

OCTOBER 5-11 CLEAN-UP WEEK

Insurance Commissioner James R. Young insists that every agency in the state make the greatest preparation for the coming clean up week, October 5-11, and the Fire Prevention Day, October 9.

The State Department has on hand a great amount of literature to be distributed to the homes, factories and offices of the state, and by sending James R. Young, Raleigh, N. C., a postal and asking him he will send any amount of this literature.

This is the time that the school children can work through their Safety Leagues.

The mayors and fire chiefs in the many municipalities have a large responsibility in this movement and promise to utilize their opportunities to the utmost, not only in calling on the people to clean up premises more closely than ever before, but to give as ample aid as possible, especially in preparation for clearing out the trash and plunder that the householders get out of their closets, attics, basements and out-houses.

Authorities pronounce this 1919 Clean Up Movement probably the most important in the history of the state and nation in view of the economic and social reconstruction through which the people are passing, property saved, health conserved and surroundings beautified will be a wonderful help in this crucial time.

Holders May Convert 4 1/2% Bonds Into 4 1/4% Coupon Bonds

He should present those of the 20 Liberty Loan before November 15, 1919, and those of the First Liberty Loan Converted before December 15, 1919, having detached the coupons maturing on these dates. He will then receive 4 1/4% bonds with coupons attached covering interest from November 15, 1919 to May 15, 1920, and December 15, 1920, respectively. These 4 1/4% bonds will be exchangeable on and after May 15, 1920, and June 15, 1920, respectively, for 4 1/2% (permanent) bonds with all subsequent coupons attached.

(2) If the holder desires to convert 4 1/2% bonds into 4 1/4% registered bonds, he should present them at once, having detached the coupons maturing November 15, 1919, and December 15, 1919, respectively. He will promptly receive registered 4 1/4% bonds bearing interest at this rate from the interest payment date next succeeding the date of presentation for conversion. That is, unless such presentation is made before November 15, 1919, and December 15, 1919, respectively, the 4 1/4% rate will not become effective until May 15, 1920, or June 15, 1920, respectively, or later. Of course, registered bonds do not have to be exchanged for other bonds because they are in permanent form and the interest on them is paid by check.

By presenting bonds for conversion before November 15, 1919, and December 15, 1919, respectively, holders will secure the 4 1/4% rate at least six months earlier than if they wait until after these dates. Therefore, though the conversion privilege will remain in force until such future date as is fixed by the Secretary of the Treasury on six months' public notice, it is obviously to the interest of the holders of 4 1/2% coupon bonds of the Second Liberty Loan and of the First Liberty Loan converted to present them for conversion into 4 1/4% bonds at once.

Respectfully,  
Federal reserve bank of Richmond  
Fiscal agents of the United States.

RHEUMATISM

Why will you suffer from this most dreadful disease, when L-Rheumo has proven the greatest remedy for the past 25 years? Thousands of people testify to its wonderful cures. This famous prescription should be in your home. Have it ready when you feel that first pain. L-Rheumo is a clean, vigorous, efficient agent in the restoration and conservation of your health. Demand the bottle with BIG L. Price \$1.00. Ask our dealer to show you our guarantee.

For sale by—  
STANDARD DRUG COMPANY  
Asheboro, N. C.  
RAMSEUR PHARMACY  
Ramscur, N. C.

Only 513 Foreigners Left United States Since Armistice Was Signed

According to the reports there has been only 513 foreigners left the United States since the armistice was signed, and a total of 123,522 since the past twelve months ending June 30, 1919.

For the past five years, ending June 30, 1919, there has been 618,223 emigrants departed from the United States, compared with 1,172,679 immigrated arrived into the United States, during the same period, an excess of arrivals compared with departures of 554,456.

The rumor is that there are over 1,500,000 foreigners making preparations to leave the United States and take with them \$6,000,000,000 of the money from the United States.

GIRLS! USE LEMONS

FOR SUNBURN, TAN

Try It! Make this lemon lotion to whiten your tanned or freckled skin.

Squeeze the juice of two lemons into a bottle containing three ounces of Orchard White, shake well, and you have a quarter pint of the best freckle, sunburn, and tan lotion, and complexion whitener, at very, very small cost. Your grocer has the lemons and any drug store or toilet counter will supply three ounces of Orchard White for a few cents. Massage this sweetly fragrant lotion into the face, neck, arms and hands and see how quickly the freckles, sunburn, windburn and tan disappear and how clear, soft, and white the skin becomes. Yes! It is wonderful.

