

WEATHER: Cloudy and cooler tonight. Colder Friday.

WASHINGTON, N. C., THURSDAY, AFTERNOON, DECEMBER 18, 1913.

1913

No. 87

WHAT GROWING CHILD NEEDS IS ASTONISHING

The appetite of a growing boy is a constant source of astonishment to his mother, and the ease with which he consumes more food than the adult members of the family convince her that his tastes are abnormal. She forgets that in the second period of rapid growth that comes early in the "teens" Nature is making every effort to build a perfect individual and needs all the help she can get. She cannot build without a wealth of material, and so every boy who is using his brain for study and growing rapidly besides, needs an abundant supply of food. What should this food be? Should his diet be limited or his taste questioned? Generally speaking, no. He needs all kinds of food, and he generally craves what he needs. He needs protein to build a man's frame and he needs a larger proportion of it than the average adult requires. He also needs fat and starches to furnish the heat and energy burned out in his overactive body and to keep his tissues plump and rounded. While he needs much protein, do not expect him to get it all from meat. Indeed, it is better that no small part of this nitrogenous food come from milk and eggs, cheese, beans and peas. If he has plenty of these rich and relatively cheap foods he will not crave meat so inordinately as some growing boys do. The boy needs a large quantity of carbohydrates. That is why his demand for bread and butter is limited only by the supply at hand, and why he uses almost as much butter as bread. Let him have all he wants. By the pound, butter is expensive, but it is pure, wholesome food, and he can use it readily. It will not make him ill; quite the contrary. And do not be afraid of sugar and sweet foods. Sugar is a true, concentrated food. Give him candy for dessert. He craves it and his craving is natural, not abnormal. The boy's instincts will lead him to choose the all-around diet he needs. To limit his choice to a few articles compels him unconsciously to overuse the one he likes the best. To regulate his diet to the tastes or foods of his father or mother is cruelty and will probably result in an undernourished child. If grown people wish to experiment on new foods they have the right to do so, but they do not have the right to inflict their ideas of what is good for them on their growing children. Good food in variety and plenty of it is what the child needs, and if it is provided his taste will not be abnormal nor will his astonishing appetite result in more than healthy rapid growth.

IF YOU GET ANYTHING HERE that's not satisfactory return it and get your money. J. E. Adams, 12-18-3tc

Daughters of Confederacy Will Have Important Meeting on Tomorrow

There will be a meeting of Pamlico Chapter, Daughters of the Confederacy tomorrow afternoon at 3:30 o'clock in the rooms of the Public Library. Those members who have not as yet paid their dues are requested to either bring them in person or send them. At the meeting tomorrow arrangements will be made for the celebration of General Robert E. Lee's birthday, on January 19. It is hoped that all the members will be present.

HOW REDUCTION OF G. O. P. WILL WORK IN NORTH CAROLINA

Washington, Dec. 18.—The Republican national committee, today adopted a plan to reduce southern representation in Republican national conventions. The plan is to allow each congressional district one delegate and each state four delegates. Every congressional district in which the Republican vote in 1905 was 40 per cent of the total vote will be given two delegates.

Under this arrangement, National Committeeman Dunham says, North Carolina will have at least 22 delegates. The first and perhaps the second district might not send more than one each, but all others will send two if the 1905 election is used as a basis. North Carolina would lose half of its delegates from congressional districts.

SANITARY XMAS PRESSING AT Wright's 12-17-3tc

HAVE IT PRESSING BY WRIGHT'S 12-18-3tc

MERCHANTS ARE LIBERAL AS TO GIFTS

The merchants of the city have so far contributed through the efforts of Messrs. C. H. Richardson and Oppidge \$7.55 for presents to be distributed to the poor children of the city Christmas. This course has been pursued for the past several years but no year has the merchants of the city contributed so liberal as this. Everything looks favorable for a season unprecedented in Washington.

IS CONVALESCENT.
The friends of Mrs. J. A. Tucker will be pleased to learn that she is now convalescent. She has been quite sick since Saturday last.

CHARLES M. LITTLE FOR FIREWORKS, now on display. 12-18-3tc

NEWS FROM BROAD CREEK.

Mr. C. C. Cutler and daughter, Miss Lella, spent Saturday in Washington shopping.

Mr. J. B. Reppess, of your city, was down on this farm Sunday.

Misses Lissie and Essie Latham and Miss Lella Cutler attended Sunday school at Hawkins' school house, Sunday afternoon.

Hog killing seems to be in order of the day around here.

Mr. Mode Shepard, of River Road Station, was a visitor in our midst Sunday afternoon.

