A VETERAN OF THE BLACK HAWK, MEXICAN AND THE CIVIL WARS.

CAPT. W. W. JACKSON.

Sufferings Were Protracted and Severe —Tried Every Known Remedy Without Relief—Serious Stomach Trouble Cured by Three Bottles of Peruna!

Capt. W. W. Jackson, 705 G St., N. W., Washington, D. C., writes:

"I am eighty-three years old, a veteran of the Black Hawk, Mexican and the Civil Wars. I am by profession a physician, but abandoned the same.

"Some years ago I was seriously affected with catarrh of the stomach. My sufferings were protracted and severe. I tried every known remedy without obtaining relief.

"In desperation I began the use of your Peruna. I began to realize immediate though gradual improvement.

"After the use of three bottles every appearance of my complaint was removed, and I have no hesitation in recommending it as an infallible remedy for that disorder."—W. W. Jackson.

Address Dr. S. B. Hartman, President of The Hartman Sanitarium, Columbus, Ohio.

So. 29.

COLORADO HAS A SODA LAKE.

Remarkable Discovery Made in the Heart of San Luis Valley.

One of the most remarkable discoveries ever made in the region is that of a lake of liquid soda in the inaccessible desert between Crestone Col., and Hooper, in the San Luis valey. The lake is an acre and a quarter in extent and lies at the bottom of a little basin valley in the desert. On its surface soda crystals have collected to a depth of eighteen inches the whole lake having the appearance of a body of ice with a hard snow covering.

A recent examination by the state school of mines shows that these crystals are 37 per cent pure soda, purer than most of the commercial soda offered on the market. A Denver man E. M. Falke, has secured a lease of the land containing the lake and is now installing machinery which will convert the native crystals into marketable form. There are 4,000 tons in sight.

The school of mines experts say that the soda is a creation of feldspar. The granite masses of the Sangre de Cristo range stand sentinel on two sides of the little valley. The feldspar in the granite, undergoing decomposition, collects in the lake basin, where it is held in check by an impervious clay, and proper conditions are furnished for concentration and evaporation.

Banks as Public Benefits.

Many people who deal with banks every day do not really understand the proper object and purpose of banking. Banks can not create money, but they can gather small sums which are distributed among the people and thus create an aggregate which can be made available for important business operations that previously would have been impossible. Individuals, each possessing a few hundreds or a few thousands, invest it in stock in a bank, and thus a fund of $50,000 or $100,000 is established in a town or community as a great aid to the business activity and prosperity of its people. There is no more money in the community than there was previously, but it is in a form where it can be made to assist in the successful conduct of five times or ten times the amount of business than its actual sum stands for.—New Orleans Picayune.

Owl's Devotion to Dead Mate.

A remarkable instance of bird instinct and devotion is reported from Quaker Neck. Early last month Henry Brown, a farmer there, set several jump traps about his farm to catch prowlers, of whatever nature, that had been playing havoc with his flock of fowls. A day or two later he missed one of the traps. Bartus Trew, a neighboring farmer, discovered two owls in an apple tree. One, a large horned owl, was in evident distress, trying to shield and warm its mate. To a leg of the dead bird was hanging Brown's jump-trap with chain attached.—Philadelphia Record.

There are some people who think that Heaven will reward them for giving the church a dime for a dollar entertainment.

COMES A TIME

When Coffee Shows What It Has Been Doing.

"Of late years coffee has disagreed with me," writes a matron from Rome, N. Y., "it's lightest punishment was to make me 'logy' and dizzy, and it seemed to thicken up my blood.

"The heaviest was when it upset my stomach completely, destroying my appetite and making me nervous and irritable, and sent me to my bed. After one of these attacks, in which I nearly lost my life, I concluded to quit and try Postum Food Coffee.

"It went right to the spot! I found it not only a most palatable and refreshing beverage, but a food as well.

"All my ailments, the 'loginess' and dizziness, the unsatisfactory condition of my blood, my nervousness and irritability disappeared in short order and my sorely afflicted stomach began quickly to recover. I began to rebuild and have steadily continued until now. Have a good appetite and am rejoicing in sound health, which I owe to the use of Postum Food Coffee." Name given by Postum Co., Battle Creek, Mich.

