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SAVES DAUGHTER

Advice of Mother no Doubt Pro vents Daughter's Untimely End.

Finally, Ky.—11 was not take to do anywing by nonely say months," writes Airs, Lanra Bratcher, of this place, "and was down to bed for three manths.

I cannot tell you how I suffered with my head, and with nervousness and womany troubles.

Our family doctor told my husband he could not do me any good, and he had to give it up. We fixed another doctor, but he did not help rue.

but he did not help ric.

At less, my mother advised me to take
father, the woman's tonic. I hought,
t was no use for I was nearly dead, and
took eleven bottles, and now I am able
to do all of my work and my own
dashing.

washing.

I think Cardul is the best medicine in
the world. Ally weight has increased,
and I look the picture of health.

If you suffer from any of the allinents
peculiar to women, get a bottle of Carduroday. Delay is dangerous. We know
it will help you, for it has helped so
many thousands of other weak women
in the part 50 years. At all druggists.

Anter Der Chattanoga Medicine Co. Lodies Anter Der Chattanoga Ten de Norde Juste Line of Pour Laun and 64 page book in Tremtreet les Woman, un plan wrappe. N.C. 128



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a man-it must be chased, not empty handed, but with money with which to make more money.

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When it is a stranger from a far Comes along
Tell alter who and what as are. Make it strong.
Needly flatfor, never bluff, rell the truth, for that a enough Join the boosters—they be the

NOW GROWING IN FAVOR

Sumter, G. C. Delighted With Succe

it employs the best; if a newspi

These are small communities, it true, but it shows the trend of sent ment in the direction of introducin experts the manicipal government.

YEAR BOOK SHOWS GREAT

Government Publication Areuses Pub

lic to Destroy Breeding Places.

Flies of every species and the nanoy-mees edge, chies man and locust as yell state caracties for spreading discrete are described in defail in the

rear lead of the department of agri

Horseties, gaddles and carilles, th

country, also confines its attack princi-pally to live stock. The losses sustained are entirely due to the worrimen

ed are entirely due to the worriment and trritation produced by the bites of the dy and by extraction of blood. The stable fly, a close relative of the housefly, is distinguished from the latter by its prominent plereing mouthparts. All animals, including man, are attacked by this insect.

The best way to prevent the stable-fly, the government authorities point out, is to destroy the breeding places of the insects. Refuse should not be allowed to collect in stables, while structures in which horses and cows

structures in which horses and covered the sant of the sant of which the structure of the sant of wellings. It is stated.

Vacant Lot Gardening In Toronto.

Toronto has joined the ranks of the cities in which there is an active varent lot gardening movement. Over thirty parcels of vacant land in the business section of the city have been ionned to the Playrounds association and prepared for gardening by the Plowmen's association of York township. The start of the new venture was celebrated by a dinner to the plowmen on the evening of that day. Seeds and implements have been promised so that the children will have exerpting necessary for successful gardening.

JOHN D. IS SEVENTY-FOUR.

Cleveland, Ohio, July 8,-Tele

the event at Forest Hill.

DAMAGE CAUSED BY FLIES

engineer or if a factory needs a

CITY MANAGER PLAN

which tonch every chord of the human heart. Farming has brought for and health to many carework men and women who have lost their health in a vaila effort to keep the pace with the ever rushing tide of commercial life in great cities, says the Chicago Tribuna. If everybody who is advised to do so were to go to the farm the cities would soon, be greatly depopulated and the country districts furned into a veritable garden city. Since this, for one reason or noother, is not at all likely the next best thing for the city man to do is to bring the farm to the city. This be can do by buying a noe, rake, spade, shovel and fork and using them to convert his back yard or nearby vacant lots into gardens.

Farming in the city can be made practicable and profitable. It can be converted into a moral and an economic

Every large con entition employs a expert in the various departments. It a banker aseds an expert on credits, spares me expense in employing sine a man, no matter where he may live Farming in the cay can be same practicable and profitable. It can be converted into a moral and an economic force. It can be made a potential factor in preserving practical sanitary engineer or if a factor, ager, it gets the best man, i without naking where he reside conditions in and about the bames in the cities, especially the homes in the

It can be used to raise the social and



CHILDREN WORKING IN CITY GARDEN. thereby awakening an active and ear nest interest in social betterment. It increases the value of real estate

them free from garbage, the cans, etc.

f a community.
It lessens the breeding places of disnish an ideal breeding place for the

No disease disturbs physical efficien No discuse distribs physical efficiency more than malaria. Get rid of the case in the back yard and vacant lot und you have removed a great and common source of undaria.

It seems that every one hunst realize the influence for each children.

be influence for good which such an astitution exercises. It stimulates ands of friendly interest between neighbors by showing them that they have a common cause. It stimulates back yard conversation among neighbors over fine fonces, thereby brenking down and completely annihilating otherwise useless and chilly conventionalities.

tionalities.
It makes becole real neighbors, and stimulates that sort of friendship which endurers even unto the end.
When a city man has a garden to care for as soon as his day's work is over he hurries home, done his garden to clothes and spends his spare moments working among his beds of vegetables and flowers. After his evening ment pothing is note ideal than to send the nothing is more ideal than to spend the twilight hours reaming among his

flowers.

To utilize effectively and efficiently the back yard and vacant lots for gardening purposes, it is all important that proper regard for garden planning should be had.

ning should be had.

