

**COUNTY TEACHER'S INSTITUTE**

**Meeting of Committeemen and Board of Education—County Organization of School Committee**

The County Teacher's Institute for Randolph will be held in the Asheboro Graded School building, beginning on the 12th day of August and continuing for two weeks, Prof. O. V. Woolley of the Lexington Graded Schools, formerly of the Asheboro Graded Schools, will conduct the work of the institute and Miss Pearl Cross, of Wake Forest, will assist. These institutes are held every two years in each county in the State and are gaining in popularity.

Section 4167 of the School Law says: "All public school teachers of the State and all high school and graded school teachers are hereby required to attend biennially some county teachers' institute or accredited summer school continuously for a term of not less than two weeks unless providently hindered; and failure so to attend such institute or summer school shall be cause for depriving and teacher, so failing, from teaching in any of the public schools, high schools, or graded schools of the State until such teacher shall have attended, as required by law some county institute or accredited school as herein provided."

This section of the law was added at the last session of the legislature. The state department is anxious for this institute year to be the most successful.

At a conference of the conductors held in Raleigh the first of last month, the conductors testified that by far the most successful institutes last year were those in which the teachers had their text books. The way to make our institute the most successful is for each teacher to bring her text book with her, since she is required to have them, thus saving the cost of new ones.

A few teachers do not own a copy of the book they are trying to teach. Of course they can't be successful ones; such teachers may find the books on sale in Asheboro.

1. All teachers should bring or purchase "McMurry's How to Study." This book will be on sale in Asheboro. A recitation will be conducted in this book just before noon each day.

2. The primary teachers should bring all the books used in the first three grades, a pair of scissors, a box of crayon, and a pencil containing soft, large lead.

3. The intermediate teachers should have all the text books of the fourth, fifth, sixth and seventh grades; especially the new Geographies, the new history, (Our Republic), the new grammar, (Studies in English), Hydes Book I, Language Through Nature, Literature and Art, and Milne's Arithmetic II.

During the morning session the entire body will be together, but in the afternoon two courses will be offered, one for the primary teachers and those desiring to take primary methods; the other for intermediate teachers or those feeling most need for intermediate methods.

It is the plan of the State Department to have the County Board of Education meet the committeemen of the county in a conference on the last Friday of the institute which will be the 23rd. In order that the meeting may be of the greatest value, that all may get the benefit of the best thought, experience and plans of the committeemen in their work, several of the committeemen will be asked to come prepared to discuss the following topics:

1. What definite qualifications and what definite things have you a right, as a school committeeman, to expect of the teacher in your district this session?

2. Along what definite lines has the teacher in your district a right to expect your active co-operation as a school committeeman?

3. What definite benefits have been gained for the children of your district, as well as the community at large, through the voting of local tax?

4. What definite benefits have been gained for the children of your district as well as the community at large, through the consolidating of the small one-teacher schools into a school with two or more teachers?

5. Along what definite lines can you as a school committeeman, labor to improve the educational opportunities and advantages of the children of your district as well as your county at large?

No speeches will be expected, for this is not intended as a speech-making occasion; just an informal conference on these important subjects. We feel that if each committeeman will do his part this meeting will mean much for our schools and for our children.

Mr. L. C. Brogdon, State Supervisor of Rural Elementary Schools, will meet the committeemen and will try to form an organization of the school committeemen of the county.

Other speakers will address the teachers from time to time.

**Ignorance Will Not Save**  
(By Talmage Bull.)

If people will read the precious Book and study its pages more carefully, they will see that God will not excuse them on account of ignorance. Some say those who did the best they knew will be sure of being a part of the "Church of the First-born" even though they never heard of Jesus. You can find plenty of people I over our country who believe this doctrine. But do the Scriptures support this view? No, they do not teach that ignorance is a ground of salvation. If ignorance will save people, why are the missionaries being sent to the foreign fields? Why did Christ send the disciples to the heathen at the cost of thousands of valuable lives and millions of money. If they all, or even half of them, would be saved through ignorance, it is doing them a great injury to send missionaries to teach of Christ who died for them; for only about one in a thousand believes when they hear the missionaries. If this is so, it would be much better to let them remain in ignorance.

