

TIMELY RECIPES

Roast Turkey

Unless you require a very large turkey, it is best to choose a young plump hen-turkey weighing about eight pounds. The bones are smaller and the flesh firmer and more tender than those of a gobler of the same weight. In the following directions, note that the turkey is not to be placed on its back, as in that position the juices run down from the breast, leaving it dry and tasteless.

Have the turkey weighed at the market, requesting the removal of tendons from the legs. Clean the bird, singe and remove the pin feathers (strawberry nippers are good for this purpose). Stuff, putting the dressing into the neck-end by spoonfuls, using enough to make the bird look plump. Put the remaining dressing into the body with skewers. Draw the neck skin to the back and fasten in the same way.

Rub the entire surface with salt and spread the breast, legs and wings with one-fourth cup butter creamed and mixed with one-fourth cup flour. Sprinkle the bottom of the dripping pan with flour. Place the turkey on its side on a wire rack in the pan and put in a very hot oven. When the floor on the turkey begins to brown, reduce the heat.

Baste every 20 minutes until the turkey is tender (about two hours and three-quarters for an eight-pound turkey.) For the first basting use one-half cup of butter melted in one cup of boiling water. After this, baste with the fat in the pan pouring water in the pan when necessary to prevent burning. Turn the bird frequently so that it may brown evenly. Remove strings and skewers before serving. Garnish with parsley or celery tips.

Dressing

The dressing may be varied in many ways. Some people like the addition of nuts, or oysters and even chestnuts. Three cups of stale crumbs, one-half cup of melted butter, 1 level teaspoonful salt 1 teaspoonful serrapellon, 1 tablespoonful of minced parsley, one-half cup of finely minced celery. Wet the crumbs with melted butter. Add the seasoning, put into a sauce pan and stir until slightly brown. If desired, a seasoning of one-fourth teaspoonful thyme, sage and sweet majoran may be added to this dressing.

Put the giblets in water until tender. Chop them fine. Add to the juice in the dripping pan a tablespoonful of flour. Stir until it browns. Then add a cup of water in which the giblets were cooked, a little salt and pepper, and a few drops of kitchen bouquet. Strain and add the chopped giblets. Serve very hot.

A Thanksgiving menu is suggested. It has been kept in mind that the turkey is the main feature and consequently wherever possible the other courses should be light, not "filling." In fact many families prefer to dispense with everything but the supreme dish and its accompaniments of vegetables, cranberries, etc. and the dessert course. Whatever your taste in the matter it is easy to add to or subtract from this menu.

Clear tomato soup—toast fingers. Individual oyster pies. Roast turkey—dressing—mashed potatoes—cauliflower au gratin. Celery—cranberry jelly—hot spiced cider—salted nuts. Grape salad—nut bread—pumpkin pie—cheese—coffee.

Individual Oyster Pies

The day before prepare a light rich crust and put it in the refrigerator. Provide four oysters for each pie with the liquid. Carefully wash the oysters. Strain the liquor, add it to the oysters, and heat until their edges curl. Remove the oysters and put them into the individual baking dishes. Make a sauce of the following ingredients: 1 tablespoon of butter, 1 tablespoon of flour, three-quarters of a cup of milk, one-half a cup of oyster broth, 1 teaspoonful of minced parsley, salt and pepper and a dash of nutmeg. Cover the oysters with the sauce. Sprinkle them with a little minced parsley. Cover with a layer of paste and bake until it browns lightly. Serve in the baking dishes on individual plates with a sprig of parsley on each pie.

Clear Tomato Soup

One quart of stock, 2 stalks of celery, 1 small onion stuck with 3 cloves, 1 tablespoonful of minced parsley, one-half bay leaf, carrot sliced, 1 teaspoonful of salt, 12 peppercorns, 2 hardcooked eggs, 1 can of tomatoes. Add the vegetables to the stock and simmer three-quarters of an hour. Strain and reheat. Serve with a slice of egg, or slice the egg in the tureen and pour them over the hot soup.

Hot Spiced Cider

Boil sweet cider for a few minutes with sugar to taste, whole cloves, stick cinnamon, and the juice of a lemon. Serve very hot in tall glasses (placing a spoon in the glass as you fill it, to prevent breaking).

Cranberry Jelly

Quick cooking in a small quantity of water is the secret of good cranberry sauce. If cranberries are cooked too long they will become bitter. Take one and one-half cups of water to one quart of cranberries; cook 15 to 20 minutes, adding two cups of sugar just before taking from the stove. Strain and mold. Individual fancy shaped molds may be used.

