

**SALADS FOR THOSE WHO LIKE CHEESE**

Cheese often makes a delicious addition to a salad. The following recipes for salads in which cheese plays an important part are recommended by food specialists in the United States Department of Agriculture.

**Cheese Jelly Salad**  
 1/2 cup grated cheese.  
 1 tablespoon gelatin.  
 1 cup whipped cream.  
 Salt and pepper to taste.  
 Mix the cheese with the whipped cream, season to taste with salt and pepper, and add to the gelatin dissolved in a scant cup of water. This may be molded in either large or small molds. When the jelly begins to harden, cover with grated cheese. The jelly should be served on a lettuce leaf, preferable with a cream or French dressing to which a little grated cheese has been added.

**Cheese and Pimiento Salad**  
 Stuff canned pimientos with cream cheese, cut into slices, and serve one or two slices to each person on lettuce leaves with French dressing.

**Cheese and Tomato Salad**  
 Stuff cold tomatoes with cream cheese and serve on lettuce leaves with French dressing.

**Cheese Salad and Preserves**  
 Epicures have devised a dish which consists of lettuce and French dressing served with cream cheese and thick preparations of currants or other fruits preserved in honey or sugar. Owing to the fact that the seeds have been extracted by a laborious process, these fruit preparations are fairly expensive. The soft cheese often found in market is also relatively expensive. There is a suggestion in this dish, however, for others which are much less costly. Ordinary cottage cheese served with lettuce or other green salad and a small amount of rich homemade preserves, is a combination with much the same character, and very appetizing.

**Deviled Eggs with Cheese**  
 In making deviled eggs, either to be eaten alone or upon lettuce leaves in the form of salad, a little grated cheese may be mixed with the yolks in addition to the usual salad dressing and flavorings.

**Plain Cheese Salad**  
 Cut cheese into thin pieces, scatter them over lettuce leaves, and serve with French dressing.

**CLAIMS HE CAN PROVE ANIMALS HAVE SOULS**

Camille Flammarion, famous French scientist and spiritualist, is about to reveal his recent startling experiences in the spiritual domain that are likely to revolutionize spiritual and psychic thought it is claimed.

It was indicated today that his recent experiences and visitations are of such a tremendous nature that he hesitates to reveal the secret except by gradual steps, in order to prepare the world.

Flammarion is positive that he has proven the existence of souls in animals; for he was able recently, for the first time in the history of psychic research, to communicate with the spirit of a dead dog.

**LADY DRUGGIST'S ADVICE TAKEN**

"My sister-in-law is a druggist. She told me of several bad stomach and liver cases which were benefited by taking Mayr's Wonderful Remedy and advised me to try it. I had numerous bad attacks due to bloating and had almost constant pain in my stomach before getting my remedy. I am feeling fine now." It is a simple, harmless preparation that removes the catarrhal mucus from the intestinal tract and allays the inflammation which causes practically all stomach, liver and intestinal ailments, including appendicitis. One dose will convince or money refunded.

**Olive and Pimiento Cheese**

Mash any of the soft cream cheeses and add chopped olives and pimientos in equal parts. This mixture requires much salt to make it palatable, the amount depending chiefly on the quantity of pimientos used. The mixture may be spread between thin slices of bread or it may be made into a roll or molded, cut into slices, and served on lettuce leaves with French dressing.

Cheese balls are often served with salad. They are made of soft cream cheese, and are frequently combined with chopped chives, olives, sweet peppers, and nuts. Cooked egg yolk, spinach extract, etc., are sometimes mixed in for the sake of color. If the balls are rolled in chopped chives or parsley, both flavor and color are supplied.

**RESOLUTIONS**

Resolution adopted by Caraway Council No. 255 Jr., O. U. A. M. of Trinity Route No. 1.

Whereas: God in his wise providence has taken from our midst brother W. C. Croker, our highly esteemed member of the council. Having departed this life June 13, 1921 age 62 years.