Why did the Almighty God send a Savior into the world? It was to save people of their sins. If ignorance would save people, it would be a good thing to kill all the preachers, tear down the churches, burn the Bibles, and let the coming generation all live in ignorance. The angels said, "Behold, I bring you glad tidings of great joy which shall be to all people; for unto you is born this day, in the city of David, a Savior, which is Christ the Lord." What was the Savior for? To save people, but if they are saved by doing the best they know, they could have done this without Christ coming. Since the creation of Adam, there have been over one hundred and forty three billion people born and only one billion saved. Someone will ask, What has become of them? We may be sure they are now in a condition of suffering because not only do the Scriptures teach that full and complete reward is not given to the church until Christ comes back.

There is but one way to get salvation and that is through our Lord Jesus Christ, who told Nicodemus that he must be born again before he could enter the kingdom of God. The heathen will have to be born again before they can enter there. They will have to believe on the Lord Jesus Christ. "There is none other name under heaven given among men whereby men must be saved." Whosoever shall call upon the name of the Lord shall be saved.

The heathen call upon their gods. They think they are doing what is right, but they are not. They will have to worship the true God and call upon Him. "Believe on the Lord Jesus Christ, and thou shalt be saved." Paul thought he was doing right by persecuting Christians. He would never have got to heaven if he had gone on persecuting the children of God. He was a guilty sinner in the sight of God, though he turned and became one of God's faithful servants.

The Calvinists believe that the heathen were not elected to be saved, and when they die that they go to torment, where they will ever remain without hope. The Scriptures do not say they were born to be lost. All who believe and obey Him will be saved. "Whosoever will, come and take the water of life freely." I am glad the Lord said, "By faith ye are saved." If many are saved, it will be by faith. They will not work for it.

**News From Mt. Gilead**

Mount Gilead is soon to have street lights. The proposed proposition which the town now has under way is to place ten gasoline lights at such places in town so that all the main streets will be well lighted. It is understood that this lighting system can be operated at a very small cost.

Charles, the nine-month-old son of Mr. and Mrs. W. M. Taft, died last Thursday night. The funeral was conducted Friday afternoon at Troy by Rev. N. E. Coltrane. A large number of people from here attended the funeral.

With the exception of a short space in Troy township, the road from here to Jackson Springs is now in fine shape. Mount Gilead has had a force of hands on its part of the road for several days and all the rough places have been worked over. —The Southerner.

Laokwana passenger train No. 9 between New York and Buffalo, was run into by a train of express cars near Corning last Wednesday night and between thirty and forty persons killed and fifty injured.

Sid W. Allen and Wesley Edwards, the Virginia outlaws, are said to have been seen in the mountains near Mt. Airy a few days ago.

**Senator James' Ponderosity**

Mr. J. A. Sharpe, editor of the Lumberton Robesonian, was one of the many North Carolina Democrats at the Baltimore convention. In his paper on his return home he says: "Judge Parker is not particularly impressive as a presiding officer and his voice sounded like a muffled drum that vast convention hall filled with thousands of people. Senator Pomeroy, Chairman Ollie James has no difficulty in making himself heard. If anybody in North Carolina has got him beat on voice it's Solicitor W. O. Hammer, of Asheboro, but Jig as Mr. Hammer is, Senator James has got him beat on size, standing over 6 feet and weighing some 300 pounds."

At the close of the Baltimore convention Mr. Hammer weighed according to a slot machine in the Eu-roon hotel, 279 pounds. Standing beside Senator James he looked like a little boy. While Senator James delivered his speech as permanent chairman of the convention, Mr. Hammer sat in three feet of him, and never has he heard such a voice. It is like the roar of a lion compared with anything ever heard in this or any other state. But such a speech and such an impression as it made! Judge Parker's speech dealt almost entirely with Roosevelt and a condemnation of the man and his methods, while James and Roosevelt the African hunter who was nominated at the Baltimore caucus at Chicago with a negro as chief presiding genius, his careful arrangement of the foils and oars, his taxes and blunders, insincerity and subservency to the interests of his and his administration, shook the foundation and raised the rafters of the convention hall. No wonder the slogan "Ollie and the Boys" was a rallying cry in the "Blue Grass State."

