GOWANS King of Externals

Accepted by the Mothers of America as the one and only external preparation that positively and quickly CURES all forms of Inflammation or Congestion such as Pneumonia, Croup, Coughs, Colds, Pleurisy.

Since Gowans Preparation has been introduced here it has gained a strong foot-hold in many of our best families whom I know are giving you advertisement right along without solicitation. It always makes good. Weidling & Son. Tiffin, Ohio. Druggists.

BUY TO-DAY! HAVE IT IN THE HOME All Druggiete. \$1. 50e. 25e. GOWAN MEDICAL CO., DURHAM, N. C.

Constipation

wer nine years I suffered with chronic tion and during this time I had to take found warm water once every sa house could have an action on my bowels. I tried Cascarets, and today I am a well buring the nine years before I used a fundient untold misery with internal hanks to you, I am free from all that ruing. You can use this in behalf of humanity. B. F. Fisher, Rondoke, III.

POPULAR MECHANICS MAGAZINE

300 Pictures Every 400 Articles Wenth 250 Pager

A wonderful ator, a line of the Mechan-cial Age. In the line of the months that any faction, a magnitude of the months of the line of the months of the line of t

The "Shop Astes" 1 of a porce, tells to do

SLISH Per para, since unite 15 cents
ASN YOUR NEWSTREALER OF Address
POPULAR MECHANICS MAGAZINE
223 Washington 5th, Chicago



Follow Clarence Poe Around the World!



Editor Clarence Poe of The Progressive farmer and Gazette has just started on a new Around the World, making a special study of everything bearing on the fouth—Southern Agriculture, Manufacturing, Commercial Opportunities, Political and Racial Problems, etc., etc. Manufacturing, Commercial Opportunities, Political and Racial Problems, etc., etc. Manufacturing Commercial Southern, etc., etc. Manufacturing Commercial Problems, etc., e

ne Progressive Farmer & Gazette

me be worth ten times the

WASHINGTON LETTER.

By Clyde H. Tavcaner.)

Washington, Jan. 14 .- One of the first things the new Domocratic 6 cents a pound.
House will consider will be the adthe free list, the tariff on this com-modity will at least be greatly re-

action imperative

1. The packing business in the would only increase the proabiby a trust.

2. The firms in the trust, as well 2. The firms in the truet, as well such excellent progress as Mr. Dick-as such alleged independent con-inson reports, why is it a wild "de cerns as Swartzchild & Sulzberger, bave been making profits of from 20 to 45 per cent. on their preferred stock for the last several years, while advancing prices vary so often by averagement. agreement.

The legal department of the Republican administration has pre-tended for the last ten years that it has been endeavoring to break up the beef trust, but has utterly failed.

4. The trust is paying the transportation charges on American beef to London, and there selling it for two cents less a pound than in the United States.

5. The beef trust does not regulate the selling prices by buying prices, frequently raising the price of beef to the consumer while pay-

ing less to the farmer.

The department of justice has long taken the position that the beef trust is in existence in violation of the law, yet it has either not desired to dissolve the trust or has been in-competent to do it. This failure to get relief for the consumers would indicate the only way left lies in a reduction of the tariff on beef. Both Australia and South America stand ready to g ve us cheaper beef if this country will only lower the tariff.

Commenting on the possibility of securing the United States as a mar-ket for Australian meats and dairy products, Arthur Kidman, Austra spent six months in the States con-tidering that possibility. The only thing in the way is the tariff. If Congress will let down the barriers a bit, so that we can come in, we can give beef, delivered at the carcase at the wharf, for six cents : pound, mutton for six, lamb for eight and butter for 23 to 24 cents, exclusive of duty. .ind better but-ter, by the way, than you can get here by paying the very highest prices."

Thousands of poor in the United States are impoverished by the high

A HAPPY HOME

is one where health abounds. With impure blood there cannot be good health. With a disordered LIVER there

utt's Pi

revivify the torpid LIVER andrestore

A healthy LIVER means pure Pure blood means health. Health means happiness.

Take no Substitute. All Druggists.

Wood's Seeds

For The Farm and Garden

have an established reputation extending over thirty years, be-ing planted and used extensively by the best Farmers and Garden-Southern States.

Wood's New for 1911 will Seed Catalog help you to determine as to what crops and seeds to pla for success and profit. Our publications have long been noted for the full and complete infor-

tion which they give. Catalog mailed free on request. Write for it.

T. W. WOOD & SONS. Seedsmen, - Richmond, Va.

PHOSPHORIC ACID

Rock Phosphate Natural Fertilizer

Fifty pounds of Rock Phosphate mixed rith one load manure will increase your rop yield from 40 to 75 per cent. Write today for prices.

