

### Large Attendance At Home Coming Day Sunday Salem Church

#### Number Of Former Residents Present On Occasion—Elderly Negro Died Last Week.

Farmer, Aug. 1.—The Home-coming day, at Salem church on Sunday was well attended, a number of former residents being present. Rev. W. B. Thompson, of Pilot Mountain, former pastor on the Farmer circuit, with his family, were present; also Rev. Mr. Sisk, pastor of the Denton charge.

Mrs. Louisa Macon, of Pilot Mountain, is visiting her sister, Mrs. Roxana Dorsett. Mrs. Dorsett has been ill but is much better. Her daughter, Mrs. G. B. Egerton, of Durham, spent last week with her, returning to Durham on Sunday with Mr. Egerton, who came on Saturday.

Keith and Hyatt Hammond, children of Mr. and Mrs. J. R. Hammond, are visiting their cousin, Ray Plummer, at Hannersville.

Dr. and Mrs. A. A. Bond, of the Kumosi mission in East Africa, spent two days last week at Dr. Hubbard's. They gave interesting talks at Science Hall, on Tuesday night, telling of the customs of the natives and the progress of the mission work.

John Wagoner, of Elon College, a member of the Farmer school faculty, spent the week end with Mr. and Mrs. W. H. Dwyer.

Mr. and Mrs. W. E. Cox, of Randleman, spent Sunday at Mrs. Roxana Dorsett's and Mrs. Cox remained for a longer visit.

Mrs. Claude Dorsett spent one day last week with Miss Louise Kendall at Guilford College.

Rev. J. A. Sharpe, a former pastor of Farmer charge, spent a while here Saturday, greeting friends.

Dan Steel, one of the older negroes of the community, died suddenly in Han Point last week. The funeral services, held at St. Mark's church, was attended by a large number of colored folks, and several white people of the neighborhood.

A ball game played by the Eldorado and Farmer teams on the Farmer diamond last Saturday afternoon, resulted in a victory for Farmer, Score 11-1.

### Best Kind Of Baby

The best kind of baby is the baby who sleeps soundly, and sleeps when it should—the kind that yells vigorously when hungry, and eats with gusto when fed—the kind that responds to your advances with coos and giggles and a wide smile of delight. Do you know how to make yours that kind of baby?

More mothers know that babies do almost literally what they eat—and what mothers eat there would be fewer sick babies. The importance of the right kind of food cannot be overestimated, and the right kind of food, for both baby and mother must contain plenty of vitamins.

#### What Every Mother Knows

Every modern mother knows how necessary sieved vegetables are to complement milk in the diet of babies. If there be any mother who doubts this, she need only ask her doctor. Such an eminent authority on vitamins, for example, as Dr. William McKim Marriott, B. S., M. D., states that beginning with the fifth or sixth month the breast-fed infant should be given once a day a portion of sieved, either raw or mixed vegetables in amounts of one to two tablespoons.

Mary Swartz Rose, Ph.D., suggests a tablespoonful of sieved spinach and carrot pulp for breast-fed babies at seven months. And, since these suggestions have been published, other physicians have found that sieved vegetables are tolerated by infants at two months or even younger.

But cooking and sieving fresh vegetables in the home kitchen is a long, tedious and wasteful job. A greater quantity of vegetable than is necessary is purchased and prepared. When brought home from the market, that part of the vegetable which it not zood must be thrown away, and this may amount to 10 or 20 per cent of the vegetable bought. Or, perhaps the quantity prepared at once will not keep, and the mother decides later not to use it again.

#### What Every Mother Doesn't Know

What every mother doesn't know is that home preparation usually destroys a good part of the important vitamins, and that she can now get sieved vegetables in cans scientifically prepared so that they retain more vitamins than those prepared at home.

