

### What A Board of Trade Can Do

In a recent issue of the Merchants and Manufacturer the necessity for a board of trade and its value to a town and county is most ably presented:

It is now generally recognized by progressive merchants that the growth and development of their community is only second in importance to them to the growth and development of their business, as it is practically impossible for any business to extend its scope and to become highly prosperous unless the community in which it is located is itself extending its scope and growing in population and in business. So it is a question of paramount importance to every progressive merchant: "What can I do to add to its prosperity? What can I do to bring to it new people, new enterprise, new capital, more factories, and more industries?"

Each merchant may well ask the question, "How much is it worth to my business if this community doubles its population and business?" and, on the other hand, "How seriously would it affect my business if this community lost half the population which it now possesses?" "If the latter would effect it disastrously, would not the former effect it very favorably; and if this is true, shall I not devote my energies and efforts as best I may to put on foot, plans and methods which will make this town of ours grow?"

Organize a business body in your community; call it the chamber of commerce, board of trade, or what you like, but organize it. Have every progressive business man, farmer, and citizen in ten or twenty miles of the town a member of it. Meet once each week, and let the question discussed at each meeting be: "What can we do to advance the interests of this community?" Keep that up for one year, and such new life, such new enthusiasm, enterprise, and confidence in the future of the community will be developed, and so great a change will come over it for the better that every citizen in it will become its ardent advocate and a believer in its greatness.

Throughout the whole South there is a very decided interest now in town and city building.

The South is just beginning to appreciate what the Panama Canal will mean for it; that the great bulk of traffic which has been going across the continent, which has made the Western railroads rich, and through them the Western country, will be diverted to the Southern seaports.

This is going to have the same effect on the South and will bring the South as prominently into the notice of the nation as the Western country was brought twenty years ago.

Enterprising merchants and business men throughout the entire South are now eager for and ready to take hold of plans which mean the development of their respective communities. This issue will be read with very great interest on that account, for it contains a number of interesting and able articles written by experienced men on city building and community development.

There is a lure about things distant that the average man finds it hard to resist. "Distance lends enchantment," especially when properly played up by the skillful advertising writer working for an ingenious land promoter.

No one can deny the wisdom of land investments when the investor buys land for a home for cultivation and actual development. But much of the money placed in circulation land by schemes during the last two or three years has gone in to property which the buyer knew nothing about beyond what he read in a prospectus. This sort of "investments," as a rule, is gone forever, and the experience is expensive.

Now that the land man has harvested his crop it is time for every community to get back to first principle, to "develop the home place," to build houses and improve the farms and promote the welfare of the home community.

To do all this there will be no better time than the present. Every move that tends to make the home community better is a move in the right direction.

If there was a plain, ordinary town, with sloppy streets, rows of houses with indifferent lawns, ugly schools, and parks that look like vacant lots, it might be all right for you who were born and brought up there, but no stranger would stay in the place unless he was locked in every night. Consequently no sane manufacturer will locate there and no artisan will seek work there. It will just go on being sloppy until it wears out its heels and gets lost at the bottom of the census lists.

But suppose the park were trimmed up and the streets swept, and a coat of paint was spread generously over everything. Suppose a playground were dug up and the trains stopped at every station and the name of the

## CATARRH

Cured by the Marvel of the Century, B. B. B.—Tested for 30 Years.

Hawking, spitting, Poul Breath, discharge of yellow matter permanently cured with pure botanical ingredients. To prove it we will send you a

### Sample Treatment Free

CATARRH IS NOT ONLY DANGEROUS but it causes ulcerations, death and decay of bones, kills ambition, often causes loss of appetite, and reaches to general debility, kidney and lunacy. It needs attention at once. Cure it by taking Betic Blood Balm (B. B. B.) It is a quick, radical, permanent cure because it rideth the system of the poison which causes catarrh. At the same time Betic Blood Balm (B. B. B.) purifies the blood, does away with every symptom of catarrh. B. B. B. sends a tingling flood of warm, rich, pure blood direct to the paralyzed nerves, and parts affected by catarrhal poison, giving warmth and strength just where it is needed and in this way making a perfect lasting cure of catarrh in all its forms. DRUGGISTS or by express. \$1 PER LARGE BOTTLE with directions for home cure. SAMPLE SENT FREE by writing Blood Balm Co., Atlanta, Ga. Describe your trouble and free medical advice given. Sold by all druggists in Asheville.