Mr. Jesse B. Latham was a business visitor in Washington Saturday.

Mr. Thomas Singleton, of Raleigh, spent from Saturday until Monday with his family.

Mr. and Mrs. Henry King Brown visited friends around Jessama Sunday afternoon.

The school at Shepardville is progressing nicely. Our teachers, Miss Lella Wallace and Miss Bessie Warren.

Miss Essie Latham is visiting in Washington at this writing.

All we good people around Broad Creek are planning for a merry Christmas.

And we trust we none won't get too much booze.

Miss Lella Cutler and Miss Lissie Latham spent Tuesday afternoon with Mrs. Tom Boyd, of Zion.

Mr. Chaey Whitley attended church at Anthem Sunday.

Mr. and Mrs. Thomas Singleton are planning to move to Raleigh after Christmas. We wish them much success.

A MUNICIPAL CHRISTMAS.

(From The Asheville Citizen.)
For the first time in its history Asheville is to have a municipal Christmas tree, of a sort of "mid-Winter carnival" out-of-doors, which has for its main object the distribution of Christmas articles among the poor children. While the idea of a municipal Christmas did not originate in this city, Mayor J. E. Rankin first presented and advocated the proposition, which was heartily endorsed at the aldermanic meeting Friday night, as stated in yesterday morning's Citizen, when a tentative program was outlined. The Citizen can conceive of no more fitting observance of the annual festival than one which is shared by the whole community, an observance wherein the religious features of the day are not overlooked. It somehow seems like a return to those distant ages when all the world sang in unison to greet the coming of the Child of Bethlehem. To us it seems a resurrection of the true Christmas spirit certainly containing a deeper meaning than the custom of exchanging gifts, a custom which has become a burden to many and only serves to rob the Natal Day of its true significance. We feel sure that Asheville's Christmas carnival, for so it might be termed, will find ready response in the hearts of our people, and that on next Christmas night Park Square will present a scene which will be remembered for many years to come.

Checks for Veterans Now in the Hands of Clerk G. A. Paul

Clerk of the Superior Court Geo. A. Paul is in receipt of the checks for the Confederate Veterans of Beaufort county and all those entitled to receive them can call at his office or notify him by mail and they will be forwarded. These checks for the old veterans are always sent in order to be used before Christmas.

LIST OF LETTERS

Remaining uncalled for in this office for the week ending December 13, 1913:

Gentlemen—Aldridge, Mr. E. L.; Barkley, Mr. A. T.; Brown, Mr. N. E.; Browning, Mr. W. C.; Coleman, Mr. Fred; Clark, Mr. J. B.; Cutler, Mr. Romie; Chapman, Mr. Elias; Emerson, Mr. Jasosa B.; Goodman, Mr. Ike; Green, Mr. Charlie; Heath, Mr. A. W.; Hodges, Mr. Marries; Hodges, Mr. Lonnie; Illegible, Ives, Mr. H. B.; Illegible, Jackson, Dr. C. C.; James, Mr. Steward; Kear, Mr. Amble; Kins, Mr. C. C. 2; Lamer, Mr. O. B.; Lee, Mr. Dick; McGaskey, Mr. J. A.; Moore, Wm. F.; O'farrow, Atlas; Phillis, Mr. W. H.; Roberson, Mr. C. P.; Reid, Mr. Eddie; Singleton, Mr. E. L.; Southern School Supply Co.; West, Mr. A. T.; Watt, Mr. Walter W.

Ladies—Branch, Mrs. Castro; Brown, Miss Emille F.; Col. Hatley; For, Gibbs, Mrs. J. E.; Jones, Miss Julia Bryan; Joyner, Miss Emma; Jones, Miss Carter; Knox, Mrs. Ella; Pison, Miss Ruth; Rogers, Anna; Stator, Angiano; VanSheik, Ellsabeth; Whittharto, Miss Bessie; Whitley, Emma.

These letters will be sent to the dead letter office December 23, 1913, if not delivered before. In calling for the above, please say "Advertised," giving date of list.

HUGH PAUL, P. M.

SHOES! SHOES! SHOES!—BIG line shoes, hosiery, gloves, underwear, overalls, shirts, etc., at low prices. J. E. Adams, 12-18-3tc

POST OFFICE OFFICIALS ASK CO-OPERATION

For the Handling of Christmas Mail. Mail Packages Early for Delivery.

