

James J. Hill Talks Sense About Farm Betterment.

Spokane, Wash. Nov. 14.—King J. J. Hill, the great western railway king gives his endorsement to the nation made farm betterment.

"Always the first and most important matter is to reach the individual farmer and show him what he himself can do on his land. The most highly educated agricultural professor or teacher, when placed upon a farm, can do little more, if anything, beyond adapting his crop to the soil. To select good seed and to properly cultivate the land—that is all within the reach of the average farmer.

"He can or should know what crop his land is best adapted to raise. He can test his seed by taking a hundred grains of each kind and planting them in a box of average soil and place the box in a place where the sun will shine upon it. The number of grains that grow will give him the percentage of good seed from which he will get results. He should use every particle of barnyard manure as fertilizer and he should prepare his seed-bed by thorough cultivation before planting and then it should be well harrowed.

"That is practically all that the best informed agriculturists could do under the same circumstances. If the farmer is successful in raising full crops I think it is fair to assume that he can be trusted to improve all his home surroundings and his social condition. If his farm work is not well done and the results are poor crops, the other work will not appeal to him nor can he afford to spend much time or money on other matters.

"Most of the men who discuss agricultural subjects are apt to talk over the heads of their audience and to talk about matters beyond the reach of the average farmer. Many of our agricultural schools are more engaged in turning out teachers rather than farmers.

"In the agricultural countries in Europe, agricultural education has further advanced than with us. Great Britain has worked at it for a century and has raised its yield of wheat from 14 or 15 bushels per acre to 33. Denmark, with an area of about twice the size of Massachusetts, has more than 50 agricultural colleges and schools and in practically every neighborhood experts are assigned to help the farmers in a practical and common-sense way. In Belgium every school must maintain a garden of at least 39 1/2 square rods. All these efforts bring the better methods of cultivation directly to the farmer.

"At the National Educational association meeting, last year, a speaker said: 'I recently heard a young agricultural college graduate, who had been placed in charge of a farm deplore the fact that he and others like him could go through college and receive a bachelor's degree in agriculture without anywhere, either in high school or in college or on a farm, learning how to plow, or dig a ditch, or harness a horse, or milk a cow.'

"What will help a farmer most is clearly to enable him to help himself and this can be done by showing him on his own farm. We have tried many methods and found that the only results worth while have been obtained by showing the farmer through the preparation of a small plot of ground, say five acres, how to cultivate his land.

"Manual training would never amount to anything if the pupil did not actually make things, and the same applies to the cultivation of the farm."

Regarding the farmer being interested in the prosperity of the wage-earner and the business man, Mr. Hill says:

"Our agricultural population 40 years ago was about 50 per cent of the entire population of the country. It is now less than one-third. Forty years ago the agricultural population had to raise food for their own mouths and for one additional mouth. Now we have to raise food for two additional mouths.

"Relying upon our home market, which was furnished mainly by the agricultural portion of our community, we had stimulated industries until we had destroyed the proportion between production and consumption, and the time is rapidly approaching, if it is not already here, when many of our industries will be compelled to seek a market in other countries for their production or cease to produce.

"The scarcity of good farm labor today is felt by every farmer in the country and the want of it is compelling him to limit his cultivation practically to what can be done by machinery. It is very difficult to get farm labor competent or willing to take proper care of live stock or milk a cow. Still, if you should ask any labor leader in the country he would say that some steps should be taken to restrict immigration of that class.

"There are certain laws that govern these questions, regardless of

NO DYSPESIA OR STOMACH DISTRESS

Heartburn, Gas, Sourness and Stomach misery vanishes

There would not be a case of indigestion here if readers who are subject to Stomach trouble knew the tremendous anti-ferment and digestive virtue contained in Dispepsin. This harmless preparation will digest a heavy meal without the slightest fuss or discomfort, and relieve the sorest acid stomach in five minutes, besides overcoming all foul, nauseous odors from the breath.

Ask your pharmacist to show you the formula, plainly printed on each 50-cent case of Pape's Dispepsin, then you will readily understand why this promptly cures Indigestion and removes such symptoms as Heartburn, a feeling like a lump of lead in the stomach, Belching of Gas and Eructations of undigested food, water brash, Nausea, Headache, Bilioussness and many other bad symptoms; and, besides, you will not need laxatives to keep your stomach, liver and intestines clean and fresh.

