

THE COURIER

ISSUED WEEKLY.

PRINCIPLES, NOT MEN

\$1.50 A YEAR IN ADVANCE

VOLUME XXXIII.

Asheboro, North Carolina, Thursday, January 31, 1918

NUMBER 5

PRESIDENT SAYS BURDEN OF FEEDING THE ALLIES IS OURS AND WE CAN CARRY IT

NECESSITY FOR MORE INTENSIVE EFFORT TO SAVE FOOD TO THAT END

Mr. Wilson Especially Calls Upon the Housewives to Observe the Suggestions of Food Administration—Substitution of Potatoes and Other Vegetables and Mixed Cereals in Effort to Save More Wheat for Exportation to English and French Armies on the Front and in the Trenches.

Washington, January 26.—The following proclamation by President Wilson on food conservation was issued on Saturday.

A Proclamation

Many causes have contributed to create the necessity for a more intensive effort on the part of our people to save food in order that we may supply our associates in the war with the substance vitally necessary to them in these days of privation and stress. The reduced productivity of Europe, because of the large diversion of man power to the war, the partial failure of harvests and the elimination of the more distant markets for foodstuffs through the destruction of shipping, places the burden of their subsistence very largely on our shoulders.

What We Must Do

In order that we may reduce our consumption of wheat and wheat products by 30 per cent—a reduction imperative to provide the supply for overseas—wholesalers, jobbers and retailers should purchase and re-sell to their customers only seventy per cent of the amounts used in 1917. All manufacturers of alimentary pastes, biscuits, crackers, pastry and breakfast cereals should reduce their purchases and consumption of wheat flour to seventy per cent of their 1917 requirements and all bakers of bread and rolls to 80 per cent of their current requirements. Consumers should reduce their purchases of wheat products for home consumption to about seventy per cent of those of last year, or when buying bread, should purchase mixed cereal breads from the bakers.

How to Control Wheat Bread

To provide sufficient cereal food, homes, public eating places, dealers and manufacturers should substitute potatoes, vegetables, corn, barley, oats and rice products, and the mixed cereal bread and other products of the bakers which contain an admixture of other cereals.

In order that consumption may be restricted to this extent, Mondays and Wednesdays should be observed as wheatless days each week, and one meal each day should be observed as a wheatless meal.

Meats and Sugar

In both homes and public eating places, in order to reduce the consumption of beef, pork and sheep products, Tuesday should be observed as meatless day in each week, and meatless meals should be observed in each day, while in addition, Saturday in each week should be further observed as a day upon which there should be no consumption of pork products.

Eliminate All Waste

It is imperative that all waste and unnecessary consumption of all sorts of foodstuffs should be rigidly eliminated. The maintenance of the health and strength of our own people is vitally necessary at this time, and there should be no dangerous restriction of the food supply but the elimination of every sort of waste and the substitution of other commodities of which we have more abundant supplies for those which we need to save, will in no way impair the strength of our people and will enable us to meet one of the most pressing obligations of the war.

Appeals to the People

I, therefore, in the national interest, take the liberty of calling upon every loyal American to take fully to heart the suggestions which are being circulated by the food administration and of hoping that they be followed. I am confident that the great body of our women who have labored so joyfully in co-operation with the food administration for the success of food conservation will strengthen their efforts and will take it as a part of their burden in this period of national service to see that the above suggestions are observed throughout the land.

WOODROW WILSON,
The White House, 18 January, 1918.

Monument to Be Erected in Memory of James McConall, State's First Soldier to Die in France.

A large monument was shipped through Asheboro last week to Carolina. It will be erected by the state of North Carolina to the memory of James McConall, the first North Carolina man to give up his life in France. The first monument first went to New York and was then shipped to Asheboro and was shipped on to France.

NEW FIRE TRUCK PURCHASED

The city of Asheboro last Saturday placed with Mr. R. R. Clinard, salesman for the North State Motor Company, of Greensboro, an order for a new fire truck. The truck will be built on a Republic chassis and equipped with the Northern Fire Truck equipment including a chemical tank.