"BAYER CROSS" ON ASPIRIN

Always Ask for Genuine "Bayer Tablets of Aspirin"



Only Aspirin tablets with the safety "Bayer Cross" on them are genuine "Bayer Tablets of Aspirin," owned and made by Americans and proved safe by millions of people. Unknown quantities of fraudulent Aspirin Tablets were sold recently by a Brooklyn dealer which proved to be composed mostly of talcum powder.

"Bayer Tablets of Aspirin" should always be asked for. Then look for the safety "Bayer Cross" on the package and each tablet, except nothing else! Proper directions and dosage in each Bayer package.

Aspirin is the trade mark of Bayer, Manufacturer of Monoaceticacidester of Salicylicacid.

Systematic Campaign For Baraca and Philathea Members

5000 new members sought in North Carolina for Baraca and Philathea classes. A systematic campaign is being made to boost and increase the Baraca and Philathea membership to help Sunday School classes and churches throughout the State and to this end the State has been divided into districts with Baraca and Philathea district secretaries who will have under them county secretaries to assist in more perfectly organizing existing classes and to form new ones.

The goal for the State this year is 5000 new members, 500 new classes, a secret service committee in every class, Herald subscriptions in every class and the State. The goal for the ten districts and \$10,000 for carrying on the work in is 500 new members, 50 new classes and \$1000 for State work, a secret service committee and Herald subscriptions in every class.

The attainment of class efficiency entitles the class or county to a star in the service flag of North Carolina Baraca and Philathea Union, and the first county going over the top gets a gold star.

This is the biggest and most far reaching campaign yet put on by the Baraca and Philathea and leaders confidently expect that the 5000 goal in new membership will be reached. Prospects are bright and assurances come from all quarters of increased interest in this work. County and district meetings are being arranged all over North Carolina with hope of creating greater enthusiasm and spreading the Baraca Philathea plan for organized Bible classes for young men and young women. The Baraca Philathea plan is the original plan of organized Bible classes and has had a most marvelous growth since the first class was organized just 29 years ago. Thousands have been won to Christ and the church by the work of the organized class and wherever these classes are found the entire Sunday School shows direct results of their influence and work.

Just What She Needed

"I used a bottle of Chamberlain's Tablets some time ago and they proved to be just what I needed," writes Mrs. Volta Bankson, Chillicothe, Mo. "They not only relieved me of indigestion but toned up my liver and rid me of backache and dizziness that I had been subject to for some time. They did me a world of good and I will always speak a good word for them."

Two Reasons Claimed Why Women Should Not Vote

One of the reasons why women should not vote is that she has too much influence over her husband, to grant any desire that she may request, and the other is that she does not have regard for demands rather than for requests.

Mr. Carr, of Pitt County, Grew Clover This Year in Spite of Years of Failure

Failure in clover raising is not always the fault of the farmer. Mr. S. A. Carr, of Farmville, N. C., (Pitt county) had a unique experience. His letter throws some light on the safest, surest and most economical method of securing a good stand. His letter is interesting:

I bought two acres of your bacteria for crimson clover last September and used the same according to instructions, and am pleased to state that I have received very satisfactory results therefrom. I beg also to state that I have on several previous occasions tried to grow clover, but have always failed until I used Nitra-germ. Nitra-germ has my highest recommendation for clover growing in the South.

In conclusion I beg to say that I never intend to try to grow clover without the use of Nitra-germ.

(Signed) S. A. CARR, Nitra-germ has produced similar records for thousands of farmers, not only in making successful stands of clover, but also vetch and alfalfa. Nitra-germ clover planted in your cotton alleys after the last working of cotton will be ready when the cotton is picked. It is excellent for grazing and hay and builds the soil. Nitra-germ vetch when planted with oats and rye makes the very best feed. It will double your yield and build your soil. Vetch tubule when turned under is equal to 700 pounds of good grade fertilizer per acre. Nitra-germ alfalfa is sure of a stand and four or five crops per year without cultivation. It is a wonderful fall builder. In planting this fall inoculate your seed with Nitra-germ and be sure of a good stand. It improves your crop and land. It costs \$2.00 per acre delivered. For Free Book No. 54-B address Nitra-germ, Savannah, Ga.

NOTICE

Chapter 100, Public Laws of 1919, Sections 5 and 6.