There's a reason.

Read the little book, "The Road to Wellville," found in each pkg.

A VERY BAD POLICY

OUR REGULAR SUNDAY SERMON.

An Elegant Discourse by Rev. Wm. Young Chapman.

Brooklyn, N. Y.—Dr. William Young Chapman, pastor of the Lafayette Avenue Presbyterian Church, Buffalo, preached Sunday at both services in the Central Presbyterian Church. In the morning he had as his subject "Churchgoing Abolished." The text was from Revelation xxi:22: "And I saw no temple therein." Dr. Chapman said:

Among many things in this sublime apocalypse of St. John hard to be understood there is one thing that stands out with clearness and certainty, and that is the vision of the perfected church, the ideal society. It is the same church triumphant and perfect there that is militant and defective here. The same souls that struggle and suffer here are they that walk in white and wave palms of victory there. Here we see as in a glass darkly. There they see face to face. Here we know in part, there they know as they are known. John had given to him a divine horoscope, revealing the consummation and absolute perfection of the essential characteristics of the kingdom of God concentrated in the imperial capital of the universe—the city of God. By every sort of figure and symbol are its glories set forth. And we learn as much about it by what is said negatively as by what is said positively. Thus we are told it has streets of gold and gates of pearl and a sea of glass and all the most costly and beautiful things of this world, while all that is disagreeable—pain, sickness, sorrow, sin, death—is wanting there. There is nothing to hurt or annoy, no night, no more sea, no temple.

And it strikes us at first thought as very strange that there should be no temple, no central place of worship in a city which we are accustomed to think is altogether devoted to religion. And yet the text states a great truth which I want to treat broadly, and I believe the text contains easily the subject by which I have chosen to entitle this discourse, "Churchgoing Abolished." The end being attained, the means are discontinued. Hence there are no more churches, no times, nor places, nor forms; no liturgies, nor rituals; no ecclesiastical machinery such as we know here.

And, surely, this must come as a welcome announcement to many a tired churchgoer in this world who finds his religious duties more or less irksome, and to many a non-churchgoer, who does not feel quite comfortable in his neglect of formal religious exercises. Many there are who indulge an indifferent hope of heaven as a sort of Mohammedan paradise, where they may enjoy an eternal holiday, basking in the uncreated rays, drinking from and bathing in the waters of the fountain of life, eating the twelve manner of fruits and sailing on the glassy sea. But they would hardly be attracted to a place where this ceaseless round of ecclesiastical duties should go on forever. Imagine such a one enjoying the delights of that glorious city, counting the towers thereof, marking well her bulwarks and admiring her foundations of jasper and sapphire and chalcedony and sardius and emerald and sardonyx and chrysolyte and beryl and topaz and chrysoprasus and jacinth and amethyst, when suddenly there comes a peal from the golden bells and poor soul, he must take himself off to prayers.

Let such a one be comforted, for John says he saw no temple there, and we dare to infer from that statement that there is no synagogue, nor meeting house, nor Sunday, nor formal religious exercise, "for the Lord God Almighty and the Lamb are the temple of it."

It becomes us to inquire more closely into the truth involved here. And if what John saw was the church triumphant, if the conditions he saw were the perfection of what is rudimentary here, if the Holy City, New Jerusalem, is continually coming down from God out of heaven, then we ought to be realizing more and more on earth that heavenly condition.

I believe that condition is illustrated by the progressive church of Christ on earth. Think for a moment of the advantages we have over the ancient Jewish worshiper. He had his central place of worship. Three times a year he must make his pilgrimage to Jerusalem, from even the remotest corner of the land. Over many a rugged mile he must travel with his family and his sheep and oxen for sacrifice and his tent and provision for his journey, in order to perform his religious duties. There at Jerusalem was the temple. There he expected to meet God, or at least there God would be propitious. There was the priest who could offer his sacrifice and present his confession to God. There was the holy place and the most holy place, the locus of the Jewish worship. Even in far off lands, when he worshiped he turned his face toward the temple, as if his heart were there, in any case.

