

Recommend Milk As Summer Drink

Milk Shakes Ideal For Hot Weather Drinks - Nourishing As Well As Refreshing Says Current

Milk shakes make the best hot weather drinks, for they are nourishing as well as refreshing, said Miss Ruth Current, state home demonstration agent at State College.

They offer the food value of the milk, and contribute more calories in the chocolate, caramel, fruit pulp or syrup, and other ingredients that may be mixed in.

Vanilla and almond extracts make good flavorers. Nutmeg and cinnamon may be sprinkled on top of the drink. A patch of mint growing in the backyard will supply an attractive garnish.

For a banana shake, crush very ripe bananas to a pulp, then shake this pulp with milk until it is blended smoothly. Other soft fruits may be used in a like manner. A "float" can be made easily by placing a scoop of ice cream in the milk shake.

Always add a dash of salt to milk shakes and other summer drinks. Salt not only improves the flavor, but also is needed to replace the large quantities of salt lost in perspiration during hot weather.

As a matter of fact, Miss Current added, it is wise to use plenty of salt in seasoning food too when the mercury rises toward 90 or 100 degrees.

A bowl for mixing, an egg beater or a regular shaker are the only equipment necessary for mixing milk shakes. Have the ingredients cold. Mix the drink quickly and serve at once. Vary the flavor combinations for variety and to suit the family taste.

Lumberton Market Sets New Record

Lumberton, N. C. August 16—For the fourth successive year the Lumberton tobacco market has eclipsed all former high marks for poundage and set a new record. The end of the second marketing week saw sales on this fast growing tobacco market soar to 5,244,390 pounds, this tobacco selling for \$1,319,967.37 and on Monday another banner day added \$38,968 more pounds. Prices also jumped on Monday, the \$38,968 pounds of

tobacco disposed of bringing \$266,048.55 or the very high average of \$27.00 per hundred. This day's sale gave the market a grand total of 6,083,058 pounds; a total of \$1,546,015.92 paid to the growers and a season's average of \$25.42 per hundred. A comparison of Lumberton's sales for the first eight selling days of this year with the first eight days of last year shows a gain of 1,301,956 pounds, this gain representing an increase of 27.3 per cent.

Mountain Group Hill Hear Scott

Commissioner of Agriculture W. Kerr Scott will be the principal speaker at the 26th annual field day to be held at the N. C. Department of Agriculture's Mountain Test Farm, Swannanoa, Thursday, August 18. "Research, Production and Marketing" will be the subject of the Commissioner. Dr. E. W. Kilgore, State Chemist, will be the chairman for the occasion.

Other speakers will be: Ray Deitz, of Waynesville, district winner in the Young Tar Heel Farmers speaking contest, will be introduced by Tal H. Stafford, district supervisor of Vocational Education; Harry B. Caldwell, Master of the N. C. State Grange on "The Grange Philosophy of Country Life"; Miss Margaret Gilbert of the State Library Commission in Raleigh on "Growth of Libraries in North Carolina"; L. H. McKay, well-known Hendersonville farmer, on "Poultry in a North Carolina Farm Program."

A county singing contest will be conducted under the supervision of James G. K. McClure, President of the Farmers Federation, Asheville, with prizes being offered. C. Y. Tison, Buncombe County Farm Agent, will be chairman of the other contests which will include seed identification and mail driving.

A workstock pulling contest will be supervised by MacDowell County Farm Agent S. L. Home-wood, Henderson County Agent G. D. White and Madison County Agent George W. Miller. The dynamometer used in determining the pulling ability of workstock will be in charge of Paul Fletcher the Department's livestock marketing specialist and Professor David S. Weaver, head of the State College Department of Agricultural Engineering. Tours to the experimental fields of the

farm will be under the supervision of D. S. Coltrane, Assistant to the Commissioner. Agronomy, horticulture, poultry and eggs, dairying, farm machinery, home electrical appliances and a State College exhibit will be featured.

Seaside News

Seaside, Aug. 17.—Mrs. Rose McKellar has returned to her home in Rowland after a two weeks visit with friends here. She was accompanied by Mr. and Mrs. A. E. Bond and daughter, Peggy, and Earl McKellar, of Massachusetts.

