

SENIOR ACTIVITIES

Program for adult scholars

There are just a few days left to register for the Adult Scholars Leadership Program sponsored by the University of North Carolina at Wilmington Division for Public Service and Extended Education.

Limited to 35 participants, the program is designed to bring older adults together with community experts to learn more about issues, problems, creative possibilities and plans of the region. The deadline for applications is Friday, December 18.

Sessions will be from 8 a.m. to 3:30 p.m. February 4, 11, 18 and 25, March 4, 11 and 18, and from 7 to 9 p.m. March 23. They will cover history and government, regional growth and development, health, the department of aging, human relations, education, the arts, criminal justice and the media.

The cost is \$175 and includes a graduation reception, program and resource materials, speaker honoraria, continental breakfasts, refreshments and lunches.

Applications can be obtained by calling 1-919-395-3195.

Day trip to state capital

Monday, December 21, is the registration and payment deadline for senior day at the state capital, scheduled for Thursday, January 7.

The Raleigh trip will include stops at the legislative building, the state capitol, the art museum and the arboretum.

The \$10 fee covers the cost of transportation. The only other cost will be for lunch at the legislative building cafeteria.

More information can be obtained by calling Kelly Fields at the Brunswick County Parks and Recreation Department.

Exercise classes scheduled

Exercise classes for seniors are sponsored by the Brunswick County Parks and Recreation Department.

Slow rhythmic exercise classes are conducted at 10 a.m. on Mondays at the Town Creek Township District Park building. Exercises work on limbering joints and toning muscles.

Mature movement is offered at 9 a.m. Tuesdays and Thursdays at the Long Beach Recreation Center and at the Lockwood Folly Township District Park community center. Classes are also held at 1 p.m. Thursdays at the Southport Community Building.

January cruise to Bahamas

A Disney/Bahamas cruise for seniors is being planned by the Brunswick County Parks and Recreation Department.

The trip, scheduled for January 18-25, includes hotel accommodations, admission to the Walt Disney World Epcot Center, a cruise to Nassau and meals. The cost is \$648 per person based on double occupancy.

Checks can be made payable to Great American Vacations and mailed to the Brunswick County Parks and Recreation Department, P. O. Box 249, Bolivia, NC 28422.


Trips planned for February

Two trips are planned for seniors early next year by the Brunswick County Parks and Recreation Department.

Tryon Palace in New Bern is the destination on February 4. The cost is \$20 and includes transportation, admission to Tryon Palace, the John Wright Stanly and Dixon-Stevenson houses, The Gardens and the New Bern Academy. Meals are not included. Registration deadline is January 25.

A four-day trip is planned to Chattanooga, Tenn., February 15-18. The cost is \$180 a person and includes transportation, hotel accommodations, continental breakfast and admission to Ruby Falls, the Confederama, the Houston Antique Museum, Point Park, Rock City Gardens, a dinner cruise, Chickamauga Battlefield, Warehouse Row, Tennessee Aquarium, dinner at Choo Choo and a ride on the Tennessee Valley Railroad. Registration and payment deadline is January 17.

More information on these and other upcoming senior trips can be obtained by calling Kelly Fields at 1-800-222-4790 or 253-4357.



Why wait until you won't need them...
Nautical Christmas Cards
40% OFF

Driftwood Shell Shop
"We're not just another pretty shell shop."
Waterfront Historic Southport, 457-5466

SOUTHPORT CELEBRATES "The 200th Christmas" at the Waterfront

Saturday, Dec. 19th: 10 a.m. - 5 p.m.
Candy Cane Hunt * Visit with Santa * Storyteller John Snyder * Linda Pronzo, keyboard * Decorate-Your-Pet Parade * Seacoast Cloggers * Southport Senior Citizens Choir * Luminary Lighting

Sunday, Dec. 20th: 1 p.m. - 5:30 p.m.
Santa Arrives * St. James Choir * Baptist Handbells * Chanty Singers * Oak Island Presbyterian Choir * "The 200th Christmas" Sparkling Sing-a-long Finale!

