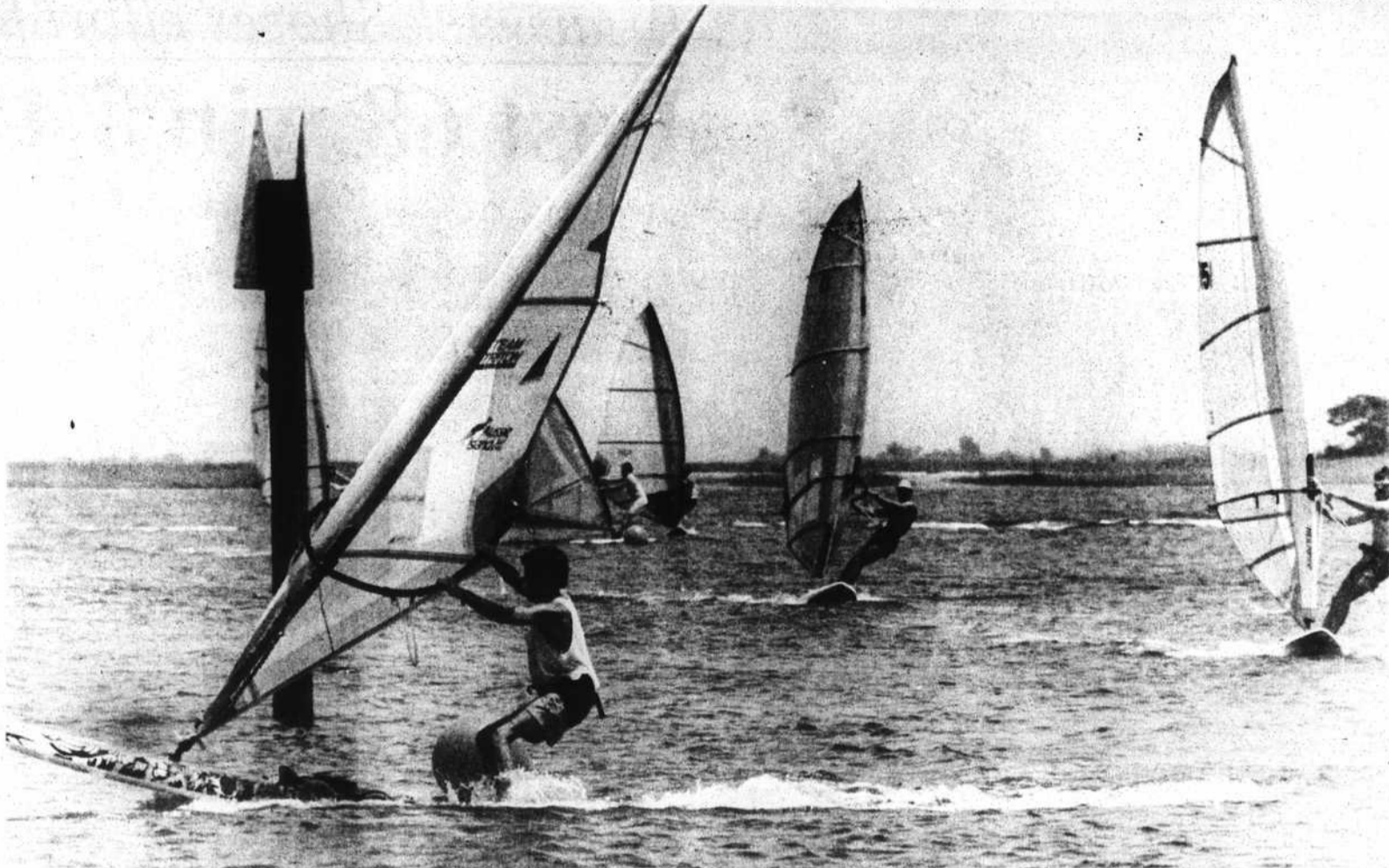


TEERING OFF

1 Right arm toss drill
Improve your rhythm and sense of feel in the swing by emulating a right arm underhanded toss — which is essentially the same motion in the golf swing.

