WASHINGTON, NORTH CAROLINA, TUESDAY AFTERNOON, JANUARY 18, 1910.

EYES, EARS, NOSE AND THROAT OF PUBLIC SCHOOL CHILDREN

Issued by the Board of Health

Public School Health-Important Official Information for Teachers and Others Connected With the Public Schools of Beaufort

Superintendent Gives Instruction

A very importan publication has stream, no matter how small, should just been issued from the office of have a hand-rail!

One of the crying needs in our alt-public instruction of North Carolina, which every school official and teacher in the public schools of Beaufort point of view the two main feature county should not only carefully read to be considered in the construction and thoroughly digest, but put the

county should not only carefully read to be considered in the construction and thoroughly digest, but put the of the school-room are the lighting railuable suggestions contained therein into practical use.

The County Superintendent is today mailing a copy of this builetin to each teacher, together with the following printed letter of instructions:

The room should be oblong, the width being to the length about as thom: three to four, with the teacher's plat-form at one end.

Washington, N. C.

mail the enclosed blank report of pil.
same before I will be allowed to sign The danger to the eyes of school

same before I will be allowed to sign the youcher for your last month's children is the production of near-salary.

It is useless for me to speak of the pamphlet itself, as it makes all possible explanations. I will only beg of you, for the sake of the precious clea of adjustment (accomodation health of the children placed under and convergance) is the principal facyour care, that you study it carefully tor in the production of near sight; and give your hearty co-operation to and, as the nearer the object to the a work of even greater importance to eyes the greater the tension or strain the future generations of our county upon both these sets of muscles is, it than your ally classroom work it-follows that everything having a ten-

self. Yours truly.

W. L. YAUGHAN,
County Superintendent. Continuously used during childhood
This little pamphlet, entitled assists in the origination of this con"Health Bulletin, Number 1," with clse, but graphic secondary title Since a large part of childhood, and "Eyes and Ears," was prepared particularly that part of it in which by Dr. W. S. Rankin, Secretary of the the eyes are used most on near ob-State Board of Health, who is not lects, is passed in the school-room, only a well known specialist, but who it is there that we would naturally is rapidly becoming, by his study of seek the causes of this trouble. And enacted

health and the lives of the children it comes is also important. Prefer committed to their care by providing ably, it should come from the left and for them healthful surroundings in above, so that, while illuminating the of Wyeming, chairman of the com

schoolroom and on school grounds.

In matters of hygiene and sanitanor cast a shadow of the hand in tion example is better than precept, writing. The next best direction is poration bill have n and the teaching of daily surround-ings more effective than the memor-laing from books of hygienic rules shold always look at a dead wall. The

Simple, brief health talks should light are:
be given to all the children of the Four windows on the left of the school by every teacher once or twice pupils as they sit, the tops being every week.

The old, narrow, short-sighted idea from the ceiling, the bottoms being

education that concerned itself at least three and a half feet from with but a part of the child—its mind the floo is fast giving place to an education ed, with transom sashes hung at the that seeks the development of the base above the sliding sashes. A winwill add to the work of instruction on the side, taken collectively, should the more important duty of child-equal at least one-sixth of the floor-study. As the child duty are the collectively and the floor-study as the child-size of the western representastudy. As the child studies the book, space. The highest authorities in so will the teacher study the child. school bygiene require 300 or 350 Ma

The old idea, still extensively held, square inches of glass for each pupil. that diseases are foreordained, inevitable, has been shown by the extended the down two doors, with transom windows two doors, with transom windows. sive researches of the last quarter of dows above hung at the base, and be-a century to be incorrect. We now tween these transom windows, and on know that many diseases are prevent- the same line, two more windows of able, and that, unprevented, they set the same kind and hung in the same saide for naught much of the work of manner.

How foolish, then, for teachers to tinted, but not the ceiling.
ontinue to concern themselves solely 6. A blackboard may be between continue to concern themselves solely 6. A blackboard may be between with the child's mind, developing it the doors, but a sliding blackboard symmetrically, and how short-sighted back of the teacher's platform, or a of teachers to fall to teach the child portable one on the platform, would

the Shoothouse should always be sted on a gievation, so that its mediate vicinity is perfectly drain-

INSURGENTS EXPECTED TO KEEP UP FIGHT

Senate is Disturbed

With Every Interjection of the Connon Rules-Fate of Several Bills One of the Live Topics.