From four to eight weeks will be required to build the truck, which is especially designed for the requirements, and will be a strictly modern outfit. This will give to Asheboro a fire fighting equipment that few cities the size of Asheboro can boast of.

J. D. Ross, Food Administrator for Randolph County, Gives Information Concerning Sale of Flour.

Food Administrator J. D. Ross received the following telegram yesterday from the State Food Administration giving instructions as to the sale of flour:

"Notify all merchants through your local papers no exception can be made to food administration's ruling forbidding sale of wheat flour except in combination with equal amounts of other cereals, including corn meal, hominy, grits, oat meal, barley flour, edible wheat shorts, or middlings, corn flour, corn starch, soy bean flour."

County Food Administrator Ross has also been instructed by the State Food Administration to take prompt and vigorous action to the end that all purchasers of excessive quantities of foodstuffs, particularly flour, in this county shall return their surplus above one barrel to the dealers without delay.

Further Instructions are:

1. That you demand of each retailer in your county a complete list of consumers who have purchased flour in excess of one barrel during the past three months.
 2. That you immediately notify the purchasers whose names are submitted to you or whose names you can secure that they must return all flour in their possession in excess of one barrel to the dealers from whom they purchased those dealers being required to take it back at the price they received for it.
 3. That you take every means within your command to remedy this situation as promptly as possible.
 4. That you submit to us promptly for indictment and prosecution the names of any merchants who withhold information and any consumers who retain in their possession more than one barrel of flour after they have been given an opportunity to return it to dealers.
- P. S. You are aware, of course, that the man who has flour ground from wheat produced by himself is exempt from the provisions of the food law in question.

Proportion of Men in Hospitals Less in United States Than in Overseas Forces

A recent comparison of health reports from troops in the United States and the Expeditionary Forces shows the admission rate to hospitals to be greater among the men in France.

Admissions to hospitals in one week in the Expeditionary Forces, figured on a basis of 1,000 men, were 45.2; in the United States the rate was 33.7 for 1,000 men. In the overseas forces the non-effective rate (the total number of men excused from duty for any injury or ailment, whether or not admitted to hospital) was 54.1 per 1,000 men; in the troops in the United States it was 46.4.

Allen Is Arrested in Greensboro

W. H. Allen, of Randolph county, a white man, had been wanted by the Federal officers for some time, and when he appeared in Greensboro last Saturday he was espied by deputy marshal Poplin and placed under arrest. The charge against him is illicit distilling.

North Carolina Will Double Seal Sale

North Carolina will double her sale of Red Cross seals, selling two millions and a half seals which amounts to \$25,000, thinks Dr. L. B. McBrayer, executive secretary of the State Red Cross Seal commission, who bases his opinion on the reports that have already gone in.

Seven Physicians and Two Hotel Men Indicted

Indictments against five physicians, two hotel proprietors, and complaints leading to the indictment of two more physicians have been made as a result of a recent visit made by T. M. Jordan of the State Board of Health to the counties in the eastern part of the State in the interest of the new State quarantine law.

America Have More Tonnage Than Other Nations

America will have more tonnage in 18 months than all the other nations. Charles M. Schwab, president of the Bethlehem Steel Corporation predicts that working man will soon control the world's destinies.

Appalachian Branch Southern Railway Tracks Washed Away By Floods

No trains will operate on the Appalachian division of the Southern Railway for at least this week on account of the washing away of more than 10 bridges and tracks and numerous slides and washouts.