Suppose trees lined every street and lights burned brightly in the main street after eight o'clock every night and some special celebration were given to bring the neighbors in now and then.

Then we can go out and pull in a prospective factory-builder and need not apologize for the mud and the dullness of the day. He has sense, he knows that he can get all the hands he wants if the town is attractive; he knows that the best place to locate is in a town that has pride in itself.

And with the factories come men to work in them who spend their wages. Suppose it does cost money now, figure our your dividends derived from the increased population. Why, the whole proposition is the same as a dry goods dealer handles every day. He keeps his window polished and displays his goods, advertises the fact that he has the best there is. It costs money to burn electric lights and to be neat. But doesn't he get it all back and more?

It does not take a large brain to see the point, and the American business man to whom the argument has been put by these development secretaries have lost no time in giving them all the help they need. They have contributed money in the form of dues and considered it as legitimate business expenses. Sometimes the association is called the Chamber of Commerce, sometimes the board of trade, or Commercial Club; but by whatever name it is called, it is today making dozens of American cities progress in both prosperity and beauty at a rate not dreamed of a decade ago.

### The Choice of a Husband

is too important a matter for a woman to be handicapped by weakness, bad blood or foul breath. Avoid these "kill-hopes" by taking Dr. King's Life Pills. New strength, fine complexion, pure breath, cheerful spirits—things that win men—follow their use. Easy, safe, sure. 25c at Standard Drug Company and Rexall Store.

### The Child and the Sea

A little child looked wonderingly Within the magic of the sea, The sea looked back, and softly smiled, Watching the wonder of the child,

And what the child saw, deep and far, Was all the mysteries that are: All things that have been, and will be, He saw there hovering in the sea.

And what the ocean saw as well, Was all the secrets he could tell: What had been, and what will be, smiled Within that little wondering child.

## SAID SHE WOULD FAINT

Mrs. Della Long Unable to Stand On Her Feet More Than a Few Minutes at a Time.

Pendergrass, Ga.—Mrs. Della Long, of this place, in a recent letter, says: "For five or six years, I suffered agonies with womanly troubles."

Often, I couldn't sit up more than a few minutes at a time, and if I stood on my feet long, I would faint. I took Cardui, and it helped me immediately. Now I can do my work all the time, and don't suffer like I did."

Take Cardui when you feel ill in any way—weak, tired, miserable, or under the weather. Cardui is a strength-building tonic medicine for women.

It has been found to relieve pain and distress caused by womanly troubles, and is an excellent medicine to have on hand at all times. Cardui acts on the womanly constitution, building up womanly strength, toning up the nerves, and regulating the womanly organs.

### FREE IF IT FAILS.

Your Money Back if You Are Not Satisfied With the Medicine We Recommend.

We are so positive that our remedy will permanently relieve constipation, no matter how chronic it may be, that we offer to furnish the medicine at our expense should it fail to produce satisfactory results.

It is worse than useless to attempt to cure constipation with cathartic drugs. Laxative or cathartics do much harm. They cause a reaction, irritate, and weaken the bowels and tend to make constipation more chronic. Besides, their use becomes a habit that is dangerous.

Constipation is caused by a weakness of the nerves and muscles of the large intestine or descending colon. To expect permanent relief you must therefore tone up and strengthen these organs and restore them to healthier activity.

We want you to try Rexall Orderlies on our recommendation. They are exceedingly pleasant to take, being eaten like candy, and are ideal for children, delicate persons, and old folks, as well as for the robust. They act directly on the nerves and muscles of the bowels. They apparently have a neutral action on other associate organs or glands. They do not purge, cause excessive looseness, nor create any inconvenience whatever. They may be taken at any time, day or night. They will positively relieve chronic or habitual constipation, if not of surgical variety, and the myriads of associate or dependent chronic ailments, if taken with regularity for a reasonable length of time. 12 tablets, 10 cents; 36 tablets, 25 cents; 80 tablets, 50 cents. Sold only at our store—The Rexall Store.

### Boys' Corn Contest

A boys corn contest is to be conducted in this State this year under the auspices of the United States Department of Agriculture, the North Carolina Department of Agriculture and the North Carolina Agricultural and Mechanical College. The first prize is a free trip to Washington City, and will be awarded to the boy making the largest yield at the least cost per bushel. Five cash prizes are offered in each of ten districts; first prize, \$15; second, \$12.50; third, \$10; fourth, \$5; and fifth, \$2.50. The rules governing this contest:

"All members must be under 18 years of age August 1, 1912.