ROW UPSETS CONGRESS

Washington, Jan. 18,-No matte ger-Pinchot controversy, the insur-gent fight promises to occupy a prom-inent place in the congressional situ-ation during the coming week.

and regulars in the House have oc-cupied the center of the stage for a simply delighted. fortaight although several important measures have been passed. The bickerings have even spread to the Senate wing of the Capitol and legis

lation there has been at a standstill That there will be a lull in hostili Washington, N. C.

DEAR TEACHER:

The enclosed Bulletin is sent for your careful inspection and use. By order of the State Department of Education, you are required to familiarise yourself with its contents, of 200 cubic feet of air and 16 1-2 row in check. They look for remake the required examinations, and square feet of floor space to each pullon affecting the Cannon rules is inties in the House as soon as the Ralnewed outbreaks whenever any question affecting the Cannon rules is in erjected into the proceedings.

Fate of "My Policies." Second interest to the discussion of the battle between the Republican organization and the insurgents in the House is the gossip in both branches of Congress as to what will be the fate of the several administration bills to put into force what are known as Taft policies as differ-entiated from Roosevelt policies. These embrace the program for the amendment of the interstate com-merce laws, the Sherman anti-trugt law, and carrying into effect mean ures for the conservation of natura

Little opposition has been heard to the administration measure for the strengthening of the interstate com-merce act. On all sides it seems to be conceded that some such measure as is proposed by Mr. Taft will be

is rapidly becoming, by his study of the hearth conditions of our public it is there they are generally found.

Schools, a most important part of our public it is there they are generally found.

For the benefit of those who are not teaching, especially committee amount of light is insufficient. This question of plenty of light of good in the public and I appeal to the northern sky) in the school-room is patrons and friends of the public of the highest importance. In a general may, it may be said that there tance in every possible way in the upshould always be enough light to end on a moderately members of the judiciary committee.

Inertia in the House.

In metia in the House.

I schools that they lend their assis-eral way, it may be said that there in the House. On the Senate side the building of the health of our future able a child to read on a moderately citizens: I quote:

The first duty of every teacher and every school official is to protect the a foot. And the direction from which

Taft and Attorney General Wickersham have drafted and will present

Comments upon the Federal incor oration bill have not been altogeth-

.The administration bills to carry shold always look at a dead wall. The out Mr. Taft's views on the subject requirements necessary for such a of the conservation of natural resources are still before the House of the committee on public lands awaiting the anaouncement of some volunteer that he is willing to undertake their defense in the House. The offer of Chairman Mondell of Wyoming, to introduce the bills "by request" havast giving place to an education ed, with transom sashes hung at the seeks the development of the base above the sliding sashes. A winchild—mind, soul and body, dow or two in addition at the back is
a broader education the teacher
a broader education to the side. The size of the windows

The prize was cut for by Mrs. Fred

The prize was cut for by Mrs. Fred

The location of the bills. This resulted size Whiterker, Miss Lulia Whitneys, presented to the ladies of washingtor.

The prize was cut for by Mrs. Fred

The committee believed the day

The committee believed the day

The prize was cut for by Mrs. Fred

The prize was cut for b

or, equally spaced, not group

5. The walls should be slightly

The main rule to be observed in the

Many people believe that the administration forces made a mistake in declining the proffer of Mr. Mondell. His opposition to the Ballinger bills, is said to be in harmony with lukewarm support given by him in the past to the Roosevelt or Taft programs for the conservation of natural resources.

TO BUILD COTTAGE.

Mr. Charles M. Little, jr., who has ust sold his residence, corner of Nature's first commandment, self properhaps be better than the profusion Elizabeth V. Simmons, expects to better than that is, the very simple means of wall blackboard now in vogue sin at early date the erection of a

The main rule to be observed in the placing of seats is to carry them as far as possible toward the window adds of the room, as far as possible from the opposite side; the aim being to make the arrangements such Carly will conduct the pursor. Rev. M. T. Plyler, Mr. Smule pustor, Rev. M. T. Plyler, Mr. Smule that the distance of the outer row of divides at the First Methodist Church Wednesday evening. The general public cordially invited to be