Therefore be it resolved:

1. That while we meekly and earnestly bow in submission to his will, yet we deeply mourn the loss of our friend, neighbor and associate in this council. We feel that this council has lost one of its most worthy and trusted members.

2. That his pure christain life and loyalty and devotion to God, His kingdom home and friends he has given us a worthy example of an ideal man and while we will miss him from our council, we pray that the blessedness of his pure life be upon us all.

3. That we the members of this council extend to the bereaved wife and children our deepest sympathy in this hour of their sorrow and pray God's richest blessings upon them all.

4. That a copy of this resolution be approved upon the minutes of this council. A copy be given to the family of the deceased, and a copy be sent to The Asheboro Courier for publication.

CHARLES W. REDDING, W. L. LEDWELL, Committee. E. L. White, R. S.

**Roy Crouse of Lexington Drowned**

Roy, Crouse, son of Mr. and Mrs. Charles S. Crouse, of Lexington, met death from drowning in Asbury Lake near Morganton last week. The young man, who was not quite twenty, was a delegate from the Epworth League of the M. E. church Lexington, to the state convention of Epworth League. Although young, the boy had already dedicated his life to the ministry and was a prominent church worker bidding fair to be a most useful man in his church. The whole town mourns the loss of this splendid young man.

The body of Rufus Cotton, son of Mack Cotton, who died from shell shock in France, was recently returned and buried at his old home near Dymun and a few days ago. He was the only colored man from Chatham county killed in the World War.




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  - Pacific Mail S. S. Co., 45 Broadway, New York, N. Y.
  - U. S. Mail S. S. Co., 45 Broadway, New York, N. Y.
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Coinage of silver dollars has been resumed by the United States mint after a lapse of seven years the work of replacing the two hundred and seventy nine million standard silver dollars, taken from the treasury during the war to sell to Great Britain has begun.

**NOTICE**

Having qualified as administrator of the estate of G. M. Redding, deceased, before F. M. Wright, Clerk Superior Court, this is to notify all persons having claims against said deceased to present them to the undersigned duly verified, on or before the 1st day of July 1922, or this notice will be pleaded in bar of their recovery. All persons indebted to said estate are expected to make immediate payments.

This the 22nd day of June 1921.  
 CHARLES ALLRED, Administrator.  
 CHARLES H. REDDING, Attorney.

**NOTICE**

Having qualified as executrix of the estate of Benoni Prichard, before F. M. Wright, Clerk Superior Court Randolph County, N. C. This is to notify all parties having claims against said estate to present them to the undersigned duly verified, on or before the 1st day of July 1922, or this notice will be pleaded in bar of their recovery. All persons indebted to said estate are expected to make immediate payments.

This the 22nd day of June 1921.  
 MRS. IDA V. PRICHARD, Executrix.  
 CHARLES H. REDDING, Attorney.

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**THE PITH OF THE PROBLEM**

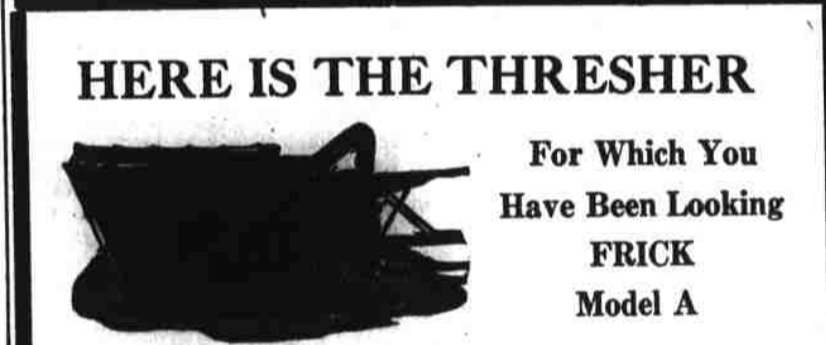
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