- Set up normally, but grip the club only with your right hand.
- Swing back about 3/4 of normal (1).
- Take a small step forward with your left foot to start the downswing (2).
- Swing as if throwing the club at the target (3).
- Let the club swing into a relaxed follow-through (4).
- Repeat several times.

SOURCE: *Golf Digest's Book of Drills*
Copley News Service/Dan Clifford



The first annual Windsurfing Regatta was held on the afternoon of July 4. Winners in the A-fleet included Steve Leonard of Raleigh, first; Mark McCormick of Wrightsville Beach, second; and Tom Cluchey of Wilmington, third. Winners in the B-fleet included Doug Timm of Boiling Spring Lakes, first; Rex Bowen of Long Beach, second; and Taz Brown of Wilmington, third. First-place winners received trophies and dinner for two at local restaurants. Second- and third-place winners received trophies as well. All participants received T-shirts and door prizes.

GOLF REPORT

Ladybird winners reported

Jan Loflin of Brierwood posted a gross 82 to lead the championship flight in the Ladybird League tournament on June 25 at Sea Trail Plantation.

Clubs represented at the tournament were Brick Landing, Brierwood, Carolina Shores, Fox Squirrel, Oak Island, Olde Fort, Sandpiper Bay and Sea Trail.

Runners-up in the championship flight were Joan Llewellyn of Sea Trail and Mary Muffley of Sandpiper Bay with rounds of 84. Hilda Hall took low net of 68, Nancy Bouldin took second low net of 70 and Ginger Sugrue had 30 putts. All were from Brierwood.

FIRST FLIGHT -- Low gross, Joanna Lang, Brierwood, 81; second low gross, Rose Reither, Brierwood, 82. Low net, Florence Green, Oak Island, 61; Loretta Shirk, Fox Squirrel, second low net, 63. There was a tie between Ann Silva of Olde Point and Ethel Brown of Brierwood for low putts at 30.

SECOND FLIGHT -- Low gross, Toni Iossi, Brierwood, 81; second low gross, Mary Shafer, Carolina Shores, 89. Low net, Margaret Wood, Brierwood, 65; second low net, tie between Rose Gorney of Brick Landing and Kathy Deming of Carolina Shores, 66. Low putts, Eileen Desham, Carolina Shores, 30.

THIRD FLIGHT -- Low gross, Irene Marshall, Oak Island, 87; second low gross, tie between Dolly Mott of Carolina Shores and Carol Szarke of Carolina Shores, 93. Low net, a four-way tie between Jean Palmer and Louise Oldman of Carolina Shores, Betty Maerker of Brierwood and Marie Berry of Brick Landing, 68. Second low net, three-way tie between Dot Trostle of Carolina Shores, Donna Denker of Oak Island and Freddie Kimball of Sea Trail, 69. Low putts, Carolyn McCraskey, Carolina Shores, 30.

FOURTH FLIGHT -- Low gross, three-way tie between Joan Cowie of Brierwood, Lil Haupt of Carolina Shores and Dinah Gore of Sea Trail; second low gross, Lou Akers, Brierwood. Low net, Marge Schopper, Carolina Shores; second low net, tie between Ruth Gardner of Brick Landing and Margaret Porterfield of Fox Squirrel. Low putts, Helen Brady, Sandpiper Bay.

FIFTH FLIGHT -- Low gross, Virginia Gibson, Brierwood; second low gross, Lilli Stainbrook, Oak Island. Low net, Rin Consalvi, Sea Trail; second low net, Betty Shreve, Brierwood. Low putts, Chris Evans, Olde Fort.

SIXTH FLIGHT -- low gross, Lucille Martin, Brierwood; second low gross, Thelma Speidel, Carolina Shores. Low net, Edna Hollowell, Brick Landing; second low net, Doris Rice, Carolina Shores. Low putts, Fran Jervis, Oak Island.

Seniors golf tourney July 21

The next golf tournament for senior citizens is scheduled Tuesday, July 21, at Olde Fort Golf Course on N. C. 133 between Southport and Leland. Prizes will be awarded for the first three places in each age group.

The cost is \$15 a person. Registration deadline is Wednesday, July 15. More information on the tournament, which is offered through the Brunswick County Parks and Recreation Department, can be obtained by calling Kay Brannon at 278-9209.