It is just as necessary that the plans when once adopted should be carefully followed. Nothing succeeds without regard to order, and especially is this true with regard to successful farming. Gardening is nothing but farming on a small scale.

SUFFRAGETTES IN BOME BUSY.

Rome, July 8.—The central fem Rome, July 8.—The central feminist committee here has started a
campaign in which it will endeavor
to obtain declarations in favor of
women suffrage from the candidates
at the forthcoming parliamentary
at the forthcoming parliamentary
elections. Many of the leading statesmen of Italy have already declared
themsolves in favor of votes for womon.

Cleveland, Ohio, July 8.—Tele
comprating from seventiations are pouring
in upon John D. Reckefeller, who is
celebrating his seventy-fourth birthday at his summer home. Forest Hill
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GRAVEYARDS ARE SOON

In Philadelphia the children will play in the churcherels. That have been decided upon, and many ministers give their accord. Terribe? Not at all. Those who know the children and their needs of play say the church yards will never be descrated by the lappiness of the little ones.

"Let them play in the gravepards, it will save many little lives," they say.

without asking where he resides.

Sunter, S. C., a city of 10,000 people employed an expect to unitage its city affairs, look after the parks, supuress streets, sewers, police department, for department and all other numicipal businesses. Sunter did not usik the city unanger where he fived: he was not elected by the roters and hence, the office was taken out of numicipal politics. The mayer and councilmen politics. The mayer and councilmen suy.

With just a little reflection one can grasp the advantages of a graveyard as a playground. What rare sames at leap free can be played over the tomistones. Hide and seek will be popular, and what does it matter if a free-kled face boy is tagged 'R' on the top or a jurist's monument? The jurist peacefully sleeping beneath will not object. Rather be will take it in good part if he, knows about it. Who objects to a little one having fun?

The directors of the Playgrounds association think the old graverards of the city should be utilized as phygrounds. Many children now have explace for sport, they say. It is difficult to rovide this space in the congested districts. Several ministers have approved the plan, and it is supposed that it will be carried into effect.

The idea follows efforts of playgrounds directors to get more breathing spots for the people of the congested city center.

According to Executive Secretary William D. Champlin of the recreation of the recreation of the congested that it will be carried into effect. With just a little reflection one on polities. The mayor and councilmen employed the best man they could find and turned over the affairs of the town

and turned over the affairs of the town to him and expected results just as the manager of a factory must get results. The outcome was far more satisfactory than even the most sagnine had bened for. Expenses and leaks were reduced and efficiency promoted.

Now Whittier, Cal., and Hickory, N. C., are preparing to vote on the spicelion of adopting the city manager plan. Morganion, N. C., adopted it soon after the success of the Sumiter plan became known. In Ki Reno, Okla., there is an amendment on, foot which would discard the commission plan of government and substitute a council of nine members with a city manager. The city manager plan is manager. The city manager plan is also favored in Douglas, Ariz.

merely those small areas where for the most part interments have long sinceased and being situated in center would prove welcome breath

This Might De American. This Might Be American.
What are known in these parts as
"the beautifiers" were to arrive in the
morning, says a correspondent in the
Manchester Guardian. The house had
already been got into a state of intense
adiscentort. The head of the housebadd after arguing heateful with the already been got into a state of intense adiscement. The head of the home-hold, after arguing heatedly with the landlord to induce him to do the house through, now bewalled inwardly his too complete success. However, it had to be faced, and the next question was, Would the painters ceme to time? At daylight the next morning there was a thundereds knocking at the door. The thunderous knocking at the door. The head of the house rejoiced, for he knew that now in a week his home would be habitable again. He heard the servant go down and open the door

door.
"If you please, sir, it's the forems

"Well, he knows what to do. Tell him to start on any of the downstairs

bottly, the hornely the homsely and the sauble by inve been made the sub-ject of careful study by the department of agriculture experts and are certain to be those ferred by elibents when the damage which they are capable of causing is better understood and appreciated by the public.

To the group of insects known as horselfies, gaddies and eardies is at tributed the transmission of certain blood discusses of live stock. Among the most important of these is the deadly discuss known as antirax.

Bottlies burrow into the flesh of horses and earlie, while the hornly, one of the most injurious insects in the country, also confine its attack principal. "He's called to say, sir, that you can rely on blin starting Monday next cer-tain."

> Into Petican and its Pouch.
>
> Among the curiosities of nature must
> be reckoned the pouch of the pelican,
> which serves equally well as n net
> with which to scoop up fish and as a
> bag to convey food to its young. When
> not in use the bird can contract its pouch so that it is barely discernible, but when it is fully distended it will hold two gallons of water. When the pellean is buniting for food it dies slowly about twenty feet above the surface of the water, scanning its depths for any sign of its prey. As soon as a dal is seen there is a sudden folding of a pair of wings, a downward phings with the speed of an arrow head that into the sen, the unerring nurrisman reappearing in a moment and foating on the waves long enough to reveal a glimpse of a feet cliding down its capacions guiter and to shake the water from its disheveled plumage. pouch so that it is barely disce

ant and harmings that children us well as grown up people take it without any had after effects. It treats the liver and howers gantyl but firmly and drives out the poisonous gases and accumulated wasts thoroughly.

You can get a large bottle at Hardy's Drug Store for only 50 cents and if you aren't delighted, your money back. Ask for CARSWELL'S LIVER-AID.

TO BECOME PLAYGROUNDS

later there came a tap at the bedroos

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in impure blood.

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