CENTRAL PHOSPHATE COMPANY

An Puper

Mt. Pleasant, Tenn

cost of living. Many cannot afford

to eat meat more than once or twice a week. Yet here stands far off Aust alia ready to furnish meat at

The present Congress could remtionse will consider will be use the visability of placing beef on the edy the situation in a day, but as it free list. If beef does not go on the free list, the tariff on this comnodity will at least be greatly remodel.

The following facts make such may try to prevent the lowering of the duty of meat, but such action would only increase the proability of

Query : If the Filipinos are making such excellent progress as Mr. Dick-

Democrats have advocated the raining of the Fillipinos in self-government with the islands wel-fare. They have tried in vain to get the Republicans to agree to some date for separation. Twenty years has been suggested. A far earlier date, in view of the persistent agita-tion of probable war with Japan, would be more preferable to not a few Democrats.

uted \$500 to the Republicans for nse in the congressional campaign. He donated \$30,000 to the Taft campaign fund in 1908. Moral: Ambassadorships come high when wealth is the only qualification of

the candidate.

There are 38 millionaires in the United States, thirty-eight good rea-sons why it is impossible to have an income tax in this country like they have in all the other first-class na tions of the earth.

Parson's Poem A Gem

From Rev. H. Stubenvoll, Allison, Is., in praise of Dr. King's New Life Pills. "They're such a health necessity, In every home these pills should be. If other kinds you've tried in vain, Use Dr. King's And be well again. Only 25c at J. T. Underwood's and Ashebsro Drug Co.

Mr. Taft and the South

The appointment of a Confederate veteran to the exalted office of Chief Justice of the United States gives occasion for Harper's Weekly to discuss President Taft's attitude toward the Scuth. Such an ap-pointment as this, along with the appointment of two other Southern Democrats as assistate justices of the Supreme Court, would have been unthinkable not many years ago. And yet they are made now without any objection from any quarter. Mr. Tatt did not appoint these Southerners to the beach with any idea of gaining the electoral Southern State. He vote of any knows that such a thing is out of the question. "He has apparently determined," says Harper's Weekly, to do all that he can do consistently with his other duties to make the South like the rest of the country in relations to the national Govern-

position in the Republican party to treat the South as conquered terri-tory to be governed without the con-sent of the governed. President Taft has made a new departure, and he has never failed to manifest a friendly and cordial disposition to-ward the States. Personally the President and the Southern people are on excellent terms. Politically

President and the specific property of the support of the content of the support of the content at his time seems to have a peculiar significance. Some years ago it was said by a distinguished Republican Sentor from New England that the time would come when the country at large would have to look to the constraint of the Constitution of the United States was a Southern product. A Southerner is known as the "Ratherner is known as "Ratherner is kn it was a Southern Chief Justice who is known as "the Interpreter of the Constitution." The South has always upheld and contended for the Constitution, according to its strict letter. When the suggestion is made by the exponent of progress and the head of a great popular movement that the decisions of the Supreme Court should reflect popular seatiment, perhaps the time has already arrived when the country must look with reliance to the conservatism of the South. Perhaps the appointment of Southern jurists to the Supreme Court is altogether timely.—
Baltimoreac.

For LaGrippe Coughs and Stuffy Colds Take Foley's Honey and Tar. It gives quick relief and expais the odd frees your system. It contains no opiates, is safe and sam. Standard Drug Co.

OUR GREATEST LOSS.

Health Talk No. 111

death rate. (b) Number of pre-ventable deaths; (c) Financial loss to country from preventable disease. (d) Individual application of this

In the United States during the next three or four minutes ten or the twelve people will die; the next sixty minutes will be the hour of death for and 175 others, and today's sun will set on 4,000 new-made graves while as many undertakers will make preparation for tomorrow's repetition today's tragedy.

today's tragedy.

This means, according to the United States Census Reports, 15,000,000 deaths in the United States every year. It means, in addition, an amount of sickness productive of a loss of labor equivalent to the total incapacitation for the entire year of 3,000,000 people. Forty-two per cent of the 1,500,000 deaths or 600, 000 deaths, are preventable. The testimony of expert opinion, of scientific facts, and of actual results to the truth of this statement is con-

vincing.
Political economists estimate that "Dick" Kerens, of St. Louis, made the productive energy wasted through ambassador of the United States to Austria by President Taft, contribof over \$1,000,000,000 annually. This is more than enough to pay the entire annual expenses of our national government; enough in one year to both dig and fortify the Panama Canal. Preventable disease is, therefore, a grave public concera. But, is it not a problem of tre-