TERRIBLE TRAGEDY IN ATHENS, TENNESSEE

Wade Smith, of Denton, Murdered—Remains Buried in Denton Monday. Wade Smith, the 16-year-old son of Mr. and Mrs. L. A. Smith, of Denton, was murdered in Athens, Tenn., in July. The young man, like many boys in their teens decided to seek employment away from home and to eventually to go west to see an aunt who lived at Wichita, Kansas. He left home in May and spent some time cutting timber near Asheboro later going to High Point where he found employment for a short time. His people had heard nothing from him since until a notice in last week's papers recorded the finding of a human skeleton near Athens, Tenn., and that on it an express receipt was found showing that a piece of baggage had been shipped from Salisbury, N. C., to Wichita, Kansas, to Wade Smith. The chief of police in Salisbury was notified and Mr. Smith seeing the account in papers took the matter up immediately. The facts seem to indicate that Mr. Smith got in with a man by the name of Wholen, who at Athens, Tenn., on July 22, invited him to go a short distance in the country to take dinner with an uncle. In going through a strip of woods Smith was murdered and Wholen left. The body of Smith was not discovered. Wholen returned early last week and was passing through some woods with a friend when they saw the frame of a man and he said: "They have not buried that boy yet." The man reported this to policemen who arrested Wholen. He is a man about 35 years old; he confessed to the murder but said it was in self defense. He is now in prison and awaiting trial. He has the reputation of being a bad man, having served sentence in the penitentiary for theft, etc. The express receipt and filling in Mr. Smith's teeth served as the clue to his identity, the dentist at Denton knowing the work he had done for the young man. Remains were sent to Denton where funeral was held in the Baptist church Monday after which interment followed in the local cemetery. The case is a sad one and the relatives and friends have the sympathy of the people of the county.

SECRETARY BAKER SILENCES HIS CRITICS

Appears Before Military Committee—Defends the Country He is "On the Job."

Secretary of War Baker has made his appearance before the military committee and has convinced them that he is "on the job." He says that by early spring one half million men will be in training and waiting for transportation across. Secretary Baker's knowledge of military affairs and conditions have been gratifying to the committee as well as his care and consideration for the soldiers of the country. The public has decided that any criticism made against the war department has been unjust and unwarranted.

TWO DAIRY SCHOOLS COMING TO RANDOLPH

One At Glensville February 6 and one At Sophia February 7.

Believing that a broader knowledge of principles of dairying would be profitable to people of Randolph county county agricultural agent Coltrane has arranged with State Dept. of Agriculture to conduct 2 dairy schools in the county next week. The schools are to consist of just one day each. One is to be at Glensville February 6. The second one is to be at Sophia Thursday Feb. 7. The department has two men in the field conducting these schools for about three months in a year. Mr. Coltrane tried to get their service for more than two days in this county, but was unable to do so. The people of all the upper end of the county should make use of learning all they can in handling milk, butter, cream, etc. at these schools. As to all they will do I can't say that will be according to our conditions, but they will do this. They will have with them all the standard makes of cream separators, the best types of churns, the best butter makers, also they will have a Babcock milk tester and will be glad to test as many samples of milk as you will bring. You should bring a sample of milk from every cow you have and have it tested to see which cows you can afford to board and which not. To get this sample I would advise that you keep the night's milk, then take and stir the morning's milk in with it the next morning. After stripping well get a pint or more of the milk. You should also bring samples of cream and have them tested. It is most important in this time of high priced feeds that you have your cows tested so as to see which one you can afford to keep. These men will also show how to handle cream in the winter time so as to avoid the churning which many of you do of something like three hours. If cream is properly ripened it should not be churned more than a half hour any time during the year.

Don't forget the dates and the places and every man who has as many as two cows should make arrangements to attend one of these schools at the school houses of the above named places.

D. S. COLTRANE, Co. Agent.

Barlison Named As Successor To Himself

Re-nomination of Postmaster General Barlison was confirmed by the Senate last Friday within a few minutes after the question had been taken up in executive session.

WAR BREAD DIET IN EFFECT LAST MONDAY

FOOD ADMINISTRATION CALLS IT VICTORY BREAD

Begins With a Five Per Cent Substitution for Wheat and Will Eventually Go to Twenty Per Cent—Nothing Compulsory.