Grape Salad

Cut Malaga grapes in halves, removing the seeds and filling each grape with a nut meat. Combine with crisp shredded celery hearts and serve with French dressing in lettuce cups or in cups made by scooping out the pulp of red apples, served on lettuce leaves.

R. F. Steed Dies in Thomasville. Robert F. Steed died last Thursday night at his home on Forsyth street in Thomasville.

The burial was at Concord cemetery at Farmer. He leaves three sons and three daughters. One of his sons, James Steed, lives in New Market, Tennessee. A brother of the deceased is Alex H. Steed of Asheboro. The deceased died a few years ago in Raleigh county two miles from...

PRESIDENT OF SEAMEN'S UNION SAYS AMERICAN SHIPS DONT NEED SUBSIDY

Andrew Furruseth, President International Seamen's Union of America says:

American seamen do not want a subsidy; an American merchant marine does not need a subsidy. The subsidy bill before Congress should be overwhelmingly defeated. The United States shipping board should sell to Americans all the ships now in its possessions and quit business. Then American shipowners should get on a bedrock basis of efficiency and economy and go after the world's shipping business.

That is my alternative proposition to the subsidy bill.

The claim by American shipping interests seeking subsidies that they can't now meet foreign competition because of the higher wages paid their crews and better food for American seamen is pure bunk.

No Actual Difference in Cost

Official figures show there is no difference in the cost of operating American and foreign vessels. For example, British ships carry more officers and from 25 to 30 per cent more men than American ships. American wages run from \$35 to \$47.50 a month on privately owned ships. British seamen get the same. The U. S. shipping board spends 65 cents per man per day for food; British owners pay 60 cents a day, but privately owned American ships pay only 48 to 51 cents a day.

Two years ago 51 per cent of the unlicensed personnel of American ships were American citizens. Today not more than 15 per cent is American. The places of skilled competent American seamen have been taken by a riff-raff from all parts of the world who are unskilled and inefficient.

It has been the "force and fear" policy of the United States shipping board and private American shipowners that is responsible for this. What Would Build a Merchant Marine? They have enforced a "blacklist" system and at the same time have enforced reductions in the manning of the ships, until skilled, self-respecting American seamen have left and sought work ashore.

Government subsidies never built up the merchant marine of any nation. But efficiency, economical management and good service.

NEW STATE DEPARTMENT OF COMMERCE AND CO. GOVT.

As the time for assembling of the new Legislature draws nigher, we are getting in closer touch to some planning being done by the executive branch of government also. Governor Morrison, it is said, expects to call the "Commission on Reorganization of county government" into action within the next few weeks.

This commission, composed of about forty prominent North Carolinians of all callings, was appointed last summer to investigate the existing system of county government and to make recommendations for legislation looking to an improved system.

No member of the Legislature is a member of the commission, the Governor thinking that this work should be performed by persons outside the circle of lawmakers. After a careful examination of the way county governments now operate, the commission will study ways and means of making improvements and those suggestions will be turned over to the General Assembly, probably in the form of a new Bill.

Legislation looking to the organization of county government will be one of the several important recommendations Governor Morrison will make his biennial message.

The Governor is understood to have decided definitely to urge the creation of a department of commerce for North Carolina in his message, also. He has been advocating this department in several speeches over the State, and he believes the General Assembly will favor it. The department is to devote itself to the commercial interests of the State and seek to develop commercial and industrial possibilities.

KELLER IS READY WITH HIS CHARGES

A statement of formal charges, by Representative Keller, Republican of Minnesota, setting out 14 specific grounds on which he seeks the impeachment of Attorney General Daugherty has been submitted to the judiciary committee to consider the charges transmitted to the committee December 1. Mr. Keller's statement was accompanied by a letter to Chairman Volstead in which he declared in the specification set out, "I now am prepared to prove that said Daugherty is guilty of serious misdemeanors in office."

HOUSEWORK IS A BURDEN

Woman's lot is a weary one at best. But with backache and other distressing kidney ills life indeed becomes a burden. Doan's Kidney Pills have made life brighter for many Asheville women. Ask your neighbor.

Mrs. R. E. Allred, N. Fayetteville Street, Asheville, says: "My kidneys troubled me a lot and I had a lame and aching back. I couldn't half do my work. When I did any sweeping or heavy work my back ached as if it would break. I suffered from nervous dizzy headaches and became run down. My kidneys acted irregularly and annoyed me a great deal. I used Doan's Kidney Pills, getting them from the Asheville Drug Company, and they soon built me up. Doan's Kidney Pills made my back well and strong and my kidneys regular in action."