mendous importance to the indivi dual—to you? Let's see. Divide the total loss to the United States from this cause by the total popula-tion—\$1,000,000,000 -:- 85.000,000 —and we find that prevented disease taxes the individual \$11.75 per an num. Satisfy yourself on this point. Take ten neighboring families; esti-mate their expenses from tuberculos mate their expenses from tuberculos is, malaria, typhoid, and hookworm; add to this 80 per cent of the expenses from summer diarrheas, and 50 per cent of the expenses from the contagious diseases of childhood; add losses from death estimated as follows: child under one year of age, \$90; child five years old, \$950; child ten years old, \$2,000: person twenty years old, \$4,000; thirty years old, \$4,100; fifty years, \$2,000. Then remember there are many losses from physically defective eyes, ears, throats, and other organs which should have been recognized before their damage was done. All these expenses com-pourded will make a per capita tax from ten to twenty times larger than the government per capita tax of a citizen of this State.

But it is the part of human na-ture to think of self as the exception to the rule. I have in mind now a family living on a farm where no case of typhoid has occurred in the fifty years in which this place has been used as a home. The head of this family frequently boasted of the freedom of the place and family from the disease. The country isolation of this home, the surface contour of the yard and surroundings, the depth of the well, and the unknown occurrence of the disease on that hill might persuade one to regard this family as an exception to the rule of one case of typhoid to six of a family; might persuade the head of such a family to feel a bit indifof such a family to feel a bit indif-ferent to the typhoid problem. The children are growing up, like all other children, ene by one they are leaving the place of safety and com-ing under the general rules which govern their kind. The two oldest, the two that have been away from home the longest, have both had typhoid, giving even in that appar-ently typhoid-free family. the rule

me for it.

This prescription comes from a physician who has made a special study of man and I am convinced it is the surest-acting combination for the curre of deficient manhood and vizor failure away.

a ten in forth county class common on preference who is weak and the mental present the special properties of the mental present the special properties of the mental properties of the present the present the present the present the presentation restorative, uponishing, sPOT-TOURING country over deviced, and so cure this self of the present the present

B. B. B.

The Best Blood Purifier. Test

It Free!

If you are run dow spors floating before that be thing or a sure sign of improvement of the state o

ASTHMA-CATARRHOURED

Expert Medical Scientists Announce Startling Results Obtained by Senpine

New York:—Thousands are taking advantage of the generous offer made by The Woodworth Co. Dept. O 1161 Broadway. New York City, requesting an experimental package of Sempine, the great discovery for Ashima. Hay Fever, Brouchitis, and Catarth, which is mailed free of charge to all who write for it. It is curing thousands of the most stubborn cases. It makes no difference how long you have been suffering or how severe the climatic conditions are where you live. Sempine will cure you.

oure you.

If you have experimented with other treatments and have failed to find a core not be discouraged but send for a trial of this wonderful truly meritous remedy which is a scientific compound discovered by a Professor of Vienna University, and is being recommended by thousands.

LEGAL NOTICES

MORTGAGE SALE.

MORTGAGE SALE.

By virtue of the power contained in a mortgage deed executed to the State of North Carolina by P. A. Williams and wife. Lula Williams, on the 17th day of December, 1908, which morts 196 deed is duly recorded in the Register's office of Randolph county in Book 127 Page 589, I shall sell at public auction to the highest bidder for each at the court house door in Asheboro, N. C., on Thursday, February 9, 1910, the following described real estate in Cedar Grove Township, and bounded as follows, vis: Beginning at a stone, formerly a sessafras, thence north 0.25 chains to a stone pile, Wm. Lowdermik's corner; thence west 50 links to a stake; thence north 15 chains to a gum William's corner; thence west 20 chains to a black oak; thence north 15 chains to a stone pile, formerly a white oak, Vuncannon's corner; thence west 20 2-7 chains to a stone pile, formerly a white oak, Vuncannon's corner; thence west 17 chains to a stone corner; thence west 17 chains to a stone gour thence west 30 chains to the beginning, containing 160 96-100 acres more or less, Land sale is made to satisfy and forcelose said mortgage ity order of the Superior Contripled and the superior Contribution and the superior Contribut

Land sale is made to earloy and forecome said mortgage by order of the Superior Court of Randolph County. This January 9th, 1911. W. C. Hammond, Clerk Superior Court Randolph Co.

NOTICE

By virtue of an order of the Judge of the Superior Court of Randolph county in the the special proceeding entitled Ross Brown vs. Oliver P. Brown, I will on the 16th day of January, 1911, as 12 o'clock M., at the court house door in Asheboro, N. C., sell to the highest bidder for cash at public anction the following described real estate:

Beginning at a stone, Hinsbaw's corner, running theree west 23 chaims and 25 links to a stake in Hinsbaw's line; thence south 17 chains and 30 links to a rost oak, Laughlin's corner; thence east 23 chains and 25 links to a stake, thence north 17 chains and 30 links to the seginning, containing 40 acres more or less.

