



Rx for Excellence Foundation representative Dr. Lee Langston presents a check to Brunswick Community College Foundation president John Fazekas to establish an endowed scholarship in the name of John Carr Davis, former sheriff of Brunswick County. This is the sixth endowed scholarship the Rx for Excellence Foundation has established at BCC.

## 'Heart walk' offers us a healthy choice

The American Heart Association will conduct a three-mile Healthy Choice American Heart Walk on Saturday, November 4, 9 a.m., starting at Waterfront Park in Southport.

Southport is among hundreds of cities in the nation in which millions of walkers are expected to collect donations to fund cardiovascular research.

State Port Pilot editor Ed Harper will serve as honorary walk chairman for the Southport-Oak Island area.

"Most people think that heart disease and stroke are something you worry about when you're older," Harper said. "But heart disease and stroke affect Americans of all ages. We need answers now, and research will help us get them."

The event is sponsored nationally by ConAgra Inc., manufacturer of Healthy Choice food products, and locally by United Carolina Bank, First Citizens Bank, The Brunswick Beacon, Subway and Wilson's supermarket.

Area businesses that have registered teams include Carolina Power and Light Co., United Carolina Bank, First Citizens Bank, South Brunswick High School Anchor Club, Tri-Tech, Security Savings Bank, NationsBank and Art Skipper Realty.

Information on donating or participating in the walk is available from Mary Russ at United Carolina Bank, 457-6771.

## RECREATION

### 'Baker's Dozen' for children

Children ages five through nine can be creative in the kitchen and learn to make simple dishes and snacks in a new program called Baker's Dozen.

The program will be held at the Long Beach Recreation Center every Thursday, 4:30 p.m., from November 2 through December 14. The cost will be \$1 per session and pre-registration is required.

To register or for further information, persons may call 278-5518.

### Creative Kids are invited

A Creative Kids program for children ages three through five will be offered Fridays, 10 a.m., at the Long Beach Recreation Center.

Classes will run November 3 through December 29. The cost is \$1 per session and pre-registration is required.

To register or for further information, persons may call 278-5518.

### Halloween events at beach

A Haunted Trail will be held at the Long Beach Recreation Center this Thursday, October 26, 7 to 10 p.m.

There will be no charge for admission.

Halloween carnivals will be held at the recreation center on Friday.

Children ages five and under are invited to wear their costumes and join in a variety of games from 10 a.m. to noon. Children ages six through 12 are invited to wear their costumes to the festivities from noon to 2 p.m., and persons of all ages are invited to attend the evening carnival from 6 to 8 p.m.

For further information, persons may call 278-5518.

### Long Beach has a field day

A Field Day for young people ages seven through 15 will be held at Middleton Park on Saturday, November 4, 10 a.m.

Events will include the 50-yard dash, 100-yard dash, 300-yard run, softball throw, standing long jump and sack races.

Awards will be given to the top three finishers in each event for the following age groups: seven to nine, ten to 12 and 13 to 15.

For further information or to register for the event, persons may call 278-5518.

### Manatee trip is scheduled

A Florida trip to explore the world of manatees has been scheduled December 1-4 by the Brunswick County Parks and Recreation Department.

The guided tour will include opportunities for snorkeling. The cost is \$125 per person if two share a room, \$83.33 if four share accommodations. The deadline to register is November 1. Participants must be at least 21 years old.

### Town Creek aerobics class

The Brunswick County Parks and Recreation Department sponsors a low-impact aerobics class at the Town Creek Community Building.

Classes meet Monday and Thursday from 7 to 8 p.m. There is a \$15-per-month participation fee or a \$3 drop-in fee.

### Line dance is being taught

Southport Parks and Recreation Department offers line dance classes every Thursday, 6 to 7 p.m. The cost is \$20 a month. Donna King is the instructor.

For more information, persons may call 457-7945 or 457-7900.