All activities & events take place at YULETIDE HARBOUR at the Corner of Howe & Bay Streets at the Southport waterfront! Be There!

For information call Southport Visitor Center 457-7927

Miniature house may build funds for needy

As a fund-raising project to benefit needy children in this area, the Brunswick County Home Builders Association has donated a miniature house to Experimental Aircraft Association Chapter 939 and the Brunswick County Airport to auction. All proceeds will be donated to local children who need food, clothes and toys for the holidays.

The auction is being held in conjunction with the "See What Santa Sees" flights. For a fee of \$15, a pilot will take a child aloft to see what Santa will see as he flies over the child's house. All of the proceeds from these flights will be donated to needy children.

The miniature house will be auctioned at 2 p.m. Sunday, December 20, at the Brunswick County Airport. Airport commissioners say they hope to generate bids of up to \$300. The playhouse will be delivered to the highest bidder by December 25.

Members of the public are invited to stop by the airport and see the miniature house. Some may have already seen it in the Oak Island Christmas-By-the-Sea parade.

The house was built by Ted S. Wood, Jr., William Rainwater and Jay Astoske. Materials were donated by Southport Pelican Building Center.

Visit Our Latest Addition- Under the Christmas Tree.



We now have a limited number of Tobin Fraley's Carousel Ornaments \$28.00

Lynne's Hallmark Shop & Treasure Room
103 Yaupon Drive, Yaupon Beach

Group to focus on weight loss

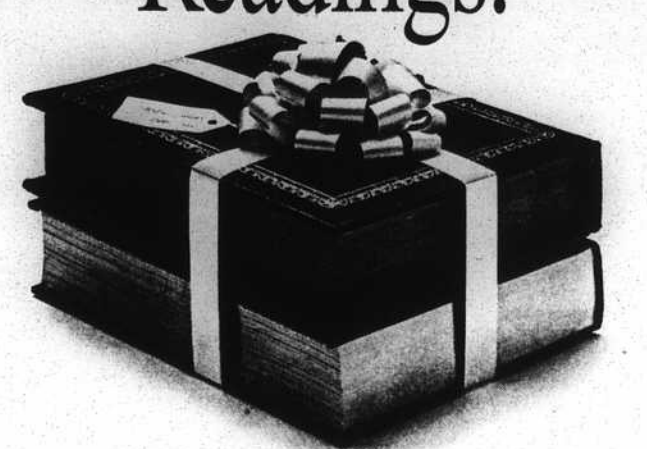
Anyone who's ever been on a diet, lost weight and gained it back again knows that diets don't work. What does help to keep the weight off are lifestyle changes based on sound nutritional information.

A support group to address the issues of weight loss, nutrition and body image is forming. It is sponsored by Nutritional Health Services and led by Rita Miller, a licensed nutritionist.

Two free introductory classes will be held on Wednesday, January 6, at 10 a.m. at Trinity United Methodist Church in Southport and at 7 p.m. at Dorothy Essey Red Carpet Realty in Long Beach.

Persons can obtain more information or register by calling 278-6866 by January 4.

Season's Readings.



What gift is both informative and entertaining, spans every field of interest and fits any price category? The gift of reading, from Little Professor. We'll help you find the books that special person will love...and we'll gift wrap them free. If you're not sure what they'd like best, give the gift of choice - with a Little Professor holiday gift certificate!

Little Professor Book Center

We help you find books you'll love.

A member of the Little Professor family of locally-owned bookstores.

