SMINGTON DAILY NEWS

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All articles sent to on Daily News for publication must be signed by the writer, otherwise they will not be published.

WEDNESDAY, SEPT. 16, 1914.

PILING ON AVOIRDUPOIS.

From 100 to 120 pounds of awoir dupois a week isn't bad gaining for sick folks, is it? That is just what from 80 to 90 tuberculosis patients are gaining at the State Sanatorium every week. What's more, they are doing that during hot weather.

Consumption is a wasting disease As long as the disease is progressing, the victim losses pesh. When the patient begins to improve, one of the first symptoms is a gain in weight, gain in weight means that not only is the course of the disease checked and this wasting as or "consumption" halted, but that the tide of the battle is completely revorsed, that tubercle baccilli are on the run and that the physical condition of the body is being rapidly improved.

Every Saturday morning each patient at the Sanatorium is weighed. They soon learn the meaning of a gain in weight, and a gain of a pound or two over the previous week is music in the patient's ears. Some of the patients at the Sanatorium, of course, gain faster than others. Some gain as much as four or five Others barely hold their own, and a few in the last stages may gain a little one week and lose a little next week, and s it goes. The total gain of all the patients amounts to from 100 to 120 pounds a week, or about three tons a

The great surprise to many peo ple who visit the Sanatorium for the first time is the general health loiking condition of the patients. Ordinarily, we expect tubercular people to be thin, poor and ema-ciated, but, as a layman expressed himself a few days ago, the patient he saw at the Sanatorium were a "healthier looking bunch than the general run of people over here on Nor ar they deceiving their looks. are getting well and strong on Sanatorium treatment.

## A NEW RECRUIT FOR HOOK-WORM FORCE.

The Hookworm Bureau of the State Board of Health announces the addition of another member to its force in the person of Dr. W. H. Kibler, of Morganton, N. C. Kibler is an A. B. graduate of the State University and a medical graduate of the University of Pennsylvania. He has had several years' experience in teaching scientific subcis in various schools and colleges in the State, and brings to the force a hearty sympathy for matters pertaining to rural sanitation and preventive medicine in general.

Dr. Kibler has selected the Mount Pleasant community, in Nash county, where he begins his work this week. It is significant that is the only county in the State which has been able to secure two com-munity health officers at the same time. The other, Dr. M. E. Cham pion, is located at Red Oak, a live community, a few miles north of Rocky Mount. The cause for this good showing in health matters is due to the tireless activity of Dr. B. E. Washburn, the whole-time health officer of the county.

Similar to the work that Dr. Kibler and Dr. Champion are engaged in fire the model Health Conventions are the model. community a few miles north

munities now in operation at Salemburg, Empson county; Wrightshope, Now Hanover county; Hallsboro, Columbus county; Philadelphus, Roberon county. From all these communities came most satis-factory resorts) in fact, the reports indicate that the work of the offi-cers in some communities is near-ing completion, which means new assignments are ready to be made.

The work is open to any rural community in the State. The only requirement is a specific premise of active and progressive co-operation on the part of the citizens with the health officer placed in charge. The State Board of Health is glad to receive applications from interested

# G FIRST NATIONAL BANK OF WASHINGTON

TO THE FARMERS : -

The business men of Washington are building a cotton storage wardloss in which you can store your cotton, for which a negotiable wavehouse receipt will be issued. You can bring this warehouse receipt to the First National Bank, and they will advance you \$30.00 a bale. This will enable you to harvest your crops and meet pressing obligations. It is absolutely necessary that your cotton be kept off the market. Do not sell for less than ten cents per pound. The business men of Washington and this Bank will co-operate with you, and by a united effort you will get a fair price for your cotton.

THE WAREHOUSE WILL BE COMPLETED BY NOVEMBER 1. DO NOT SELL YOUR COTTON FOR LESS THAN 10 CENTS



AMD\_JAM

SOFT, FLUFFY HAIR AIDS BEAUTY AND PERSONALITY

Girls and women of all ages wan to be charming, beautiful and at tractive-it's their birthright-but stringy, thin and lifeless hair destroys half the becuty of a pretty

falling out, streaky, full of dandruff too dry, or if the scalp itches and burns, use Parisian Sage. Rub it well into the scalp. It will go ris to the hair roots, nourish them, and stimulate the hair to grow strong and luxuriant. Parisian Sage re moves dandruff with one application cools and invigorates the scalp and makes the htair soubly beautiful.

Parisian Sage is a scientifically made preparation that gives the hair just what is needed to make it soft fluffy, thick and gioriously radiant. It is inexpensive, and can be had from any druggist or from Worthy

# WASHINGTON WATERWAYS

CONVENTION ADJOURNS Spokane, Wash., Sept. 16 .- After an esthuriastic session of two days the fall meeting of the Columbia and Snake River waterways assomiation adjourned here today. Many prominent men addressed the assoclation, urging that the northwest waterways be developed. They declared that the region would be penofitted greatly by the opening of the upper Columbia and Snake river to navigation and hydro-electric development.

# HAWKINS NOTES.

We are having some very weather now, which reminds us that autumn is near.

Miss Myrtle Singleton, of Borkley Va., is spending some time with relatives and friends here. Mr. B. B. Pinkham and family

Sunday with his parents, Mr and Mrs. Isaiah Pinkham.

Rev. C. E. Durham, of Bath, filled his regular appointment at Hawkins school house Sunday afternoon.