More information on programs sponsored through the Brunswick County Parks and Recreation Department can be obtained by calling 800-222-4790 or 253-4357; the Southport Parks and Recreation Department, 457-7945; or the Long Beach Parks and Recreation Department, 278-5518.

All you need to know about ladies apparel is...



## PETTI-COAT JUNCTION

Gift Certificates Available!

Where You Are a Queen  
5829 East Oak Island Drive • Long Beach, NC 28465  
(910) 278-4291

## WEE WORLD

CHILD DAY CARE SERVICES, INC.  
HWY. 211/ACRES LANE, SOUTHPORT, NC 28461 (910) 457-0508

- Quality child care for infants, toddlers.
- Pre-school & after school.
- Hot, nutritious meals & snacks.
- Limited class sizes.
- Qualified Staff.
- Large fenced playground.
- Educational programs.



Owned & Operated by Libby & Terry Sarner  
1030 Captain Adkins Drive  
Southport, NC, (910) 458-9908

## WALKING AIDS



THESE WALKING AIDS GIVE RECOVERING STROKE PATIENTS MORE INDEPENDENCE AND MOBILITY.

Serving Brunswick County and Surrounding Areas  
#4 Shalotte Plaza • Main St., Shalotte  
(910) 754-3400 or 1-800-475-9165



## GED testing scheduled throughout the county

GED high school equivalency exams will be offered throughout the month of November at all three Brunswick Community College campuses.

At the main campus, the writing skills test will be offered Tuesday, November 7, 1 p.m., and all other tests will be offered in two

Tuesdays, November 14, 5 p.m., and November 21, 1 p.m.

All tests will be offered at the Southport campus on Thursday, November 2, 5 p.m., and all tests except the writing skills test will be offered on Thursday, November 16, 5 p.m.

All tests will be offered at the

Leland campus on Wednesday, November 1, 9 a.m., and Monday, November 6, 5 p.m. All tests except the writing skills test will be offered on Wednesday, November 15, 9 a.m.

For further information, persons may call BCC toll-free at 800-754-1050.

