

Physically Handicapped Get Dual Attention In N. Car.

Two special programs for the physically handicapped are operating in North Carolina at the present time—one under the direction of the state government and the other under supervision of the Veterans Administration—and the work of each doubtless will be considerably expanded after the war.

The Veterans Administration operates under authority of Public Laws No. 16 and No. 346 of the federal statutes for service to the thousands of Tar Heel veterans returning from all theaters of war. Funds for the programs for veterans will be based upon the number of ex-soldiers to be served and, for a number of years, will undoubtedly amount to several million dollars.

From a small beginning in 1920, North Carolina has progressed in its state-operated program from a staff composed of a supervisor and a secretary to a field staff of 15 professional counselors. Under the provisions of the Federal Public Law No. 113 further expansion is contemplated. At the present time there are 3,733 active cases in North Carolina. Since the program began operating in 1920, there has been a total of 15,005 persons who have been given the assistance necessary to qualify them for and help them obtain employment.

In servicing these cases close working relationships have been established with numerous private organizations as well as with federal, state and local government agencies. Possibly the most valuable co-worker is the county superintendent of public welfare whose office through the years has been a place of contact between Vocational Rehabilitation counselors and their clients. The county department of public welfare has also been a valuable

source of referral of cases eligible for rehabilitation. Practically every county department in the state has a number of its cases under treatment through vocational rehabilitation.

Any service necessary to prepare a disabled person for work is available to him if the correction of his vocational handicap will make him employable and able to contribute to his own support and that of his family.

The public welfare department is used as an investigating agency in determining the client's actual need and reports the facts in each case to the Division of Vocational Rehabilitation but without making recommendations. Economic need must be established for all services other than medical examination and training, including counseling, guidance and placement in employment.

Occasionally families receiving aid to dependent children funds are found in which the father can be helped to support the family after having taken advantage of vocational rehabilitation services. While he is receiving treatment and training for his employment the cash grant from welfare sources is continued each month as partial support for the family. After the father is established in suitable employment, this public assistance grant can be discontinued and the funds used to help other children in need. In other cases the mother or an older child may receive the services and later take over support of the family.

In those instances requiring hospitalization beyond the period permitted for rehabilitation the county department of public welfare is asked to provide funds from the county's allocation for hospitalization or medical care purposes. Certain operations requiring considerable convalescence before returning to employment likewise are the responsibility of the welfare unit in providing assistance until the individual is able to return to work.

The hardest chrome steel known is used in making anti-friction ball and roller bearings, which withstand load capacities from one ounce to 200 tons.

HINTS TO HOME-MAKERS

BY RUTH CURRENT

To do a first-rate job of home canning, can freshness. Capture and hold all possible flavor, color and food values of the fresh vegetables or fruit. Home canning specialists who stress this point offer the following tips to home canners who want to keep their canned foods from being on the dull, droopy, tasteless, and vitaminless side.

Put up only firm, ripe fruit; young tender vegetables. No canning magic exists which can bring old tough beets or snap beans back to youth again.

Neither will canning improve hard green fruit, nor bruised or over-ripe fruit or tomatoes. In fact, a little damaged food can cause spoilage of a whole canning batch.

Work quickly. Call on the men and children in the family, if necessary, for many hands make fast work of getting produce from garden to canner. When foods must wait, they wilt and toughen, and vitamins and fresh flavors disappear. If foods must be held awhile, keep them cool and well ventilated.

Count canning time accurately. Allow the full time advised for processing, and then lose no time in removing jars of fruits or tomatoes from the boiling water bath. With a pressure canner, used for canning non-acid vegetables, follow carefully directions for opening canner, then take the jars out promptly. To let jars linger inside canner gives them more cooking than needed.

Store immediately after canning in a cool dark place. Warmth and light tend to increase the loss of vitamins, and color as well.

Use during current year. Longer storage is not unsafe, if foods are properly canned, sealed airtight, and stored well. But canned foods decrease in quality and food value as time goes on.

Can plenty of tomatoes. With civilian supplies of commercially canned tomatoes and tomato juice predicted to be much less than last winter, wise homemakers will can every garden tomato that does not go on the family table.

Rich in vitamin C, tomatoes are easiest of all vegetables to can and the only common garden vegetable that does not require a pressure canner.

Can tomatoes by the boiling water bath method, advise food conservation specialists. Here are important points to remember in tomato canning:

Look over every tomato, and use only the ripe, firm and perfect. Even when a bad spot is cut out, bacteria may lurk behind to ruin the whole batch.

Get ready only enough tomatoes for one canner load at a time. Handle them gently so they will not bruise. Wash in several waters to remove sand and grime.

To make peeling easy, put tomatoes in a wire basket or thin cloth, dip into boiling water a minute, then plunge into cold water. Cut out stem ends and peel. Quarter or halve the tomatoes so they will heat through quickly.

Heat tomatoes in their own juice, stirring to prevent sticking and burning. Let them come to a rolling boil. In the meantime, get clean jars and lids heated and ready.

Fill one jar at a time with hot tomatoes. Cover with hot juice to within one-half inch of top. Work rapidly, so tomatoes will not cool. Add one teaspoon salt to each quart. Work out air bubbles by easing a knife blade down jar sides. Add more juice if needed. Wipe jar rim with a clean damp cloth. Process 15 minutes in a boiling water bath. Finish sealing, if type of lid requires. Cool jars overnight right side up and away from drafts.

Question: How can ants be controlled in fields, gardens, and lawns?

Answer: The State College Extension Service recommends that the soil be cultivated deeply several times during the fall, winter, and early spring. This will break up the ant colonies and tend to destroy them. For those which persist after this treatment, scatter a mixture of one ounce of Paris green mixed with one pound of brown sugar. Broadcast thinly at the rate of one pound of the mixture per 10,000 square feet. The colonies remaining after this treatment can be killed by injecting small amounts of carbon bisulphide at the opening of the ant nests and closing the entrance to the nests.

Answer: A commercial compound known as "Ammate," is effective for killing poison ivy, according to Dr. Donald B. Anderson, professor of botany at State College. The compound is dissolved in water at the rate of one pound per gallon and then sprayed upon the leaves of the ivy plant. Plants are killed within a few days and no new sprouts will appear unless the area is invaded by plants from the surrounding regions. "Ammate" will kill most plants, and hence care must be taken to see that the spray does not fall upon any plants that you desire to save.

Question: Is it lawful to kill squirrels damaging corn and pecan trees in gardens?

Answer: The squirrel is protected in North Carolina by the State Game laws, explains L. C. Whitehead, district agent in charge of predator and rodent control. Before poisoning, trapping, or shooting them out of season, it will be necessary for you to write to Mr. John Findley, commissioner of the Division of Game and Inland Fisheries in Raleigh, for a permit. It may be possible that Mr. Findley will instruct the game warden in your county to assist you in controlling the pest.

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In 1859, William Crutcher hauled a threshing machine from Leavenworth, Kans., to Fort Bridger, Wyo., a distance of 1,300 miles.

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