True freedom means above all not being in bondage to self. Many of those who clamor most for freedom know least what it is. This is particularly true of young people just entering manhood and womanhood. I have just been out to address a group of high school boys and girls, concerning their relations with other people, particularly with one another. I told them of the several ages through which a child passes until he reaches maturity. They are these:

1. The Knee-age, when the child is around mother's knee.
2. The See-age, when they want to see with their hands everything within reach, asking innumerable questions.
3. The Me-age, when they want everything for themselves.
4. The We-age, when they play in gangs.
5. The He-She-age, when they become interested in those of the opposite sex.
6. The Free-age, when they are accorded the privilege of voting.
7. The Marri-age.

I told them that unless they learned in these various ages to live according to the laws of God and man, dealt fairly with their parents, teachers, and those of the opposite sex, marri-age would be bond-age.

More people are in bondage to self than to any other persons or things. They commence this bondage during adolescence, when they attempt to throw off the restraints of the home, the school, the Church. They seem to think that by flouting and ignoring the laws of God and man, they are expressing their freedom. Instead they are doing the opposite. No one can disregard the laws of God and man, and not place himself in bondage to self. There is no more bitter slavery than that to an outraged conscience.

Those who think they can break the laws of God, end in breaking

themselves. Each week many young people troop through our police courts. As police chaplain, I learn of them. They have violated the laws of God and man. Many of them are cold and hard about it. They think they are expressing freedom. They are doing the opposite; they are placing themselves in slavery to an outraged conscience, and to the most deadly poison in the world, sin. Unforgiven sin means death and hell—here and hereafter.

Timely Hints

When frost comes, the first vegetables to be harvested for storage are beans, winter squash and pumpkins. These tender vegetables must not remain out of doors in a freezing temperature. Tomatoes, peppers, eggplants should also be gathered, but these vegetables cannot be stored for any length of time.

Don't be in a hurry to dig and store your root crops. This applies to beets, carrots, rutabagas and turnips. Leave them in the ground until heavy frost, even after the tops have died down, but of course remove them before the ground freezes hard. They keep better after low temperatures have caused the cells to fill up with starch and sugar, while the water content becomes less.

A good inch of stem should be left on carrots, beets, turnips, rutabagas, and onions, when harvesting for storage.

Root crops should be stored in a cool, ventilated cellar or storage room; in a garage, if heated, or until freezing weather arrives; in a cellar window-well; in a straw-lined pit in the ground and covered with dirt; in barrels, boxes, or cans sunk into the ground and covered with a foot of soil. Warning: The vegetables must not freeze.

Home Economists To Meet Oct. 25

The annual meeting of the North Carolina Home Economics Association will be held in Raleigh on October 25 and 26 with about 300 members from public schools, State College Extension Service, business, and home-makers in attendance.

The opening meeting will be held at the Raleigh Woman's Club and will feature an address by Dr. Muriel Brown, family life consultant of the U. S. Office of Education. Miss Ella Outland, of Burlington, president of the association, will open the meeting at 2:30 p. m.

Another highlight of the convention will be an address by Mrs. Mary Davis Gillies, interior and architectural editor of McCall's Magazine. Mrs. R. S. Ferguson, Taylorsville, member of State Board of Education, a member of the Board of Trustees of the University of North Carolina, and only woman Democratic nominee for the State Senate, will discuss the newly organized Home Economics Foundation.

Other speakers appearing on the programs are Mrs. Myrtle Westmoreland of Statesville; Dr. Mildred I. Morgan, Asheville; Mrs. Adelaide Bloxton, Greenville; Miss Emily Burt Person, Tarboro; Miss Verna Stanton of State College; Mrs. Cathryne Kehoe, Greensboro; Mrs. Bessie S. Ware, Durham; and Miss Elsie E. Yarborough, Mrs. Marguerite G. Surles, Miss Jennie D. Stout, Miss Ruth Andrews, and Mrs. M. L. Shepherd, all of Raleigh.

Parsnips and salsify (oyster plant) may be left in the ground all winter. In fact, the flavor is improved by freezing. All members of the cabbage family will stand a good deal of frost. Broccoli will keep on bearing until late autumn; so will Brussel sprouts. Cabbage and cauliflower are frost resistant. But cabbage should be stored in a cool place after real freezing weather comes.