Mr. and Mrs. R. E. Kuhn, Mrs. Ruth Lefler, Mrs. Chris Shelton Herndon, and Mrs. Hawthorne Belchels and daughter, Jane, of Charleston, West Va., spent last week here.

Dr. and Mrs. Booker, Miss Miriam Edgerton, Walter Cary Fortune, Raleigh, and Mrs. Cary Fortune, of Washington, D. C., are spending sometime at a cottage here.

Mrs. Norwood Orrell has returned to Wilmington after spending a week with relatives.

Seaside again welcomed Misses Beatrice, Doty and Elizabeth Jennings, Laura Coffey, Katherine Moore, of North Wilkesboro for a four day stay here. They were accompanied by Mr. and Mrs. R. C. Jennings and R. C. Jennings, Jr.

Among those here for the week-end were, Mr. and Mrs. C. H. Watson, Fayetteville; Mr. and Mrs. M. C. Bridger, Bladenboro; S. S. Small and C. W. Barber, Lumberton; Dr. and Mrs. R. C. Sadler, Postmaster A. E. Powell and W. E. Powell, of Whiteville.

Miss Annie McKeithan has returned to her home after stay of three weeks at Whiteville.

Whiteville Lads Here Last Week

Attorney Lee Greer, of Whiteville, an outdoor boy who loves Southport as a sort of a second home, spent part of the past week on Bald Head and Battery Islands with a small group of the Whiteville lads with whom he is doing wonderful work.

The boys were Bill and Roney Lewis, Joe Maultsby, Pat Forny Duval and Wayland Norris. They slept on the islands, disdaining the use of tents for the two nights. They employed the time in swimming, rowing and fishing.

Defends News Of Crime In Papers

Richardson Says 99 Per Cent Of Newspapers Are Constructive And Try To Uplift Humanity

"One often hears the press severely criticized for printing so much crime news," said Wm. Richardson of the State Board of Health in a recent radio address. "Even among journalists, themselves, there is a difference of opinion as to how this class of information should be presented to the public. But it should be borne in mind that the newspapers do not create news; they simply print it, giving the public what it calls for, just like the big department store."

"Crime news as made by criminals are a part of the social order. "Ninety-nine per cent of the newspapers are constructive. Irresponsible writers sometimes are employed, who twist facts for temporary glory, but these belong to the passing parade and soon are hibernated in winter quarters.

"The next time you see the story of an unusually atrocious crime emblazoned across the front page, turn to the editorial columns. The chances are, five to one, that you will find an analytical, or constructive, treatment of the incident, in which the editor voices the righteous indignation of the community, or undertakes to work out the underlying cause, with a view to presenting some remedial program for preventing like occurrences in the future.

"Even the Bible contains frequent references to and, in some instances, vivid descriptions of the ungodly and illegal acts of mankind—but, back of it all, is an appeal for better living. Without entering, in any sense, into a religious discussion, it may be said that the Bible has, running through it, a well-defined preventive and curative program, the efficacy of which depends entirely upon the manner in which the individual receives and applies it to his own personal life.

"And so the modern newspaper, open as it is to the daily chronicling of the grim facts of life, also devotes liberal space to the presentation of moral and social agencies which are constantly endeavoring to attack crime at its roots.

RIGHT OUT OF THE AIR



Pretty Betty Wragge, above, youthful star heard over NBC on "Pepper Young's Family," is a veteran radio performer at the age of twenty. Betty is celebrating her tenth year on the air and her fifth on "Pepper Young's Family."

Radio's oldest daytime script show, "Judy and Jane," was started by two of today's top air stars. Bess Johnson, star of "Hilltop House," and Irene Wicker, the "Singing Lady," wrote the first script, auditioned it and introduced it on the air.



Contrary to the custom of most radio performers to go into "hiding" directly before broadcasting, Dr. William L. Stidger, above, may be seen chatting amiably with anyone who happens to pass him in the Radio City corridors directly before taking on "Setting the Most Out of Life," Mondays through Fridays over the NBC-Blue network.



Back in California where he is currently heard on CBS Sundays on John Nesbitt's "Passing Parade," Al Garr, pictured above, finds his greatest enjoyment sailing his 38-foot boat. When in the East on the Phil Baker show last winter, Al sold his boat but bought it back when he returned to the West Coast.

The Foursome, octarina quartet starring Bing Crosby on the Thursday Music Hall broadcasts, have a simple business arrangement. They just take a vote on accepting contracts and majority rules.