**Good Roads Hints.**

Study conditions and build your road suitable to the traffic with due regard to the probable maintenance.

Road building and maintenance have been a case of "many men of many minds" with no two roads alike.

We are not road crazy, we are just coming to our senses and beginning to realize the worth of a good road.

Farmers are getting tired of being isolated during the long, muddy months because of bottomless roads.

The highest civilization is only possible in a country where good roads prevail.

Good roads attract strangers and make a neighborhood desirable as a dwelling place.

Good roads help business, stimulate trade, put money in circulation and increase values.

Without personal care under some kind of a patrol system our roads will always be just like you now see them.

Good roads sentiment is now rampant everywhere and if it continues it will find the money for construction and rebuilding.

Children in many localities have to remain at home for days at a time because the mud is so deep they cannot walk through it.

There will be no let-up to the campaign to bring to the attention of both producers and consumers the value of good roads.

It is better business to pay interest on money invested in good roads than to waste money attempting to fill the holes in bad roads.

For generations the farmers of this country have put up with bad roads without knowing what a heavy tax they were on their resources.

It is said that dust collected from the streets of New York City contains twelve per cent. rubber, iron nine per cent, and shoe leather six per cent.

After the kicker has had his easy say, the fact remains that people are crowding to get to good roads and that land along them has been rapidly increasing in value.

The Canadian government has ten dered ten million dollars, at the low rate of two per cent. interest to the various municipalities to improve the main roads.

It is highly important that men who know how to build a good road or know enough to employ a competent engineer be elected to the office of county commissioner.

**Announcement**

To my friends and fellow citizens of Randolph county.

I hereby announce myself a candidate for the nomination of County Treasurer, subject to the action of the Democratic convention which will meet later and select candidates for the various offices. I am still as I have always been, willing to abide by and submit to whatever a majority of the Democratic party may see fit. Respectfully,  
W. N. Eder,  
Trinity S. C.

**Cooking Vegetables**

All green vegetables should be cooked in uno-vented pans. Vegetables are blanched when cooking, to remove the strong acid taste; this process is sometimes called "piping-boiling." With very old, strong flavored numerous vegetables the water is often changed several times in the cooking process.

To boil cabbage or cauliflower, select small heads of these vegetables rather than large ones, as they will be more delicately flavored. The cabbage should be cut in quarters and soaked for an hour in salt water. Have a deep stew pan full of boiling water and add a tablespoon of salt. Put in the cabbage and cook briskly without covering for 30 to 40 minutes, according to the age of the cabbage. When cooking open the kitchen windows at the top and there will be no noticeable odor. Drain and chop the cabbage and use every pint of the cooked vegetable allow a teaspoon of butter and add more salt if it requires it and pepper to suit taste. Cooked thus, cabbage will be tender and full of flavor and will no longer be considered a coarse vegetable.

When pork is to be cooked with cabbage put the meat to cook first, when it is commencing to grow tender add the cabbage.

All the above applies to cauliflower, except the latter is never quartered when put to coos and its flavor is so delicate that the water must not be changed during the cooking. The time of cooking the leafy vegetable should never exceed 30 minutes. It may be served with a very rich white sauce or with only a little butter.—By Henrietta D. Grael, Domestic Science Lecturer

**General Hoke Passes.**

General Robert F. Hoke, the ranking surviving officer of the Confederacy, died at his summer home in Lincoln, last Thursday. The General was in Raleigh Friday.

Gen. Hoke was about 75 years of age. His family was distinguished in colonial and revolutionary periods. He made a brilliant record in the Civil War, it being said that if Gen. Lee had been killed, Gen. Hoke would have succeeded him.

He married in 1859 Miss Lydia A. Van Wyck and she and four children survive. The children are Dr. Michael Hoke, Atlanta; Mr. Van Wyck Hoke, Lincolnton; Mrs. W. D. Pollock, Kinston, and Mrs. Alexander Webb, Raleigh.

Upon a petition of 75 per cent. of the voters of the town, the town commissioners of Carthage recently ordered a \$30,000 bond issue with which to put in a system of water works for the town.

**A Good Motto**

I believe in friendship. I need friends and know others that do; therefore I will be friendly to all mankind. Friendship is a thing that is never complete. It is always in the making. A vow of friendship is only a promise to pay. Neither is it a luxury to be bought and paid for, and a receipt given. Friendship is an obligation, a duty, a privilege that endures through life.