"2. Each boy must plant one acre of corn (4,840 square yards), doing all the work himself, except that small boys may hire their land broken.

"3. No member must use more than \$10 worth of commercial fertilizer.

"4. Each member must keep a record of his work, amount of manure and fertilizer used and make out a report on the special blank which will be furnished him.

"5. Each member must read the instructions sent him by the department of agriculture.

We commend this contest to the boys with the hope that very many will enter it, for even if all cannot win a prize yet the contest will be of great benefit to them and able them to make better corn crops than their fathers had ever made. This is an age of great progress in all lines of human activity and the boys of this generation must, in order to keep up, do better than their fathers have done.

For further information or enrollment address L. O. Schaub, special agent in extension, West Raleigh, N. C.

## Tutt's Pills

FOR TORPID LIVER. A torpid liver deranges the whole system, and produces

SICK HEADACHE, Dyspepsia, Costiveness, Rheumatism, Sallow Skin and Piles.

There is no better remedy for these common diseases than DR. TUTT'S LIVER PILLS, as a trial will prove. Take No Substitute.

### Random Remarks

There are more reasons for celebrating a man's birthday than just because he's dead.

Happy that men who needeth no press agent, whose goods in and comings out are not subjects for conjecture but are just straight news.

If you fail to see how the other man can disagree with you, you had better get in some overtime on your subject—you are still several fathoms from the bottom.

The main trouble about the job hunting for the man is that the job, when a-hunting, follows the freshest trail.

"Seems to me that I've met you before," said No. 1313 to the man in the cell across the corridor. "Yes," remarked No. 2323, "we were both heavy contributors to the same campaign fund."—And over in the public square the sunlight was reflected from the bespectacled statue

## PAPER BAG COOKING

Great System Perfected by M. Soyer, Famous London Chef.

### TO GO WITH THE TURKEY.

By Martha McCulloch WHIAMS.

I will now explain how the remaining dishes of the anniversary day menu (cranberry sauce excepted) may be prepared by the paper bag method. The recipes given have all been found by actual experiment to be highly satisfactory in every respect.

Sweet Potatoes in Syrup.—Choose smooth, even potatoes of medium size, boil twenty minutes, drop in cold water, peel, dip in melted butter, roll in sugar, put into a buttered bag, with sugar, butter and lemon juice enough to make a fairly rich syrup. Seal bag, and cook for twelve minutes in a fairly hot oven. Pour the syrup from the bag around them into a hot dish.

Spanish Onions.—Parboil for fifteen minutes Spanish or Bermuda onions, chill them in cold water, then cut a V out of the hearts. Fill the space with butter, after dusting it well with salt and pepper, put the onions in a bag with a lump of butter and a very little water, seal and cook twenty minutes in a hot oven, or thirty minutes in a very moderate one.

Baked Peas.—Ripe, well-flavored peas are best for baking, but the ordinary cooking peas will answer if baked with sugar, lemon juice and spices. Peel the peas, cut off the stems and take out the core, but only a little way beyond the blossom end. Stick a clove, a shred of mace or bit of cinnamon in the core-space, fill in around it with sugar and roll the fruit in dry sugar before putting it in a buttered bag. Put in half a gill of water also to the half dozen, seal bag, and cook at slow heat fifty minutes to an hour.

Creamed Salsify.—Boil tender, drop into cold water, peel and cut in two-inch length strips, steep in a dressing of butter and cream, lightly seasoned with pepper and salt. Put in well-greased bag, seal and leave in the oven a few minutes only.

Smothered Chicken.—Have a good-sized broiler cut into joints, taking care not to leave sharp bones to the joints. Salt and pepper them lightly, dredge with flour and lay in a well-greased bag upon thin slices of bacon. Cover with more bacon slices, taking care to keep the chicken spread rather flat. Add a teaspoonful of water, or a couple of peeled and sliced tomatoes. Shreds of green pepper add somewhat of flavor to the tomatoes. Seal in bag and cook for forty minutes, slacking heat almost half after the first five minutes. Make a peep-hole in the upper side of the bag near the middle, and if the bacon and chicken are not as brown as you like, cook five to ten minutes longer. Serve on a hot dish with gravy from the bag.

