

**ADAMS**  
 1918-1919  
 THE HOME  
 Of Quality Grocers.

**FOUR TABLE BOARDS**  
 Terms moderate. Apply 201  
 W. Second.  
 7-12-18.

**FOR SALE: CHICKEN, 4-GALLON  
 COW. MRS. FRED PARKER.**  
 7-12-18.

**FOR SALE: A PAIR OF HEAVY  
 FUR COATS. E. W. WOODARD.**  
 Phone 370-1.  
 7-12-18.

**Look for Agreeable Things.**  
 Don't look too hard except for some  
 things agreeable; we can find all the  
 disagreeable things we want but  
 our own hair and boots—  
 Best.

**Lawyers Still Use Quill Pens.**  
 The quill pen is still used in  
 London. The legal profession, which  
 is very conservative, clings to it  
 tenaciously, and some of the courts  
 would be completely paralyzed without  
 a plentiful supply of good quill pens.  
 Have you noticed what an intolerable  
 nuisance the quill is to a woman?  
 Further in conveniently taking a  
 pen, making a speech, or in holding  
 it to point a warning finger at a  
 lawbreaker—London Chronicle.

**New Facts About Cancer.**  
 A study of 1,000 cases of cancer of  
 the stomach reveals the fact that the  
 disease often starts from some cause  
 in the stomach, such as chronic  
 gastritis, and some of the cases  
 would be completely cured without  
 a plentiful supply of good quill pens.  
 Have you noticed what an intolerable  
 nuisance the quill is to a woman?  
 Further in conveniently taking a  
 pen, making a speech, or in holding  
 it to point a warning finger at a  
 lawbreaker—London Chronicle.

**The Four Whys.**  
 I have and examined a little girl  
 named, because of the condition of  
 her, and that is why she is so  
 today. It is because, but it is  
 an excellent example of the fact that  
 the best kind of food, as such, is  
 that which is selected from nature,  
 such as the fruit of the tree and  
 the milk of the cow, and the  
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 such as the fruit of the tree and  
 the milk of the cow, and the

**HOW TO GOOD NEWS  
 FOR STOMACH TROUBLE**  
 Some very remarkable results are  
 being obtained by treating stomach  
 and intestinal troubles with  
 pure vegetable oil, which exerts a  
 soothing, softening and purifying  
 action upon the lower bowels, re-  
 moving the obstructions of poison-  
 ous food matter and gases and pre-  
 venting their absorption by the  
 blood. This does the food is allowed  
 free passage from the stomach,  
 fermentation ceases and stomach  
 troubles quickly disappear.

**Geo. H. May for 20 years a lead-  
 ing Chicago druggist, cured himself  
 and many of his friends of stomach  
 and intestinal troubles of years  
 standing by this treatment, and so  
 successful was the remedy he devised  
 that it has since been placed in the  
 hands of druggists all over the  
 country, who have sold thousands of  
 bottles.**

Though absolutely harmless, the  
 effect of the medicine is sufficient to  
 convince any one of the remarkable  
 effectiveness, and within 24 hours  
 the sufferer feels like a new person.  
 May's Wonderful Remedy is sold  
 by druggists everywhere, and the  
 positive understanding that your  
 money will be refunded without  
 question or rebate if ONE bottle  
 fails to give you absolute satisfaction.

**CHICHESTER'S PILLS**  
 THE GREAT  
 SMALL PILL  
 FOR  
 ALL  
 THE  
 ILLS  
 OF  
 THE  
 BOWEL

**Cut Flowers**  
 Our arrangement of wed-  
 ding bouquets and decorations  
 and our art in floral designs  
 embrace the latest ideas of the  
 floral craft. Roses, Val-  
 lées, Carnations and Azaleas  
 the seasonable flowers.  
 Fall prices list ready Sep-  
 tember 1st. Mail, Telegraph  
 and Phone orders promptly ex-  
 ecuted by

**J. L. O'Quinn & Co.**  
 1000-1001 N. W. 2nd St., Wash-  
 ington, D. C.  
 Tel. 311-1111

**THE BIDS  
 FOR WATERWAY**

Roanoke, Va., July 20.—Sealed bids  
 for dredging a section of the gov-  
 ernment inland waterway system  
 from Norfolk to Beaufort, N. C., will  
 be received August 4 by Asst. Engr.  
 J. P. Jurvey, U. S. Engineer Corps,  
 at his office in the Custom House.  
 The particular work to be covered  
 by this contract consists of ex-  
 cavating a part of the Virginia cut  
 from 2 1/2 feet depth and 50 feet  
 wide to 12 feet deep and 50 feet  
 wide. The channel, when completed,  
 will be 12,500 feet long.  
 This is a part of the work being  
 done under the \$100,000 appropriation  
 of last March. Colonel Jurvey  
 stated today that the work con-  
 tracted under this act has been pro-  
 gressing satisfactorily and he ex-  
 pects all of it to be completed by  
 next summer.

