

PUBLISHED EVERY AFTERNOON EXCEPT SUNDAY. No. 108 East Water Street.

Entered as second-class matter August 5, 1909, at the postoffice at Washington, N. C., under the act of March 3, 1879.

One Month ..... \$ .30
Four Months ..... 1.00
Six Months ..... 1.50
One Year ..... 3.00

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Advertisements in the Daily News are published at a rate of 10 cents per line per week. For longer terms and special rates apply to the manager.

TUESDAY, NOV. 18, 1913.

THE PREVENTIVE PHASE.

When the winter season approaches, the fall season is a hazardous time for the human body. It is a time when the body is weakened by the heat of the summer and the cold of the winter. Following are some suggestions that may prevent a disastrous illness:

1. The floor under the stove should always be protected by tin, zinc or asbestos, extending out about 2 feet from the doors of the stove.

2. The stove should be placed 2 or 3 feet from the wall, but if it is necessary for it to be placed closer, a metal sheet should be hung against the wall as a protection. The sheet should be hung on hooks, leaving a half-inch space between it and the wall, so that the air can circulate, thus preventing the heat from the metal sheet from charring the wall.

3. Chimneys and stovepipes should be cleaned at least once a year. The brick chimney at the top of the house should be cleaned with a long scraper, and the chimney hole where the pipe enters should also be cleaned once a year.

4. Stovepipes should be scraped so that if there is any rusty spot or hole they will be discovered and the pipe replaced with new.

5. A stovepipe should not go through a wood partition or ceiling unless a metal collar protects the wood.

6. If the pipe is long horizontally it should be wired so that there is no danger of its falling down. A large number of fires every winter are caused by the stovepipe falling down.

7. If a stovepipe runs along under the ceiling for any distance, it should not be closer than 2 feet from the ceiling.

8. Fires are most numerous during the winter months, and most of them can be traced to carelessness in regard to heating stoves. This carelessness is caused by not properly cleaning and putting up stovepipes, by allowing stoves to become overheated, by using old and broken stoves, by not properly protecting them, and by not having them inspected by a competent person.

Wood Turned to Opal.

Wood, under the chemistry of time and the elements of nature, has often turned to stone, but it does not often turn into precious stones, as in the deposits of the western parts of the United States. There are deposits of wood turned into opal in Nevada, which is manufactured into jewelry, says the Christian Herald. The new jewel consists of petrified wood, the fiber of which has been gradually replaced by particles of the silicate called opal. It is of dark red and blue shades, with many flashes of color through it. In the sunlight the stone has a fascinating play of hues. Opalescent wood is used for pendants, brooches, rings, etc. In appearance it rivals the precious opals that have been found in Hungary. These opals from Nevada are cut with a convex surface in order to bring out the play of colors.

The Suff. "I wonder if he'll succeed. What sort of timber is he made of, anyhow?" "He's just a plain wooden man, that's all I know!"—Judge.

Mostly Men. "Has your wife many speaking acquaintances?" "Dix—"Not very many; they are nearly all listening ones."—Boston Transcript.

Two little staves were taken to see "Othello" were much impressed by the death scene. "I wonder if they kill a lady every night?" said Lucy. "Why, of course not, Lucy," said her sister, "they just pretend to. It would be altogether too expensive to really kill a lady every night."

Genius is Always Broken. "That actor yonder is looking for a play." "Well, well." "And that playwright with him is looking for a star. I brought them together." "Distinguished company." "That's what I thought until I mixed in. I had to pay for the lunch."

First Public School. The first common schools established by legislation in America were in Massachusetts in 1645, but the first town school was opened at Hartford, Conn., prior to 1642.

Very Much So. "That case was very full of interest, was it not?" "It was full of everything. The witnesses were loaded, and the jury was packed."

Carrying Out the Idea. "I washed my auto this morning." "Well, go on and finish the wheeze." "How?" "Say, 'And now I can't do a thing with it.'"

Never Sees Its Shadow. The sun never sees the shadows it makes. A great soul arouses envy and hatred, and beholds them not.

Fatching. He—"Isn't that a fetching costume, Miss Florida is wearing?" She—"Yes, she looks like a waitress."

Leads in Photographic Supply. The United States is now the greatest photographic materials producing country.

Not the Same. "Is that bill going to pass?" "No; it's going to get the go-by."