Good pies demand good crust—shorter than any temper, easier broken than promises. Make it by M. Soyer's recipe, then surely it will be up to grade. Here is the recipe: Take one pound of flour, three-quarters of a pound of butter. Mix the flour with water and stir lightly until the consistency of butter. Leave this dough for half an hour, then flatten with your hand and lay your butter on the top of the paste. Then fold four-corner way, and give it two rolls, as usual. Leave your paste in a cool place for forty-five minutes, and then roll twice more. Leave it for forty-five minutes and then roll twice again.

Bake all your pies in bags; it may seem extravagant, but the gas-saving more than pays for the bags. Use thin pie tins. Roll out and fill as usual. Set pans inside bags and set the bags on trivets. Cook two pies at once, but shift them midway the cooking, from upper to lower shelf, and vice versa. Thus they will brown top and bottom. Grease the bags but lightly underneath; even though they crisp there it does no harm. The essential thing is to keep the upper surface covered and maintain steady heat. Have the oven hot at first, but slack heat after a little—as soon as the bag corners show rather brown. Average pies, with average heat, require twenty-five to thirty minutes. Make peep-holes on top in the bags when you think they are done; if not brown enough, raise the heat a wee bit and cook five minutes longer.

To make the elder-cup, cut thinly the yellow peel from six oranges and six lemons, squeeze out the juice and put in with the peel and three cups of sugar. Make a gallon of sweet elder very hot, but do not let it boil, pour it upon the peels and juice, and let stand in a cold place for twenty-four hours, stirring it several times. The peel can be strained out, but it looks rather pretty in glasses.

For tea lemonade, take the juice of a dozen well-washed lemons and three sweet oranges, cut the squeezed fruit in rings, and add it to the juice. Put in five cups of sugar and strain over the whole a gallon and a quarter of weak tea, boiling hot, then add a cupful of rum. This also is better for standing—it keeps several days in a cool place. The rum can be omitted if there are scruples regarding it. In that case the strained juice of a pineapple that has been shredded and allowed to stand twenty-four hours in sugar can take its place. Dilute this one-fourth with mineral water in the glasses.

## A FULL LINE

Of the Market's Best Groceries. Prompt delivery. LOWEST PRICES.

## Spencer Grocery Company

Phone 120. A. O. Ferree's old stand

### LAST ROUND

## Pay Your Taxes and Save Costs

I, J. W. Birkhead, Sheriff of Randolph County, will attend at the following places and on the days named below for the purpose of collecting the State, County, School and Special Taxes for the year 1912:

- Union township, Friday, March 1, 1912, at Cox's store.
- New Hope township, Sat., March 2, Carter's store a. m.; Shaw's store p. m.
- Concord township, Tuesday, March 5, Farmer a. m.; Delk & Cameron's store p. m.
- Tabernacle township, Wednesday, March 6, Tabernacle a. m.; A. W. Fuller's p. m.
- Trinity township, Thursday, March 7, Trinity a. m.; Archdale p. m.
- New Market township, Friday, March 8, Glenola a. m.; Sophia p. m.
- Cedar Grove township, Saturday, March 9, Ulah.

The time for the Sheriff to settle all taxes has expired and settlement must be made without further delay. It takes only one time to pay and why not pay now? There is nothing left for a Sheriff to do but collect the taxes. If you do not want your property levied on, do not wait, and costs will be saved, for I must collect the taxes.

J. W. BIRKHEAD, Sheriff, Randolph County. Feb. 5, 1912.

## FREE DEMONSTRATION FARMING WITH DYNAMITE



Drawn from actual photograph. Stumps blasted out into firewood.



Drawn from actual photograph. Ten months later—\$800.00 worth of celery per acre.

Come and learn the modern, quick, cheap and safe way to use the giant force of dynamite to Remove Stumps and Boulders. Plant Trees. Dig Ditches. Break Up Subsoils and Make Old Farms Produce Big Crops.

## RED DYNAMITE

Will Be Demonstrated on the Farm of

Mr. W. H. Watkins, 1-4 mile west of Troy, March 12, 10 a. m.

Red Cross Dynamite is sold by Montgomery Hardware Co., Troy, N. C., Mt. Gilead Hardware Company, Mt. Gilead, N. C., McCrary-Redding Hardware Co., Asheboro, N. C., Harris-McAuley Co., Norwood, N. C.

Agricultural Blaster Wanted. Plenty of interesting and profitable work to be done for farmers who do not want to do their own blasting. We will teach you the work and help you get it. If interested attend this demonstration and tell our representative you want to learn blasting. He will show you how.

Ad ad in the Courier always pays

Those who use its columns say so

OUR WANT ADS GET IT