Then, too, his daily devotions found expression in a most elaborate ceremonial. There were divers washings, as there were multifarious causes of uncleanness. There were tithings and manifold offerings. There were sin offerings and peace offerings, all associated with infinite trouble to the worshiper. These minute requirements were infinitely multiplied by the Jew in the time of Christ and His apostles, so that Peter spoke of it as a yoke "which neither our fathers nor we were able to bear."

Now it was immunity from these intolerable burdens that was the first great practical boon of Christianity. Our Lord stated the precious truth to the woman at the well. Said she, "Our fathers worshiped in this mountain (Terezim), and ye say that in Jerusalem is the place where men ought to worship." Jesus saith unto her, "Woman, believe Me, the hour cometh when ye shall neither in this mountain, nor yet at Jerusalem, worship the Father. But the hour cometh and now is, when the true worshipers shall worship the Father in spirit and in truth. God is a spirit, and they that worship Him must worship Him in spirit and in truth." It was one of the first meanings of Christ's sacrifice, to abolish the temple. When He bowed His head in death on Calvary and said "It is finished," "the veil of the temple was rent in twain from the top to the bottom," and the whole significance of the temple service passed away. The temple itself did not long survive the death of Christ, and the ecclesiastical capital was soon destroyed. Henceforth the Church of God in the world was on a different basis. Henceforth God became accessible without offering or priest, without temple or altar, and irrespective of locality. We are enjoying in a measure that rest which Christ came to give—rest from ceremonial burdens. We are living in the dispensation of the spirit, and the church is wherever the spirit moves men to worship. Wherever the Holy Spirit has gone and planted the gospel of Christ in the hearts of men, turning their thoughts and affections to God, there is the church. It matters not whether it be in Greenland's icy mountains or India's coral strand. It matters not whether it be in gorgeous cathedral or in mountain cave. It matters not whether the worshiper be white or black, whether he worship on his knees or on his feet or on his back, so long as he worship in spirit and in truth. Christianity so far as it consists of a visible performance at all is the most natural and spontaneous outgo of the religious instincts to God, and religious worship is essentially a personal communion with God, and in such form and place as is best suited to the worshiper and most in accordance with the will of God.

Hence, you will see, one of the prime characteristics of the church triumphant is perfect liberty. "Get religion," said Augustine, "and do as you please." By which he meant if you truly get religion you will always please to do right. Paul means the same thing when he says, "If ye be in the spirit ye are not under the law." And Jesus meant the same when He said, "Make the tree good and his fruit will be good." And hence, the ideal Christian life is perfectly pontaneous. Obedience is not by compulsion of law, but by impulsion of love. "All the law is fulfilled in one word, 'Thou shalt love.'"

We have heard not a little about "the consent of the governed," and we are likely to hear more. The statement as it stands in that famous document will not bear a literal application. But there is good reason to believe that our fathers knew what they were talking about. If they had said, "government derives its potency from the consent of the governed" they would have been uttering the exact truth. Statutes are inoperative until the subjects consent. Perfect society implies perfect acquiescence in the will of the superior or law making power. The more society progresses toward unity, the simpler and more equable will government become, because the more general will be the consent or acquiesence in the government. Paul says, "I consent unto the law that it is good," and in the perfect society of John's vision each man enjoys perfect liberty because the will of the governor and the governed are in perfect correspondence. Each individual does as he pleases and at the same time does as He pleases.

In some such way the perfect community is characterized by perfect unity without uniformity. Each performs his own duty in his own way, but is all the while in perfect harmony with his neighbor. Again, in the perfected society there is no distinction between the religious and the secular. Here we have our times and places of religion. We gather here in this house of prayer, believing that God is present here as He is not in other places, as, indeed, He has promised to be. It is God's concession to our limitations and infirmities. But it is far from the ideal. We are apt to identify religion with the means of religion, rather than religion itself. We get grace by our religious exercises to keep God's commandments in all our walks of life, and that is religion. The members of the church triumphant are equally religious every day of the week and every hour of the day, and hence, church-going in our sense of the word, is forever abolished. In that society, one does not need to say to his brother, "Know the Lord," for all shall know Him from the least to the greatest. There is no more preaching, "no temple therein."

