

# THE SUNDAY SCHOOL.

Lesson XIII.—Second Quarter,  
For June 27, 1909.

## THE INTERNATIONAL SERIES.

Text of the Lesson, Rom. xiii, 8-14.  
Memory Verses 8, 10—Golden Text,  
Rom. xiii, 14—Commentary Prepared  
by Rev. D. M. Stearns.

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We have today an excellent lesson from the writings of the Holy Spirit through Paul in perfect keeping with our recent lessons from James showing the necessity of a godly life to prove to the world the reality of our faith. The first two verses call our attention to the law which is holy and just and good, but which, according to Rom. vii, 5, was given that every mouth might be stopped and all the world be proved guilty before God, for no one has ever lived since Adam fell but has broken the law except the Lord Jesus Christ, who is the end of the law for righteousness to every one that believes (Rom. x, 4). He perfectly loved and had man and by His sacrifice for sin on our behalf has provided absolutely perfect righteousness, justifying freely by His grace all who come unto God by Him. This is fully set forth in the first eight chapters of this epistle. Then follows in three chapters the story of Israel, then the life not conformed to this world which the law demands to be found, by His grace, in the believer—a life of love, according to 1 John iv, 19, "Beloved, if God so love us, we ought also to love one another." The life of love that He will live in us if we will let Him is fully told in 1 Cor. xiii, 4, 7. He reminds us from the curse of the law and assures us of no condemnation to any who are in Christ, in order that the righteousness of the law may be fulfilled in us who walk not after the flesh, but after the Spirit (Rom. viii, 1-4).

If the man or woman given to wine or strong drink know of the love that is better than wine, the love that can neither be quenched nor bought (Song 1, 2; viii, 7), the appetite for earth's pleasures would be overcome. Having become children of light and of the day, not man's day, but the Lord's day, we are expected to walk as children of light, to walk in love, and to awake from all sleep or indifference to the things of God (1 Thess. v, 5-8; Eph. v, 2, 8, 15). Remember Jonah and his disobedience, Samson and his weakness, and also the sleep of the favored three on the Mount of Transfiguration and in the garden, and hearing the voice of Him who is ever calling us to a closer walk with Himself. "Awake, thou that sleepest, and arise from the dead, and Christ shall give thee light" (Eph. v, 14), let us aim to be separate from all dead things and dead people and alive only unto God.

The salvation of the individual believer is threefold—we are saved, we are working out that salvation in our daily life, and we are waiting for and daily drawing nearer to the redemption of the body. It is that third phase to which we are all the time nearer, and until we receive those glorified bodies, just like His own (Phil. iii, 20, 21), we cannot be said to have obtained the fullness of the life that is ours in Christ. Then shall the life really begin for which we are now being fitted by our training here. His precious blood fits us perfectly for His presence, but there is a fitness for His service in the ages to come when He will show the exceeding riches of His grace in His kindness toward us through Christ Jesus (Eph. ii, 7), and for this every bit of discipline in the daily life is needed. If we believed this we would not shrink from anything He sends or permits to come to us this little while, but would by His grace say, "This is His best for me today. This age, called in 1 Cor. iv, 3, margin, "man's day," with all its boasted progress, is in the sight of God, and as compared with the next age, only as night, when the light comes through moon and stars, but the coming day will begin when the sun of Righteousness shall arise with healing in His wings. Then shall all things that offend be gathered out and the righteous shall shine forth as the sun in the Kingdom of their Father (Mat. i, Matt. xiii, 41-43).