If your Stomach is sour and full of gas, or your food doesn't digest and your meals don't seem to fit, why not get a 50-cent case from your druggist and make life worth living? Absolute relief from Stomach misery and perfect digestion of anything you eat is sure to follow five minutes after, and, besides, one 50-cent case is sufficient to cure a whole family of such trouble.

Surely, a harmless, inexpensive preparation like Pape's Dispepsin, which will always, either at daytime or during night, relieve your stomach misery and digest your meals, is about as handy and valuable a thing as you could have in the house.

Pointed Paragraphs.

There's no place like home—and some married men are glad of it.

A charitable man never has to look for an opportunity to get busy.

Beware of a boss girl, young man—unless you are looking for a boss wife.

Many a man acquires a residence on Easy street by being the architect of somebody else's fortune.

A selfish man never realizes how few friends he has until he finds himself laid up for repairs.

A man might be crazy to go to church, too, if he was more interested in hats.

A girl feels as safe with a love letter under her pillow as a man with a pistol under his.

The worst luck a woman can have is to be rescued from a fire when all her best things are in the wash.

The way a woman knows it's nice, not burglars, downstairs in the middle of the night is how anxious her husband is to go down to meet them.

At a meeting of the Southern Furniture Manufacturers' Association in Winston-Salem last week \$1,325 was raised as a fund for fighting for better freight rates to the Pacific coast from North Carolina.

JUST TRY A TEN CENT BOX OF CASCARETS

Insures you for Months Against a Sick Headache, Bilioussness, Constipation or a Bad Stomach

Put aside—just once—the Salts, Cathartic Pills, Castor Oil or purgative wafers which merely force a passageway through the bowels, but do not thoroughly cleanse, freshen and purify these drainage or alimentary organs, and have no effect whatever upon the liver and stomach.

Keep your inside organs pure and fresh with Cascarets, which not only cleanse the stomach, remove the undigested, sour and fermenting food and foul gases, take the excess bile from the liver and carry out of the system all the decomposed waste matter and poisons in the intestines and bowels.

A Cascaret tonight will make you feel great by morning. They work while you sleep—never grip, sicken and cost only 10 cents a box from your druggist. Millions of men and women take a Cascaret now and then and never have Headache, Bilioussness, coated tongue, Indigestion, Sour Stomach or Constipated bowels. Cascarets belong in every household. Children just love to take them.

man-made regulations, and so long as wages are higher in the United States than anywhere else people will come here."

DAVIDSON FAIR.

Women's Work Department Was Chief Feature—Much Interest Shown.

The Davidson county fair ended with exercises of "Educational day." The weather was bad and the crowd was comparatively small. There were not more than 5,000 people in town. Last year the crowd was estimated at 20,000. Dr. J. Y. Joyner made a great speech at the opera house. He was heard by a large and attentive audience and his speech made a fine impression. Dr. Joyner has many friends in Davidson county, as a direct result of his masterly address and his very pleasing personality.

The Women's work department of the fair was one of the finest features of it. The number of entries was astonishing and the interest taken in the exhibits was unusual. W. M. Montgomery, of Greensboro, judged the poultry show. He was very fair and more than pleased all exhibitors. He said the entries were very fine and he was surprised to see that there was so much poultry around Lexington. The farm products department was crowded to the limit. A large store room had been secured, but this was not enough to hold them. They made a fine showing of the agricultural wealth of the county.

Owing to bad weather the parade of school children was dispensed with, much to their disappointment.

In the three departments named there were a little more than 800 separate and distinct entries, showing the great interest taken in the fair. Secretary Spruill, who looked after all these entries, was the busiest man on the grounds and deserves much credit for the way he handled them. The afternoon was taken up with reel races pulled off by the local fire company and a few race horses. Tonight a big crowd watched the magnificent display of fireworks.

According to a writer in The Youth's Companion, folks who dislike mosquito bites should wear yellow. "The mosquito shuns yellow on all occasions," and as its vision is keen by night, one should sleep in a yellow bed, in a yellow room, with yellow apparatuses.

School Betterment Associations

The public schools are now under way for winter terms.

