

Brunswick Between Bookends

By Eugene Fallon



THE NATURAL GARDENS OF NORTH CAROLINA. By B. W. Wells. University of N. C. Press. 458 pp. Illustrated.

To open Dr. Wells' book is like entering Sesame, or the wicker gate of John Bunyan's "Great-Heart". The prosaic world drops away and one is transported to an enchanted and perfumed land where flowers nod, grasses wave and herbs are everywhere underfoot. The real bonus in these pages, however, is that this enchanted terrain is not in the Swiss Alps or the Matta Grosso, but right here in the Old North State.

The author, who was for many years professor of botany at N. C. State College, correctly begins his delightful odyssey down where Tarheelia begins—at the edge of the Atlantic. And if Wells first examines the Outer Banks, he does not stop his scrutiny until he reaches Bald Head Island, that gem astride Southport Harbor.

Wells gradually works his way westward until stopped by the Tennessee line, and mountain laurel and rhododendron vie with cattails and salt marsh sabbatia—most exotic of Carolina wildflowers.

Every herb, flowering bush and blossom delicate, are here; in natural wild state, of course and

tended by God. Wells proves that North Carolina is, indeed, a garden such as was Eden, and, were all of us cognizant with them, medicines await the plucking without charge. He devotes a number of pages to the Venus Fly-Trap, a carnivorous plant which traps and devours living food, and which is peculiar to Brunswick County and this section of the state.

Of all the traveling botanist saw in Tarheelia it would appear that Brunswick County appealed to him most. Although this volume was published in 1932, Wells was drawn strongly to Southport, and moved here soon after the close of World War II, purchasing the old Kate Stuart home on the waterfront, and spending several summers therein. The great hurricane of 1954 wrought such havoc with the old home that Wells sadly relegated it to the hammers of a demolition crew, and retired to the college town of Wake Forest, where he still resides.

In Natural Gardens the flora native to Bald Head Island receives careful and loving attention, including four photos.

An interesting item mentioned apropos Southport and other coastal points in Brunswick, follows in quote:

"Growing in a sand one may meet a number of foreign plants which arrived here in the early

days when ships dumped ballast earth ashore. Growing like a weed along a street in Southport, is a western gallardia (G. lance-poppy), together with the less common spiny Mexican poppy. Species of yucca are also common.

Professor Wells devotes a full chapter to the "savannahs" of southeastern North Carolina—a subject much in favor with botanists and naturalists alike. Some years ago this reviewer, following a reading of Norman Way Teale's "North with the Spring", journeyed to Burgaw in search of the "great Burgaw Savannah"—purpose, a feature in a Sunday newspaper.

Although there definitely is such a great and brooding marshland, lying only a mile or two from Burgaw town limits, an official of that town, when queried as to its location, answered: "You are way off your road. Savannah is located on U. S. 17, in the State of Georgia." P. S. I found it and a story.

Since Southport and vicinity is most fortunately located in regard nature's bounty, and since there are many garden clubs extant in these precincts, Dr. Wells fine book should find favor locally.

The book is a recent acquisition of the Southport Public Library, which received it as a gift from Miss Annie May Woodside.

Bolivia Residence



This is the attractive brick home of Mr. and Mrs. C. P. Willetts in Bolivia. The tall evergreens in the front yard have caused considerable comment because of the fact that at this season of the year they take on a distinctive bronze cast. Many new and modern homes have been constructed at Bolivia in recent years. —(Elgie Clemmons Photo.)

Mrs. Thomas, 71, Dies On Saturday

Mrs. Lillian Weston Thomas, 71, widow of G. W. Thomas, died Saturday at Doshier Memorial Hospital. Final rites were held Tuesday at 1 p. m. at Williams Cemetery, Leland, by the Rev. Paul Odum.

Survivors include two sons, Ernest Thomas of Southport and Willis Thomas, Wilmington; a brother, Alfred Weston of Richards; a sister, Mrs. Lizzie Efnay, Richmond, Va.; and 11 grandchildren.

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VIRGINIA

Thomas Jefferson designed the Capitol at Richmond and its main section was completed in 1798. It was here where Aaron Burr was tried for treason. Here Robert E. Lee was named commander of the Confederate forces. The Confederate Congress met here from 1862 until final adjournment. A famous statue of George Washington, by Jean Antoine Houdon, stands in the Capitol rotunda. Tourists enjoy the Confederate Museum, where Jefferson Davis lived during the Civil War, the Lee House, Edgar Allen Poe Shrine and St. John's Church where Patrick Henry Said, "Give me liberty or give me death."

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State Population 5 Million in 1967

While the exact time is unpredictable, North Carolina's population is expected to hit the 5 million mark in 1966 or 1967.

"Certainly, it should be no later than the first half of '67," says Dr. Selz C. Mayo, head of the Department of Rural Sociology at North Carolina State College.

