



"Um-m-m! That IS Coffee"



Luzianne Guarantee: After using the contents of a can, you are not satisfied in every respect, your grocer will refund your money.

It's got the smell and the smack that make you say, "Get 'em up again." For it's always fair weather when good folks get together over a cup of steaming, staving-good Luzianne. You don't buy a pig in a poke when you buy Luzianne Coffee. No, Ma'am. It clearly states that if it doesn't meet your idea of a better coffee, you're entitled to your money back and get it. Buy a can of Luzianne and readjust your ideas of what good coffee must be. Ask for profit-sharing catalog.

LUZIANNE coffee

The Reily-Taylor Company, New Orleans

Valuable Real Estate For Sale

Pursuant to a decree of the Superior Court of Randolph county, North Carolina, made in the case of Greensboro Loan & Trust Company, as executor of the last will and testament of O. R. Cox, deceased, vs. Sarah E. Cox and others, the undersigned will sell the lands hereinafter described on the dates hereinafter mentioned. The sale of these lands will be by public auction to the last and highest bidder, on the terms of one-fourth cash, one-fourth six months after date of sale, one-fourth twelve months after date of sale and the balance eighteen months after date of sale, deferred payments to bear interest from date of sale till paid at the rate of six per centum per annum, title to be retained as security for deferred payments. This sale is made for partition between the heirs of O. R. Cox, deceased:

Randolph County Lands

The first three tracts hereinafter described lie in Randolph county, and will be sold in front of the county court house door, at Asheboro, N. C., on the 17th day of December, 1917, commencing at 11 o'clock a. m.

FIRST TRACT:—An undivided half interest in the following described lot: Beginning at an iron stake in the north side of Depot Street at the line of the High Point, Randleman, Asheboro and Southern Railroad Company, and running thence east along Depot Street 29 1-6 feet to J. S. and W. P. Lewis' corner, being the center or dividing wall between the bank building and the hardware building; thence north along the center of the side wall 50 feet to J. S. and W. P. Lewis' corner in said wall; thence west along center of wall 22 feet and four inches to an iron stake in the North Street, J. S. and W. P. Lewis' corner; thence north along North Street 53 feet to Finch and Caviness building; thence along the wall about 55 feet to an iron stake intersecting with the said lines of the High Point, Randleman, Asheboro and Southern Railroad Company; thence along said line 100 feet to the beginning, containing 4,267 square feet, more or less.

SECOND TRACT:—(In former advertisement "Third Tract") Lying and being in Asheboro, North Carolina, and adjacent to and fronting on Fisher Avenue, two hundred four and one-half (204½) feet, and extending back four hundred and twenty-eight (428) feet to Hoover Street, and bounded on the west by the lands of Arthur Ross, and on the east by the lands of — Holder. On this lot is a good large dwelling house. This lot will be first offered in four parcels, the boundaries of which will be made known on the day of sale, and then as a whole, and the manner in which it shall bring the greatest price will be reported to the court.

THIRD TRACT:—"Ninth Tract" in original advertisement.) This tract lies in the village of Cedar Falls, on Deep River, Randolph county, and known as "The Meadow Lot", and adjoins the lands of the old Cape Fear & Yadkin Valley Railroad Company and others, and contains about one (1) acre, being part of the land described in a deed recorded in book 38, page 728, in the office of the Register of Deeds for Randolph county, N. C.

At the same time and place, the undersigned will sell, for cash, to the last and highest bidder, ten shares of stock of the Asheboro Wheelbarrow Manufacturing Company, of the par value of fifty dollars (\$50) each.

Lands in Guilford County

These lands are to be sold on the premises, in High Point, N. C., on the 18th day of December, 1917, commencing at ten o'clock a. m.

What is known as "the O. R. Cox lands", bounded on the north by Lee Street or Chippendale Road, and on the west by Orlando Avenue, and on the south by Liberty Street, and on the east by the J. M. Sechrist Division, have been divided into forty-seven (47) lots as shown on map recorded in book of maps No. 4, page 62, in the office of the Register of Deeds for Guilford county, N. C., which see. Of these forty-seven (47) lots, Nos. 5, 6, 7, 8, 9, 14, 15, 16, 17 and 18 have been heretofore sold, leaving the others running consecutively from 1 to 47, both inclusive, exclusive of the ten lots hereinbefore mentioned as having been sold, to be sold.