## GUARANTEED LOWEST PRICES!

### GOOD

#### Posture Rest

- Twin \$142.50 SET
- Full \$170.00 SET
- Queen \$215.00 SET
- King \$297.00 SET

### BETTER

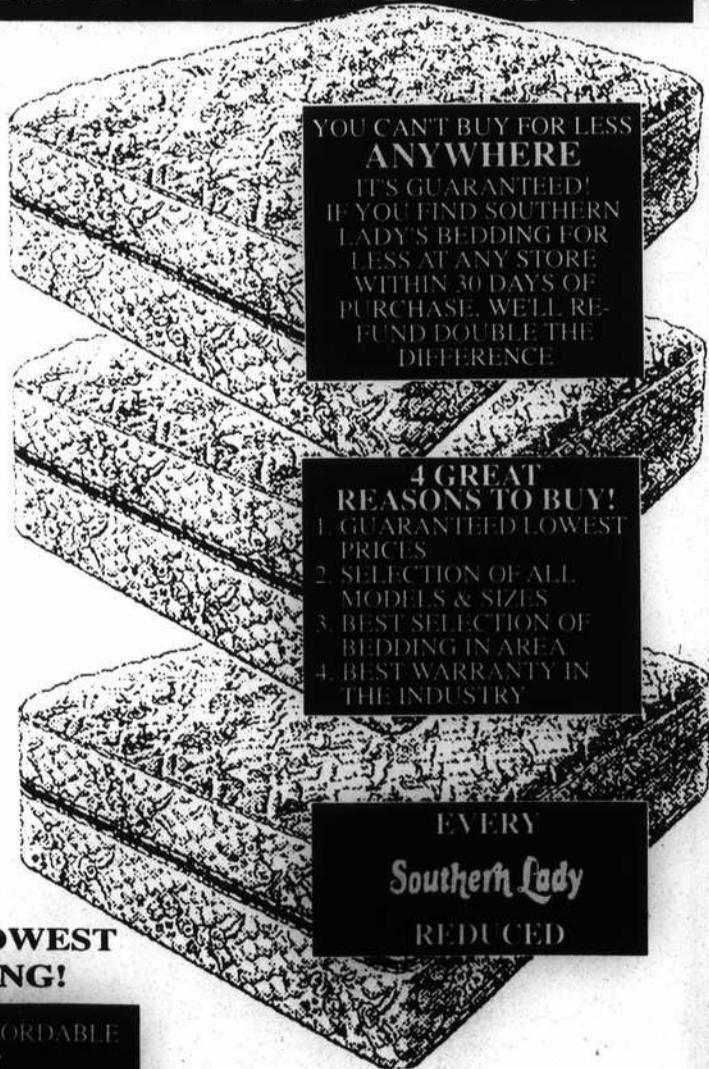
#### Spinal Pedic

- 390 Coils
- 10-yr. warranty
- Twin \$199.00 SET
- Full \$259.00 SET
- Queen \$299.00 SET
- King \$399.00 SET

### BEST

#### Pillow Soft

- 640 Coils
- 17-yr. warranty
- Twin \$299.00 SET
- Full \$379.00 SET
- Queen \$419.00 SET
- King \$579.00 SET



YOU CAN'T BUY FOR LESS ANYWHERE!  
IT'S GUARANTEED!  
IF YOU FIND SOUTHERN LADY'S BEDDING FOR LESS AT ANY STORE WITHIN 30 DAYS OF PURCHASE, WE'LL REFUND DOUBLE THE DIFFERENCE.

4 GREAT REASONS TO BUY!  
1. GUARANTEED LOWEST PRICES  
2. SELECTION OF ALL MODELS & SIZES  
3. BEST SELECTION OF BEDDING IN AREA  
4. BEST WARRANTY IN THE INDUSTRY

EVERY Southern Lady REDUCED

WE GUARANTEE LOWEST PRICES IN WRITING!

NORTH CAROLINA'S MOST AFFORDABLE FURNITURE

## DISCOUNT FURNITURE WAREHOUSE

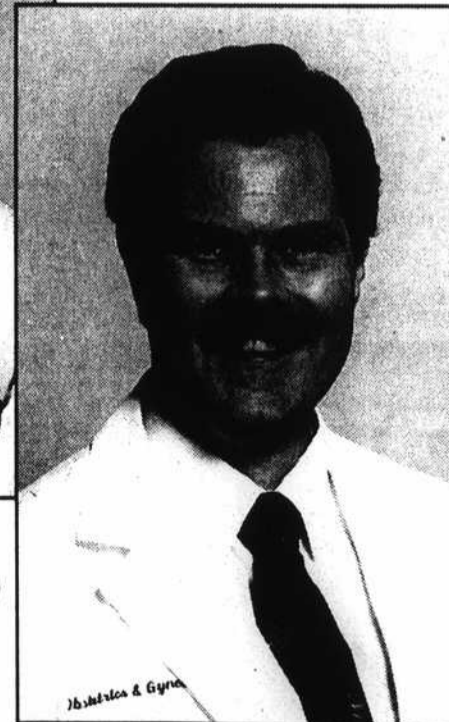
4624 Long Beach Rd. | Store Hours:  
Southport, N.C. | Open  
Phone: 457-6613 | Mon-Sat.  
at 10 a.m.

## ROBERT E. HASSLER, MD

IS PLEASED TO ANNOUNCE THE ASSOCIATION OF



DIANE N. BALLERINO, MD



OWEN T. REGAN, MD

IN THE PRACTICE OF OBSTETRICS/GYNECOLOGY

16 MEDICAL CENTER DRIVE, SUPPLY, NC 28462  
ON THE CAMPUS OF THE THE BRUNSWICK HOSPITAL

APPOINTMENTS ARE BEING ACCEPTED  
754-9166