Once more; it is obvious that the more faithful and devoted we are to the means of religion here the sooner we shall be fitted to do without them. Your child, learning to play the piano, finds it hard labor to spell out note by note, conforming to the rules and rudiments of practice. By and by she will go beyond the rules. She will acquire the genius of the skilled performer. And the more diligently we observe our religious duties here the sooner we shall get beyond them. The more faithful we are now to the times and places of religious worship the sooner shall we be ready for that society where all life is religious.

Zachariah had that vision ages before John had it, when he saw "Holiness to the Lord" inscribed on the bells of the horses and the pots in the Lord's house, as sacred as the bowls of the altar; yea, and every pot in Jerusalem as holy as the vessels of the sanctuary. That was at least a glimpse of the templeless city of God.

And now shall we not keep before us that ideal? Let us not be discouraged by the great disparity between that far-off perfection and present reality. The poet well expresses our feeling:

Oh, Land of Promise, from what Pisgah's height
Can I behold thy stretch of peaceful bowers,
Thy golden harvest flowing out of sight,
The nestled homes and sun-illumined towers?
Gazing upon the sunset's high-heaped gold,
Its crags of opal and of chrysolite,
Its deeps on deeps of glory, that unfold,
Still brightening abysses,
And blazing precipices,
Whence but a scanty leap it seems to heaven,
Sometimes a glimpse is given
Of thy gorgeous realm, thy more unstunted blisses.

Gazing upon that vision, let us be faithful to our temple duties here that we may be fitted for that city where there is no temple, "for the Lord God Almighty and the Lamb are the temple of it."

No troubles are so great that they cannot be built into the steps of the staircase, by which souls mount up to heaven.—Canon Liddon.

RAM'S HORN BLASTS

THERE can be no spiritual interest where there is no soul investment.

It's mighty easy to spurn the bribe that is not offered you.

Every lie is a greater loss within than any gain that can come from without.

Not the things we have, but the things we are, constitute our permanent possessions.

If the devil is dead his successors know a whole lot more about human nature than he did.

The strange thing is that a man who is satisfied with so little in himself demands so much in others.

Many men are trying to straighten the universe with fingers that have done nothing else but get things into a tangle.

Faithfulness is its own fruit.

There is no vision without virtue.

Faith has no knowledge of failure.

A change of character accomplishes more than a change of climate.

Self-born aspiration may hit the roof with a thud, but it will never break through.

It is hard to love men unless you have learned to loathe mammon.

No solid work was ever done by a man looking for a soft place.

What we count the building of life may be but God's blasting for foundations.

The devil always gets out an extra edition when some saint goes wrong.

When one really loves God nothing gives greater happiness than giving.

Sin's web is of our weaving.

Every luxury has many relations.

Gold always lies under rough rocks.

Our problems are His providences.

ASKED AND ANSWERED.

They had been trotting in matrimonial harness for six months, and the pace was beginning to tell.

"What," she asked, after the manner of a woman, "ever made you fall in love with me?"

"Love," he answered, with the bluntness of his sex, "is blind, you know."—Detroit Tribune.

FARM TOPICS.

IN MUDDY TIMES.

In muddy times do not feed the fowls more than once in the same place in succession, and then, if possible, feed on sod or in dry trash—don't feed in the mud is what we mean, nor where they have tramped and left their own filth. Of course, we are speaking of grain feeding; soft feeds should always be given them on a floor or in troughs.

HOGS AS MANURE PULVERIZERS.

For several years I have employed these inexpensive workers to pulverize many tons of manure in both open mule and cattle sheds as well as in box stalls. To say they worked satisfactorily is putting it mildly—they worked fine. Thirty-eight 125-pound hogs have just pulverized the manure in a mule shed, making nearly 100 loads, finely pulverized as one could wish or better than could be done with a hoe in anything like a reasonable time. They root up the manure to get the corn that the mules have wasted. If there is not enough corn to induce them to dig for it I put shelled corn or oats there to start them. They can root about eight inches deep when I haul that off and let them resume work.—E. W. Jones, in The Epitomist.

GREEN BONES FOR CHICKENS.

Every farmer who keeps poultry—and a farm without it ought to be on the order of a curiosity—should have a little mill for grinding bones. This is the best sort of material in which to furnish the lime necessary in making the shell of the egg.