The city postoffice will endeavor to avoid congestion next week in the way of delivering and handling packages, addressed to citizens for Christmas. The postmaster announces that the office will be open on Tuesday and Wednesday nights, December 23 and 24, from 8:30 to 9:00 p. m. for the delivery of packages. The office will also be open December 25, Christmas day, from 11 a. m. to 1 p. m. and from 8:30 to 9 p. m. This is done so as to afford the delivery of all mail promptly and it behooves the public to give the postoffice officials cooperation. It is urged that packages be called for promptly when the proper notice is given. The notice should be carried with the person to the office to whom the package is addressed. If this is done it will prevent unnecessary delay and possible damage to all perishable articles. Everyone is more than anxious to get their Christmas presents on or before Christmas and if the patrons of the office will aid the officials their desire will be realized. The patrons should see to it that they cooperate with the postoffice force, if they do it will prevent congestion. The officials of the office have to serve everybody while every patron has his or her mail only to look after. This is the first yuletide season in which the parcel post has been in vogue. All packages for patrons of the city delivery coming by parcel post will be delivered at the general delivery window Tuesday and Wednesday, December 23 and 24 in such cases as the carrier cannot deliver them at the residence of address. The city carriers windows will be open Christmas day from 11 a. m. to 1 p. m.; also from 8:30 to 9 p. m. Those wishing to send gifts to other points should mail them as early as practicable so as to insure prompt delivery.

THE LATEST NOVELTIES IN HAND BAGS.

A Christmas gift that's always useful. We show these in the best leathers and the very latest shapes. We also have silk hand bags that are very attractive. Prices range from 50c to \$6.50.

J. K. HOYT.

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HOSPITAL NOTES FOR THE WEEK

Miss Conley, the Superintendent Now Able to Resume Duties. Patients Convalescent.

The Washington Hospital news for the past week proves of interest to the readers of this paper.

Mrs. W. E. Porch, of Raleigh, N. C., formerly of this city, is in the hospital for treatment.

Mr. Woolard, of Plymouth, who was operated upon recently, is reported as doing nicely.

E. T. Roberts, of Portsmouth, N. C., who was recently operated upon, is now convalescent. His final recovery is only for a few days.

Mrs. W. T. Burnett, of Ocracoke, N. C., is at the hospital for treatment.

Virginia Jones, who has been a patient at the hospital for some time, is now improving much to the delight of her friends.

Master C. Taylor, of Robinsonville, was operated upon Saturday by Dr. H. W. Carter.

Mrs. W. T. Warren, of Robinsonville, was successfully operated upon yesterday by Dr. H. W. Carter. She is doing nicely.

Miss Bessie Conley, superintendent of the hospital, who has been quite ill for the past week, is now able to resume her duties much to the delight of her friends.

SEWING AND WORK BOXES FOR CHRISTMAS.

These are very popular for gifts and you will find here a big assortment to select from, containing thread, needles, scissors and all necessary articles inside. These are priced special at 25c, 39c, 49c, 75c to \$1.25.

J. K. HOYT.

NEW THEATER

New Vaudeville Acts Tonight.

Those with an attack of the blues, whether caused by the high cost of living or the task of buying Christmas presents for more than one person, are hereby advised to see the New Theater bill this week.

Beginning with tonight's engagement "Russell & Wood," a very high-class singing, talking and dancing team, open for the balance of the week, presenting one of the biggest sensational acts of the season.

Another treat is in store for the amusement seekers for holiday week beginning Monday, for which the management has booked the great "Maek & Hastings Musical Comedy," a tabloid, offering entire changes each night during the week with a chorus of New York beauties, gorgeous costumes, special scenery and electrical effects.

The motion pictures will show quite an improvement over the old, beginning Monday, when the proper adjustment that regulates the machine, arrive, while the pictures themselves have been fair the management makes apology for incorrect lenses but this will be remedied.

With a brand new act and a new bill today from start to finish the many after supper amusement seekers can depend upon the New Theater for the tonic that cures the blues. The admission prices are 10 and 15c.

THE SKINNER IRRIGATION SYSTEM.

I have seen the Skinner system used with steam power to drive the water directly into the main pipe, but it has always seemed to me to be a great waste of fuel and power. You can elevate the water with a small gasoline engine to an elevated tank right over it, and then have all the pressure needed. I would always use the tank. Where you have a good demand for vegetables, it will pay to use the system; for we seem now to be plagued with drought every summer, and the irrigation will make all the difference between success and failure. I shall use it on my home garden.—W. F. Massey, in The Progressive Farmer.

RIGGEST LINE GENERAL MERCHANDISE IN THE CITY AT LOWEST PRICES; YOUR MONEY BACK IF NOT SATISFIED IS MY GUARANTEE. J. E. ADAMS.