**CONSTIPATION IS A MENACE IN SUMMER**

Regularity of Bowels Very Important at This Time.

At no time should people more closely watch the condition of their bowels than during hot weather. Summer conditions contribute in various ways to cause constipation, but whatever the cause the trouble should be quickly corrected; constipation, if neglected, leads directly to serious, and often fatal disease.

Some people find that certain fruits have laxative effect, but this cannot be depended upon; a mild laxative tonic that will act gently and positively, without griping or shock to the system, is far preferable. The compound of simple laxative herbs with pepsin, known as Dr. Caldwell's Syrup Pepsin, is highly recommended as being easy and natural in action, pleasant to the taste, and certain in its effect. A dose of Syrup Pepsin at night will restore normal action in the morning, carrying off the heaviness and bloating. Salts, purgative waters and cathartics should be avoided, as they upset the entire system and afford at best but temporary relief. By cleansing the bowels and removing the foreign matter that irritates and inflames the tissues, a spoonful of Syrup Pepsin will quickly check the summer diarrhoea that is so weakening. Dr. Caldwell's Syrup Pepsin is sold by druggists for fifty cents a bottle, the large, family size costing one dollar. A free trial bottle can be obtained, postpaid, by writing to Dr. W. B. Caldwell, 406 Washington St., Monticello, Illinois.

**PAST PERFORMANCES OF NATIONAL CONVENTIONS SINCE THE YEAR 1860**

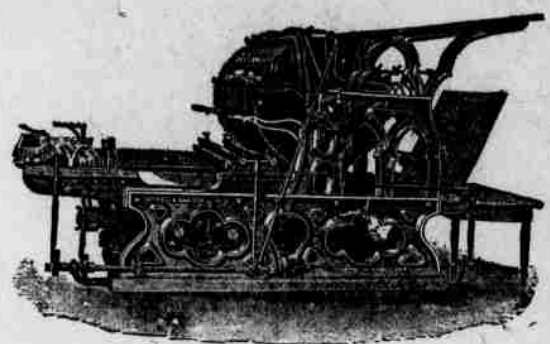
Showing the number of ballots required to nominate the presidential candidates of the two parties since Lincoln and Douglas were chosen.

Republican				
Year.	Place.	Date of Convention.	Nominee.	No. of Ballots.
1860	Chicago	May 16-18	Abraham Lincoln	3
1864	Baltimore	Jan 7	Abraham Lincoln	1
1868	Chicago	May 20-22	Ulysses S. Grant	1
1872	Philadelphia	June 5-6	Ulysses S. Grant	1
1876	Cincinnati	June 14-16	Rutherford B. Hayes	7
1880	Chicago	June 28	James A. Garfield	30
1884	Chicago	June 3-6	James G. Blaine	4
1888	Chicago	June 19-25	Benjamin Harrison	8
1892	Minneapolis	June 7-10	Benjamin Harrison	1
1896	St. Louis	June 16	William McKinley	1
1900	Philadelphia	June 19-21	William McKinley	1
1904	Chicago	June 21-23	Theodore Roosevelt	1
1908	Chicago	June 16-19	William H. Taft	1

Democratic				
Year.	Place.	Date of Convention.	Nominee.	No. of Ballots.
1860	Baltimore	June 18-23	Stephen A. Douglas	1
1864	Chicago	August 28	George B. McClellan	2
1868	New York	July 4-11	Horatio Seymour	22
1872	Baltimore	July 9	Horace Greeley	1
1876	St. Louis	June 27-29	Samuel J. Tilden	2
1880	Cincinnati	June 22-24	Winfield S. Hancock	2
1884	Chicago	July 8-11	Grover Cleveland	2
1888	St. Louis	June 5	Grover Cleveland	*
1892	Chicago	June 21	Grover Cleveland	1
1896	Chicago	July 7	William J. Bryan	5
1900	Kansas City	July 4-6	William J. Bryan	1
1904	St. Louis	July 6-9	Alton P. Parker	1
1908	Denver	July 7-10	William J. Bryan	1

\*By resolution without opposition.



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