Work and the Weather. The restful days are here. All outdoors invites us and our work becomes a conscious effort and a bore. It is the time when we are most in sympathy with Jerome K. Jerome in his confession as follows: "I like work, it fascinates me. I can sit and look at it for hours. I love to keep it by me; the idea of getting rid of it nearly breaks my heart."

Carswell's Liver-Aid

NEW REMEDY—THAT'S BETTER THAN DANGEROUS CALOMEL.

Oh! What bliss! People in Washington have no further use for calomel or other slimy cathartics that act harshly on sick livers. CARSWELL'S LIVER-AID has the call these days; every hour in the day, it's going faster than the proverbial hot cakes.

It's changing hundreds of weak, sickly, lazy and overworked livers into healthy, strong, vigorous ones. It is driving poisonous waste from Better Than Salts, Oils or Pills, and Money Back From Hardy's Drug Store if it Doesn't Banish Constipation.

the body, putting an end to indigestion and all stomach misery and causing constipation sufferers to rejoice.

CARSWELL'S LIVER-AID is pleasant and harmless; it takes the place of calomel. Children can take it freely; its gentle action cleans out their little bowels in fine shape. It's a splendid remedy for sick headache, malaria and kidney troubles. Get it from Hardy's Drug Store for only 50 cents a bottle. They guarantee CARSWELL'S LIVER-AID.

NOTICE OF SALE.

Use and by virtue of a power of sale contained in a mortgage executed by D. D. Bonner on the 20th day of February, 1911, and duly recorded in the office of the Register of deeds of Beaufort County in Book 1-5, page 112, the undersigned will offer for sale to the highest bidder for cash, the following described property:

Beginning at Edward P. Bonner's second corner of the land deeded to him by his father, thence S. 58-1-2 E. 19-4-10 poles to said Edward P. Bonner's third corner of said land, thence South 20-1-2 West 100-4-1-0 poles to the fourth corner of the land at the canal, C. W. Bonner's line, thence up the canal North 37 West 58-1-0 poles, thence up said canal North 52-1-2 West 15 poles, thence up said canal North 53-3-4 West 51-4-10 poles to D. D. Bonner's corner, thence with a ditch C. W. Bonner's line North 31-1-2 East 63-1-5 poles, thence South 54 East 2-5 of a pole to Lizzie Bryan's southeast corner, thence with Lizzie Bryan's line North 29-8-100 poles to Ella Bonner's beginning, thence South 9-1-4 East to the beginning, containing 46-3-4 acres, being all the land allotted to the petitioner in Special Proceeding Number 611 of the Superior Court of Beaufort County.

Also the following personal property, viz: One black mule known as Katie.

The said sale will be made at the court house door, on Wednesday, December 17th, 1913, at 12 o'clock noon.

This the 14th day of November, 1913. W. H. WHITLEY, Mortgagor.

LIVING IS WORTH WHILE IN WASHINGTON PARK. Secure a lot and build at once. A few more choice lots yet unsold. Get one now. A. C. HATHAWAY.

HOT SPRINGS, ARKANSAS, DISCOVERS GREAT TONIC, CONSTIPATION REMEDY

Visitors Home from World's Great Health Resort Say Constipation, Headache and Poor Digestion will Sooner Be No More, and Calomel is Unnecessary.

The liver is the straight road to health. If your liver is right, you are right. Everybody's liver goes bad once in a while; gets lazy or stubborn or sick or clogged up.

Whenever your liver rebels, don't take a horsewhip to it in the form of Calomel or violent purgatives or even harsh cathartics. Such treatment is sure to result in much damage. It's easy to coax your liver to do its duty by using HOT SPRINGS LIVER-BUTTONS, a remedy that firmly but gently compels it to do what nature intended it should.

Remarkable Appeal. It is said of the eloquent bishop of Ripon, that he once made the following appeal from the pulpit: "Brethren, I beg of you to take hold of your heart, and look it straight in the face."

Revised. "I can't live without you, Miss Millerton," fervently declared the count. "Don't you mean, count," she replied, "that you cannot live as you'd like to without me?"

STOMACH TROUBLES

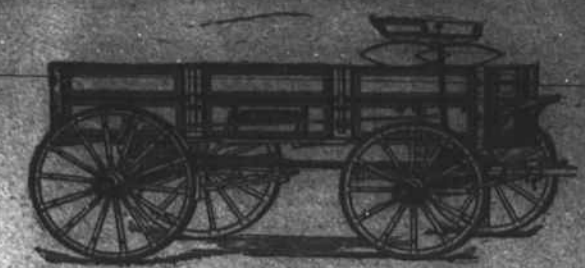
Mr. Regland Writes Interesting Letter on This Subject.