VASSAR GIRLS CHARM AUDIENCE

One of the Biggest Hits of the

One of the biggest hits of the cur ent season was the Eight Vassa Girls at the public school auditorium in the Lyceum course. They fulfilled Renewed Outbreaks to Come all of the many promises in a brilliant and novel entertainment, winning enthusiastic applause from the audience. These talented and tractive young ladies exhibited un-usual proficiency as instrumentalists and vocalists. The selections render ed upon saxaphones, reeds and bras were marked by a unity of purpose richness and sweetness of tone and aufet intelligence of expre Washington, Jan. 18.—No matter program ranged from popular ballads how satisfactorily an arrangement is to Italian opera. The rendering of made for the selection of the joint committee to investigate the Ballinforth much applause. Every member ger-Pinchot controversy, the insur-of the company is an artist. They attracted a large audience, are attractive in appearance, and presented one of the most prilliant program ever certainly this season

MR. ANGEL DEAD,

Father of Mrs. John G. Blonnt Die

Dr. John G. Blount received a telin Birmingham, last night, of Mr. L. A. Angel. The deceased was

he prettily decorated hall where Mrs. Dough received them and pinned on ach one some article that represented an old song. One had a picture of flowers and several tiny flags waters and the Columbia river espec-which of course was "Hearts and ially also came in for their share of which of course was "Hearts and Flowers," another had three tiny black bables tied in a bunch, which

was "Coon, Coon, Coon." etc.
As soon as the members were all present the club was called to order sickness, would not be present. ed by an essay on Sidney Lanier, eenest interest. Miss Lottle Bonner, capable young secretary, then made her report.

After the business was concluded man Alexander, Congress enacted anders. Dough distributed tablets and tunal River and Harbor bills. Finally tiny pencils and the guests were retiny pencils and the guests were re- in 1802 Fresugest arises from the distribution of the many of the songs as they could make bills. To obviate the business difficult from the articles they were wear-

Lane, the bride of the club. guests were then regaled with a dainvoting it one of the most delightful comthe book-club had organized. . MRS. R. J. HOUSE

FAIR TRAINER TORN BY WILD BEASTS IS DEAD

Yorks Jan. 17,-Papline Rus II, who a week ago was attacked badly torn by one of a pair of leopards she was training at a city or, Rev. M. T. Plyler, Mr. Samuel, or the property of the condition of the prayermeeting been at the First Methodist at the time but for a man attendant or the Wednesday, evening. The planed it to the floor with a gail public cordially invited to be said public cordially invited to be said.

PUBLIC HEARING OF COMMITTEE **NOW COMPLETE**

Rivers and Harbor Bill

The Bill Should Be Ready to Be Reported to the House Not Later Than Feb. 1, Says Chairman Alexander.

A YEARLY APPROPRIATION

Washington, D. C., Jan. 18 .- Th ablic hearings before the Rivers and Harbors Committee of the House have been completed and the committee is in daily executive session for the consideration of a river and harbor bill which Chairman Alexander believes should be completed and reported to the House not later than February 1st.

In addition to delegations of citisens interested in particular projects many Representatives in Congres were heard in the advocacy, of and comprehensive policy toward the waterways of the nation as urged in season and out by the National Rivers and Harbors Congress.

Among the particular projects which received attention as presentformerly a resident of Wilmington, which received attention as present-N. C., He was the father of Mrs. John ed by delegations of citizens inter-G. Blount and Miss Nora Angel, of ested, introduced by members of Con-G. Blount and sins Nora Angel, of this city. Mrs. Blount has been at gress, were the Coosa and Flint river

Birmingham for the past two weeks enterprises; a deep water harbor on at his bedside. The cause of his the northwest coast of Florida either at Bath Tuesday evening of January place from the Episcopal Church, adoption of projects relative to the who wish to go will le Thursday morning at 11 o'clock. The San Joupuin and Sacramento rivers; ton, Tuesday afternoon. Interment will be in Oakdale Cemedeeper water in Norfolk harbor; Rev. C. D. Malone co larger appropriations for locks and dams on the Ohio to the end that this erhood hall and was a guest of Mr.

MRS. E. D. DOUGH ENTERTAINS great artery of commerce may be and Mrs. J. M. Cotten Sunday night

completed within twelve years.