The American people went on a war bread diet Monday as a part of a war rationing system prescribed by President Wilson and the Food Administration.

"Victory bread" the Food Administration calls it. The war rations are asked for the purpose of creating a larger export surplus of food for the European Allies. Curtailment of consumption will be accomplished largely by voluntary effort, but force will be employed wherever permitted under the food control act.

1918 Food Program

The rationing system, as presented by the President in a proclamation and by Food Administrator Hoover in a list of regulations, forms the Food Administration's 1918 food conservation program, of which the chief features are:

• Bakers' bread of mixed flours, beginning Monday with a five per cent substitution of other cereals for wheat until a 20 per cent substitution is reached February 1.

• Sale by retailers to householders of an equal amount of substitute flours for every pound of wheat flour purchased at the time the wheat flour is bought.

• Sale by millers to wholesalers and wholesalers to retailers of only 70 per cent of the amount of wheat flour sold last year.

• Two wheatless days a week—Mondays and Wednesdays—and one wheatless meal a day.

• One meatless day a week—Tuesday—and one meatless meal a day.

Porkless and Meatless

Two porkless days a week—Tuesday and Saturday.

Manufacturers of macaroni, spaghetti, noodles, crackers and breakfast foods, pie, cake and pastry will be permitted to buy only 70 per cent of their last year's purchases, and are asked to perform a patriotic service by using substitute flours.

Flour will be sold through the regular channels and in such a manner that each community will receive its equivalent share.

Hoover to Buy 30 Per Cent

The Food Administration will purchase for the army and for the Allies as announced recently, 30 per cent of the flour output and out of this store will fill emergency requirements if stocks run low in any part of the country.

Wheat millers are required to produce one barrel of flour of 196 pounds from 264 pounds of wheat, which represents a 74 per cent flour. No patent or special flours may be manufactured, although whole wheat flour may be made as usual.

Must Serve "Victory Bread"

Hotels and restaurants will be classified as bakeries and will be required to serve the new Victory bread.

State food administrators will be permitted to designate the wheatless meal in each state. Where this is not done the food administration requests that the evening meal be observed.

The President's proclamation, besides calling on the public for a further reduction in consumption, makes a renewed appeal to the housewife to stop the waste of food. It asks a general observance of the food administration's regulations and calls on the people in addition to hold down their consumption of sugar.

There is no forcible limitation of purchases of householders, and in this connection the food administrator says:

Housewife Handles the Club

"The effectiveness of these rules is dependent solely upon the good will of the willingness of the American people to sacrifice. In the last analysis the success or failure of any such plan as outlined rests with the people. We have but one police force—the American woman, and we depend upon her to see that these rules are obeyed by the small minority who may fail."

Of the nearly 30,000,000 householders in the United States about 15,000,000 have signed the food administration's pledge to follow its food conservation directions and the food administration officials believe that the regulations will be generally observed.

Estimated Saving

Mr. Hoover estimates that observance of the regulations will save about 15,000,000 bushels of wheat a month for shipment abroad. This will enable the Allies to subsist, although their ration will be short. All of the Allies and the Central Powers as well, are on a war bread diet now. Most of the Allies are mixing about forty per cent of corn meal and other substitutes with wheat flour baked, and all of Europe is utilizing a large amount of the whole wheat grain. Both France and England have recently cut down the bread ration by almost half. If the voluntary rationing system fails in this country it then, Mr. Hoover said, "is up to Congress. We have no power under the law to compel people to eat less."

STATE AND GENERAL NEWS

On the 3rd day of September, 1917, Governor Bickett issued a proclamation calling into active military service all men between the ages of 21 and 45. The men constitute the home guard and are the guardians of the peace and safety of the state. The Governor now calls to the colors all women of the state and all boys and girls between the ages of 12 and 21 and urges every one to join the corn, the pig and poultry clubs.

Sugar maple trees grow in abundance in our mountain counties and maple sugar can be produced in North Carolina.