**Spent Pills to Give Your  
 Bowels a Compliment.** Still absorb it  
 like a sponge takes water.  
**CHICHESTER**

**NOTICE OF SALE.**  
 By virtue of a Deed of Trust ex-  
 ecuted by J. A. Wilkinson to C. R.  
 Fugh, trustee, on the 10th day of  
 November, 1915, and recorded in  
 Book 473, page 442, Register of  
 Deeds Office of Beaufort County  
 North Carolina, the undersigned will  
 on Tuesday, the 10th day of August  
 1918, at ten o'clock A. M., sell a  
 public auction to the highest bidder  
 for cash, the following describe-  
 property, to-wit:

- (1) One 150-horse power, four  
 valve horizontal engine manufac-  
 tured by the Valley Iron Works.
- (2) One General Electric Dyna-  
 mo, No. 44284, 25 Kilowatts.
- (3) One General Electric Gen-  
 erator, type 18, No. 3144.
- (4) One 100-horse power upright  
 engine manufactured by the Wick  
 Lumber Company.
- (5) Together with all bolting,  
 piping, wiring, pulleys, tools, appli-  
 cances and equipment of all descrip-  
 tion used in connection with the  
 Electric Light Plant owned and op-  
 erated by the said J. W. Wilkinson,  
 as well as all buildings of ever  
 description enclosing the machin-  
 ery described or used in connec-  
 tion therewith, also office build-  
 ings and fixtures, all of which is situate  
 on that certain tract of land in the  
 Town of Belhaven, Beaufort County  
 N. C., and described as follows:  
 Beginning at Pointe Creek at its  
 Northwest end of the Belhaven Lum-  
 ber Company's lot No. 135 for  
 from King street, and running  
 thence easterly as a five parallel  
 with King street to the Norfolk  
 Southern Railroad Company's track  
 that goes to their water spot  
 house up that track to King street  
 corner with King street westward  
 to Pointe Creek, thence with  
 creek to the beginning. Together  
 will all right, title, interest and  
 parts of the said Wilkinson in and  
 to above lands and leases there-  
 on.
- (6) Also all wires, wiring, pole  
 lights and motors on the street  
 and in buildings in the Town of  
 Belhaven, North Carolina, used in  
 connection with the said Electric  
 Light Plant by the said Wilkinson.
- (7) Also that certain branch  
 with all appurtenances thereto  
 was granted to the said J. A. Wil-  
 kinson by the Board of Aldermen  
 of the Town of Belhaven, on the 28th  
 day of October, 1907, for the op-  
 eration of an Electric Lighting Plant  
 in the Town of Belhaven.

Also 100 shares of stock of Pan-  
 ce-Bumpall Development Co. Place  
 of sale, upon the premises of said  
 Electric Light Plant, in Belhaven  
 North Carolina.

This notice dated and posted this  
 4th day of July, 1918.  
 C. R. FUGH, Trustee.  
 7-12-18.

**THE MIND EXPANDS  
 As Health Returns**

Quick Improvement in Nutrition  
 When Food Aids to Nutrition  
 in Green.

is low state of the general health  
 is now the accepted cause of back-  
 wardness in children. So in the  
 case of a backward child it is best  
 to look towards building up his  
 health. It will usually be found that  
 the main trouble is in the food, in  
 lack of assimilation and digestion.  
 Hence care should be taken in the  
 kind of food given to the child. This  
 with plenty of air and exercise,  
 should bring about a change for the  
 better.

Watch the condition of the bowels.  
 Note whether the waste is being  
 passed off or not, or whether it is  
 being passed the wrong way. If either  
 condition prevails give a small dose  
 of that greatest of all laxative ton-  
 ics, Dr. Caldwell's Syrup Pepsin.  
 Thousands of mothers will testify  
 to the wonders it has wrought in  
 the lives of their own children, and  
 of that rescue legions of families  
 like those of Mrs. Lucile McBroom,  
 Hillsboro, Ind., are eager without it  
 in the house. She is the mother of  
 Lucile and has been using Dr. Cald-  
 well's Syrup Pepsin for Lucile since  
 she was two. Mrs. McBroom says it  
 saved Lucile's life. It is the stand-  
 ard family medicine in the Mc-  
 Broom home.  
 It is pleasant to the taste and so

**Lucile McBroom**

**SWEDEN WISHES  
 TO STAY NEUTRAL**

London, July 20.—The Daily Tel-  
 egraph's correspondent at Copen-  
 hagen says:  
 "That it is not impossible that  
 Sweden will enter the war was in-  
 dicated by a speech of the Swedish  
 premier, Dr. Hammarskjöld, in re-  
 sponding to a deputation representing  
 the peace congress recently held in  
 Yverberg.  
 The premier said:  
 "The Swedish government sincere-  
 ly desires to remain neutral, but it  
 does not necessarily follow that  
 peace can be maintained. It is as  
 dangerous to believe Sweden favors  
 war as to believe that she favors  
 peace at any price."