With the kingdom and glory to which He has called us ever before us (1 Thess. ii, 12) we are able to rejoice even when partakers of His sufferings, knowing that when His glory shall be revealed we shall be glad with exceeding joy (1 Pet. iv, 13). We have no longer any desire to live the rest of our time in the flesh to the lusts of men, but to the will of God, for the time past of our lives has more than sufficed to have wrought the will of the gentiles (1 Pet. iv, 2-3). We have been crucified with Christ, we are risen with Christ, we seek things above, not on the earth, for we have died, and our life is hid with Christ in God, and we continually anticipate the coming again with Him in glory (Col. iii, 1-4). Knowing that we are now the children of God and having our hope set on Him, we are by His grace enabled to put on the Lord Jesus Christ, let Him also live in us, on the throne of our hearts, and thus make no provision for the sinful self life, but rather reckon it dead and walk in newness of life to the glory of God. Having become the Lord's own property, our motto is henceforth "unto the Lord," and the judgment seat of Christ is ever before us, remembering that every one of us shall give account of himself to God (xii, 7-12).

### Health and Beauty Hints.

Never use a depilatory or "hair removed." A chemical that is powerful enough to kill hair is likely to prove harmful to the skin. None of them has permanent effect. They remove the hair for only a few weeks at the most, and it comes back thicker and thicker than ever.

A good shampoo recipe consists only of 1 teaspoonful of canthrox dissolved in a cup of hot water. It lathers freely and will thoroughly cleanse the scalp. By shampooing the hair with canthrox every 2 or 3 weeks it will remain soft and fluffy. Canthrox also relieves itching and irritation of the scalp. Beauty specialists charge 75 cents to \$1.00 for canthrox shampoo. You can take one at home for about one cent.

The rough and itching skin of baby indicates that it is suffering from eczema. Any form of eczema or simple skin disease in child or adult is relieved by pouring on the affected surface of the skin a small quantity of a lotion made by mixing 4 ounces of liquor with 4 tablespoonfuls of alcohol and 1 pint of water. Repeat the application several times each day until the irritation disappears.

There are other aids to beauty more satisfactory than face powder and the use of washes is becoming more popular everywhere, notwithstanding their high price. Here is a recipe for a wash that you can make at home and it will cost much less than manufactured brand. Dissolve 4 ounces of spermax in a half pint of hot water and 2 teaspoonfuls of glycerine. This will make a complexion beautiful that whitens and softens the skin without the use of powder, and it also tends to remove pimples, tan and freckles.

You will not be embarrassed by dandruff settling on your shoulders if you follow these directions: Brush the hair and apply a quartine hair tonic made by dissolving 1 ounce of quinine in 1-2 pint of alcohol and 1-2 pint of cool water. Apply once a week. This tonic removes dandruff, stops falling hair and keeps the scalp in a healthy condition promoting the growth of hair and making it glossy and abundant.

Do not be alarmed because you have become fleshy. Most of us gain weight in winter. To make a never-fading flesh reducer, get from your drugist 4 ounces of parotins and dissolve it in a pint of hot water. Take 1 teaspoonful 3 times a day just before meals. Arise early every day and take as much outdoor exercise as you can.

If your blood were in healthy condition you would not be afflicted with the ugly pimples and shallow skin you complain of, and it is not likely that any salves or lotions applied externally will give you relief. You must purify your blood and arouse your liver to normal action. I feel sure that this recipe will benefit you. Dissolve 1 ounce of karden and 1-2 teaspoonful of sugar in 1-2 pint of water. Take 1 tablespoonful before each meal and upon retiring. This recipe will give you a full quart of good blood tonic and liver remedy that has cured many cases of pimples, blotches, scrofula and other eruptions of the skin. It is an excellent spring medicine for it increases the appetite and tends to strengthen and build you up.

### Grass

J. J. INGALLS.

Grass is the forgiveness of nature—her constant benediction. Fields trampled with battle, saturated with blood, torn with the ruts of cannon, grow green again with grass, and carnage is forgotten. Streets abandoned by traffic, become grass-grown like rural lanes, and are obliterated. Forests decay, harvests perish, flowers vanish, but grass is immortal. It invades the solitude of deserts, climbs the inaccessible slopes and forbidding pinnacles of mountains, modifies a climater and determines history, character and destiny of nations. Unobtrusive and patient, it has immortal vigor and aggression. Banished from the thoroughfare and the fields, it sides its time to return, and when vigilance is relaxed, or the dynasty has perished, it silently resumes the throne from which it has been expelled, but which it never abdicates. It bears no blazonry of bloom to charm the senses with fragrance or splendor, but its homely hue is more enchanting than the lily or rose. It yields no fruit in earth or air, and yet should its harvest fail for a single year, famine would depopulate the world.