Thrifty gardeners who have space for storage, grow enough vegetables not only to eat and to can, but to lay away for winter use. They will have timed their plantings so that the storable vegetables will be mature at the

SPARTA



SPECTACLES
By Blanche Jones Lewis

Hello there! The spectacles this week are on a new person—new to most of you, though I don't feel much like a new person after having been here for several days. I know so many of you already and you have been so cordial and kind and have made me feel so welcome. If I should say "thank you" for that, I am sure you would feel insulted, because I have found that those are your natural characteristics. But it has made me very happy and glad to be here.

You know, a new editor coming into a town is much like a new preacher coming into town. They are both very much in the public eye, the editor because of what he or she writes, and the preacher because of what he says. They have a lot of the same problems and make a lot of the same mistakes. There's the problem of getting settled, and meeting the people, and preaching the first sermon or getting out the first issue of the paper. And they make some of the same inevitable mistakes—calling Mrs. Jones Mrs. Smith and Mrs. Brown, Mrs. Black.

And if it's a preacher, he steps on somebody's toes in his first sermon, and if it's an editor, she leaves something out of the paper that should have been there, or puts something in that should not have been there. Critics have not yet decided which is worse.

But people are kind and generous. They realize that no one person can accurately put together all the names and faces in Sparta in just a few days time and they know that any mistake made was not intentional. And with your consideration and cooperation, we, together will make this the very best newspaper that it can possibly be. I know you are proud of your newspaper because you have told me so and I know you are cooperative because the publishers have told me so. It's YOUR newspaper and I am here to help you with it.

As I am writing this column, I have been in Sparta three days and a little part of another one. I could go into pages of poetic writing, if I were a poet, about the beautiful country surrounding our little metropolis. You have seen it yourself and you know that I do not have the words in my vocabulary to describe it. One of the current magazines has a color photo of the New Hampshire woods at this season of the year and it could easily have been a scene from our own mountains.

But during my short stay here I have been in something of a whirl. Alleghany's favorite son, Congressman Doughton, who has his office in the same building with us, kept me moving all day Saturday trying to keep up with him. He was in and out of the door every three or four minutes and each time with a different person. He introduced them all to me and they all had the same story to tell—of their great admiration for the Congressman. Other people wandered in too—to "take a look at the new editor" and to extend a welcome to Sparta and Alleghany county.

On Sunday I went to the Laymen's Service at the Sparta Baptist Church and heard several laymen who had missed their calling. They should have been preachers. The Rev. F. G. Walker sat back in his pew, and enjoyed it all—listening to his own members performing from his pulpit. It was a novel service and an enlightening and entertaining one.

Also on Sunday, I was one of the spectators at that hair-raising baseball game between Sparta and Scottville at West Jefferson. Emoryetta Reeves, the former editor, willed to her successor the Sparta high school football team. I accept the legacy with much interest and enthusiasm and to them I'll add the Sparta baseball team for its magnificent performance on Sunday. Details of the game will be found elsewhere in this paper but just in case you don't see it, the deciding game of the series will be played next Sunday at the same time and place. You be there with me to

proper time—not too early and not too late.

Water in which meat or vegetables are cooked should be saved and used in soups or sauces.

cheer the boys on to another victory.

Also on Sunday, and on Monday, I met a lot of people and engaged in many conversations. I heard a lot of the "under cover" stuff about people here and there. And don't think I didn't listen, because I did, and don't think I wasn't interested, because I was. I won't hold it "against" you—just "over" you! No, seriously, I spent most of the time in those conversations trying to get "families" straightened out. So many people here are related, in a vague sort of way, to so many other people here, some by the same name and some by different names, that one must be careful what one says about whom! I think I have met about six Mrs. Joines since I have been here and if they are related at all, it is very distantly. I suppose you could walk down the street most any morning and say "Good morning Mrs. Joines" and somebody would answer.

Of course I have met so many people and this column could go on and on telling my impressions of them and of Sparta, but all of that will find its way into this space sooner or later. Right now the deadline for this has arrived and we'll have to leave those other things until next week. But

TO SPEAK SUNDAY



Dr. Ansley C. Moore, pastor of Government Street Presbyterian church of Mobile, Alabama, who will speak Sunday at 8:30 a. m. on the subject "The Family Turns to God," over stations WSOC, WWNC, WSJS and WPTF.