The fresh ground bone—green bone it is often termed—is "better than grit for fowls, as, unlike the bits of stone, it is digested in the gizzard, thus serving a double purpose. It helps to digest the grain and is being digested at the same time."

Fowls like this character of bone, and so will use it freely. And then it is held that thus manure may be made "equal to that which wild birds produce from eating fishes, and which, when composted, becomes the guano of commerce."

GROWING FOOD FOR STOCK.

With the planting season not far away it is a time when farmers should go over the last season in their minds and plan to remedy the mistakes made last year. In most sections corn will be the main dependence for stock food, and it is right that it should be, particularly if one is working along the line of increasing the yield as well as improving the strain. But then there are other grains which, at least, should be grown in small quantities if for no other reason than to furnish the stock with some variety in the feed.

With horses on the farm oats should be grown, and there ought to be some space devoted to root crops for the benefit of all the stock. If poultry is raised grow a variety of grain for their benefit, letting it include some buckwheat and some millet. Perhaps you do not like to dabble in small fields, but prefer to do things on a broad scale, but you will find the yield of a half dozen small plots of different things very handy during the next winter feeding season, and this small stuff may have a decided bearing on the profit made during the winter. The milk record of more than one cow has been saved by weekly feeds of root crops and the egg supply of many fowls kept up by the odd feeds of different grains.—Indianapolis News.

PROFITABLE DAIRY FARM.

I keep one single man and one married man, who live in a house near the barn. With this force I do all the work except filling the silos and putting up ice. I exchange work with my brother during hay harvest. I don't raise any small grain. I haven't raised but one crop of wheat in ten years. I buy straw to use for bedding. I have two silos. Silo No. 1 is sixteen feet in diameter and thirty-four feet deep. It holds 100 tons of ensilage. Silo No. 2 is twenty feel in diameter and thirty-four feet deep and holds 200 tons of ensilage. We commence to fill silos as soon as corn is fully matured. I would rather have it too ripe than too green. We do not use anything but corn for ensilage. The corn is cut with a corn binder and bound in small bundles. It is hauled in low-wheeled wagons. Each man loads his own wagon. Sometimes we have one extra man to help load. Four wagons will bring in the corn fast enough to keep a sixteen-inch ensilage cutter going if one doesn't have to haul corn too far. One man cuts, bands and feeds cutter. We keep a good hand in silo to tramp the fodder. One man runs the engine.

We use our own teams and pay one in all. We have one pasture for hogs. We get two crops a year off of it. We sow it to rape in the spring and rye in the fall.

We use a twelve-horse power gasoline engine to churn with, pump water, grind feed and saw wood. We have a No. 3 separator. My oldest son makes the butter. It is all made in one pound bricks. We ship to New York City. In 1903 we made 10,667 pounds of butter from forty-three cows and got a net price of twenty-two cents per pound. In 1904 we made 11,572 pounds from forty-six cows and got a net price of twenty-one cents per pound.—J. H. Plummer, at Missouri Dairy Meeting.

A Sea Telescope.

A recent invention, the hydroscope, enables a spectator at the sea's surface to view objects at the bottom of the sea. The inventor is an Italian, Cavaliere Guiseppe Pino. The machine is constructed of steel, and in shape is like a huge telescope. Pointed downward into coral caverns or sunken ships, instead of upward at the sun or the stars, its complex system of lenses, twelve in number, answers to the objective glass of a celestial telescope. By the internal mirrors they produce a clear picture of the sea bottom, the rays of light passing up the tube to a sort of camera-obscura house at the top, which floats above the surface, and is capable of holding four persons.

Chinese Ambassador's Vacation.

Sir Chentung Liang Cheng, Chinese ambassador at Washington, has rented the house of the late H. H. Goodell in Sunset avenue, Amherst, Mass., for the summer months. He will take his family, his private secretary and a retinue of servants. Two summers ago he spent a few weeks with Mr. Goodell. His boyhood days were spent in Amherst and he is well remembered by the older citizens.

There are several active volcanoes in German East Africa.

Lobster Race the Latest.