Dr. A. P. Staley, of High Point, but formerly of Liberty, Randolph county, was re-elected president of the North Carolina Optometric society last Tuesday in the final session of the convention at Greensboro.

Mrs. Fannie King, an aged white woman residing at Goldsboro, last Saturday identified a negro man known by the name of James Lewis as the negro who recently assaulted her while she was visiting in Greenleaf.

The North Carolina Grand Lodge of Masons have elected George S. Norfleet, of Winston-Salem, to the Grand Mastership to succeed Dr. Claude L. Priddy, of Wilmington.

The cemetery set aside by the French authorities as a burial place for the American dead in France was dedicated a few days ago by Colonel John S. Sewell of the seventeenth railway engineers. In an address he declared that "no worthier fate could come to a soldier fighting in a just cause than to be gathered with her own sons to the bosom of France."

S. A. Stone, an aged citizen of High Point, died last Thursday.

Folwell Williard, of High Point Route 2, died last week of pneumonia.

Mrs. Mary Caton, of Advance, died last week. Mrs. Caton was the sister of the late sheriff W. A. Bailey of Davie county.

Mr. W. C. Leak died last Wednesday afternoon after suffering a stroke of paralysis two weeks ago.

Miss Julia A. Thorns, who served as first vice president of North Carolina Forestry association during the past year, was named to the presidency of the association at the convention held at Wilmington a few days ago.

William Bonneau, of Spencer, aged 16 years, met his death as a result of an accidental discharge of a pistol which he had under his pillow last Saturday night.

Mrs. Mary Dillon, of Stokesdale, last Sunday night was awarded \$1,500, a verdict against the Southern Railway company. This concluding her suit which has been tried this week for \$20,000. She alleged that she was permanently and seriously injured by a fall which she sustained when the train she sought to board at Stokesdale started suddenly.

A party of 454 interned Germans, who have been detained at Angel Island left last Thursday for Hot Springs, N. C., for permanent internment.

Indications of a widespread plot to cripple the war activities of the United States were seen last Saturday in a series of fires in ship yards, on munition ships, in war plants and storage buildings at various points along the Atlantic seaboard and further inland. Nearly all of them were of suspicious origin.

George Aitman, a German subject, who has been residing in Morehead City for the past three years, was arrested by secret service men last Saturday night and lodged in jail at Beaufort, N. C.

Last Monday was the second holiday Monday. Virtually all business enterprises, except certain specified trades engaged in war work and food production was expected to close down. Drug stores and food stores alone among the various shops were permitted to do business.

A great number of efficient stenographers and mechanics will be selected from Camp Sevier, Greenville, S. C., for immediate overseas duties.

A big flock of geese has been seen on the eastern coast. It was estimated that there were 3,000 birds in the flock.

It has generally been understood that after December 15 no man of draft age was allowed to enlist voluntarily. He will when drafted not be allowed to choose the organization with which he will serve. North Carolina is full of experienced woodmen and sawmill men, many of whom would prefer to serve in the Forestry Regiment where their training and experience could be most effectively used in the service of the country. Men of drafted age should decide at once.

Mrs. J. R. Chamberlain has been appointed county food administrator for Wake county, succeeding Mr. J. M. Broughton, Jr., who resigned because of his inability to give justice to the increasing duties of the position and at the same time attend to increasing duties of the position of president of chamber commerce and chairman of Wakes county council of defense.

The State Board of Health is urging North Carolina soldiers, mainly through their families and friends, to take the insurance that has been provided for them by the government and to do this before February 12, before the opportunity expires.

The University of North Carolina is now rendering fuller services than ever before to the women of the State. Through the Extension Bureau 425 women are now receiving instruction by correspondence and in the preparation of club programs. A special syllabus prepared by the University is being issued by the Federation of the Women's Clubs in the State.