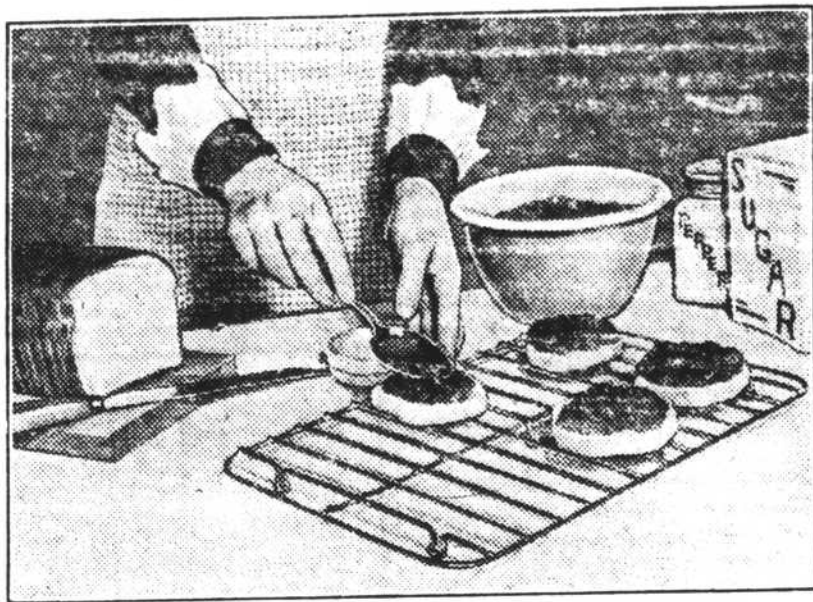
With these sieved vegetables there is no pecking over, no throwing away, no long cooking, no mashing, no sieving, no straining. They come all ready to warm and serve, and are of a consistency suitable for infant digestion.

The best brands of these convenient baby foods have been indorsed by the committee on foods of the American Medical Association, and are allowed to use its seal of acceptance on their cans. This means that the scientists of the American Medical Association have independently checked every step of their processing.

However, every producer of these foods will tell you that no mother should think of feeding her baby anything which was not recommended by her own physician who including any diet. So be sure, before including any of these new sieved foods in your baby's diet, to ask your doctor about quantities and his advice about using them.

**With Scientific Care**  
Some of these sieved vegetables are seasoned, and some are not. One brand which is put up in a sanitary enamel lined can, carries on its label a guarantee of the exact amount of vitamins A, B and C, which its sieved vegetables contain. And the proof that this guarantee is absolutely dependable and means exactly what it says lies in the fact that this is one of the brands which has been accepted by the committee on foods of the American Medical Association, and is allowed to use its seal of acceptance.

### Dressing Up the Hamburg



By Jane Rogers

TODAY on every hand we are urged to be thrifty — to give more thought to simple menus, in which the less expensive dishes predominate.

In this connection let us consider hamburger steak. True, this particular meat offering has been much maligned — has been made the butt of countless jokes—but perhaps the fault really lies with the way it is prepared and offered to the family.

Hamburger steak, properly garnished and carefully seasoned, can easily be lifted from the tin-plate class to a main dish with real appetite appeal.

In the seasoning, salt, pepper and sugar play an equally important part. Recent culinary research has shown that a dash of sugar,

used in the preparation of meat dishes, not only ripens and mellows the flavor but imparts a wonderful zest and savor by acting as a blending agent for the other seasonings. Here is a recipe for hamburger that should appeal to the most exacting gourmet.

#### Hamburg On Toast

Mix one pound of hamburger with one teaspoonful each of sugar and salt, 1/2 teaspoonful of pepper and make into flat, loosely mixed cakes, or leave in the bulk. Cut rounds of bread 2 to 3 inches in diameter and toast on one side only, spread the ground, seasoned beef on the other side and broil five minutes. Drop a bit of butter on each hamburger and serve tastefully garnished with sliced tomato or parsley.

### Private Diagnostic Clinic At Duke A Boon To People Of North Carolina

Birthday parties are usually celebrated by receiving, but on the second anniversary of the opening of Duke Hospital, at Durham, a sort of summary of the service given to North Carolina featured the event. It has not taken the multitude of magazine articles running at intervals for a long time to impress upon the public the fact that only the rich and the poor can afford to be sick. The rich can, and do, afford the services of specialists who have spent a fortune on preparing themselves for their special line of work and, when necessary, are regarded from one specialist to another until the real trouble is found. The poor cannot do this but often have it done for them making practically two classes of patients for specialists—the rich and charity cases. Thus, the middle class are left with the general practitioner, who certainly has his place in the medical profession, and a very high place too, but this same general practitioner often wants a specialist for consultation and it is there that the average person must draw the line for financial reasons. It has gradually worked around that the masses are too often left without proper treatment and this is especially true under the present economic conditions. People who have always paid bills would rather suffer in silence than to have to go into a charity clinic and, if it is all too often the case, that the disease has taken such a firm hold that it is then incurable. Many times this is the "bread winner" of the family, a man makes conditions all the worse. The matter of infecting other members of the family has also proven a big factor in such cases, resulting in what appeared to be unresolvability on the part of the sick person, bringing about almost unmanageable conditions.