Price 60c. at all dealers. Don't simply ask for a kidney remedy—get Doan's Kidney Pills—the same that Mrs. Allred had. Foster-Milburn Co., Mfgs., Buffalo, N. Y.

COTTON MILLS FIGHTING FOR CHEAPER POWER YET

Arguments in the case of the North Carolina Corporation Commission against the Southern Power Company and a large number of cotton mills have just been further heard in the State Supreme Court.

The hearing developed from a controversy between the cotton mills and the power company relative to rates to be charged by the corporation, which was organized by J. B. Duke, and developed to such an extent that it was classed as a public service concern by the State Supreme Court. The corporation appeared before the Corporation Commission, asking that a uniform rate for its power be fixed. Newrates, amounting to an increase of 33 1-3 per cent, were ordered by the commission, and when the mills objected, the body sent the case to the Cleveland County Superior Court, where a mistrial resulted.

The cotton mills contended at the hearing that the power companies business is interstate and the commission has no jurisdiction over it. It also was contended that the power corporation canceled all of its contracts upon the issuing of the rate order and that the rates now in force discriminate against North Carolina mills in favor of those of South Carolina.

In its contentions the power company asserted the appeal to the Supreme Court on the part of the mills was premature and fragmentary and ought to be dismissed. It upholds the authority of the Corporation Commission and maintains the present rates are "just and reasonable."

EXIT NEWBERRY; NOW TO KILL NEW BERRYISM

Truman H. Newberry's retirement rids the Senate of Newberryism, but it has not ended Newberryism. The recent election showed that there is still a disposition on the part of some Republicans to adopt Newberry's method of gaining office.

In Rhode Island there was the accusation of a reprehensible use of money in an attempt to procure the senatorship for a Republican candidate. The West Virginia primaries furnished another example of the notion that public office is a thing to be obtained by large expenditures of money, irrespective of the qualification and fitness of the candidate.

Presumably encouraged by Newberry's success in Michigan, and fortified by the opinion of Attorney General Daugherty, Fredric Edwards Republican candidate for the Senate nominated in West Virginia, spent \$96,000 in his campaign thereby violating the laws of that state. He has since been fined and disfranchised for three years.

What is needed to prevent, or at least vigorously punish the misuse of money in campaigns for seats in Congress is a drastic Constitutional corrupt practice act. Senator Pomerene has introduced a bill which Congress would do well to pass as soon as may be. Having forced Newberry out of public life the people ought to see that Newberryism follows him into relegation.

Democratic Enthusiasm and Activity Gets New Stimulus for 1934

Democratic enthusiasm and activity are certain to continue under the stimulus of political developments within the next six months. Thus the victory at the polls on November 7 will prove the beginning of organization and effort that will culminate in a still larger and more significant triumph for the Democratic Party in 1934.

The special session and the subsequent regular session of the Republican Congress promise to be Democratic assets to the first order. The prospect of a new investigation into the creation of Truman H. Newberry has prompted him to resign his seat in the Senate. In the place of Senator Townsend, Michigan has chosen a Democrat, Woodbridge N. Ferris.

General or indefinite delay appears to be the coming fate of President Harding's pet project, the ship bonus bill. It was Democratic opposition that made its fate almost a foregone conclusion, and which was the primary reason for the bill's failure. The public can not help be grateful for the escape from lackerism, and individual Democrats can not but rejoice in the leadership under which this escape is accomplished.

Democratic progress is a fact of life in every state—birthed of them in the North—on January 1. The subsequent remainder of Democratic success in November will serve also as an inspiration for Democratic victory two years hence.

It is expected by the officials of the Democratic Party that the rank and file of Democrats will not slacken the efforts which achieved so large a measure of success this month. They believe that the Democratic state and local organizations will show steady growth in numbers, strength, zeal and activity, and that the failure of President Harding's Republican Congress, the public condemnation of its inefficiency, the inauguration of Democratic governors and other state officials, and the performance of the big Democratic minority in the Sixty-eighth Congress will serve as so many spurs to Democratic energy and harmony all through the country.

Mr. Farris President. Mr. J. J. Farris, of High Point, has been elected president of the Central Carolina Development Association. The association is composed of a number of business men in various towns in the piedmont section and has for its object the greater development of this section and in various ways aiding in developing and improving conditions. Mr. Farris is one of the widest awake men in the state and if there is a possibility of making a success of the association Farris is the man to be at the helm.