Section 5. Provided, that no child under the age of fourteen years shall be employed or permitted to work, in or about or in connection with any mill, factory, cannery, workshop, manufacturing establishment, laundry, bakery, mercantile establishment, office, hotel, restaurant, barber shop, bootblack stand, public stable, garage, place of amusement, brickyard, lumber yard, or any messenger or delivery service; except in cases and under regulations prescribed by the commission hereinafter created.

Section 6. Provided, that no person under sixteen years of age shall be employed or permitted to work at night in any of the places or occupations referred to in section 5 of this act, between the hours of 9 p. m. and 6 a. m., and no person under sixteen years of age shall be employed or permitted to work in or about or in connection with any quarry or mine.

Rulings

The State Child Welfare Commission in executive session on August 6, 1919, made the following rulings, which have the force of law:

1. No child of any age under sixteen years shall be permitted to work in any of the occupations mentioned in section 5, before 6 o'clock in the morning, or after 9 o'clock at night.

2. No girl under fourteen years of age shall be permitted to work in any of the occupations mentioned in section 5.

3. No child under fourteen years of age shall be employed in any of the occupations mentioned in section 5, for more than eight hours in any one day.

b. Boys between twelve and fourteen years of age may be employed in the enumerated occupations when the public school is not in session when it is shown to the County Superintendent of Public Welfare that the proposed employment is not to the injury of the health or morals of the child. But in no case shall such employment be legal until a certificate has been issued by the County Superintendent of Public Welfare on blanks furnished by the State Commission.

The law does not apply to the selling of newspapers where children are not employed to do so, but are allowed by parents to purchase and sell papers.

The North Carolina Child Labor Law and rulings made under it by the Commission do not in any way affect the National Child Labor Law. The State Child Welfare Commission is operating independent of the National law, and is in no way related to any work being carried on by the Federal agents. Compliance with the provisions of the State law would not release any employer from the Federal Law provided for in the National Labor Law.

N. C. STATE CHILD WELFARE COMMISSION.

A LEOPARD CANNOT CHANGE ITS SPOTS

Mr. Dodson, the "Liver Tone" Man, Tells the Treachery of Calomel

Calomel loses you a day! You know what calomel is. It's mercury; quicksilver. Calomel is dangerous. It crashes into your bile like dynamite, cramping and sickening you. Calomel attacks the bones and should never be put into your system.

When you feel bilious, sluggish, constipated and all knocked out and believe you need a dose of dangerous calomel just remember that your druggist sells for a few cents a large bottle of Dodson's Liver Tone, which is entirely vegetable and pleasant to take and is a perfect substitute for calomel. It is guaranteed to start your liver without stirring you up and can not salivate.

Don't take calomel! It can not be trusted any more than a leopard or a wild cat. Take Dodson's Liver Tone which straightens you right up and makes you feel fine. Give it to the children because it is perfectly harmless and doesn't gripe.

North Carolina Very Successful in Preserving Records of World War

The Historical Commission of North Carolina is doing excellent work in the preservation of the records that the state made during the World War. She has some of the finest examples of the world war museums in the country.

North Carolina ranks with some of the Northern states in her many war records, as she commenced to preserve the records made at the very beginning.

The first method that the state used to collect the record that the state made was the appointment of Mr. R. B. House, a veteran of the world war, as the collector of records, and secondly, the canvassing of the state's records.

Card of Thanks

I desire to express through the columns of The Courier my sincere thanks to the good people of Ulah community for the many acts of kindness shown me during the recent illness and death of my wife, Mrs. Etta Cox.

That each of you may be abundantly blessed is my prayer.  
WALTER COX.

INSURANCE MAN TELLS OF FRIEND'S RECOVERY

"He suffered considerably from gas in stomach and colic attacks, and at times was very yellow. His doctor diagnosed his ailment as gall bladder trouble and that an operation was necessary. Some one persuaded him to try May's Wonderful Remedy. Since taking it one year ago he tells me he has been able to eat anything. It is a simple, harmless preparation that removes the catarrhal mucus from the intestinal tract and allays the inflammation which causes practically all stomach, liver and intestinal ailments, including appendicitis. One dose will relieve or money refunded. Sold by Standard Drug Company and druggists everywhere.



CAMELS are in a class by themselves—easily the most refreshing, the most likable cigarette you ever smoked. You can prove that! Simply compare Camels puff-by-puff with any cigarette in the world at any price! Put quality, flavor and cigarette satisfaction to the utmost test!

Made to meet your taste, Camels never tire it, no matter how liberally you smoke them! The expert blend of choice Turkish and choice Domestic tobaccos makes Camels delightful—so full-bodied, yet so fascinatingly smooth and mellow-mild. Every time you light one you get new and keener enjoyment!