In addition to the foregoing, there will be sold at the same time, lots Nos. 1, 2, 3, 4, 5, 6, 7, 8, 9 and 10 in Block E, all fronting on Brockett Avenue on the west; Lot No. 7, in Block B, adjoining Tate Avenue on the east, and fronting on Price Street; Lots Nos. 6 and 7, in Block C, fronting on Lee St., on Chippendale Road; No. 7 is adjacent to Tate Avenue, and No. 6 is just east of and adjacent to No. 7; Lots Nos. 13 and 14, in Block A, fronting on Price Street; No. 14 is bounded by Tate Avenue on the west, and No. 13 is just east of and adjacent to No. 14. All these lots are 50 by about 150 feet. See J. M. Sechrist Division, Plot Book No. 2, page 53, in the office of the Register of Deeds for Guilford county, N. C.

Maps or plots of these lots can be seen at the office of J. L. Parrish, Esquire, High Point, N. C.

Information may be had concerning the foregoing property on application to W. C. Hammer, attorney, Asheboro, N. C.; J. A. Spence, attorney, Asheboro, N. C.; and King Kimball, attorneys, Greensboro, N. C., or the undersigned.

This November 14, 1917. GREENSBORO LOAN & TRUST CO., By J. W. Fry, Commissioner and Executor.

...ing water containing ½ ounce salt immerse 12 ounces cornmeal, stirring until thoroughly mixed. Cook for twenty minutes. Add two ounces butter and ½ ounce grated cheese. Spread one thin layer on the bottom of a buttered grating dish, and on top a stuffing prepared as follows: Mix ½ pound finely minced cooked chicken, three ounces chopped cooked spinach, salt, pepper, and mix with one raw egg. Cover with a layer of the cornmeal mush; sprinkle with grated cheese and bake.

Cornmeal Grochi

Scatter and stir 12 ounces white cornmeal into a quart of boiling milk; season with salt, pepper and nutmeg; cook gently for twenty minutes. Take off fire, thicken with the yolks of two eggs, spread it over a moistened tray ½ inch thick. When quite cold cut it with two inch round cutter, set in buttered shallow grating dish, sprinkle with grated cheese and melted butter and bake nicely brown.

King Corn's Country Cousins

As the result of many attempts to find crops suitable for cultivation in the semi-arid regions of the Western States of this country, the non-saccharine grain sorghums have been successfully introduced from South Africa where they have for a long time held a prominent place as a staple cereal crop. In India, China, and other Oriental countries the sorghums have been used in both animal and human nutrition, oftentimes comprising the major portion of the available supply of food suitable for human consumption.

In this country feterita, kafir, dwarf milo, and kaoliang, all varieties of these sorghums, have for some time been used as feeding crops for animals, and the agricultural press has reported successful attempts to use them in the human dietary.

Bulletin 470, United States Department of Agriculture, gives a full description of numerous tests made to determine the composition and nutritive value of these grains. In the majority of the experiments the grains were eaten in the form of soft bread or in mushes. The results show that in an average the protein of the softer dwarf kafir bread was 51 per cent digested and that of the dwarf kafir mush was 48 per cent, while that of hard kafir bread was 58 per cent digested. In the case of feterita the values were 51 per cent for the bread protein and 48 for mush protein. With dwarf milo the values were 40 per cent for the protein of bread and 34 per cent for that of the mush and for kaoliang 20 per cent for the protein of the bread and only 4 per cent for that of the mush.

From tests related in this circular, it seems fair to conclude that these cereals are decidedly valuable as human food. They can be prepared for the table in palatable form, requiring, however, some special method of cooking to insure their being at their best. In preparing them it is most important to make certain of the absorption of water in such quantities that the particles of meal which are characteristically hard or flinty may be well softened.

To many palates the grain sorghums more nearly resembles buckwheat in flavor than they do corn or wheat. The taste is quite generally regarded agreeable, however, and the grains certainly wholesome.

WHAT EVERY CHILD BRINGS TO SCHOOL

The Chautauqua Reading Hour

Dr. William Byron Forbush, Editor. No grown-up can possibly realize how little a small child knows. Alice in Wonderland found a way to shrink herself so as to be able to enter through a keyhole into the country of tiny people, but no key or potion has ever been found that will enable any adult to explore the ignorance of a six-year-old.