Back again on the program on which she achieved such popularity is Elizabeth Lennox, above, famed contralto soloist. After an absence of several months, Miss Lennox has rejoined the NBC Sunday night show, "American Album of Familiar Music."

Though better known for his verse, Edgar Guest, star of the "It Can Be Done" programs, has written five books in prose, in addition to twelve volumes of poems.

Lawn Requires Much Attention

Specialist Says Soil Should Be Carefully Prepared To Insure A Really Beautiful Lawn

Growing a really beautiful lawn is much harder than keeping grass out of row crops where it is not wanted, said Glenn O. Randall, horticulturist at State College.

To establish a good lawn, preparation of the soil should start at least one year before planting time. The first step is to grade the grounds, if necessary, then apply plenty of organic matter to provide plant food and to keep the soil from baking hard.

Green manure crops such as soybeans or cowpeas may be plowed under, or rotten stable manure and leafmold may be spread over the ground at the rate of one to two cubic yards for each 1,000 square feet.

After the manure has been worked in, broadcast fertilizer over the area and disk it in. In the coastal plains, apply about 800 pounds of a 5-7-5 fertilizer per acre; in the Piedmont and mountains, about 500 pounds of 4-8-4.

The ground should be firm beneath the surface, but should be loose, fine, and mellow on top. The best time to seed a lawn in North Carolina, is the last of August or first of September. Use only the best seed, divide the seed into two parts and sow each part at right angles to the other to insure uniform distribution. Harrow or rake in the seed, but don't cover them with more than half an inch of dirt.

A good lawn can be sown with 40 pounds of Italian ryegrass and five pounds of white clover seed per acre, with Bermuda grass root cuttings dropped six to eight inches apart in eight to ten inch shallow furrows. Put in the cuttings, cover them up, then sow the seed.

SYRACUSE, N. Y.—"This," said City Judge Harry H. Farmer to Frank Rosario, 33, "is your day of judgment."

Rosario was brought into court to face six traffic law violations dating back to 1936.

He was fined a total of \$64. "Well," said Rosario as he walked out to his car, "that's over."

On his car was another ticket, for overtime parking. "That'll be a dollar more," said the judge.

Melons, Potatoes First On Market

From Standpoint of Volume, North Carolina Commodities Now Leading in Melons, Potatoes, Peaches

Raleigh.—From the standpoint of volume, North Carolina commodities holding the lead on the northern wholesale and vegetable markets were watermelons, sweet melons and the last of the peaching season. The weather and home-grown supplies have levels low and watermelons peaches suffered while sweet potatoes were ly stronger, the weekly partment of Agriculture today.

At Chicago, commodities last Friday, all classes of stock suffered price sharp downturn. Cattle declined 10 cents with the minimum for medium weight and grades and the maximum short fed offerings were 25 cents lower.

Commodities affecting Carolina sold as follows: Watermelons—Auction New York, bulk per layers, Tom Watson, 25 pound averages, following to 265.00. Thurmond 36 pound averages, 425.00 to 36 pound averages, 325.00 to 230.00. Sweet Potatoes—Baltimore, U. S. No. 1 grade, Yorks, 1.75 to 2.00 as to 1.50 to 1.75 last week.

Hogs—Good and choice finished, 160 to 220 pounds sold today at Rocky for 8.50, the practical other weight averages of grade sold as follows: 120 pounds, 7.65; 140 to 160, 8.15; 220 to 250 pounds, 8.20 to 290, 8.00; sows were at 6.00 to 6.40 and stage to 5.50.

Lamb—Spring lambs say City sold steady and with good and choice Virginia spring bringing in compared with 9.25 last week. Veal—Good grades were stronger than last close at Baltimore and a head sold today in the 10.00 range as compared



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Tobacco Growers of Brunswick County: WHITEVILLE Tobacco Market Is Setting The Pace

6 Big Warehouses 6 3 Sets Buyers 3

FIRST SALES THROUGH AUGUST 25

	Aug. 18	Aug. 19	Aug. 22	Aug. 23	Aug. 24	Aug. 25
Nelsons	1		1		1	
Tuggles	1		1		1	
Crutchfield's	1		1		1	
Farmers		1		1		1
Lea's		1		1		1
Brooks		1		1		1

Full Days Sales