**"Me for 'GETS-IT'  
 When I Have Cans"**  
 Simple as Saying It: Never Falls.  
 It does your heart good to see how  
 easily and quickly any corn comes  
 out when you put "GETS-IT" on!  
 And then when you've gone along  
 for years trying everything, when

**WOMEN PUFF  
 ON CIGARETTES**  
 Atlantic City, N. J., July 20.—  
 Now there's a new fad among the  
 women visiting here. It started  
 when one fair creature in a rolling  
 chair procession blithely and seem-  
 ingly oblivious of the shocked con-  
 demnances of sedate boardwalk stroll-  
 ers, sauntered contentedly away at a cig-  
 arette.

**WEATHER FINE  
 FOR FARM CROPS**  
 Weather conditions for the past  
 week have been auspicious for the  
 growing crop and with the contin-  
 uation of the hot spell cotton has  
 probably been the most benefited,  
 and the season thus far has been fit  
 of comparison to any of the past  
 several years for Beaufort county  
 and neighboring sections.

**MOORE LEADS  
 LOCAL BATTERS**  
 Of the five local players who par-  
 ticipated in both of the games that  
 the Washington team has played so  
 far this season, Moore leads in bat-  
 tling, with Carrow running second.  
 The averages of the five are as fol-  
 lows:

Names	A. B.	H.	P. C.
Moore	7	5	.714
Carrow	8	4	.600
Knead	8	3	.375
Davenport	3	2	.333
J. Hackney	4	1	.125

**ENGLISH WOMEN  
 WANT TO ENLIST**  
 London, July 20.—Fifty thousand  
 English women gathered on Victoria  
 Embankment yesterday and paraded  
 through the streets with banners  
 to demonstrate their enthusias-  
 tic desire to be enlisted in the  
 services of the country. There was a  
 remarkable scene when the minister  
 of munitions, accompanied by Mrs.  
 Kinnaird Parkhurst, the suffragist  
 leader, appeared on a platform over-  
 looking the embankment which the  
 procession made its way.  
 Mr. Lloyd George had received a  
 deputation headed by Mrs. Park-  
 hurst who said it was a crime for  
 men to be doing work which could  
 be performed by women.

**OVER 29,000  
 TAKE VACCINE**  
 Raleigh, N. C., July 20.—Over  
 29,000 is the number of people vac-  
 cinated at the end of four weeks in  
 the 275 counties conducting State  
 and county anti-typhoid campaigns.  
 The figures as they stand at pres-  
 ent are: Wake, 10,137; Northham-  
 pton, 9,177; Cumberland, 2,429;  
 Brunswick, 2,514; Henderson, 3,  
 123. Northampton is still holding  
 first place as having vaccinated the  
 largest percent of her population.

**There's a Reason for Grape-Nuts**  
 —sold by Grocers everywhere.

**THE HOME  
 Of Quality Grocers.**

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 Of Quality Grocers.**  
 THE  
 Four Cardinal Points of the  
 GROCERY BUSINESS  
 Cleanliness, Quality, Price, Service.  
 You're entitled to them. We ob-  
 serve them all.  
 Try Them—They'll Please!  
**Chas. M. Little**  
 Try the Famous BUTTERNUT BREAD. FRESH AS  
 Butter and Sweet as a NUT.

**EAST CAROLINA  
 Teachers' Training School**  
 A State School to train teachers for the Public Schools  
 of North Carolina. Every energy is directed to this one  
 purpose. Tuition free to all who agree to teach. Fall  
 term begins September 21, 1918.

**For  
 10  
 DAYS ONLY  
 20 Per Cent  
 Discount on  
 All  
 REFRIGERATORS**

**Harris Hdw. Co.**

**J. LEON WOOD—Members New York Cotton Exchange—JAMES W. COLE**  
**J. LEON WOOD & CO.**  
 BANKERS and BROKERS.  
 Stocks, Bonds, Cotton, Grain and Provisions, 78 Plume Street  
 Roper Building, Norfolk, Va.  
 Private wires to New York Stock Exchange, Chicago Board  
 Trade and other financial centers.  
 Correspondence respectfully solicited.  
 Investment and marginal accounts given careful attention.

**Drink  
 Coca-Cola**  
 Because it is delicious  
 Because it is refreshing  
 Because it is thirst-quenching  
 And because it is the combination  
 of the three. That marks Coca-Cola  
 as a distinctive beverage.

**A Full Measure  
 of Health**

**is the reward of those who live right and eat right.**  
 And as fresh air, exercise, and good food are the  
 principal factors, it is important that food be selected  
 which contains the essential nutritive elements in well-  
 balanced, easily digestible form.

**Grape-Nuts**  
 In making the famous wheat and barley food,  
 the malting of the barley brings out the diastase (the  
 digestive element) while the long 29 hour baking breaks  
 down the starch cells of the grains. Thus Grape-Nuts  
 does not tax the digestion, but actually assists in the as-  
 similation of other foods.  
 For those seeking the fullest possible measure of  
 health

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**ADVERTISEMENTS IN THE  
 DAILY NEWS GIVE RESULTS**