Learned men of science gravely listened to a lecture in the Paris museum of natural history this week giving the report of a lobster race which has just been held, says a Paris special to the Kansas City Journal. The contest took place off the Isle of Man. A number of young and spry lobsters each with a number attached to its tail were dropped in the sea.

The winner—that is, the competitor which so far as known, traveled farthest from the starting point, was fished up thirteen and one-half miles away three days later. The lobster race was got up with a view to ascertaining certain questions relating to the distance these crustaceans are likely to travel within a specified time. It was not ascertained how many finished, but the truth of the reports are now vouched for.

Odds and Ends.

When the landlord raises the rent he expects the tenant to raise it also.

Helpers of men find the help of Heaven.

A woman never judges a man's ability as a liar by the compliments he hands her.

Parents need to remember that children learn twice as much with their eyes as with their ears.

FREE TO OUR READERS.

Botanic Blood Balm for the Blood.

If you suffer from ulcers, eczema, scrofula, blood poison, cancer, eating sores, itching skin, pimples, boils, bone pains, swellings, rheumatism, catarrh, or any blood or skin disease, we advise you to take Botanic Blood Balm (B. B. B). Especially recommended for old, obstinate, deep-seated cases, cures where all else fails, heals every sore, makes the blood pure and rich, gives the skin the rich glow of health. Druggists, $1 per large bottle, 3 bottles $2.50, 6 bottles $5.00, express prepaid. Sample sent free by writing Blood Balm Co., Atlanta, Ga. Describe trouble and free medical advice sent in sealed letter. Medicine sent at once, prepaid.

A woman thinks her husband has a fine mind when he is tickled to death because the baby throws his watch down the bathroom hopper.

FITS permanently cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. $2 trial bottle and treatise free Dr. R. H. Kline, Ltd., 931 Arch St., Phila., Pa.

There are in Germany twenty-one universities.

Ladies Can Wear Shoes

One size smaller after using Allen's Foot-Ease, a powder. It makes tight or new shoes easy. Cures swollen, hot, sweating, aching feet, ingrowing nails, corns and bunions. At all druggists and shoe stores, 25c. Don't accept any substitute. Trial package FREE by mail. Address, Allen S. Olmsted, LeRoy, N.Y.

Russia has eighty-six general holidays in a year.

Mrs. Winslow's Soothing Syrup for Children teething, softens the gums, reduces inflammation, allays pain, cures wind colic, 25c. a bottle

Winnipeg, Manitoba, is said to be the fastest growing city in the world.

Ido not believe Piso's Cure for Consumption has an equal for coughs and colds.—JOHN F. BOYER, Trinity Springs, Ind., Feb. 15, 1900.

The production of quicksilver in 1904 is estimated at 3391 tons.

BABY'S TERRIBLE SORE

Body Raw With Humor—Caused Untold Agony—Doctor Did No Good—Mother Discouraged—Cuticura Cured at Once.

"My child was a very delicate baby. A terrible sore and humor broke out on his body, looking like raw flesh, and causing the child untold agony. My physician prescribed various remedies, none of which helped at all. I became discouraged and took the matter into my own hands, and tried Cuticura Soap and Cuticura Ointment with almost immediate success. Before the second week had passed the soreness was gone, not leaving a trace of anything. Mrs. Jeannette H. Block, 281 Rosedale St., Rochester, N. Y."

Record Short Names.

Here are some short names. Many years ago there was a shop kept in Brussels by Therese O, and there is a Mme. O living with her two children at Molenbeck, a suburb of the Belgian capital. In 1866 among the Belgian recruits was a young man named O, who could not write, and signed his name with a cross. In the department of Somme, in France, there is a village called Y, in the Zuyder Zee there is a bay called Y, and Amsterdam has the river Y. In the Chinese province of Honan there is a city called U, and in France there is a river and in Sweden a town rejoicing in the name of A.

IN DEEP WATER.

"Mind you," observed the party who was talking, "I'm speaking metaphorically now."

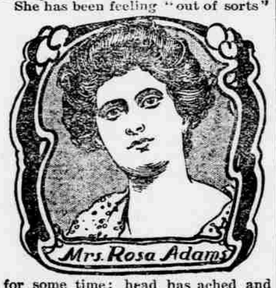
"Ah!" rejoined the other, "I thought you were getting a bit mixed."—Chicago Journal.

