

## HUSBAND RESCUED DESPARING WIFE

## Ther Forr Yours of Dicocengi <br> Upinpepists Bilas <br> Cano to Revice.

## trom dilioptese, Mrs. Betbe Bullock, II you are all ruir down from womandy <br> 



## The Virginia Bay

at ocean veive, va.
The Atlantic City of The South
Eeason: June 15 in to Sept. 1st.

## 100 ropms. inmeditely on water-front, overlooking Chesapeak Bay: one hlock from Netv Dancing Pavilion ind Manusemen

is fare from Norfolk and Oit Point Con
ssels, including Barttestions

Tuclser, Mgr.


## The Pleasure

## of Eating-

Yes-but far-more important is the effect of food on body and briain.

## Grape-Nuts

is not oniy a delightully appetizing food, but is remark $y$ fich in nutritive valaes.
Made from whole wheat and barley, Grape-Nuts rc tains all the nutrition of these grains, including the min eral salts-phosphate of potesh, etc.-so necessary for growth and repair of the delicate brain nod nerve tissưes which are 60 oftes linking in ordinary food.
Ready to eat from the package, with crean or milk A.ration of Gripe-Nats along with other food helps dyrfully to provide a well-bilanced dietary

There's a Reason

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Win. Bipagaw \& Co. Washing ton, N.C.

## Crystal Ice Cream

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## FOR SALE

Second Hand Automoblles
 Absorber. Tires practically, new, extra tire, rim, cover,
tool book and ete. $\$ 650$. E. M/ F. 30,4 p. passenger Demi-Tonneau, 1911 model STUDEBAKER 25 Roadster 1913 model only run about
1500 miles A-1 condition $\$ 600$. FLANDERS 20, 5 passenger touring, 1912 model, good ${ }^{\text {FORD, }} 5250$ passenger Touring 1911 model fair condition These Cárs are worth seeing.

Harris Hardware Co., WhSHINGTON, N. C.


## J. LEON WOOD \& $C O$ BANKERS and BROKERS

Btocks, Bondes, Cotton, Gratn and Provisions, 78 Plume Btreen Ompenter Bullating. Norfolk, Va.
Private wiree to New York Btock Exchange, Cbleago Board of Trade and other Ananctal centers.
Accounte given Orofel Attentionited, Investment and margtmel )

## NEMV

## GROCERY

If you are choice about your groceries why not buy from a store stocked Saturday with fresh, clean, pure and wholesome food stuffs. On sale today at Thos. S. Long's new business on Market St. Prices best in town. Call and see for yourself and be convinced.

## R. B. WESTON

Manager
por sminarp. My Priende aga Yopor
1 berefp cunbicece mywolf as cuidifite the the sherirss oficec. zavo poty ono promite to make to
 mopportiod mo tin tho liat Cumpatye viep wey mace wo whatr choted - Aveorfer zor Whititston, Long
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