LEGAL NOTICES

IN THE DISTRICT COURT OF THE UNITED

STATES

For the Western District of North Carolina in the matter of Randaman Manufacturing Company, Rankruji To the creditors of the Bandaman

IN THE DISTIRT COURT OF THE UNITED STATES.

For The Western District of North Carolina

FIALLS:
For The Western District of North Carolina.
In the matter of the Saomi Fa.1. Manufacturing Company. Banks upt.
To the credits of the Saomi Falls Manufacturing Company of Randlerant. In the County of Randleran and Saomi Falls Manufacturing Company was duly adjucted bankrupt, and that the first meeting of its creditors will be held at the law office of H. M. Robins, Eng., Ashebore, N.C., on the 10th day of January A. D. 1911, at 11 o'clock, a. m. at walch time the said oreditors may study prove their clause, or the proposed compromise of any controversies, the proposed sale of the property and transact such other business as may properly come before said meeting. All claims about be properly proven and filed with the Reierse and not will the Receivers or Trustee, Masonic Temple, Wisstonskien, N. C., December 23, 1910.

Referee in Backruptcy.

Referee in Bat kruptcy.

NOTICE.

North Carolina In the Superior Coart Randolph Co. Before the Clerk.
Fannie L. Cox et al. vs. T. L. Cox et al.
The defendants, N, T. Cox and R. A. Cox. will take notice that a special proceeding entitled as ab ve has been commenced in the Superior Court of Randolph County to partition among the tenants in common a tract of land situate in New Market Township in said county, consisting of 339 acres, in which land said defendants will further take notice that they are required to appear before the Clerk of the Superior Court of said county at his office in Asheboro, N. C. said county at his office in Asheboro, N. C. said county at his office in the plantifis will apply to the court for the plantifis will apply to the court for the relief demanded is easily petition.

This the 27th day of Dece her, 1910
W. C. Hammond, Clerk Superior Court

North Carolina, Superior Coss.

Sandolph Co.
George Saunders, Plaintië

Notice,
Pinkney Saunders, Defenlant:
To Pinkney Saunders, defendant:
The Superior Cost Indianated Saunders, the Superior Cost Indianated Saunders, the Superior Cost Indianated Saunders, superior Cost Indianated Saunders, defendant Saunders, superior Cost Indianated Saunders

this 5th day of December 1910.

W. C. HAMMOND.

Clerk Superior Court Kandelph Ge

In the Sup rior Court, Randolph Co.

Baying qualified as administrator on the estate of Isabella Williams, deceased, he fore W. C. Hammond, Clerk of the Superior Court of Randolph county, all persons baying claims against and estate are nortified to present them to the undersigne., duly verified on or buffore the 5th day of January, 1912, or this notice will be pleaded in har of their recovery, and all persons owing said estate will come forward and make immediate settlement.

This the 5th day of January, 1911.

LAND CALE NOTICE.

Pursuant to the power vested in me decrepended of its special proceeding entitled. Sail Guiller, by his next riend, v. Etta Edwards et al., I will on Saiurday the Estatey of January, 1911, at one o'clock, p. m., in front of the pot office building in Ramseur, N. C., et al. I will on Saiurday the Estatey of January, 1911, at one o'clock, p. m., in front of the pot office building in Ramseur, N. C., et al. I will on Saiurday the Estatey of January, 1911, at one o'clock, p. m., in front of the pot office building in Ramseur, N. C., et al. I will on Saiurday of March, 1911. The and being Deep River and befored as follows, to-will: Beginning at a take on the east side of the public road leading from Pago's 10 hone to a stake, thence 28 4.4 west 41 leet to a vake on east side of the public road leading from Pago's 10 hone to a stake, thence 28 4.4 west 41 leet to a vake on east side of the public road leading from Pago's 10 hone to a stake, thence 28 4.4 west 41 leet to a vake on the east side of the public road leading from Pago's 10 hone to a stake, thence 28 4.4 west 41 leet to a vake on the east side of the public road leading from Pago's 10 hone to a stake, thence 10 feet of the public road leading from Pago's 10 hone to a stake, thence 10 feet of the public road leading of the publi

Having qualified as executrix so the estate of Thes D. Harris, deceas d, before W. C. Hammond, Clerk of the Superior Court of Randolph County all persons having claims against said estate are notified to present them to the undersigned, duly verified, on or before the 22 day of December, 1911, or this notice will be pusded in barot their recovery; and all persons owing said estate will come forward and make immadiate settlement.

This 13th day of December, 1910.

Mrs. Kate F. Harris,
Liberty, N. C.