Did you appreciate that more than one child out of five enters school without knowing his right hand from his left? That nine out of ten do not know where their ribs are? That over half of the beginners in city schools have never seen a squirrel or a sheep, have never seen a sunrise or a sunset, do not know that things grow from seed, or where butter and meat come from? That from 10 to 15 per cent of them are unfamiliar with the colors, green, red, yellow and blue? That many of them do not know when a book is right side up?

Equipment to Start School

A number of years ago G. Stanley Hall studied the contents of children's minds on entering school. These are a few of the facts he got from Boston (emphasis on Boston!); Eighty seven per cent had never seen a pine tree; 14 per cent had never seen a pine straw; nine out of ten did not know where cotton comes from; over one-third had never been in the country.

in order to discover how equipped they were for the first studies they would undertake in school, he selected the names of 113 objects, taken mostly from First Readers. He found that over 60 per cent of the children were ignorant of the meaning of over half the words; 39 per cent could not beat time regularly, and only 62 per cent could sing at all. Over half were ignorant of stories.

A very important bit of knowledge for a child first going away from home is in respect to finding his way back if he should be lost. In a study of 10,000 little Berlin children it was found that only about half had ever seen to know by name any of the conspicuous buildings or streets of the city, and from 15 to 19 per cent of them could not give their father's name. Could your own child, if he were lost, give clearly his own name and street address? It is much more important than a clean pocket handkerchief.

How They Look at Things

There is space to name only a few of the strange ideas commonly held by little children. Most of them think the earth is a plain. More than half have never noticed the sun when more than 40 degrees from the zenith, and about half of them think it rolls along or flies or is blown. The stars and the moon shine through holes in the sky. Babies are made up in heaven and are brought by the doctor or the milkman. In general, the world is a sort of great big house where everybody has been

made by hand, or fetched from somewhere.

The drawings of a young child are instructive as to the way they look at the world about them. They are invariably endeavors to express a story. There is no care as to detail and not until they have been in school a year or two do they make the slightest effort to imitate nature. Figures are drawn without bodies or with arms and legs put on like branches on a tree. They show almost no interest in number and no evidence of proportion or relation. It must be a very simple world in which children live.

His Hinterland

One thing every teacher who has a new roomful of pupils will know within a week after school began this fall: She will know what kind of a home each one of her children comes from. Not the wealth of those homes, not their location, but their character. Every child brings his own Hinterland. He cannot disguise it. No pretense can conceal an accurate impression. His manners, his appearances, his tastes, his outlook will reveal whether he has a good upbringing, or whether, like Topsy, he has "just grown." The teacher is informed as to the time and care that have been spent upon every child in the room. These are his education, during the years before school when a human being learns more than during all the rest of life put together. These are the goods that he brings down to life's coastline to trade with, and they are

what he has after he has traded his principal stock in trade.

Don't Blame Him; Teach Him

The moral seems to be plain. Don't blame your little child for not knowing what he has never had any chance to learn. Don't expect him, with his few hundred ideas and words, to understand or do what ought not to be expected of an average child of his age. If you wish him to know more than he does now and to enter school with a broader foundation for education talk to him and show him more of the commonest things. For instance, this very week, let him see an ant, a chicken, an elm tree, and some moss; show him clouds, dew and the moon; teach him a square, a circle and a triangle; point out a bricklayer, a shoemaker and a bootblack at work. Common things? Yes. But from ten to ninety-one children out of 100 enter school without knowing them.

J. M. Sides, of Comnelly Springs, was struck by passenger train No. 11 at Hickory last Thursday morning. He was immediately rushed to a hospital where he died Friday evening.

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For Infants and Children
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Always bears the Signature of *Dr. J. C. Hutchins*

C. C. Kime Wants Your Country Produce

and will pay highest cash market prices. Dried beans, peas, potatoes, onions, eggs.

Car Load of McCormick Binders, Mowers, and Binder Twine just received. Have an attractive price on these items. Call to see us.
McCrary-Redding Hardware Company

The old-fashioned man who lacked education and spelled pneumonia the way it is pronounced because he didn't know any other way, now has a son who spells it the way it is pronounced because he is a college graduate and an advocate of simple spelling.

Housewives have been warned against persons who, it is reported, have attempted to buy, tax or carry away home-canned products, claiming that they are representatives of the Food Administrator. These persons are imposters.