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THE COURIER, ASHEBORO, N. C.

THURSDAY, OCT. 18, 1984

Answer: No. Vetch may be sown

should be put in as early as possible

partly overcome by seeding with an

Norton, which is an early cold re-

S. W. Weston of Hyde county had

his first experience with lespedeza

this season and produced two tons of

Indications are that there will be

Wayne county cotton growers re-

port picking their cotton wet due to

excessive rains for the past month.

hay to the acre.



Extension Dept. -Conducted by-E. S. MILLSAPS, JR. **County Agent**

Poultry Sale

There will be a poultry sale held at the creamery grounds in Asheboro, next Wednesday, October 24th. Time 8:00 a. m. to 2:00 p. m. Prices as follows:

Heavy Hens	13c
Leghorn hens	11c
Chicks, 1 1-2 to 2 1-2 lbs.	15c
Stags	10c
Old Toms	196
Roosters	6c
Turkeys	17c

their spurs start.

Treat Seed Wheat

way to dust the wheat is to make patronage rebate. a hole in each end of a barrel and run a pole through it. Then, cut a door in the side for putting in the May Secure Food wheat. You can then put a handle on the pole like a well windless or rotate it by hand. The rotation should be thorough in order to be sure that all grains come in contact with the dust. While going through the planted in October and cultivated treatment, place a rag over the through the winter so as to keep the mouth and nose to prevent breath- family supplied with fresh green ing the dust, as it is very nauseat- food at all times. ing, if it is inhaled. Be sure not to treat more wheat than you will plant, as the treated seed is not old stand-bys, says E. B. Morrow, fit for flour or for feeding purpo- extension horticulturist at State Colses. This treatment, however, stim- lege. ulates germination, while some of the other treatments retard germination.

Use Pure Seed

Wheat yields are low enough at best, so be sure to use the very

Randolph Likely To Have A Cooperative Exchange All I know is by word of mouth. In other words we sell them our but it is voluminously rumored (and exchange our produce receiving the

with some degree of authority) that market price on date of sale; also, Randolph is likely to be favored with pay market price for our produce a cooperative exchange, located in the when we purchase same. At the end fair city of Asheboro. The object of of each year when all has been this exchange is cooperative buying checked up, expenses paid, the proand selling: the only sensible system fits will be divided with each one of marketing for the farmer. By this who has bought and sold them the method we can have the advantage organization. Everyone knows there of buying in larger quantities-lower are profits to be had out of such prices; and cooperative selling-elimi- operations. Otherwise there would nating the enormous profit in vogue be no merchants, nor other middle of the middle man or men as the men who go over the county buying case may be. It narrows itself down from the farmer; taking his profit; to this: the farmer pays out less selling such goods to merchants who These prices are a little better money; receives more for what he take their profits before handing it

than they were in our last sale. I sells, giving a greater net income, out to the consumer. We have endo not know what the market is Of course this evokes multitudinous tirely too many human parasites who going to do, but I expect that you questions. Would such a system be accumulate fortunes because they are had better move all old hens that a success? Turn such a proposition allowed to pay the price they desire have gone out of lay, that you do over in your own minds. The rea- to the farmer for his produce; then not plan to carry over as breeders, sonableness of it is evidence of its charge the price they desire to the You will notice that the weights on success. This is far from a new consumer when the latter makes his chicks run from 1 1-2 to 2 1-2 lbs. Idea. It has been tested many years purchase. In other words they have This means for young chicks and in many counties in many states and the "Bull by the horns," and this not old chicks that have been stunt- has been found to be very successful, particular bull has horns at both ed that are still light in weight. I am for it-"teeth and toenail." ends.

In other words it means chicks that Yet this should be said: The cus- Whether or not this rumor I menstill have a soft breast bone. Stags cess of any organization is largely tioned in the outset becomes a reality, means young roosters between the dependent on its leader, and the certainly we farmers should get tochick age and roosters, or before leader is the one who should be gether and organize a system of cooperative marketing and selling. chosen with much care.

Who would own this exchange? There is nothing we need more. It The farmers of Randolph county, by will not only benefit the farmer himpurchasing shares of small denomi- self, but will also benefit the con-Before seeding your wheat this nations. It is ours and we will not sumer as well-giving the farmer fall, be sure to treat it for smut. only have the advantage of collective more money for his produce and the The cost of this treatment is very buying and selling, but will receive latter more produce for his money. small in comparison with the risk at the end of each year (after the At a later date when I have more you run in seeding wheat without it. cost of operating such an organiza- facts at hand I will go more fully The most approved method of treat- tion has been extracted) a dividend into this proposition. In the meaning is the copper carbonate dust, worked out on a percentage basis time, think it over. Most of all at the rate of 2 ounces of the dust based on the amount we have bought think seriously of the one who would to each bushel of wheat. The best and sold, this dividend known as a be chosen to head such a movement. -J. M. CANOY.

From Oct. Garden

A number of vegetables can be

Kale, mustard, spinach, turnips, collards, and onions are some of the got it fresh. Very fresh. It was not

and turnip greens, he said, and spin- mighty few refrigerators even after ach can also be grown more exten- the packers in Chicago learned how sively than it has been in the past. to ship refrigerated cars of meat in He recommended Curled Scotch Kale, the 70's. The only ice machines they

Quantity Recipes of Quality .

