

**Voluntary Food Conservat. Can Save Millions, Deaths**  
(Continued from page one)

waste and prudently using what we have. America still throws away the world's richest garbage.

**Cuts Asked**

The Famine Emergency Committee is asking that until mid-July "our citizens make a voluntary sacrifice of 40 percent of their consumption of wheat products and 20 percent of food fats and oils."

Public eating places are asked to cut service of fats 20 percent and to use no more than an aver-

age of two pounds of flour per customer a week. Bakers are asked to reduce the weight of bakery products by at least 10 percent. Food manufacturers and distributors are urged to promote use of plentiful foods such as fish eggs, and potatoes in place of grain products, fats, and oils.

In addition to conserving food we must augment existing supplies by planting victory gardens. declares the Emergency Famine Committee. Food grown and consumed at home reduces demand on existing stocks.

Assisting millions of home-makers throughout the nation with food saving are such agencies as the Department of Agriculture, the American Red Cross and school and state health agencies.

**Ways To Conserve**

For effective conservation the Red Cross Nutrition Service makes these urgent appeals to householders:

1. Conserve bread at each meal. If every family in this country would save just a half slice of bread each day there would be a national saving of 500,000 pounds.
2. Use a potato salad instead of an extra sandwich.
3. Use oat cereals more often. A serving of oatmeal equals two slices of bread in food value.
4. Boil, bake, broil, instead of frying.
5. Cook vegetables in skins whenever possible.
6. Use fruits and other types of dessert instead of pastries.
7. Salvage all fats that cannot be re-used and turn them in to your grocer or butcher.
8. Buy only what you need, and need what you buy.
9. Protect food against spoilage; use left-overs promptly; do not hoard flour.
10. Use fats and oils sparingly. A daily saving of a teaspoon of fat by each consumer in the U. S. means a total saving of at least 1,000,000 pounds a day.

Never before in the history of world food shortages have so many people's lives depended upon the voluntary actions of a nation.

"If we fail them," says the Emergency Famine Committee, "we shall see the death of millions of fellow human beings. Guns speak the first words of victory, but food can speak the last word."

**Food Parcels for D. P.'s**

Until supplies are exhausted the American Red Cross will distribute two food parcels a month to each of 145,000 displaced persons in western Germany to supplement their daily diet.

**Home Agent Gives Week's Schedule**

For this week Alene McLamb, the home demonstration agent, will observe the following schedule:

Thursday, May 16: Winnabow Home Demonstration Club, 2:30 p. m. Mrs. Gilbert Reid, hostess.

Friday, May 17: Southport 4-H, 9:30 a. m. County U. S. D. A. at Supply at 2:30 p. m.

Monday, May 20: Town Creek Home Demonstration Club, 3 p. m. Mrs. R. C. Westcott, hostess.

Tuesday, May 21: Shallotte 4-H, 9:30 a. m. County Council at Supply 2:30 p. m.

Wednesday, May 22: Waccamaw 4-H at 9:30 a. m. Cape

Fear Home Demonstration Club 2:30 p. m. Miss Thelma McRack-an, hostess.

Thursday, May 23: Bolivia 4-H, 9:30 a. m. Supply home demonstration club at 3:00 p. m. Mrs. G. W. Dance, hostess.

**RECOVERING NICELY**

Morris Jenrette, son of H. D. Jenrette, Nesbitt Courts, Wilmington, is recovering nicely from a broken leg suffered last month.

**A COLLEGE, BUSINESS or TRADE SCHOOL EDUCATION FOR YOU**

**WITH EXPENSES PAID**

Yes, your tuition up to \$500 per ordinary school year paid for 48 months of college, business or trade school. You also receive \$65 per month living allowance—\$90 if you have dependents. This is the opportunity open, upon their discharge, to men over 18 (17 with parents' consent) who enlist in the new Regular Army before October 6, 1946, for 3 years. Get all the facts at your U.S. Army Recruiting Station.

203 P. O. Building — Wilmington  
or Contact a Recruiting Representative in The  
SOUTHPORT P. O. Lobby Every Tuesday from 10 a.m. until 2 p.m.

**FRIENDLY SERVICE**

We always welcome you to our store, and you may depend upon friendly, helpful service.