RITE AID Holiday Values

Plus Savings & Selection At Rite Aid

For Holiday Greetings and Gifts

<p>CHARLIE GIFT SET #8000-73 JONTUE GIFT SET #1212-46 ENJOLI GIFT SET #6214-27 JEAN RATE GIFT SET #0322-43 6⁹⁹</p> <p>JOVAN MUSK FOR WOMEN #2882 OR FOR MEN #2882 Sale Price 8⁴⁹ Less Mail In Rebate -2.00 Your Cost After Rebate 6.49</p> <p>STETSON GIFT SET #930 6⁹⁹</p> <p>NAVY GIFT SET #5631 10⁹⁹</p> <p>MUSK FOR MEN GIFT SET #913 OR COTY MEN'S TRIO GIFT SET #919 6⁹⁹</p>	<p>KODAK COLOR OF CHRISTMAS LIGHT SET CLEAR OR MULTICOLORED 100 LIGHTS 5⁹⁹</p> <p>DECORATIVE GLASS CHRISTMAS ORNAMENT 2-1/4 INCH BALL PKG. OF 15 1⁹⁹</p> <p>GARLAND SUPER VALUE 80 FEET X 2-1/4 INCHES 2⁹⁹</p> <p>REESE'S CHRISTMAS TREES 6'S 1⁶⁹</p> <p>GIFT BOXES ASSORTED SIZES 10'S 2⁹⁹</p> <p>SCOTCH VHS VIDEOTAPE EG-T-120 2²⁹</p>	<p>HOLIDAY GIFT WRAP 30 SQUARE FOOT ROLL 79c</p> <p>SWEET OCCASION PREMIUM CHOCOLATES ASSORTMENT 1 LB. 1⁹⁹</p> <p>CANDY CANES 12 PACK 69c</p> <p>BRACH'S CHRISTMAS CANDY 5.9 TO 10 OZ 77c</p> <p>DURACELL BATTERIES 1" OR 2" 2 PACK OR 9 VOLT SINGLE 1⁹⁹</p> <p>POLAROID 600 PLUS SPECTRA OR TIME-ZERO SINGLE 9⁹⁹</p>
---	--	---

Save With Health and Beauty Aid Specials

<p>NYQUIL LIQUID - 6 OZ. NYQUIL OR DAYQUIL LIQUICAPS 12'S 3⁹⁹</p> <p>THERAFLU FLU AND COLD OR FLU, COLD & COUGH MEDICINE 6'S 2⁸⁹ Sale Price Less Mail In Rebate -1.00 Your Cost After Rebate 1.89</p> <p>ALKA-SELTZER TABLETS 36'S 3⁰⁹</p> <p>VISINE EYE DROPS 1/2 OZ 2³⁹</p> <p>GILLETTE TRAC II TRAC II PLUS, ATRA OR ATRA PLUS CARTRIDGES 10'S 4⁹⁹</p>	<p>COLGATE TOOTH PASTE 4.6 OZ. TUBE 1⁵⁹</p> <p>RITE AID ASPIRIN 100'S 99c</p> <p>BAN CLEAR SOLID - 1.75 OZ OR FRESH & DRY ROLL-ON 1.5 OZ 1⁹⁹ Sale Price Less Mail In Rebate -1.99 Your Cost After Rebate FREE</p> <p>L'OREAL STUDIO LINE STYLING PRODUCTS 5.2 TO 8 OZ 2⁷⁹</p> <p>FEMCARE INSERTS 7'S OR CREAM 1.5 OZ 8⁹⁹</p>	<p>RITE AID FILM DEVELOPING</p> <p>A SECOND SET OF PRINTS Every Day 99c For Only...</p> <p><small>C-41 Process Color Film in 3" or 4" Deluxe Prints</small></p> <p style="text-align: center;">Values Every Day at Rite Aid</p> <p>MOORE'S POTATO CHIPS 6 oz. 99c</p> <p>BUDWEISER CANS \$6.49 12 PACK 12 OZ.</p> <p>SHAEFER CANS \$2.19 6 PACK 12 OZ.</p> <p>COKE \$1.89 6 PACK 12 OZ. CANS</p>
---	--	---

PRICES ON WEEKLY SPECIALS EFFECTIVE DECEMBER 14 THROUGH DECEMBER 20, 1992. SOME ITEMS MAY NOT BE AVAILABLE IN ALL STORES.

Visit a Rite Aid Pharmacy Soon . . . Southport • Wilson's Plaza, Hwy. 87 & 211, Ph: 457-6999