THOUSANDS IN GERMANY REPORTED ON STRIKE

Making Demands For Peace and Better Food Supply

Latest news from Germany is that a large part of the empire is apparently in the throes of a great labor upheaval which was lead by the Socialists. There are 500,000 men and women in Berlin on a strike. The same conditions exist in Kiel, Hamburg and in the different mining sections. They have addressed an ultimatum to the government with the following conditions:

First, accelerated conclusion of a general peace without indemnities or annexations.

Second, participation of workmen delegates of all the countries in the peace negotiations.

Third, amelioration of the food situation by better distribution.

Fourth, immediate abolition of the state of siege and restoration of the right of public meetings, suspended by the military authorities.

Fifth, abolition of militarization of war factories.

Sixth, immediate release of all political prisoners.

Seventh, fundamental democratization of state institutions.

Eighth, the institution of equal electoral suffrage by direct secret ballot.

LEWISAM'S LETTER FROM THE CAPITAL

(By Maxwell Gorman.)

Raleigh, Jan. 29.—The Raleigh Times, the afternoon daily, is changing editors. The position of "editor" (or more properly speaking, editorial writer) has been offered to W. Tom Bost and it is understood here that he will accept.

Robert L. Gray, the retiring editor, has been with the Times two years. He has not announced what his plans for the future are.

War Bread is Here

According to the terms of President Wilson's proclamation issued Sunday and the "order" of Food Boss Hoover, the bakers here are putting the first American "war bread" on the market. At first it contains only one-twentieth part (or five per cent) of adulteration—hardly enough to affect its nutritious quality or the taste of the bread. Later the adulteration will gradually increase until the limit of twenty per cent (or one-fourth) is reached.

This means that, in addition to the already enormous quantities of wheat we send to Europe, every fifth barrel set apart for American consumption must also be shipped to the allies to keep them from starving before we can get enough of our boys across the seas to clean up the German army which will soon make its strongest effort on the French front.

Only by the aid of the United States have the allies been able to hold out for the last year and if it were not for Uncle Sam now Germany would certainly "win the war" over the European allies—especially since Russia laid down.

We all know that the Kaiser would do then—with all Europe starving.

He would man the English and French navies with Germans and come over to not only "lick us," but to belittle all North America—with all the horrors that term implies.

Who, then, with such a menace staring us in the face, has the spirit to complain of a little self-denial like the war-bread calls for?

To the most selfish person it must appear preferable to being fed to the Kaiser ourselves later on—with our mothers, sisters and daughters to share the fate of the many Belgian and French women "sent to the front" to wait upon and serve the brutes yclept German "soldiers." So, don't you make a wry face when you tackle your first war pone. They say it is just as good for nourishing the body.

"Heatless Mondays" order is very generally obeyed in this section, so much so that the main business streets present a Sunday appearance after 12 o'clock. Practically all the stores close at noon and there is little or no "kicking" on the part of the public.

Mr. Clyde C. Caveness, Former Asheboro Citizen, Succeeds in Mercantile Business in Washington State.

Mr. Clyde C. Caveness, son of our townsman, Mr. Henry A. Caveness, is scoring great success in the state of Washington in the mercantile business. Mr. Caveness has been in the dry goods business at Centralia, Washington, and will continue his business there. He has also purchased the Model Suit Store in Chehalis, Washington, of his uncle, Mr. A. W. Caveness, who is also a Randolph county man. They have been associated in business for several years. Mr. A. W. Caveness will move to Seattle, Wash., where he will engage in business. Mr. Clyde Caveness has been in Washington for three years and has during that time been successful in business and has made many friends. The store which Mr. Caveness has recently purchased is undergoing repairs and improvement after which Mr. Caveness will reopen the store with a complete line of dry goods.

Charlotte Observer Sustains Loss By Fire

Considerable damage was done when fire broke out in the press room of the Charlotte Observer building last Sunday evening. The big press being disabled and several rolls of print paper ruined. The damage was caused almost entirely by water. It was impossible to estimate the damage last Sunday night.