12-18-3tc

RED CROSS SEALS ARE PROGRESSING

Great Sale is Now Being Held. Record Sale For Year Surpasses All Others.



The sale of Red Cross Seals in Washington is still going on and the prospects are a sale far beyond any previous year.

The following have contributed to the Red Cross Seal fund since the last report given out in this paper:

Miss Goldstone, \$5.00; Joe Mayo, \$1.90; Floyd Berry, \$1.50; Bank of Washington, \$1.50; E. K. Willis, \$1.00; Louis Mann, \$1.00; Mrs. S. C. Bragaw, \$1.16; McKeel-Richardson Hardware Company, \$2.00; William Bragaw & Co., \$5.00; Small, Mac Lean and Bryan, \$2.50; Daniel & Warren, \$1.00. It behooves every citizen of Washington to purchase seals and thus aid a most worthy cause.

A big-hearted purchaser of Red Cross Seals in a Southern city recently complained because the seals did not come in sheets, larger than 100. He had prepared a Christmas package for his daughter and had conceived the idea that he would wrap it entirely in Christmas Seals. As the present was bulky, the sheets of 100 were not sufficient. He solved the problem, however, by pasting several sheets of seals on a large piece of wrapping paper, in which he enclosed his daughter's gift.

SINGLETON NEWS.

Christmas times are close coming around. Wish you all a merry Christmas and a happy new year.

Mrs. Alex Willard, who has been indisposed for the past week, is so she can be out to the delight of her many friends.

Mr. and Mrs. Odia Moore, of Crook county, spent Sunday night as the guest of Mr. and Mrs. J. Wesley Woolard.

Mrs. Agnes Woolard and little daughter, Tillie Morton, and Miss Lucie Woolard, spent Tuesday in town shopping.

Little Miss Minnie Perry, who has been very sick with pneumonia, is improving fast, we are glad to say.

Don't forget Saturday night is the time for the entertainment and basket party at Singleton school house. Everybody is cordially invited to attend.

Remember 7:30 is the time for the exercises to start, so come early and secure a seat.

Most of our people attended church at Old Ford Sunday to hear our new pastor, Rev. J. D. Waters, of A. A. C., Wilson, N. C. There were also several of his friends from Washington and Pine Town out to hear him.

A Mr. Bland, of Suffolk, Va., met with a serious accident at Big Swamp Sunday afternoon. He, two white men and two colored men were in an automobile on their way to Robersonville, N. C., when their car got from under the control of the chauffeur, and ran of the bank of the dam at the swamp, and Mr. Bland fell out and got hurt badly. A crowd soon gathered and rendered assistance, and to the injured man to Mr. R. A. Singleton's, where he was cared for through the night. Dr. Joshua Taylor was called and rendered the necessary medical aid. He was so they took him on to Robersonville Monday morning. None of the others were badly injured.

Miss Annie Hodges spent Sunday night as the guest of Miss Lucie Gray Woolard at "Fairview."

MEN'S CHRISTMAS NECKWEAR, 25c AND 30c.

We show a beautiful collection of silk four-in-hands in light and dark colors of fine quality silk at the popular prices of 25c and 30c.

J. K. HOYT.

BEAUTIFUL TOWELS, TABLE LINENS AND NAPKINS.

A gift of linen or towels always appeals to the housewife. We are offering some very special values now for Christmas shoppers, and the qualities of the best. If it's linens or towels you want, see this line at

J. K. HOYT'S.

WRIGHT PRESSES RIGHT FOR XMAS.

12-18-3tc

MAY ERECT S. S. BUILDING DURING YEAR

Officials M. E. Church Considering Seriously Proposition. Ready by Conference.

The latest pattern and plan during the coming year. This Sunday school building has been foremost in the minds of the official body for some little time and rumor has it that something tangible will develop at the first quarterly conference of the ensuing year. If erected, the building will in all probability be two stories with basement. If the plans are perfected the building will be ready by the time the conference convenes here in November, 1914.

State Library

State Library

MORE PAY FOR RURAL CARRIERS.

Washington, D. C., Dec. 18.—If a recommendation made by the house committee on postoffices and post-roads is adopted by Congress, every rural carrier in the United States will receive an increase in pay approximating \$50 per year. The action was taken by a unanimous vote of the committee and probably will become a law.

WHAT YOU SAVE ON ONE PURCHASE HELPS TO PAY FOR THE NEXT ONE; WE HAVE THE GOODS AND FRISCO.

J. E. Adams, 12-18-3tc

STATES SHOULD COOPERATE WITH FOREST OWNERS.