School betterment associations should be organized in every school district. Both parents and pupils may belong to these associations. The combined efforts of parents and teachers and pupils in these associations prove quite helpful in many instances. They get together know each other better and accomplish more.

Some of the things that can be done by these associations are:

1. To paint or white wash the school building.
2. Get a library.
3. Build an addition to the old school building.
4. Repair the school building if needed.
5. Keep the building and the grounds clean.
6. Remove any stumps or bad trees.

At least something can be done to improve conditions at every school house. Let some one in every school district start the matter by organizing a school betterment society.

"It is a pleasure to tell you that Chamberlain's Cough Remedy is the best cough medicine I have ever used," writes Mrs. Hugh Campbell, of Lavonia, Ga. "I have used it with all my children and the results have been highly satisfactory." For sale by all dealers.

Where To Get Information About Roads

The best place to get information as to how to make good roads is the United States Department of Agriculture, Washington, D. C. There are five publications of the Department which every one interested in better roads should have, and which any one can get free for the asking. There are (1) Farmers' Bulletin 311, "Sand-Clay and Burnt-Clay Roads"; (2) Farmers' Bulletin 321, "The Use of the Split Log Drag on Earth Roads"; (3) Farmers' Bulletin 333, "Macadam Roads"; (4) Circular No. 95, Office of Public Roads, "Special Road Problems in the Southern States"; (5) Reprint from 1901 Yearbook, "Road Building With Convict Labor in the Southern States."

Write for copy of each of the foregoing to the Secretary of Agriculture, Washington, D. C.

You can get your job work done at the Courier Office.

Ernest Frazier, a schoolboy of Jamestown, N. C., was thrown from a buggy and dragged several hundred feet by a runaway horse last Thursday. The injuries are very severe, but they are not thought fatal.

FRED'S TRIP TO FAIRYLAND.

Freddy Bryan was sick, so sick that he had to lie on the couch all day, and his mamma didn't know whether he was going to have the mumps, whooping cough or measles. She feared all three when he would not get up to play and ate so little.

She remained by his side, giving the medicine the doctor ordered. Only when she had to go out into the kitchen to prepare meals was he alone.

He had a beautiful pillow to rest his head on, and he was not so sick but that he liked to look at it and wonder about it, for all one side was a picture—and such a beautiful picture! There was blue sky with white clouds, green grass and tall trees, a great big castle with a yellow path leading straight up to it, and a big mill with a great wheel, churning the water of a little stream into a white foam, while water lilies and blue flag flowers stuck their heads out of the water, as if inviting some one to pick them. He thought how much he would like to go up the winding walk to the castle and find out whether there were any little boys and girls in there to play with. Then there was a cute looking little boat tied to a stake in front of the mill. How he would like to get in it after visiting the miller and sail up the little stream to find out what more there was beyond where the stream seemed to end. Might it not be the



THEN A HEAD STUCK OUT OF ONE OF THE WINDOWS.

commencement of Fairyland? If he were only up in the top of one of those tall trees he might see.

Heigho! How tired he was! If he could only rest in such a beautiful place he might soon get well. And he took the pillow in both hands and turned it slowly around and around.

Then a head stuck out of one of the windows of the castle, and a sweet voice said, "Know you not, little boy, that this is an enchanted pillow?"

"What is that?" asked Freddy.

"Why, a pillow of strange sights and sounds. Fairies live in the castle, run the mill and play by moonlight on the grounds. It is enchanted land." And a beautiful red light burst out of the window, making the little fellow that was talking look like white wax.

"Can't I come to the castle to see you?" asked Freddy.

"Yes, if you wait until moonlight," was the reply.

Then the next thing Freddy knew the moon came up slow and full and showed him the way to the mill, where a man, dressed in a snow white suit, was turning the great wheel around. He showed Freddy how to do it, after which the little boy got into the boat and, with a pair of silvery white oars, rowed upstream until he came to a strange land, where tiny creatures, all trimmed up with flowers, were dancing, holding hands. Freddy felt so gay that he took hold of hands and danced, too, after which they all went to the enchanted palace and had a feast of chocolate and sugar plums.

Freddy had never so much enjoyed a night in his life, because he was so afraid they would miss him and now he was so glad to see he could never stop.

