

Lot's Wife

On the island of St. Helena there is a curious and interesting rock called Lot's Wife. It stands erect on the crest of a ridge that runs across the barren and uninhabited part of the island, and it is supposed to be a mass of lava long ago forced up through a crack in the crust. It is nearly or quite 300 feet high and when seen from a distance bears a striking resemblance to a distorted human figure of tremendous size.

First People in Britain

Geologists are not yet agreed when and by whom Britain was first peopled. Real knowledge began with the two Celtic invasions, that of the Goelds in the latter part of the Bronze age, and that of the Brythons and Belgae in the Iron age. By the time of Julius Caesar all the inhabitants of Britain, except perhaps some tribes in the North, were Celts in speech and customs.

Teeth of Elephants

An elephant has eight teeth, two above and two below on each side. They are huge yellow molars as wide as a man's hand. Over these their food is shifted by the queerest, ugliest tongue in the whole animal kingdom. Elephants, like human beings, have two sets of teeth. The milk teeth, which are smaller than the permanent molars, fall out when the animals are fourteen years old.

Fuel in Food

Sedentary occupations may be compared to a heater with the drafts closed or one in which the fire is simply being held. Therefore, those engaged in sedentary occupation do not require as much food fuel as those engaged in muscular effort, and fruits should have an important place in their diets.—Grit.

Thoughtful Hotel Men

Greetings to guests and a serviceable sewing kit are combined in a neat card placed on dressers by the management of a New York hotel. The articles are those most likely to be needed for emergency mending, including two colors of thread and a stout safety pin.—Popular Mechanics Magazine.

Monster Crabs

Many of Japan's quaint prints show the crab and fisherman on the beach. The king crabs found mostly off Japanese islands measure from 3 to 5 feet from tip to tip of their great claws, and there is a record of one monster which measured 19 feet from tip to tip.

Tested by Difficulties

Difficulties show what men are. If they do not overcome them they demonstrate lack of power in one direction or another. If they surmount them, they prove capacity of one kind or another. Difficulties test man as nothing else can.—Grit.

Saving Bird Life

By equipping a lighthouse with perches, the British Royal Society for the Protection of Birds has reduced the destruction of birds confused by the light from nearly a thousand a night to less than that number a season.

The Rainbow

The gods made a bridge from earth to heaven which is called Bifrost (trembling way). Thou must have seen it; perhaps thou called it the Bow in Heaven? It has three colors.—Bishop Snorro Sturleson.

Odd Writing Material

Bladebones of sheep were used by the Arabs as material on which to write when paper was unknown and many famous sayings have been found on these remarkable "paper substitutes."

Information Lacking

A man in New York has just come back after forty years and claimed his wife. The report does not state whether he managed to match the ribbon or not.—Passing Show, London.

Necessary Article

"A physician says we eat too much salt. He's probably right," postcards E. C. "We have to take nearly everything with a pinch of it nowadays."—Boston Transcript.

About Six Feet Under

A wild ride in an auto ended in a flower-bed, says a news dispatch from Hawarden. More frequently they end under flower-beds.—Cherokee (Iowa) Chief.

Makes End Seem Far Off

There is no man so decrepit, whilst he has Methuselah before him, who does not think he has twenty years of life in his body.—Montaigne.

Uncle Eben

"After a man gets through excusing his own faults," said Uncle Eben, "he's liable not to have much charity left for de faults of others."

Hard to Be Certain

Many of us are never sure whether it is opportunity knocking or the wolf scratching at our door.—Arkansas Gazette.

Speak Kindly

Kind words are the golden rivets which help to hold together the splintered vase of human happiness.

Boston university has conferred on Mrs. Calvin Coolidge, wife of the President, the honorary degree of doctor of laws.

The annual report of the bureau of vital statistics of the North Carolina state board of health shows that there were 2,545 deaths in the State from tuberculosis in 1923 as against 2,560 in 1922, a decrease of 41. The death rate for all diseases in 1923 was 84.7 per thousand thousand population.

Tells How To Be Rich and Happy

Otto H. Kahn, international banker of New York, who for more than 30 years has operated among the money kings on Wall Street, in an address before the Harvard Business Club School several weeks ago, tells us how to be rich and happy. Ten principles he lays down may be summed up as follows:

1. Never do anything perfunctorily. Every task is a test. No matter how trivial, your manner of performing it will testify for or against you. Mr. Kahn illustrated this point by telling how he once obtained promotion by licking more stamps than either of the two other stamp lickers who worked with him for a firm that sent out hundreds of circulars a day.

2. Remember that the most "serviceable" of all assets is reputation. It works for you twenty-four hours a day.

3. Think! Exercise the springs of your brain as you exercise the muscles of your body.

4. Go for a ride on the horse of your imagination from time to time. But remember it is a high-strung animal and needs keeping under careful control.

5. Be ready, be prepared, but know how to wait. By all means keep a sharp lookout for opportunities.

6. Consider as one of the essential requisites of your diet a supply of the milk of human kindness. Be neighborly, be a good sport.

7. Work hard. Don't spare yourself. Don't lose your ideals. Even your illusions, don't give them up too easily. Don't become cynical, don't scoff, don't lose faith. "Such stuff as dreams are made of" is valuable stuff.

8. Take an interest and a due share in public affairs. Seek to find and to sail with the current of progress. To be reactionary is to be lacking in imagination, in feeling and in judgment.