A soldier can't expect to get a pension for being half shot.

HELPS FIGHT CONSUMPTION

Bear's Emulsion Found to be Great Aid in Battle Against Disease.

A strong body is the greatest asset in the fight against consumption and weak lungs and other diseases. People who are constantly catching colds and coughs do so because their bodies have become run down and are no longer able to quickly throw off the germs. In order to rid one's self of danger from tuberculosis germs it is necessary that the body be restored to health and vigor.

Bear's Emulsion has been found a very wonderful aid in building up the strength and powers of resistance of nervous, weak people. This wonderful remedy is a natural product that is pleasant to take—builds up the whole system, inducing better appetite, making the sufferer able to throw off the germs of disease.

Bear's Emulsion aids the digestive organs in their work. It has been found a wonderful aid in the treatment of coughs, colds, bronchitis, grippe and weak lungs. It is so certain that you will be benefited by its use that your money will be refunded if you are dissatisfied after following the directions.

Bear's Emulsion is for sale at leading druggists, or will be sent direct from the maker for \$1.25.

JOHN D. BEAR CO. Clearbrook, Va.

Perfume Grapefruit Developed. The latest innovation in the horticultural world is a perfume grapefruit. It has been developed by a Chinaman Lui Gin Cong, of De Land, Fla., who is 68 years old. The fruit hangs on the trees for two or three years, by his process. Then when placed in a room it gives off a lasting and pleasant perfume. Further interest is added to this fact in that several people in this section of the state know this man. Dr. J. W. Page, who spent last summer in Asheville told of interesting visits to this old man, telling how glad he was to have visitors, and that he always had a prayer with them before parting. It would seem that the man has suffered many privations and perhaps actual want while testing methods of developing this fruit. He is now called the "Chinese Burbank of De Land."

All Want Larger Appropriations

The Budget Commission will be called to meet soon to prepare its recommendations as to State expenditures. Many interests are desirous of presenting requests for appropriations to the commission. The most important matter expected to come before it, besides regular appropriations of the various departments of government, will be increased appropriations for State educational and charitable institutions and possibly the proposal to extend the University medical school from two-years to a four-year course.

Speaking without thinking is shooting with the eyes shut.

Good Farm to Be Sold At Auction Saturday, December 30 At 12 O'clock 240 acres, 40 acres bottom land, 10 acres upland in good state of cultivation, balance timbered land; 14 acres pasture, 60 acres more bottom land can be cultivated. Bounded on one side by Caraway. Well watered, good eight room house and other outbuildings; in Concord township, 10 miles from Asheboro, two miles from Gray's Cross Roads, on graded road. Will divide to suit purchaser. COME EARLY AND SEE THE PROPERTY. This is known as the old Walker Property. I. M. ROBBINS MECHANIC, N. C.

How to Succeed in BUSINESS is fully described in our new catalog. Splendid opportunities in the business world for efficiently trained bookkeepers, stenographers, typists, secretaries and bankers. Our graduates always in demand at large salaries. Free EMPLOYMENT BUREAU; low tuition rates and living expenses; thorough courses by high grade teachers. Enroll any time; rapid advancement assured. Home Study courses also given. Write for catalog now. Send for your copy today. FREE BOOK ON BUSINESS. King's Business College RALEIGH, N. C. E. L. LAYFIELD, President CHARLOTTE, N. C.

Place your order now for Engraved Christmas Cards Samples may be seen at Courier office. MRS. H. W. WALKER

The Security Behind Alamance 6 Per Cent Bonds Millions have been invested safely in First Mortgage Bonds. First Mortgage Bonds claim the funds of investors who invest with a view of safety of principal and interest. BACK OF ALAMANCE BONDS stands valued property—land and buildings that yield an income. Every dollar invested is protected to the utmost. No other form of investment offers the security of a First Mortgage Bond and Alamance 6 Per Cent Gold Bonds in addition to being fully secured by property have the backing of the entire resources of the Alamance Insurance and Real Estate Company. WRITE FOR FREE BOOKLET "BONDS" "INVESTIGATE BEFORE INVESTING" Mr. Farris President. Mr. J. J. Farris, of High Point, has been elected president of the Central Carolina Development Association. CAPITAL AND SURPLUS \$300,000.00 W. E. SHARPE, Manager BURLINGTON, N. C. C. G. Somers, Field Representative Alamance Insurance & Real Estate Co.