Then he heard a voice saying, "He is better, mamma," and coming out of the castle he saw the doctor and his mamma standing over him.

He wiped the sweat from his brow, smiled sheepishly and said: "When a dream as I have been having, I wouldn't care about it not being so, only the sugar plums. I wish I had this minute all I dreamed I was eating." Then he laughed aloud and asked for something to eat, and, though it was not sugar plums, the boy ate ravenously, and his mamma knew he was better.—Philadelphia Record.

Cats and Dogs.

To say that it is raining cats and dogs is incorrect unless there is wind as well as rain. This is because the saying has a history. In the stories that people told 2,000 years ago in the north of Europe the cat was the animal that ruled the rats and the dog was the one that made the wind blow. The people that told those stories were the ancestors of most Americans, and so the stories have stayed with us.



Read the Labels. The pure food and drug law was designed for the protection of all, but it only protects those who read labels.

The law prevents false claims—on the labels—not in the advertising. The law makes the label tell if the medicine contains alcohol. Not so in the advertisement.

Read the Label

The law specifies a list of such drugs as are considered dangerous unless prescribed by a physician, such as opium morphine, cocaine, acetanilid, canabis indica, chloral, arsenic, strychnine, etc., and makes the LABEL tell if any of them are contained in the medicine. The advertising does not have to. Therefore when buying medicine Read the Label. The next time you are inclined to buy a tonic or a remedy for any of the ills that come from impure, impoverished or acid blood, ask your druggist to let you read the label on a bottle of MILAM. This preparation has no rival. If you suspect any other preparation of being in its class, Read the Label. Look for a guarantee of benefit. Look for ALCOHOL and other dangerous and habit forming ingredients. Any preparation can claim what we claim in their advertising: NONE CAN on their labels.

READ THE LABELS!



START RIGHT

The White Orpington chicken is the money fowl. Our birds have won over all others and have proven themselves egg machinery.

Get your stock from us and you will know that you have the best—no inbred stock.

Price f. o. b. Asheboro six chicks and brooder \$3.50, or 10 chicks and brooder for \$5.00.

Exhibition Strain of S. C. White and Brown Leghorns, \$1.25 and \$1.50 per Setting.

LIST OF WINNINGS

Pen No. 1 Brown Leghorns headed by Royal Billy, 1st at the Guilford Poultry Show and Raleigh State Fair 1910. Per Setting \$1.50.

Pen No. 2 Brown Leghorns—First Pen at Central Carolina Fair and Randolph Fair 1911. Per Setting \$1.25.

Pen No. 3 White Orpingtons, headed by 1st Cock at Randolph Fair. \$5.00 Per Setting.

Pen No. 4 White Orpingtons—1st and 2nd Pullets Central Carolina Fair 1911; 3rd Cockerel Randolph Fair.

Pen No. 5—Crystal White Orpingtons, 1st pen Randolph Fair 1911, per setting \$3.50.

Pen No. 6—Winning 1st over 22 other cockerels and sweepstakes over all others in the show.

Pen No. 7. White Leghorns—2nd Pullet Randolph Fair, winning over stock that scored 96 points by Judge Marshall.

Pen No. 8—Cornish Indian Games. 1st Cockerel and 1st Pullet Randolph Fair 1911. \$3.00 Per Setting.

Stock, Eggs and Day-old Chicks for sale. We guarantee Strong, Healthy Stock.

Waveland Farm

JOHN M. HAMMER, Owner
ASHEBORO, N. C.

To Those Who Work

You have heard the story of the farmer who chalked his accounts on the barn door which later burned.

You are in a like rut if you don't use modern methods.

Let us handle your money—do your bookkeeping; relieve you from worry and work. A bank account will give you safety and credit. Checks are your personal coinage system.

If you haven't surplus money, deposit all your money with us and pay your bills by check. You will soon have credit and surplus.

THE BANK OF RAMSEUR,

Ramseur, N. C.

W. H. WATKINS, President. H. E. CHAVEN, Cashier.
HUGH PARKS, Vice President. H. B. CARTER, Asst. Cashier.

DR. H. A. DONAHUE

Announces that he has taken over the dental practice of Dr. J. D. Gregg, and will be permanently located at Ramseur for the practice of Dentistry in all its branches.

Office over Watkins-Leonard Hardware Company