9. Meet your fellow-men with confidence. Confidence begets good will and reciprocal disarmament. It is a self-respecting consciousness of one's own motives and a sane belief in the innate rightness of human nature.

10. "Success is not a free gift. Like everything else really worth having in life, it has got to be paid for. If you do not assume and discharge responsibilities and duties in a measure commensurate with your success, you are, from the civic point of view, a defaulter.

"Take heed to remember, those of you who by eminent success may rise yourselves beyond your peers, that it behooves you to do all you can to make your position as little 'jarring' as possible to that immense majority whom fate has not singled out for its favors. Try always to



Daddy, He 'Tum

understand and appreciate and give due heed to their points of view and their feelings. Be patient, helpful, courteous, conciliatory. Avoid ostentation. Abhor purse-proud and arrogance.

"Beware especially of that insidious tendency of wealth to chill and isolate. Be careful not to let your feelings, aspirations and sympathies become hardened or narrowed, lest you get estranged and grow apart from your fellow-men. Make it a point not only to be approachable but to seek and welcome contact with the workaday world so as to remain part and parcel of it and to maintain your fellowship in it."

Shipments of Peruvian Guano

Shipments of Peruvian guano have been resumed. Many years ago a natural guano secured from the islands off the coast of South America was considered one of the best fertilizers that could be secured. This fertilizer was widely used by cotton and tobacco farmers. The Peruvian government seeing this natural resource being depleted took steps to conserve the bird life of these islands and to permit the gathering of fertilizer only at intervals. Just a few days ago a ship laden with this natural guano reached Wilmington. This was the first shipment to reach North Carolina since the World War.

Fruits and Nuts for the Holidays

I have as usual an extra nice line of candies, fruits, nuts and all kinds of staple and fancy groceries for the holiday season.

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Christmas Town

By FOLGER MCKENZIE in Baltimore Sun

HERE is your ticket to Christmas town, see that you catch the train; Going or coming, you'll wear a crown, sunshine, shadow or rain; To Christmas town, to Christmas town, It's a penny or two—and then something inside of you turns right back To the childhood time again.

Masters and magics and all do go, thinkers and dreamers tall; Women with aprons and women in silk and women with plaided shawl; To Christmas town, to Christmas town, No matter how old or young; Everyone speaks the same language there, The talk of the golden tongue.

Windows that glow in a marvelous way and shops along the streets That shimmer and shine with trinkets and toys and most memorial sweets; To Christmas town, to Christmas town, Hop on the next train, do, And see what a wonderful, sunny crown The journey will bring to you.

A Christmas Carol

By James Russell Lowell

"What means this glory round our feet," The choir missed, "more bright than snow?" And voices chimed clear and sweet, "Today the Prince of Peace is born!" "What means that star," the shepherds said, "That brightens through the rocky glare?" And angels, answering overhead, Sing, "Peace, on earth good will to men!" All round about our feet shall shine A light like that the Wise Men saw, For our loving will incline To that Sweet Life which is the law.

So shall we learn to understand The simple faith of shepherds then, And, clasping kindly hand in hand, Sing, "Peace, on earth good will to men!"

And they who do their souls no wrong Shall keep at eye the faith of men, Shall daily hear the angel song, "Today the Prince of Peace is born!"

PERHAPS JOHNNIE KNEW BETTER

By Martha Manning Thomas

(© 1914, Western Newspaper Union.)

Of course she never guessed it, While standing down below, But there hung upon the chandelier A spray of mistletoe. Her dimpled nose as merry, Her hair a golden glow, Her eyes were all agog and beneath the mistletoe. When Johnny up and kissed her, She blushed and said, "You know I think there ought to be a law Against the mistletoe!" (But she didn't mean it)

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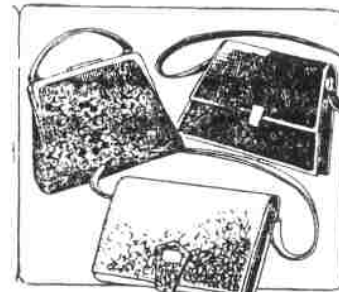


For Her Gift

- Hosiery
- Handkerchiefs
- Cuffs and Collar Sets
- Umbrellas
- Handbags
- Ivory Sets
- Toilet Sets
- Silk Underwear
- Bath Robes
- Manicure Sets
- Sweaters

For His Gift

- Ties
- Belts
- Hosiery
- Smoking Sets
- Shaving Sets
- Handkerchiefs
- Bedroom Slippers
- Wool Sweaters
- Rain Coats
- Collar Bags
- Suit Cases



Suggestions For Mothers

- Here are things of the unusual kind to please every mother from the youngest to the old folks back home:
- Table Linens
 - Blankets
 - Comforts
 - Sheets
 - Roasters
 - House Slippers
 - Congoleum Rugs
 - Bath Robes
 - Warm Knitted Underwear
 - Aluminum Ware
 - A Coat
 - A Suit
 - A Hat
 - Pair Shoes
 - Wool Knitted Scarfs
 - Silverware

Gifts For Your Friends

- Check this list for things that will be prized in memory, tokens of pleasant recollection to please every preference:
- Handkerchiefs
 - Hosiery
 - Stationery
 - Silk Underwear
 - Jewelry
 - Toilet Articles
 - Sweaters
 - Beads
 - Lounging Robes
 - Thermos Bottles
 - Blouses
 - Lingerie
 - Fancy Combs



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