**A Provision Is Made**  
No institution is thoroughly unselfish in its motives, and Duke Hospital, while it has the reputation of being a "charitable institution" and does a great deal of charity, is really no exception. On September 15th, 1931, a Private Diagnostic Clinic was started at Duke Hospital. This Clinic was established for several reasons, after realizing the wide need for such by Dr. W. C. Davidson, dean of the school of medicine. The public need was obvious. Assembled at Duke were several of the finest specialists in the country and the point was to bring the public in touch with these men—perhaps it would be better stated, to bring these specialists within reach of the public. The staff assembled and carefully worked out tentative plans, basing the terms of this proposed private clinic on the terms of the Dispensary, which was established soon after the hospital opened for those who could not afford to secure the services of private doctors. A Dispensary is practically a necessity in connection with a medical school in order for the internes to have the opportunity to observe practical treatment of cases under practicing physicians and teachers. Thus, the specialists decided that the same plan would prove effective for people of moderate means, and they were willing to fall in line with such venture. So it was, that health was put upon a business basis in this Private Diagnostic Clinic.

**The Plan—A Business**  
First of all, a business manager was selected, Wm. F. Franck, whose duty it was to meet the patients and discuss finances with them. There is a maximum and minimum fee set for the patients before any doctor is called in consultation. The average cost runs around \$35.00, with \$50.00 the maximum. It is possible to get through for less money provided tests and x-ray work make it possible. Usually a patient whose case requires tests and x-ray pictures and can easily run up a bill for these items alone of fifty dollars, then there is no money left for the actual treatment of the average person. This charge for diagnosis is not a "holdup" affair, neither is it a "pay as you enter" for a great many people, especially at this time, are paying the entire bill in a lump. It is quite possible to divide the payments in a satisfactory manner to the prospective patient. The patients themselves made this method practicable, they would ask, in a business-like manner, what the cost of such and such treatment would be before going into it. Business conditions made it necessary. The Diagnostic Clinic proper is based upon the plan and operated in a similar fashion to the Mayo Diagnostic Clinic. Such a Clinic, however, is rather a new idea and there is, so far as it is made public not another in North Carolina. Hopkins had one for about six years, Cornell for ten, Massachusetts General for twenty, with a new one at Mt. Sinai, N. Y., and at Piedmont, in Atlanta. There are a good many in the west.

The clinic is not for treatment, although treatment will follow the diagnosis, when desired. It is a requirement that the patient, whether referred to the Diagnostic Clinic by the family physician or not, to give the name of the physician, and a letter is written to the home doctor, giving the findings in detail and, when desired, suggests treatment. There is no desire on the part of the doctors themselves, nor the committee who formed the clinic, to supplant the family doctor. It was established partly as an aid to the family doctors, or any doctor who found diagnosis obscure. The aim of the clinic was to approximate an ideal private diagnostic service with a maximum of time, effort and cost to the patient and a maximum of interchange of opinion between members of the staff. Obviously, the doctors employed in this diagnostic work do not get as large a fee as from the old plan, but it enables the doctors to render the service needed today and in return, they have the benefit of consulting with each other and learning from each other in a far more efficient manner than under the private patient plan.

Since the clinic was established in September and the first patient arrived, no press notices have been issued for furthering the cause of this Diagnostic Clinic. The first week the first patient sent four friends, who, in turn, have sent others, but the general public are not informed. There have been 565 patients enrolled in this new venture that will, in all probability, prove to be a vital factor and a pattern for similar organizations that will go far toward health conditions in the state in the years to come.

**Burglars Flee When Storekeeper Opens Up With Shot Gun**  
Trinity, Rt. 1, Aug 1.—Mt. Pleasant M. P. church held a series of revival meetings which was closed Friday evening, Rev. Whitehead from Duke University being the pastor's help. Rev. Whitehead delivered some very able sermons. Much interest was shown in the meeting.

Tom Pierce's store was broken open last Thursday night. Much goods were taken on the outside. When they opened the cash drawer it turned out to be empty. Mr. Pierce and his quick response to the alarm by firing his gun caused the burglars to leave all the goods and their own brace and bit, which they used to enter the store.

**Canoes Must Carry Navigation Lights, Commerce Dept. Warns**  
Vacationists who thrill at the thoughts of after-dark canoe rides, with only the moon and a blonde or brunette for company, have been warned by A. J. Tyrer, of the Department of Commerce, that moonlight alone as illumination is not sufficient—is illegal in fact if the canoeing is done in Federal waters.