Occasionally we have a few scarce items in the Hardware Line, and from time to time we have new shipments of other merchandise that is hard to get.

WE INVITE YOU TO STOP AT OUR STORE and ASK for WHAT YOU NEED

**MINTZ & CO.**  
HARRY L. MINTZ, JR., Mgr.  
SUPPLY, N. C.

WEEK END AT HOME

Mrs. J. A. Russ, of Shallotte, now living at Henderson on account of her health, spent the week end at her home at Shallotte. She has a position as bookkeeper with the Railroad Salvage company in Henderson.

**The RIGHT fit... at a RIGHT price**

**CHARIS**

Personalized Corsetry

Service by appointment in your home

MRS. FREDERICK DOSHER  
SOUTHPORT, N. C.

**EXPERIENCE is IMPORTANT**

There is no more important business in our county than the administration of the duties of County Commissioner. During the three and one-half years that it has been my privilege to serve you I have had an opportunity to gain much valuable experience, and I believe that I am now in position to render more valuable service than ever if you will re-nominate and re-elect me.

**OTHO P. BELLAMY**

**REPUBLICAN VOTERS...**

I want to remind you that it is our duty to go to the polls on May 25th, and help to nominate the men who will represent our party in the General Election in November.

When the Brunswick County Republican Convention was held at Supply last month, it was the decision of that body that we enter the May Primary Election.

I urge you to look over the sample ballot reproduced herewith for your convenience and to choose for yourself whom you will support with your vote.

—Cast Your Ballot In The Primary Election—

**W. A. KOPP, Chairman,**  
**REPUBLICAN EXECUTIVE COMMITTEE**

**SAMPLE BALLOT**  
**Official Republican Primary Ballot For**  
**COUNTY OFFICERS**

**INSTRUCTION TO VOTER**

1. To vote for a candidate on the ballot make a cross (X) Mark in the square at the left of his name.
2. If you tear or deface or wrongly mark this ballot, return it to the registrar and get another.

**For Sheriff**  
(Vote For One)

- H. L. (Sinker) WILLETTS  
 C. W. KNOX

**For Coroner**  
(Vote For One)

- A. R. MOONEY  
 C. O. BLANTON

**For Commissioner**  
(Vote For Three)

- I. N. FULFORD  
 FRANK M. NORRIS  
 A. P. RUSS  
 R. H. SELLERS  
 J. THURMAN SKIPPER  
 BAILEY KING

**For Board Of Education**  
(Vote For One)

- G. BLAINE SKIPPER  
 J. B. POTTER

Primary Election, May 25, 1946

*David Ross*

Chairman Brunswick County Board of Elections.



**The BUTCHER...**

**The BAKER...**

**The CANDLESTICK MAKER**

Yes, almost as diverse as those characters of the old nursery rhyme are the services of a modern railroad...

Glistening streamliners gliding over ribbons of steel, while passengers enjoy travel in its most pleasant form, surrounded by every comfort and convenience to make the trip delightful...

Mighty freights speeding their cargoes throughout the land and thereby supplying the lifeblood of the nation's arteries of commerce, assuring on-time deliveries of the thousands of items needed for your every-day living...

Working with agricultural interests to develop new crops, make old ones more profitable...

Bringing in new industries to provide

greater economic strength for towns and cities...

Continuing research to find ways of making tomorrow's transportation even better than today's finest...

All of these, and more, are part of our daily efforts. Behind all of our undertakings is the principle which guides our planning—that the Seaboard Air Line Railway is a citizen of the territory it is privileged to serve. As a citizen we will be satisfied to give nothing less than our best for the advancement of our territory and its interests.

World Trade Puts Men to Work  
National Foreign Trade Week  
May 18-25

**SEABOARD**  
AIR LINE RAILWAY



THROUGH THE HEART OF THE SOUTH

—VOTE FOR—  
**J. BAYARD CLARK**



**Candidate For CONGRESS**

7th

**Congressional DISTRICT**

MR. CLARK IS NOW 38th IN SENIORITY OUT OF 435 MEMBERS

**Experience With Ability Counts**

This Advertisement Paid For By Friends of Mr. Clark.

(Pol. Ad.)