

# Such Flavor!

Luzianne is such a coffee as you long have wished for—of distinctive quality and of flavor unsurpassed. It is literally true that you will never know how good coffee can be until you try Luzianne.

**LUZIANNE**  
coffee  
The Reily-Taylor Company  
New Orleans



## The Old and New Way

**T**HE new way does away with hand pumping. You need never pump or haul water from now on. An electrically driven pump operates automatically—starts and stops itself. Plenty of water handy from faucets in house and barn. Hot and cold water in kitchen and bathroom; water in barns and stables. All this you get from a

### Western Electric Water System

This system is the one for your place. You should make a point to have us explain how simple it all is and how the electric motor operates the pump; how the automatic control starts and stops the pumping. We can figure out for you just what type of system is best; its capacity and all such matters that you will want to know. Make a point of seeing us soon about a Western Electric Water System.



J. A. MARTIN & SON  
Liberty, N. C.  
Agents in Randolph and Alamance Counties

## To the Motorists of Randolph County

We invite you to make our place your headquarters when in High Point. If your car needs attention we have skilled mechanics. A full stock of accessories. Parts for Buick, Liberty and Dodge Brothers Motor Cars. Cord and fabric casings. Red and grey tubes, all sizes at lowest prices for high class goods. Write, Phone or Call, That's All.

HIGH POINT MOTOR COMPANY

## GUANO

We are carrying our old brands of Guano at attractive prices. See us before buying GRAIN DRILLS, DISC HARROWS, ETC.

McCRARY-REDDING HARDWARE CO.  
Asheboro, N. C.

### What Teachers Can Do to Control Contagious Diseases—Law Regards the Teacher an Important Agent in the Prevention of Diseases

Nothing so destroys the efficiency of work at school as contagious diseases among pupils. No wonder that teachers refer to outbreaks of measles, whooping cough, diphtheria, and other diseases in schools as "abominations." For nothing else so crippling as work handicaps pupils and makes teaching a burden as continued illness in school. Contagious diseases remain at home on the count of sickness days or weeks not only lose so much time and instruction while away from school; by return to carry double burdens to catch up back work, and with weakened body lessen vitality. Under such conditions diseases often break the child down and in education becomes impossible. The whole class suffers also; often the class is held back or turned back to accommodate those kept away on account of sickness. Teachers and pupils are handicapped.

The teacher is a necessary agent in the control of contagious diseases. While required by the law to comply with several rules in the event of a case of contagious disease in school, these requirements are no more than precautions for the good of her school and health of the pupils. By taking these precautions, suggested in the law it is often possible to stop an epidemic at its source and save the school and the community much sickness and many deaths. By keeping children under strict observations the school may be kept open when without the observance of such rules, the school would close resulting in loss of time for the pupils.

**What the Teacher Can Do**  
In an outbreak of contagious disease in school, the teacher can report the case to the county quarantine officer; she can teach the children as to the ways of preventing the disease, and give them free health literature pertaining to the diseases supplied by the quarantine officer; she can exclude children from school exposed to cases or having symptoms of illness according to the rules governing the various diseases; she should observe daily the pupils for disease symptoms such as colds and sore throat by talking the child to light, having him open his mouth wide, and noting if there is any undue redness or inflammation of the throat.

The first and most important interest of the community is health. Through assistance of the county health officer and the State Board of Health every community ought to learn how to prevent spread of infectious and contagious diseases. Systematic instructions should be given in school in such a practical, concrete way that the individual, the home, the school, and the community would become common knowledge.

The following is a list of the diseases reported to me during the last month, during the month of October 1918, by quarantine officers:

Whooping cough—Max Lovell, Theatre 1, Liberty, Asheboro; James L. Bull, Bull Levee, Liberty; John Lewis, N. Main, Liberty; Asa Rogers, Route 3, Liberty; Harrison, J. Harrison, Curran; Joe Ledwell, Asheboro; Virginia Ledwell, Northern Trueman, Jesse Trueman, Asheboro; Route 3, Agnes Bunting, Coolwin Bunting, Winfred Bunting, Clarence Bunting, Sawyer Bunting, Charlie Bunting, Edna Bunting, Hal Bunting, Worth Bunting, Asheboro. Children of James Driles six children of H. O. Small, Clarence Hunt, Fellers; Pool, Asheboro; Eva Lamm, Trinity, Route one; Genevieve P. Skern, Lovett Skern, Thomasville; four children of Z. V. Wright Family of Vance Bulla, Family of Tom Redding, Family of Earl Bulla, Family of W. M. Rouse, Family of Colvin McCann, Family of H. J. Pool, 2 children George A. Ledwell, Asheboro; Route 2; Ale Freeman, Wayne Freeman, Union; E. M. Bulla, N. Bulla, Z. B. Bulla, Asheboro; 8 children of Claude Winslow, family of D. C. Pease, family of J. S. Thimma, child of John Skern, Asheboro; Route 2; Martha Johnson, Doxied, Vancanora, Henderson.

Diphtheria—Norman Wright, Kemps Hill; Child of Ishma Bean, Pasgah; Child of R. F. Cannon, Asheboro, Virginia, Asheboro; Route 1; Harriet Davis, Progress; Boyd Davis, Progress; Howard Rush, Curran; Route 2.