Other projects to which attention was directed were thee looking to most delightfully on the states of the TLE Livre. Club was directed were thee looking of January 14. The house was taste fully decorated with cut palms and the Savanah river at and below Augrers. As the guests entered they were received by Mrs. Thad Blount, who conducted them to the dressing which conducted them to the dressing which is pleased to the savanah its such as a save ticular section of the Savanah its such as a save ticular section of the Savanah its particular section of the Savanah its particular. The savanah its particular section of the savanah its particul ticular section of the Savannah behavior is particularly bad. remedy these conditions the commit o this project. Western Oregon waters and the Columbia river espec-

Galveston has a new project which is being urged upon the committee with great particularity by the rep-resentatives in Congress from that by the vice president, Mrs. Chas. Mid-sette, wheretated that the president, of Galveston bay as a whole. Lock where taked that the president, of Galveston bay as a whole. Lock Montague Bonner, owing to and dam projects were also urged The for the Cumberland and Tenness

club then proceeded to transact the business for the evening. After which Mrs. R. T. Bonner read a very bill will be passed at this session," said Chairman Alexander, "but theresting article, which was follow as to the amount it will carry is a ed by an essay on Sidney Lanier, matter which rests wholly with the both of which were listened to with committee, which has voted in favor of anual bills. The present bill will be drawn with that in view.

"From 1865 to 1884," said Chairmany of the songs as they could make out from the articles they were wear-ing. At the end of ten minutes the two years the continuing contract time for writing them was up, and immediately a table full of queer argives activity to large projects and immediately a table full of queer argives activity to large projects and ittless was brought in. Each article was working with heneficial results from the cooking art. Each exhibition that the cooking art. Each exhibition that the cooking ar

Alfred and Mrs. Lee Thompson, the has now come to return to the origi- giving date of list. latter being the fortunate winner, nal and business method of an annual The booby was won by Mrs. R. T. Bon bill. The plan is to appropriate each ner, who presented it to Mrs. J. E. year only what the engineer corps The can expend in that year.

"To harness the waters with ty and tempting repast. Deliclous which this great nation has been chicken salad, pickles, crisp crackers abundantly blessed," continued Mr. and fragrant coffee being on the list Alexander, "and to make the rivers of good things. After enjoying them work for the benefit of our diversified all to the full the guests bade good-activities is one of the most interestactivities is one of the most interestnight to their charming hostess, all ing. problems which confronts the committee in whose judgment I have great faith and I believe that a bill broad and comprehensive in character will be the outcome of liberation."

EVERYBODY INVITED.

Evely dizen of Washington orged to attend the Robert E. Lee oirthday exercises at the Chamber of Commerce rooms Wednesday even Everyone should aid in celebrating the natal day of the noted and be-loved Southern chieftain. A most m-

DISAPPEARANCE OF J. A. WALSTON

No Tidings of Him Since July

Last.

ittached to the disappearance of or J. A. Waiston, who has been living in Long Acre township, this county. He mysteriously disap; cared on July 11 and since that time no tidings of him can be ascertained by his relatives or friends. Mr. Walston is an ex-Copfederate soldier and is about 68 ye of age. His son, Mr. John W ston, of Pitt county, and other leading for the soldiers. been looking fr him and e to secure information lead, to his location since his disappearance; so far they have been unsuccessful. Mr

Waiston was born and reared in Pitt county. He has a daughter residing in Falkland, N. C. Two other children are liying in Pitt county son has searched everywhere for his father, but without success. Walston was frequently seen the streets of the city and was conpicufous for always having a bag thrown across his shoulders.

nce cannot be accounted for. RIVER ROAD STATION NEWS

quently in the winter time he

Lyman, a little son of Mr. and irs. L. M. Sheppard, who has been ery sick, is convalescent.

Mrs. N. B. Mitchell, of Ware's Chapel, is very ill at the home of her daughter, Mrs. D. H. Bennett, at Bunyan.

Mrs. Nelson Sheppard, of Bunyo was very ill for several days last

death was Brigg lisease.

