

Breast Cancer are you aware?

2.6 million women have breast cancer.

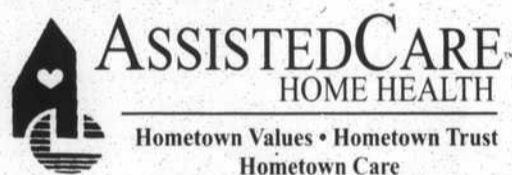
1 million of them don't even know it.

45,000 women in the US alone will die from breast cancer this year.

Breast cancer is a leading cause of death among women...but it doesn't have to be. The American Cancer Society stresses the importance of early detection through such measures as mammography, clinical breast examination and breast self-examination.

Specific early detection recommendations include monthly breast self-examination (BSE) for women aged 20 or older. There should also be a clinical breast exam by a health professional every 3 years for women from 20 to 39 years old and annually for women over 40. Women aged 40 and older should have a screening mammogram followed by regularly scheduled mammography, as prescribed by a physician.

Awareness is important, especially when it concerns your health and well being. For more information and answers to your question concerning breast cancer, please consult the sponsors listed below. They are there to give you the guidance and help you need to battle this disease.



ASSISTED CARE
HOME HEALTH

Hometown Values • Hometown Trust
Hometown Care

Skilled Nursing • Home Health Aide Services
Therapy Services • Medical Social Services
Approved by Medicare & Medicaid

1620 North Howe Street • Suite C
(800) 293-9380
(910) 457-1140

Brookestone Plastic Surgery

- | | |
|---|---|
| COSMETIC PROCEDURES | RECONSTRUCTIVE SURGERY |
| <ul style="list-style-type: none"> • Facelift • Laser Surgery • Forehead/Browlift • Nasal Surgery • Ear Surgery • Eyelid Surgery • Liposuction • Breast Augmentation • Abdominoplasty • Skin Care | <ul style="list-style-type: none"> • Hand Surgery • Breast Reduction • Cleft Lips & Palate • Microsurgery • Skin Cancer • Facial Fractures & Deformities • Pediatric Plastic Surgery |

JEFFREY S. CHURCH, M.D.
256-1221

EVENING APPOINTMENTS AVAILABLE 1985 EASTWOOD RD. SUITE 104 WILMINGTON (AT LANDFALL PARK)

Brad Hilaman, MD, PA

Board Certified in Gynecology

It is important to us that you are aware of early detection of breast cancer. We are accepting new patients for thorough breast evaluation and complete gynecologic care. We will teach you about self-examination then help you to follow-up with the right measures, regularly.

WE CARE - THAT YOU ARE AWARE!
823 N. ATLANTIC AVE.
457-9292



Brunswick Community Hospital

Hwy 17 • Supply, NC • 755-8121

Offering...

Mammography • CT Scanner
Nuclear Medicine • Bone
Densitometry

IMAGING SERVICES
755-1276

BREAST & CERVICAL CANCER CONTROL PROGRAM (BCCCP)

Call for information about:
*Breast Exams • Pap Smears
Mammograms*



BRUNSWICK COUNTY HEALTH DEPARTMENT
1-888-428-4429

BRUNSWICK ORTHOTICS & PROSTHETICS

Let us help you create the exact feminine image your lifestyle requires.
"For All Women"

KAREN LUNDERGAN
BOC Orthotist
RENA FISK
Certified Fitter

Medicare Participating Provider

Hours M-F • 9 am - 4 pm
755-0821 108 Forest Drive • Shallotte
(located behind Ken's Pawn Shop)



754-5356 or
800-735-6205

Counseling Services Available

PO Box 830
674 Ocean Hwy. West
Supply, NC 28462

Robert M. Zukoski
MD, F.A.C.S.
Surgery and Gynecology

Office hours by appointment
904 Howe Street
Southport, NC 28461

OFFICE: 910-457-5292
FAX: 910-457-5409

Charles R. Kay, D.M.D., M.D. & Wilmington Plastic Surgery Specialties, P.A.



Specializing in ...
Cosmetic Surgery
Plastic & Reconstructive Surgery
Maxillofacial Surgery
Breast Surgery
Laser Surgery
Call 1-800-646-9308
for an appointment

2305 Canterwood Dr. • Wilmington
Columbia Brunswick Hospital
Physician Office Complex, Supply

BREAST CANCER NETWORK

AMERICAN
CANCER
SOCIETY



This year about 45,000 American women will die because of breast cancer. Alarming isn't it? But what's even more alarming is the fact that most women haven't had a mammogram by the age of 35, had a yearly breast exam by a physician or even done a breast self-examination. Early detection is the key. Wilmington Health urges all women to perform breast self-examinations or to schedule a mammogram. It only takes a few minutes and those few minutes could save your life!

Wilmington Health Associates
1202 Medical Center Dr. • Wilmington, NC 28401
910-341-3300

We're doing what's right for health care.



Oak Island Medical Center, P.A.

307 Yaupon Dr., Yaupon Beach • 278-3316

Dr. Peter D. Almirall, MD, Board Certified Family Medicine
Dr. Janice K. Fisher, MD, Board Certified Family Medicine
Karol D. Downing, PA-C, Board Certified Physician Assistant
Dr. Marilyn E. Ain, PhD, Board Certified Clinical Psychologist

*Comprehensive Medical Care With Special Interest
In Women's Health Care And Counseling.*

Hours: Mon., Tues., Thurs 8am - 8pm
Wed., Fri. 8am - 6pm
New Patients Welcome