Mr. William Singleton and sons, Heber and Robert, of Berkley, Va. eturned home Thursady after spend ng a few days with relatives here. Quite a number of our people have been attending the revival services

# Around the World

When the U. S. Battleship Fleet sailed round the world, it carried

# Grape Nuts POOD

"There's a Reason"

Compact in form-c-isp, sweet, and full of true nourishment for body and brain.

War in Europe has sent American food prices soaring, but there's no adyance in price of

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Sold by Grocers

-everywhere

at Beaver Dam during the past

Rev. C. E. Durham was a gues

Little Mary had just returned from in afternoon party. "Ch, mamma," she exclaimed. "just think, I had for yearn three times in congestion!"

To Baltimore, Ma. To New York City

To Boston, Mass. . . Tickets on sale every day until September 30, via Nerfolk and steamer, with final return limit Octo-ber 31, 1914.

From Washington, N. C.
To Wilmington, N. C. . . . \$5.00 Tickets on sale for all trains each

Saturday and for forenoon trains each Sanday until September 15, 1914, ilmited returning to midnight of Tuesday next following date of For summer excursion rates to many mountains, lake and pleasur-resorts and for any other informa

tion, reservations, etc., call on S. R. CLARY, Ticket Agent, R. A. G. BARNES, Trav. Pass. Agent, Washington, N. C., or address.
W. J. CRAIG, T. C. WHITE, P. T. M. G. P. A. Wilmington, N. C.

### NOTICE OF SALE.

Under and by virtue of the porter sale contained in a certain dee

Beaver Dam during the past lek.

Rev. C. E. Durham was a guest the home of Mrs. Sarah E. Woold Sunday atternoon.

We are sorry to note the indiadition of Mr. H. T. Hawkins. His any friends wish him a speedy covery.

Picking cotton and grading to teco is the order of the day now. oth crops are god and we hope in farmers will realize good profits on them.

HOUSANDS MASONS

HOUSANDS MASONS

ATTEND MERTING Chicago, Sept. 15.—More than ,000 Masions from the fifteen States gapprising the Northbryn Mesonic singest past of the upreme Council of the Ancient Acspied Scottish Ritle.

PIRST.—Thai certain tract or particularly dose of the states are represented: Maine, New Hampshire, Massachuseits, Rhodsiand, Connecticut, New York, Ney Grierey, Pennylvania, Ohlo, Delavare, Michigan, Indiana, Illinois and Wisconsin.

JOVERNOR WELCOMES

INSURANCE DELECATES Asheville, N. C., Sept. 15.—Gövstraor, Locke Craig, of North Carolina, today delivered the principal address of welcome at the opening of the national convention of insurance commissioners here. Mayor James E. Rankin and James H. Young, Insurance commissioners here. Mayor James E. Rankin and James H. Young, Insurance commissioner here. Mayor James E. Rankin and James H. Young, Insurance commissioner F. H. Mehaster, of Welcoming addresses.

Tonight the following papers will be read before the convention: "Compilsory Local Investments." My Commissioner F. H. Mehaster, of Southpate, of Durham, also spoke briefs, welcoming the delegates to the sascication. He responded to the association. He responded to the association and president of the association profits of the principal address of James R. Young, Insurance commissioner F. H. Mehaster, of Southpate, of Durham, also spoke briefs, welcoming the delegates to the sasciation of the distribution of the sasciation of the sascociation. He responded to the association

tee by the bons file holder of se notes for a foredosure proceeding this sale is held to satisfy said in

debtedness.

This 15th day of September, 1914.

EDW. L. STEWART.

9-15-4wc.

Trustee.

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waste and fermenting body poisons They are a Tonic to your Stomaci

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BAB WOODEN CARS ON ELECTRIC LINES

New York, Sept. 15 .- Beginnin service commission, prohibiting the tion of passengers on electrically driven trains, goes into effect. The Long Island railroad was the hardest hit by the new order. It had to dispose of many wooden passen-ger coaches following the commisdon's decision.

Macaulay Bitter We know no spectacle so ridiculous a the British public in one of its pe-iodicals fits of morality.—Macaulay

# **Destroys Sleep**

dany Washington People Testify t

You can't sleep at night. With aches and pains of a bas

sck-When you have to get up from rinary troubles.

If the kidneys are at fault Set them working aright with loan's Kidney Pills.

Here is Washington proof of their nerit: Mrs. E. M. Hall, 229 Harvey St.,

Washington, says: "About three complaint. I had a dull pain acres ny back and could not sleep well a night. In the morning I was sore stiff and tired easily. The kidney se cretions were irregular in passage Seeing Doan's Kidney Pills adver ised, I got a supply and they soo relieved me, strengthening my and benefiting me in every way."

Price 50c, at all dealers. Don't imply ask for a kidney remedy-Doan's Kidney Pills—the same tha Mrs. Hall had. Foster-Milburn Co. Props., Buffalo, N. Y.

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B. KEMPT, PEABODY CONservatory. I have opened a studio at the Baptist parsonage Pupils desiring to arrange for piane or harmony lessons will see me there, or phone 459. 9-15-1wp

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DR. H. W. CARTER nounces that spectacles and eye-glasses, made to order accord-ing to his prescription and guaranteed to be entirely satis-factory, are furnished free of additional cost to all patients who pay his regular fee of ten dollars for the examination of their eyes.

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