I couldn't stop this without saying that I like Sparta and I like you and your hearty and cordial welcome has made me feel almost like a native.

Many foreign students are studying Extension and cropping methods in North Carolina. The latest is Carlos E. Dates, an agricultural expert from Argentina.

Richmond county farmers have planted more than 1,000 acres of temporary grazing crops this season, says County Agent N. L. Hendrix.



NOT WITH SUCH FINE BARGAINS IN OUR HOME NEWSPAPER!

Vote For Wade E. Brown

Unanimous choice of the Democrats of three counties, Ashe, Alleghany and Watauga as their candidate for State Senate

A World War II Veteran Who Merits Your Support



Give Him Your Vote At The Polls On Nov. 5

Know Your Candidate - - -

Wade E. Brown, a native of Watauga, is married and has two children. He graduated from Mars Hill College and from the Law School of Wake Forest. After receiving his license to practice he opened his office in Boone in 1931 and practiced there continuously since that time except for the years he was in military service during World War II. He has been a leader in civic and religious affairs in his home town, Boone.

His Service Record - - -

A volunteer, he was a Lieutenant in the U. S. Naval Reserve for 21½ months. He served in the Atlantic and in the Pacific as well, including the Caroline and Marshall Islands and the Philippines. Upon his return to the U. S. after the war he was Judge Advocate, General Court Marshal Board, Charleston, S. C. His service medals include American Theatre, Asiatic-Pacific, Philippine Liberation and Victory Medal.

Lauded by high ranking officers.

"During your assignment to duty in the District Legal Office of the Sixth Naval District, extending over the period from 23 November 1945 to 20 February 1946, you performed your duties in a highly satisfactory manner. These duties consisted primarily as judge advocate of the general court martial of the Sixth Naval District, in which capacity your performance met the high standards of the naval service. Your legal ability and experience contributed materially to the maintenance of a high standard of justice for naval personnel in this district. I am informed that your prior performance of naval duties at other commands was equally satisfactory." L. T. DuBose, Rear Admiral, U. S. Navy, Commandant writes.

E. E. Jaques, Commander, U. S. Naval Reserve, writes about Mr. Brown, "Through your excellent qualities of leadership and sound judgment the high standards of the service have been upheld in all instances during your assignment as Armed Guard Commander."

Another superior officer writes "Lieutenant Brown assumed full responsibility as judge advocate of the General Court Martial after a ten day period of instruction under the former judge advocate. As this officer had no legal duties in the Naval service prior to reporting for duty at this district's headquarters his ability to accomplish his legal duties within such a short period is considered noteworthy. Lieutenant Brown has performed his duties in an efficient, conscientious and thorough manner. He has worked many nights in the preparation of his cases, in an effort to perform his new duties with skill and competence. He is exceedingly industrious, conscientious and thorough, and has departed himself in keeping with the best traditions of the naval service. His promotion is recommended."

Let This Man Serve You in the N. C. Senate

THIS ADVT. IS WRITTEN AND PAID FOR BY VETERANS AND OTHER FRIENDS OF WADE E. BROWN.

The Kyle and Della Perkins Farm

(NOW OWNED BY W. F. WEST)

AND

Personal Property

AT ELK CREEK, VIRGINIA

AT AUCTION

Friday, November 1, 1946, at 10 A. M.

Place of Sale: On The Premises

¼ MILE EAST OF FARMERS BANK OF ELK CREEK

We will sell for W. F. West, at auction, on the above date, his farm containing 138 ACRES, known as the Kyle and Della Perkins Farm. This farm has been subdivided into seven tracts, you can buy a small tract or the whole farm.

Improvements:

GOOD 7-ROOM HOUSE, BARN AND OTHER OUTBUILDINGS.

This is one of the best farms in the Elk Creek Valley for sale.

Personal Property:

SEVERAL HORSES

SEVERAL BUSHELS OF WHEAT

SEVERAL STACKS OF HAY

Mr. West lives at New Bern, N. C., and is engaged in the Dairy Business and does not have time to look after this valuable farm and has instructed us to sell the same for the High Dollar on the above date.

Reasonable Terms

Music By String Band

If you want to buy some of the best land in Grayson County, located in the Elk Creek Valley, or personal property, you should attend this sale.

SALE CONDUCTED BY

Parsons Auction Company

Independence, Va.

Galax, Va.

Sellers of the Earth