According to Mr. Tyrer, it is necessary for post-window paddlers to supplement the moon's beams with navigation lights. Moonlight, it seems, is perfectly satisfactory for romance, but highly inadequate as a safety factor. It is further pointed out by Mr. Tyrer that lightless canoes are the greatest menace afloat, especially when motorboats are used in the same waters.

While the Federal law does not apply to inland waters, it is suggested that there too every canoe be equipped with a flashlight for moonlight riding as protection against collisions with larger craft. Such accidents, it is pointed out, are decidedly on the increase.

Mounted lights are difficult to install on the average light, shell-like canoe and still more difficult to protect from water damage. It has been pointed out that the ordinary flashlight, occasionally snapped on and off, gives the desired protection for both canoeist and motorboat operator and at a minimum cost.

### WHY HOWL WHEN TIMES HAVE BEEN MUCH WORSE

#### The Truth About Conditions—Based On Actual Facts, Not On Panicky Theories.

The following article in the Yorkville Enquirer might just as well apply to citizens of Asheboro and Randolph county:

A young married woman in Yorkville was almost weeping, the other day about how everybody in this town was poverty stricken, and all the merchants near bankruptcy—her own salary had just been cut, but Yorkville merchants of ability and energy were reporting sales holding up well.

The newspapers of South Carolina have been full of wailing about the depression putting the whole state into the pauper class, and hundreds of politicians have been bewailing the deep blue color of things under the Palmetto trees—some of them to camouflage their scrappings for money to throw to their own chickens, some of them from the habit of always viewing things with alarm during a Republican occupancy of the White House, and some of them from just plain gullibility and listening to others.

All over America, there are persons who are continually playing the Depression Blues on their crooning saxophones, determined to insist that these United States are going to the demitition hownows—some parlor pink communists, some real reds anxious to have Russian soviet in this country, and some good American citizens still bilious from overeating before 1929 and some ignorant folk who never made the least effort to get facts about actual conditions in America today.

**Editor Deserves a Wreath**  
In sharp distinction to this sort of imaginative complainers and crooners is the editor of Collier's a national weekly, who took the pains and did the hard work of getting some actual facts to talk about.

He deserves to be crowned with a laurel wreath for his work, and if his editorial in Collier's for July 9, does not get the Pulitzer prize for 1932, the judges will have made an erroneous award. Colliers, while nominally independent, is distinctly Democratic in its political partisanship. The editorial referred to here says:

There's no argument in this editorial. It's merely a collection of facts incontrovertible, eloquent facts that confound those who profess to see America slipping down into a state of effortless despair.

**More Money Than In Boom**  
America's mutual savings bank deposits are \$12,000,000,000 higher than they were at the peak of the boom three years ago.

Total bank savings today exceed \$29,000,000,000 equal to more than \$1,000 for every family in the land. Savings deposits number 32,000,000, nearly two per family.

The number of Americans owning stock has increased almost 40 per cent since 1929.

A group of 102 companies which had 5,539,036 stockholders at the end of the boom year had 7,675,143 stockholders at the beginning of this year.

**Big Interests Now The Public**  
One company alone today has over 665,000 stockholders, a gain of more than 195,000 since the boom. This company (American Telephone & Telegraph) has assets exceeding \$3,200,000,000.

No other nation on the face of the earth can show such widespread ownership of money and stocks.

Our total stock of gold is \$4,000,000,000. No other country ever possessed so much. Britain, for example, has only \$583,000,000.

Currency in circulation aggregates \$5,464,000,000, or \$700,000,000 more than in the boom.

A recent offering of 450,000,000 of U. S. Treasury securities elicited subscriptions totaling \$4,196,296,700—more than nine times the amount offered.

Last year \$16,500,000,000 worth of new life insurance was written. Total insurance now carried is estimated at \$109,000,000,000, or not far short of \$1,000 for every man, woman and child in the United States. Policies in force total 127,800,000. One company alone (Metropolitan)

has in force many more policies (44-520,810) than there are families in America.

Such safeguard, such security is enjoyed by the people of no other nation in the world.

Our total national wealth, estimated at \$329,700,000,000, is greater than that of a dozen Continental European countries combined.

**Billion Every Week**  
The income of the American people comfortably exceeds \$1,000,000,000 a week.

There are still six or seven persons gainfully employed for every person idle.