To relieve constipation, clean out the bowels, tone and strengthen the digestive organs, put them in a natural condition with Hollister's Rocky Mountain Tea, the most reliable tonic for thirty years. 35c. Tea or Tablets.

Asheboro Drug Co.

Children Cry  
FOR FLETCHER'S  
CASTORIA

### Death of Mrs. Edie Rush.

On June 24, 1909, Mrs. Edie Rush, wife of Man-ning Rush, departed this life to Heaven, after a long and illness of that dread disease, consumption. She was 74 years and 5 months old. The funeral was conducted the following day at Hopewell M. E. Church by Rev. B. F. Fincher. She had been declining health for about a year, but was confined to her bed for only a short time. Never was suffering borne with more patience than by her. A bright smile beamed on her face all the time, and she was ever ready to converse with her friends that came to see her, regardless to her intense suffering. Her mind was ever clear and she possessed such a sweet, lovable disposition, that it was a pleasure to walk upon her. She never complained of her suffering and rarely ever mentioned her condition. Without being asked about it, she often expressed her readiness to die, she was so filled with the Savior's love she was ready to go at His command.

She leaves a husband and two little children, one 4 years old and the other 1 year, but she knew there was a bright mansion awaiting her above and she longed to go where pain and sorrow never come and no farewell tears are shed but all live in our eternal realm of happiness forever. Dear loved ones, she is waiting for you there and let us strive to follow her example and meet her in that bright home above.

Edie was the daughter of Albert Kennedy, she leaves one brother and one sister, a husband and two children and a large circle of relatives and friends to mourn their loss which is her eternal gain.

Written by her cousin,  
Lula and Fannie B. Kennedy.

### In Memory.

Mrs. Susanna Cole Brown was born November 24th, 1828 and died May 18, 1909, being 80 years, 5 months and 24 days old. She leaves four children, three boys and one girl, Mrs. A. D. Hamilton, of Asheville; Thomas and Isaac Brown, of Asheville; R. P. D. No. 12, and Rev. J. Brown, of near Asheville, N. C.

Grandmother was and is best in the family having raised and reared five grown-up children. Her life was a life of service to God and to her fellow men. Her feet were the wheels of a mill that grinded the hearts of the loved ones in the sweet memories from the past to the angels that give her to be remembered. A mother's love is not to be forgotten. Her place in our hearts. And we would not have the old filled ever if we could. It will be a sweet thought in the years to come to her when distant friends that she has shed radiance to her home as long as she has.

It will be a blessed revelation that she grew up to love and to love to all who knew her and those who will ever tenderly cherish her as a mother's memory.

We miss her grandchild in our home, our hearts to sorrow lose. The place where once was hers to roam. No longer claims her home.

We miss her gentle, loving voice—so rich, so pure, so sweet. We miss her cheerful smiling face. That once was ours to greet. But yet we know that thou hast gone to live with Christ above. That thou art busy in that home of everlasting love.

We know that in those mansions there Where seraphs sweetly sing. The triumphs of the bright and fair. Thy voice shall ever ring. Grandma dear we shall meet thee there. Where thou art ever best. In that mansion so bright and fair. Where she shall ever rest. So we in sweet submission bow Before the great white throne. And though we sadly miss her now. Yet say, "Thy will be done."

Sadie Brown.

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**A. M. PRESNELL,**  
Asheboro, N. C.

## Nervous Women

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**AT ALL DRUG STORES**

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