Freedom from any unpleasant cigarette after taste or any unpleasant cigarette odor makes Camels as unusual as they are enjoyable.

In fact, Camels appeal to the most fastidious smoker in so many new ways you never will miss the absence of coupons, premiums or gifts. You'll prefer Camel Quality!

Cigarettes

KILLS RATS

and mice—that's RAT-SNAP, the old reliable rodent destroyer. Comes in cakes—no mixing with other food. Your money back if it fails.

25c. size (1 cake) enough for pantry, kitchen or cellar.

50c. size (2 cakes) for chicken house, coops, or small buildings.

1.00 size (5 cakes) enough for all farm and out buildings, storage buildings, and factory buildings.

Sold and guaranteed by Cox-Lewis Hardware Company, Asheboro, N. C.

Report of the Condition of THE BANK OF LIBERTY

at Liberty, in the State of North Carolina, at the close of business, September 12, 1919:

Table with Resources and Liabilities columns. Resources include Loans and discounts, Overdrafts, United States Bonds, Liberty Bonds, All other stocks, bonds and mortgages, Banking houses, furniture and fixtures, Cash in vault and net amounts due from banks, bankers, and trust companies, Checks for clearing. Total Resources: \$302,772.82.

Liabilities

Table with Capital stock paid in, Surplus fund, Undivided profits, less current expenses and taxes paid, Deposits subject to check, Savings deposits, Cashier's checks outstanding, Accrued interest due debtors. Total Liabilities: \$302,772.82.

Total State of North Carolina—County of Randolph, September 19, 1919.

I, B. M. Brower, cashier of the above named bank, do solemnly swear that the above statement is true to the best of my knowledge and belief.

B. M. BROWER, Cashier.

Subscribed and sworn to before me, this 19th day of September, 1919.

L. P. DIXON, Notary Public

Correct—Attest:

A. E. LEWIS, G. W. WRIGHTSELL, W. H. ALLBRIGHT, Directors.

United States Railroad Administration

NORFOLK SOUTHERN RAILROAD Passenger Train Schedules ASHEBORO, N. C.

(As information and not guaranteed.) Corrected to May 11, 1919

Table with Leave and Arrive columns. Leave: 3:30 PM for Star, Jackson Springs, Pineshurst, and Aberdeen; 1:45 PM for Star, Candor and Ellerbe. Arrive: 10:50 AM; 12:55 PM. Daily except Sunday.

For rates and other information, apply or write to E. B. WRIKE, Ticket Agent, Asheboro, N. C.

W. J. WILLIAMS, Traffic Agent, Raleigh, N. C.

CASTORIA

For Infants and Children In Use For Over 30 Years

Always bears the Signature of J. C. Ayer & Co.



The "Green Flag" Smile

Is the Smile Worth While! The Smile that "Won't come off"—

There was a time when he didn't smile, When he drove his motor car: For the engine knocked and thumped and bucked, And gave him a terrible "jar"—

It's different now, when he takes the wheel, And starts for his daily spin; He uses "GREEN FLAG" to lubricate, And his car runs as smooth as a pin.

There are two great essentials in lubrication. First, the quality of the OIL, and second, the correct grade or "body" for your particular car.

The "GREEN FLAG" MOTOR OIL supplies these two great essentials. It is the highest quality Motor Oil, and is made in varying grades of consistency to meet the requirements of your particular motor. Your dealer has a chart that guides you to selection.

The quality of "GREEN FLAG" is all the guide you need as to a CHOICE of motor oil. Keep it in your mind, always, that you can not exercise too much care in the selection of a motor oil; the correct grade; and never try to run your car without a full supply in the lubrication box. Then you'll keep smiling like the man in the picture.

The following well-known and reliable dealers are exclusive agents for "GREEN FLAG" MOTOR OIL in this county. They guarantee "GREEN FLAG". It will pay you to go out of your way to buy "GREEN FLAG" MOTOR OIL—

CENTRAL MOTOR CO., Asheboro, N. C.

No. 1

If You Are Young

your prospects for success are good. A multitude of Bookkeepers, Stenographers and Typists are wanted by banks, mills, railroads, and other large corporations at attractive salaries.

Prepare for the unprecedented prosperity that "reconstruction" will bring. Attend an accredited school and go "over the top" in the business world. Every body endorses

KING'S BUSINESS COLLEGE RALEIGH, N. C. CHARLOTTE, N. C.