Council plans July 26 event

The Brunswick County Literacy Council will sponsor a golf tournament July 26 at Carolina Shores Golf and Country Club, which is donating the use of the course and the golf carts.

Tea times are available from 10:52 a.m. to 1 p.m. The format will be captain's choice.

The \$25-per-person entry fee will include green fees, cart, refreshments and prizes. All proceeds will be used by the Brunswick County Literacy Council to help adults improve reading skills.

For more information or to register for the tournament, persons should call Joe Giamalva, chairman of the event, at 919-579-2921 or 919-754-READ.

Post 68 finishes one game back

Wilmington Post 10 takes title

By George Cox
Sports Editor

LELAND -- With Brunswick Post 68 holding a half-game lead over Wilmington Post 10 going into Thursday night's first meeting of the season between the American Legion Area II Eastern League leaders, Post 68 skipper Ed Lewis was upbeat.

"If we can take them tonight and Warsaw tomorrow night, then first place is ours no matter what happens Saturday night," Lewis commented.

The long ball by Post 10's Stephen Wolff took away Lewis' dream on a night that two excellent right-handed pitchers -- Post 10's Joey Pyrtle and Post 68's Chris McBride -- faced off.

Wolff's two-run blast in the first inning propelled Post 10 to a lead it never relinquished as coach Dave Brewster's Port City crew went on to win 5-2 and take a half-game lead

of their own.

Hitting his round-tripper off Post 68's best pitcher, McBride, a former North Brunswick baseball star and freshman player on last spring's University of North Carolina at Wilmington team, Wolff's towering homer was one of the longest in

memory over the right-centerfield barrier in Scorpion Stadium.

McBride went on to fan 17 Post 10 batters while yielding just four hits, but Pyrtle not only pitched well, giving up five hits, but also helped his own cause at the plate in the ninth inning with a solo homer.

Post 10 left Scorpion Field with a 14-1 record compared to Brunswick County's 14-2 mark. Post 68 beat Warsaw Friday night 3-0, while Post 10 whipped Brunswick Shores Post 445, 16-1, and Winter Park on Sunday, 20-0.

Post 10 catcher Fletcher Bates scored on a wild pitch to give Wilmington a 3-0 advantage in the third inning.

After Post 68's Jeremy Child scored from third base on an error that cut the Post 10 lead to 3-1, **See Post 10 wins, page 19**

Boxing competition is held

The second annual Amateur Boxing Classic hosted by Joyner's Boxing Club was held Friday at the Southport city gym.

Due to last-minute cancellations and no-shows, Joyner's Boxing Club showcased only three of its boxers in three different matches.

Dainell Hill of Joyner's Boxing Club defeated Kenneth Jefferson of Wampee Boxing Club of Longs, S. C., in a 2-1 decision in the 106-pound weight class, age 12.

Martin Ray of Joyner's took a 3-0 decision over Wampee boxer Anthony Bellamy in the 125-pound division.

Terry Ray lost to U. S. Marine Corps entry Jesus F. Garcia from Camp Lejeune in the 178-pound division.

Joyner's Boxing Club is directed by Larry Joyner. Joyner was assisted by Sherridale Morgan, president of N. C. USA Boxing from Wilmington Boxing Club, in the organization of the event.

Local shooters on target, win in state games

Five members of the Ant Hill Pistol Club participated in the North Carolina State Games.

The pistol competition was held at the Sir Walter Raleigh Gun Club in Creedmoor, and consisted of four stages of fire using international practical shooting confederation rules and rankings.

Joe Justice received a gold medal in C class and Richard Timberlake received a silver medal in revolver. Ray Jackson placed fourth in A class, Chris Elrod placed fifth in B class and Ralph Godwin placed fifth in C class.

Ant Hill range is located on Highway 211 across from Greenwood Kennels. Members shoot an IPSC match the third Sunday of each month and plan a three-gun (rifle, pistol, shotgun) match the last Sunday in August. They also sponsor a NRA Junior Rifle class twice a month and are available for free individual firearms training.

For information, persons should contact Joe Justice at 919-253-5035 or Richard Timberlake at 919-371-6391.

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