Scarlet fever—Helen Cox, Asheboro; Child of Artemus Sencer, Route 1, Dale Kearns, Farmer; 2 children of James Colby, Central Falls; Tilda Harlan, Franklin; Child of Everett Kemp, Asheboro; Route one; Dewitt Kemp, Asheboro; Route 1.

Chicken pox—Dewey Frost, Franklin; Joseph Ross, Jr., Asheboro.

Typhoid fever—Eli Dean Seagrave, Ana Ferguson, Liberty; Robert Freeman, John Strickland, and Edna Strickland, Union.

Lobar Pneumonia—Mrs. Ora Walker, Asheboro; Betie Clark, Asheboro; Route 2.

Respectfully, C. A. HAYWORTH,  
County Quarantine Officer

### APPEAL TO THE WOMEN UNSHAKEN TESTIMONY

**Government Informs Them How to Reduce the High Cost of Living**  
Attorney General Palmer is now enlisting the aid of the women in the government campaign to reduce the high cost of living. It is the housewife that spades out more with her spoon than the husband can shovel in with his shovel. It is the housewife of every family who spends the greater part of the income, and the importance of educating the women in national as well as domestic economics has been formally recognized in the decision to make a direct appeal for the fullest cooperation in the country-wide efforts toward financial conservation.

The government points out that in wise spending and careful saving the most possible assistance will be given in solving the financial problems of the reconstruction period. Since high prices will prevail as long as there is a long demand for articles that are scarce because of reduced production due to war, the high cost of living can be brought down to the normal level by lessening demand as well as by increasing production.

Attention is directed to the possibility of curtailing the purchase of costly clothing. One way of saving in dress outlay is to discourage frequent changes of fashion. At a time when materials are most expensive variations in models make necessary the spending of much money that otherwise might be saved. A number of women's organizations have pledged themselves to co-operate in the campaign.

Ten commandments for the guidance of those who are trying to administer their incomes carefully have been formulated by the national committee appointed to conduct the thrift drive. They are:

1. Make a budget.
2. Keep an intelligent record of expenditures.
3. Have a bank account.
4. Carry life insurance.
5. Make a will.
6. Own your own home eventually.
7. Pay your bills promptly.
8. Invest in War Savings Stamps and other government securities.
9. Spend less than you earn.
10. Share with others. Thrift without benevolence is a doubtful blessing.

**Sugar Hoarded on Ships**  
Federal Food Administrator Arthur Williams, of New York City, discovered over 15,440,000 pounds of raw sugar on ships in the harbor, 1,000 tons of which have been offered for sale at 11 1/2 cents a pound, an illegal profit of more than four cents a pound.

This is the message Mr. Williams sent to the hoarder:  
"I don't believe the Canadian government would back you up in a profiteering deal of this kind," Mr. Williams replied, hotly. "We will let the people of Canada know, too, how you have been trying to profiteer."

The hoarder suggested that he would like to have an interview with the food administrator.

"I don't want to interview you, Mr. Hoarder," said Mr. Williams. "I consider your whole attitude and that of your principals disgraceful," he added hanging up the receiver.

**For a Weak Stomach**  
As a general rule all you need to do is to adopt a diet suited to your age and occupation and to keep your bowels regular. When you feel that you have eaten too much and when constipated, take one of Chamberlain's tablets.

## PRESERVE the LEATHER

LIQUIDS and PASTES: For Black, White, Tan and Ox-Blood (dark brown) Shoes.

### KEEP YOUR SHOES NEAT

## SHOE POLISHES

# WRIGLEY'S

5c a package before the war  
5c a package during the war  
5c a package NOW

## THE FLAVOR LASTS SO DOES THE PRICE!

157

We are sales agents for the A. B. Farquhar Company, of York, Pa. Will be pleased to quote you on engines, boilers, and saw mill machinery. If interested, write us for catalogues and prices.

McCRARY-REDDING HARDWARE CO.  
Asheboro, N. C.

## Home Building & Material Company

ASHEBORO, N. C.

We want to buy your pine and poplar lumber at our plants at

ASHEBORO HEMP BENNETT  
and SEAGROVE  
DENTON

If you want building material or shingles we can supply you from our plants at Asheboro.

If you are an undertaker it will pay you to see our nice line of Caskets.

### THE PITH OF THE PROBLEM

Most men from time to time need more money than they have cash. A man who opens a Bank Account here and becomes acquainted with us—and with whom and whose habits we become acquainted—when he is confronted with a Problem of this character is most cordially invited to call upon us. We have accommodated many worthy customers in the past. We hope we may be called upon by the same class of customers many times in the future.

Our resources are over \$400,000.00.

The solution of the financial problems of a good customer we consider an essential part of our service. Bank of Ramseur, Ramseur, N. C.

### If You Are Young

your prospects for success are good. A multitude of Bookkeepers, Stenographers and Typists are wanted by banks, mills, railroads, and other large corporations at attractive salaries.

Prepare for the unprecedented prosperity that "reconstruction" will bring. Attend an accredited school and go "over the top" in the business world. Every body endorses

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