Cure For The Blues

ONE MEDICINE THAT HAS NEVER FAILED

Health Fully Restored and the Joy of Life Regained

When a cheerful, brave, light-hearted woman is suddenly plunged into that perfection of misery, the BLUES, it is a sad picture. It is usually this way: She has been feeling "out of sorts"



for some time; head has ached and back also; has slept poorly, been quite nervous, and nearly fainted once or twice; head dizzy, and heart-beats very fast; then that bearing-down feeling, and during her menstrual period she is exceedingly despondent. Nothing pleases her. Her doctor says: "Cheer up: you have dyspepsia; you will be all right soon."

But she doesn't get "all right," and hope vanishes; then come the brooding, morbid, melancholy, everlasting BLUES.

Don't wait until your sufferings have driven you to despair, with your nerves all shattered and your courage gone, but take Lydia E. Pinkham's Vegetable Compound. See what it did for Mrs. Rosa Adams, of 819 12th Street, Louisville, Ky., niece of the late General Roger Hanson, C.S.A. She writes: Dear Mrs. Pinkham:—

"I cannot tell you with pen and ink what Lydia E. Pinkham's Vegetable Compound has done for me. I suffered with female troubles, extreme lassitude, 'the blues,' nervousness and that all-gone feeling. I was advised to try Lydia E. Pinkham's Vegetable Compound, and it not only cured my female derangement, but it has restored me to perfect health and strength. The buoyancy of my younger days has returned, and I do not suffer any longer with despondency, as I did before. I consider Lydia E. Pinkham's Vegetable Compound a boon to sick and suffering women."

If you have some derangement of the female organism write Mrs. Pinkham, Lynn, Mass., for advice.

A WOMAN'S MISERY.

Mrs. John LaRue, of 115 Paterson Avenue, Paterson, N. J., says: "I was troubled for about nine years, and what I suffered no one will ever know. I used about every known remedy that is said to be good for kidney complaint, but without deriving permanent relief. Often when alone in the house the back ache has been so bad that it brought tears to my eyes. The pain at times was so intense that I was compelled to give up my household duties and lie down. There were headaches, dizziness and blood rushing to my head to cause bleeding at the nose. The first box of Doan's Kidney Pills benefited me so much that I continued the treatment. The stinging pain in the small of my back, the rushes of blood to the head and other symptoms disappeared."

Doan's Kidney Pills are for sale by all dealers, 50 cents per box. Foster-Milburn Co., Buffalo, N. Y.

GRAHAM PUFFS.

One pint of graham flour, one pint of milk, one egg, a little salt. Beat thoroughly the eggs, and the milk, then the flour, into which has been mixed one even teaspoonful of baking powder. Beat all together for five minutes and pour into well buttered hot gem pans. Bake in a very hot oven.

How wonderfully developed must be the furniture mover's bump of destructiveness!

Pointed Paragraphs.

Spiritual birth knows no social barriers.

If a lawyer's success depended wholly upon the gift of gab, there would be more woman lawyers.

If a girl refuses a young man's proposal, he thinks she doesn't know her mind, so he doesn't mind her no.

A woman is as old as she looks, but every woman imagines she is the exception that proves the rule.

Many a man who has succeeded in carving out a vast fortune for himself would not be able to carve a boarding house turkey.

Mozley's Lemon Elixir.

Is a sure cure for all LIVER TROUBLES and a preventive of TYPHOID and other fevers.

Good for { Grandparent / Parent / Baby

Ask Your Neighbor

50c. and $1.00 per bottle at Drug Stores.

Write Quick FOR A Big Bargain

To better advertise the **South's Leading Business College**, four scholarships are offered young persons of this county at less than cost. WRITE TODAY.

CA-ALA. BUSINESS COLLEGE, Macon, Ga

Facts Are Stubborn Things

Uniform excellent quality **for over a quarter of a century** has steadily increased the sales of LION COFFEE,

The leader of all package coffees.

Lion Coffee

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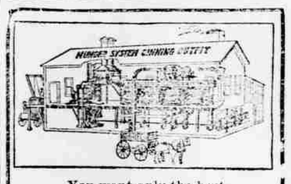

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