Washington, Dec. 18.—In addition to the administration of its waste lands for forest purposes, the individual state should play a part in cooperating with private timberland owners, commensurate with the entering its timber supply.

This principle is enunciated by the committee on state forestry at the national conservation congress here. The committee further recommends general principles for the practice of state forestry everywhere that the governing board should be removed from partisan political control, and that the state forester should be fitted for his work by professional training and experience.

Civil service should govern in the selection of all forest officers, and all industries directly dependent on the forests should be represented on the state forestry board. Further, the committee says, the forest officers should have ample discretionary power, and should be delegated serious authority to settle controversies as they arise.

After an organization is formed it should be provided with machinery which will make its work effective, such as ample funds, a sufficient force, prompt and effective measures against forest vandals, and a strong police power. Without including all these things, the committee says, state legislation will fail of its purpose and largely be a dead letter.

CELERY, FRUITS, NUTS, CANDY AT LOWEST PRICES AT ALL TIMES. DON'T FORGET US. J. E. ADAMS. PHONE 97.

12-18-3tc

WELCOME VISITOR.

Rev. H. C. Bowen, of Wilmington, N. C., former pastor of the Christian Church at Belhaven, and editor of the North Carolina Christian Evangelist is in the city soliciting contributions for the Children's Home at Greensboro, N. C. He has received quite a number of subscriptions for this worthy cause.

BEAUTIFUL TOWELS, TABLE LINENS AND NAPKINS.

12-18-3tc

CARR BOOM FOR GOVERNOR IS SPREADING

Durham Citizen is Being Talked as Suitable Successor to Governor Craig.

The Washington City correspondent of the Greensboro Daily News is speaking of the boom for Governor Julian S. Carr has the following to say:

"A full blood boom is on, for Julian S. Carr for governor to succeed Governor Craig. Such men as Chief Justice Walter Clark, of Raleigh; Major Stedman, S. C. Bragaw, member of the executive committee and others are behind the movement to make the general the next governor of North Carolina.

"If General Carr will accept nomination," said Major Stedman, "I should have more real enthusiasm for Carr for governor than I have had for any man in a political career in a quarter of a century. Should I consent to accept the nomination, there should not be a man in the Carolinas to vote against him."

S. C. Bragaw, of Durham, said he had talked with a number of leading people in the state and they find a strong sentiment in favor of the general. "General Carr is not one man who can unite all the factions in North Carolina," said Bragaw. "He has done much for the state, and I believe the Democratic majority of North Carolina would consider it a great privilege to be allowed to vote for him."

"I have received a number of letters asking me to be a candidate," said General Carr, at the Raleigh tonight. "I am not now a candidate but of course I feel honored that my friends have suggested me as a candidate."

Major Stedman said that Congressman Robert L. Doughton was just as enthusiastic for General Carr as he was himself.

MARRIAGE YESTERDAY.

Mr. N. T. Harris and Mrs. Lucy Swindell, both of Long Acre, N. C., were united in marriage by A. Mass, justice of the peace, yesterday afternoon. They left today for Long Acre, where they will reside. They have the congratulations of their many friends for a long and happy married life.

KNOWSHEET AND PAPER LATHING FOR NEW LATHING AND CRIBS. J. E. ADAMS. 12-18-3tc

The First Carrier of Daily Paper is Here

Visiting in the City

Mr. L. H. Waters, of Bridgeton, N. C., a former Washington boy, who is making good in his adopted home, returned to his home today. Mr. Waters, when quite a kid had the honor of carrying the first daily paper ever issued in Washington to a subscriber. When the Evening Messenger was started, 19 years ago, November 12th, Mr. Waters was selected as carrier. He is very proud of this record. Says although he has engaged in several ventures since that time he always feels like he would like to "get on the job" again.

He is now superintendent of the Baldes Lumber Company at Bridgeton and is making good to the delight of his many friends in his home town.

STAR HAMS, ENGLISH AND COUNTRY SHOULDERS; BIG LINE SALT AND SMOKED MEATS; SALT FISH AT LOW PRICES. J. E. ADAMS. 12-18-3tc

MRS. MOSS HOSTESS.

Mrs. B. G. Moss entertained the Club of Eight at her home in Washington Park this afternoon at 3:30 o'clock. All the guests present were charmed and delighted with the hospitality of the hostess. Delightful refreshments were served.

XMAS PRESSING AT WRIGHT'S.

12-18-3tc

WRIGHT PRESSES RIGHT FOR XMAS.

12-18-3tc

TRY OUR NEW CORNED HAMS. They are also. E. K. WILLS. 12-18-3tc