Madison Heights, Va.—Mr. Chas. A. Regland, of this place, writes: "I have been taking Theodor's Black-Draught for indigestion, and other stomach troubles, also colds, and find it to be the very best medicine I have ever used."

After taking Black-Draught for a few days, I always feel like a new man." Nervousness, nausea, heartburn, pain in pit of stomach, and a feeling of fullness after eating, are sure symptoms of stomach trouble, and should be given the proper treatment, as your strength and health depend very largely upon your food and its digestion.

To get quick and permanent relief from these ailments, you should take a medicine of known curative merit. Its 75 years of splendid success, in the treatment of just such troubles, proves the real merit of Theodor's Black-Draught. Safe, pleasant, gentle in action, and without bad after-effects, it is sure to benefit both young and old. For sale everywhere. Price 25c. N. C. 12

Thousands of Farmers Are Deciding in Favor of THORNHILL WAGONS



Tough Highland Hickory. Bolsters Trussed with Iron. Light Running For Life. Long Wear Beds. Sold on a Guarantee. If any part proves defective in a Thornhill wagon in one year or five, we will replace it free of charge. A Thornhill Wagon is not the lowest priced—but the best—and in the end the cheapest. For prices and other information see W. C. Mallison and Son.

LEON WOOD—Members New York Cotton Exchange—JAMES W. COLE. J. LEON WOOD & CO. BANKERS and BROKERS. Stocks, Bonds, Cotton, Grains and Provisions, 78 Plume Street. Private wires to New York Stock Exchange, Chicago Board of Trade and other financial centers. Correspondence respectfully solicited. Investment and marginal accounts given careful attention.

GUN SHELLS

Winchester and U. M. C. New Club Shells, both standard quality are carried by us in large quantities. We are prepared to fill your orders, either wholesale or retail. The hunting season will soon open and you should purchase a supply early.

Harris Hardware Co., WASHINGTON, N. C.

Just Received CAR LOAD OF KENTUCKY MULES. HASSELL SUPPLY CO. WASHINGTON, N. C.

Professional and Business Cards. W. W. CARTER, M. D. Practice limited to diseases of the eye, ear, nose and throat. Hours: 9-11 a. m. 2-4 p. m. Except Mondays. Corner Main and Market Sts. Over Brown's Drug Store. Washington, N. C. W. C. DAVIS, JR., Attorney-at-Law. Washington, North Carolina. We practice in all the courts. W. H. RODMAN, JR., Attorney-at-Law. Washington, N. C. Office Building & Trust Building. L. S. FORD, JUNIOR D. GRIMM, ATTORNEYS-AT-LAW. Washington, N. C. We practice in the Circuit and the Federal Courts. W. H. RODMAN, JR., Attorney-at-Law. Washington, N. C. Office Building & Trust Building. A. A. PHILLIPS & BROS., FIRE INSURANCE. WASHINGTON, D. C. W. D. GRIMM, Attorney-at-Law. Washington, North Carolina. Practice in all the Courts. H. VA L. L. STEWART, Attorney-at-Law. Washington, N. C. COLLIN E. HARDING, Attorney-at-Law. Office Savings & Trust Co., Bldg. Rooms 1 and 6. Washington, N. C. JOHN H. SMALL, A. D. MACLEAN, FRANK H. BRYAN, SMALL, MACLEAN & BRYAN, ATTORNEYS-AT-LAW. Washington, North Carolina. A. D. MacLean, Washington, N. C. W. A. Thompson, Attorney-at-Law. McLEAN & THOMPSON, Attorneys-at-Law, Aurora and Washington, N. C. GEO. J. STUDEERT, Attorney-at-Law. Next to Lewis & Cain's, Market Street, Washington, N. C. HARRY McMULLAN, Attorney-at-Law. Dr. Rodman Bldg., E. Main St. Washington, North Carolina. NORWOOD L. SIMMONS, Attorney-at-Law. Washington, N. C. MARKET REPORT WEDNESDAY, NOV. 13, 1913. Eggs, 26 to 27c. Chickens, young, 25 to 40c. Chickens, grown, 30 to 50c. Hens, 10 to 20c. Sheep skins, each, 35 to 50c. Wool, 10 to 11c.