"Incidentally," Mayo added, "North Carolina's population should reach 5 million at about the same time as the Nation's population reaches 200 million."

North Carolina had 4,556,155 people in the census of 1960, or 12.2 per cent more than in 1950. Mayo bases his estimates for future growth on these figures.

"The growth of North Carolina's population during the past century and a half is an exciting story," Dr. Mayo said.

In 1800, less than a half million people lived in the state. By the census of 1870, the population was up to one million.

The second million was recorded in the census of 1910, the third million in the census of 1930, and the fourth million in the census of 1950.

Trends In Food Buying

Today's homemaker spends 20 per cent of disposable income for food compared to 28 per cent in 1945. Of this amount one-fifth goes for non-food items such as

household appliances, linens, clothing, pet food, china, toy items, drug items and patent medicines.

Mrs. Ruby P. Uzzle, consumer marketing specialist for the N. C. Agricultural Extension Service, says in 1945 the U. S. disposable personal income per capita was \$1,075 and in 1962 it was \$1,947. Food expenditures in 1945 were \$244 and in 1960 were \$388.

Mrs. Uzzle says farm families buy 60 per cent of food they consume and grow only 40 per cent. There is also an increase in the number of meals eaten away from home.

"One of the definite trends is that the Americans are eating more of the foods they want and have better diets," reports Mrs. Uzzle. "The average American eats 1500 pounds of food a year which is 100 pounds less than 50 years ago."

Other factors adding to complex problems of food buying are:

1. About 34 per cent of working women are married.
2. 35 per cent of the food dollar is spent for convenience foods.
3. At least five per cent of the food dollar goes for frozen foods.
4. Larger stores with more

While the number of Tar Heels is increasing rapidly, Mayo points out that the State's rate of growth was considerable under the national average during decade of the '50's.

This was because the state had a net loss from migration of 330,000 people. One immediate tangible result of this migration was the loss of one congressman.

To make North Carolina's present growth pattern more meaningful, Dr. Mayo described what is likely to happen within one year—1962, for example.

"During these 12 months," Mayo explained, "the natural increase (births minus deaths) of our population will be sufficient to build a city the size of Durham."

"We can expect to retain enough of the natural increase to produce a city about the size of Wilmington. But we will export (lose by migration) enough young people to produce another community about the size of Burlington."

Ernest Baldwin Dies On Monday

Ernest L. Baldwin, a highly respected Whiteville citizen, died Monday at 7:30 p. m. at Moody Nursing Home in Lumberton. He was 88 years old.

Mr. Baldwin was one of the better-known citizens of Whiteville, particularly among the older persons of the town and Columbus County. He was seen for many years at the Smith and McKenzie firm and its successor, Seth L. Smith and Co., where he was employed for some 50 years. He retired several years ago.

He was a member of Whiteville Methodist Church and of Worthington Bible Class there.

Final rites were held Wednesday at 11 a. m. from McKenzie chapel by his pastor, the Rev. P. O. Lee, with burial in Whiteville Memorial Cemetery.

Survivors include his wife, Mrs. Oliver Gore Baldwin; a son, Maurice Baldwin, both of Whiteville; a daughter, Mrs. Edward C. Darden of Rockingham; a brother, C. L. Baldwin, Washington, D.

C.; two sisters, Mrs. Bessie B. Kelly and Mrs. Sally B. Harrelson, both of Whiteville; and two grandchildren.

What Is Arthritis?

By DR. ROGER W. PRICE












Arthritis is essentially an inflammation of the surfaces of the joint. This inflammation involves not only the bony surfaces, but the musculature and the ligaments surrounding the joint. In many instances, this joint inflammation results from excessive stresses and strains arising from improper functioning. This is a matter of faulty body mechanism arising from bad posture, curvature of the spine, bones out of place and other conditions which would induce body imbalance.

Another factor that is often involved in arthritis is faulty calcium metabolism. This means the body's ability to utilize for its own purpose the natural calcium salts found in certain foods.

Recent research has demonstrated that there is definite relationship between arthritis and an upset nervous system. Disturbances in the nervous system interfere with metabolism.

The Modern Chiropractor, in dealing with arthritis, seeks to restore normal body balance, and normal functioning of the nervous system. Visit a Modern Chiropractor for symptoms of arthritis—the doctor who has made a complete study of bone structure, nerves and muscles.

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 Bel Air 9-Passenger Station Wagon. Has an almost 5-ft.-wide cargo opening.	 Chevy II Nova Station Wagon. Classiest of the new Chevy II wagon crew with rich appointments and a spunky six.	 Corvair Monza Station Wagon. Monza elegance in a nimble hauler.	 Corvair Greenbrier Sports Wagon. Sure-footed traction and easy to load.

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