At Appalachicola, Carrabelle or St. 25th and will continue Wednesday

Andrews Bay; a fresh survey of the and Thursday. A special boat for

tomerrow and the funeral will take

Wabash river up to Terre Haute; the the accommodation of passengers

Rev. C. D. Malone conducted serv

child of Washington were guests of tee is asked to give special fittention Mr. and Mrs. L. M. Sheppard last

> Messrs, L. M. Sheppard and J. B. Sheppard visited Mr. and Mrs. Nelson Sheppard at Bunyon one day re-

> cently. Mrs. R. L. Woolard who has been

ery III is improving. Miss Lillie Alligood last Sunday

LIST OF LETTERS

Remaining uncalled for in nost

Gentlemen—Harry Aycock, Roy T. Buckingham, Reynold Ball, J. R. Bartoe, Tomas Claims, John S. Den-Hartoe, Johns Calles Henry Evans, Les-nis, Walter Ellis, Henry Evans, Les-lle Fowden, Willie Granger, J. R. Hollday, E. L. Jones, James A. ple asking.

Ladies Mrs. Rachel Boyd, Mrs. L. A. Clemons, Mrs. Olivia Corson,

DAUGHTERS OF THE CONFEDER-ACY MEETING.

The Pamlico Chapter, Daughters of he Senfederacy, are requested to meet tomorrow afternoon at the resi dence of Miss Lena Windley, on Market street, at 4 o'clock. The attendance of all is requested.

Recording Secretary

CONVALESCING. The many friends of Mr. John K

Hoyt, sr., who has been quite 'll at his home in Beaufort, N. C., suffering from congestion of the lungs, will be pleased to learn that his condition is much better and that he is now on the road o recovery.

WORK IN THIRD DEGREE. There will be a regular communi-cation of Orr Lodge, No. 104, A. F. & A. M., at their lodge room this Paso Ointment. avening at 7:35 o'clock. Work in Capuding. The third degree. All visiting brethren and the members cordially in- Laxative Bromo Quinine.

WILL GIVE DE-MONSTRATIONS

NO. 141

On Majestic Range

Prof seph Becker, One of d's Noted Cooks Here and Will Exhibit Skill at Harris P. & S. Co's Store.

LADIES CORDIALLY INVITED

Beginning tomorrow afterno from 2 to 5, and continuing each af-ternoon during the remainder of the week, Professor Joseph Becker, in tic Range, will be the novel attraction at the J. H. Harris Plumbing & Supply Company's store. The dem-onstration was advertised to begin Monday, but due to the delay of the professor in reaching here it will not begin until Wednesday afternoon.

Every lady in Washington, and the men, too, for that matter, should attend this demonstration and hear Professor Becker, and well they may, for he is a chef of no mean reputs tion. He was selected by the Majestic Range people from hundreds of applicants, some five years ago. He is an acknowledged authority on all kinds of cooking and his course of lectures to be delivered by him this week are an education any housewife can be

During the series eighty-three different kinds of pastry will be made in the presence of the audience. Some afternoon during the exhibition the Professor will, during the space of one hour, roast eight pounds of beet, one row of sweet potatoes, two bows of Irish potatoes, parsnips and dress ing and three dozen biscuits, raised with baking powder—all in the same pan. One of his famous stunts is to

as an opera benne, run over by a train of cars. When the weight is lifted, lo, and behold, the cake rises to its original height just as su The professor gives one more in

formation on good, common sense and economical cooking than all the cook books that are printed. He bakes all kinds of dainty pastries. mixing everything before your eyes office for week ending January 15, goes along. He gives free lectures and practical demonstrations on the art of economical cooking, each after-noon. He bakes the wonderful walk-ing cake, talks to the ladies, answers any questions concerning cooking and gives recipes of anything for the sim knight, Alan G. Lynn, Mr. Marsher-barn, John Robinson, R. E. Ray, M. L. Smith, Edward C. Smith, Mr. Washington, R. C. Waters.

Ladies—Mrs. Rachel Boyd, Mrs.

awaits all at the J. H. Harris Plumbing & Supply Company, where Pro-fessor Becker will demonstrate his skill on the Majestic Bange.

The reason a woman likes to wear ow shoes in cold weather is she would be so much more comfortable in high ones.

........... New Advertisements

in Today's News H. Harris Plumbing & Supply Co.-Cooking Demonstration J. K. Hoyt-White Goods, Etc. Washington Water & Light Co. •

-Gas for Cooking • Gem Theater. • Galety Theater. ♦ Wm. Bragaw & Co.—Insurance.