Foreigners owe America investors approximately \$18,000,000,000. In addition foreign governments owe our government \$7,000,000, and we are still selling abroad more than we are buying.

No fewer than 25,800,000 automobiles are owned by Americans—almost one for every family.

This total is almost three times the number owned by all the rest of the world.

Americans possess far more telephones (19,500,000) than all other countries put together.

**Comfort In The Homes**  
Radios continue to multiply. The latest authoritative computations put the total at over 16,545,000, representing an investment of more than \$1,600,000,000, also a record unapproached by any other people.

How many new domestic mechanical refrigerators have been bought, would you guess? A grand total of fully 3,750,000, at an estimated expenditure approaching \$2,000,000,000. And most of these have been installed in the last three years. In no other part of the globe do half as many homes enjoy such a luxury—Americans are rapidly coming to regard it as a necessity.

America has more home owners than any other nation.

**Children Are Better Off**  
A recent survey of 29 typical small towns revealed that 71 per cent of the inhabitants owned their homes, 72 per cent had electric lights, 72 per cent had electric washes, 55 per cent had radios, 41 per cent had vacuum cleaners.

There are more families in America than in any other land that can afford to and do send their children to high school and college.

In no other land do so many average families have the means to enjoy foreign travel.

Expansion in airplane travel—the most costly of all common forms of overland transportation—has been greater here than abroad during recent times.

The theatre of the masses, the movie, still attracts a weekly average attendance of 75,000,000,000.

**Are Buying Luxuries**  
Our so-called national "luxury" bill is still away up in the billions a year.

It took a billion and a quarter pounds of candy to satisfy our sweet tooth in 1931—no decrease from the 1929 total.

The percentage of our agricultural population who, despite deatlon, are acquiring domestic comforts, conveniences, labor-saving devices, improved machinery, the use of better roads, is constantly increasing.

Today more than 700,000 farms are electrified, representing an increase of 400 per cent in eight years and the total is being swelled rapidly.

**Best Conditions For Worker**  
In industrial communities hard manual toil is being steadily abolished by the introduction of machinery. Each American worker now has at his command five horsepower, a record not even remotely approached outside our boundaries.

The average working-day a generation ago was ten or twelve hours. The standard in this generation is eight hours, with the trend running towards a still shorter work-day.

The work-week used to consist of six—even seven—days. Now it is five and one-half days, with the five-day week coming into vogue.

America has always recovered from periods of depression and pressed forward to new heights of prosperity.

**Was Never So Well Equipped**  
Never in the past was America so well equipped as it is today to re-

sume an epochal forward march. Not only have we changed from a debtor nation to the greatest creditor nation on earth, not only have we vested national wealth, not only have we an unprecedented supply of gold, but we are richer in experience, richer in inventive brains, richer in scientific knowledge, richer in machinery, richer in productive facilities, richer in managerial skill, richer in discovered mineral and oil resources, richer in transportation facilities by land and air and water, richer in every material wealth-creating product and process, richer in craftsmanship, richer in everything.

Clip this out and put it in your pocket. It will bear rereading many times this summer when politicians invite you to tear your hair over the state of the country. The country is all right. What we need is less hysteria and more confidence and courage.

### HOW TO DOUBLE THE LIFE OF SHOES

Everybody that wears shoes should be interested in a method for making shoes last twice as long at a cost not to exceed 10 cents per pair. It is given in the current issue of The Progressive Farmer-Ruralist as follows:

1. Clean the shoes thoroughly, drying them slowly if water is used.
2. Then when shoes are thoroughly dry and warm, rub in with the hands a mixture made of melting together equal parts of tallow (or mutton suet) and neat's-foot oil. (This mixture may also be used: petrolatum, 12 ounces, and beeswax, 2 ounces, and cod liver oil, 4 ounces.)
3. Apply with the hands until no more will be absorbed, then rub well with a soft rag.
4. If the shoes are placed in a shallow dish or pan and allowed to stand in this mixture (kept warm) for 20 or 30 minutes, the whole shoe will then be treated.

The writer has used this plan as a leather softener and preservative for

**SUNSET—Fri-Sat.**  
**Rebecca Of Sunnybrook Farm**

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WOMEN who get into a weak, run-down condition can hardly expect to be free from troublesome "small symptoms". Where the trouble is due to weakness, Cardul helps women to get stronger and thus makes it easier for nature to take its orderly course. Painful, nagging symptoms disappear as nourishment of the body is improved.

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