A FTER THE lazy summer lull, church and club activities begin to pick up with new fall zest. Members whose enthusiasm was worn threadbare at the end of the spring rush, return from their holiday trips full of energy for the new year's work. Eagerly they plunge into their fall activities, not the least of which are the countless pleasant dinners that women's organizations are wont to give to raise funds for the new season, or just to get together again. So often, though, it is difficult to plan a budgeted meal for a large group of people. Recipes for six do not always multiply successfully, and dishes that are delightful when served for a small family, often are quite impractical for a big group. So it will be with considerable relief and confidence that club women may turn to these reliably tested quantity recipes for their fall dinner parties.



Tomato Ketchup, 1 cup Worcestershire Sauce, 1 large can Cream of Tomato Soup, 1 cup Pure Cider Vinegar, 2 tablespoons butter, 2 tablespoons sugar and 1/2 teaspoon pepper. Pour over hams. Quick Cole Slaw (serves 50)-

To 2 gallons finely shredded cabbage and 21% tablespoons sugar, 2's tablespoons salt and 1 teaspoon pepper. Mix 1 quart Mayonnaise with 1 cup Pure Vinegar and pour over the cabbage. Add 6 chopped green peppers and 1 teaspoon onion juice. Mix thoroughly and serve on crisp lettuce leaves.

Fruit Cup Cakes (50 cup cakes) once before measuring), add 3 1 No. 10 can Cream of Tomato teaspoons baking powder and 34 Soup. Bake in a moderate oven teaspoon baking soda, and sift to- (350° F.) about 11/2 hours. (By gether once. Cream 1 cup butter, using uncooked rice a "porcupine" add 21/2 cups sugar and cream effect is assured, because during together thoroughly. Add 6 well the cooking process the rice swells beaten eggs. Add flour alternate- and extends in points on the outly with 34 cup sour milk. Add side of the beef balls.) 3 cups Mince Meat and 3 teaspoons | Sunset Salad (serves 50)-Disvanilla and mix thoroughly. Pour solve 1 institutional package (26 into greased muffin tins, filling 1/2 | ozs.) lemon flavored gelatin in full. Bake in a hot oven (400° F.) 31/2 cups boiling water and 1/2 cup for 20 minutes. (May be baked Pure Vinegar. Add 3 qts. water

Mileage Hints

By J. F. Winchester, S.A.E.

Supervisor of Motor Vehicle

Equipment, Standard Oil Company

of New Jersey

THE appearance of the automo-bile may not seem to have much

to do with its mileage. However,

the motorist should use at least or-

dinary care to keep his car well

groomed. Not only will this be a

substantial help to him in case he

desires subsequently to sell the car or trade it in; but in the long run it

will also save him money in repairs

Don't let grease or oil stains re-

main on the finish. Wipe ther off as

soon as you notice them. If they

won't come off with a damp rag, a

little auto cleaning fluid will remove them. By keeping the painted sur-faces free from oil, grease, dirt, dust

and other substances you will keep your finish in an attractive condi-tion and eliminate the necessity for

If the paint on your fenders has

worn off and become rusty, get a can of paint at your service station

and touch up the rusty spots before the rust eats through the fender.

While you're at it buy a can of top

dressing and paint the top before it gets dried out and cracks. This will

Keep your car polished. Many motorists have found it profitable to apply a wax finish to the outer surface. Clean the upholstery and polish the metal fixtures periodi-

prevent leaks in the roof.

and replacements.

a repaint job.

cally.

Timely Farm Questions Answered At N. C. State

Question: Can skim milk or but-termilk be substituted for any in-blood. Before the animal is killed keep it as quiet as possible as exgredient in a laying mash?

Answer: Yes. Both skim milk and citement produces a feverish condi-Answer: Yes. Both skim milk and tion which prevents proper bleeding the dried milk products as well as the fish meal and meat meal. Three and causes the meat to sour while Question: Is it too late to sow

quarts of skim milk or buttermilk should be used where only the dried vetch and oats as a winter hay milk products are substituted. Where crop, the dried milk, fish meal, and meat on almost any soil up to October 15 meal are left out of the ration four and oats may be sown anytime up to and one-half gallons of skim milk or November 1. In using vetch, howbuttermilk should be substituted. The success of this substitution depends ever, be sure that the land is inupon the regularity of feeding the oculated for legume growth. Seed milk and, unless there is ample supto prevent winter injury, especially ply for constant feeding, no substiwith oats. This injury may be tution should be made.

Question: How long should a hog open furrow drill or by using the be without food before killing? Answer: The animal should not be sistant variety, or the Lee and Virfed for at least 24 hours before ginia Gray varieties, which are late

slaughter, but should have plenty of and cold-resistant. The Carolina vafresh water. This makes it easier riety of vetch is more resistant to to get a good blood and meat cures disease than hairy vetch and also out better when the small blood ves- makes a good grade of hay,

State College **Dairy Graduates**

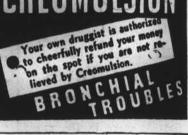
Farm In The State

More than 85 per cent of the stutwo or three million pounds of extra dents who have graduated in animal tobacco to sell in Pitt county this husbandry and dairying at State Colfall and the growers are buying adlege are putting their college trainditional allotment cards from other ing to practice in North Carolina. contract signers. Of the 153 students who have

graduated during the past 15 years, says Fred M. Haig, associate professor of animal husbandry and dairying, 16.3 per cent are county

agents; 19.4, livestock and dairy farmers; 16.3, superintendents of dairy manufacturing; 9.4, in commercial livestock work; 7.6, managers of livestock and dairy farms; 17.6, state and government agricultural workers and 12.2 per cent college and vocational agricultural teachers.





Spanish Custom The bull rings of Spain all have chapels under the grandstand, where prayers are offered for the matadors.



A Small Deposit Down, the Balance Each Pay Day!

Travel anywhere .: any day 1/c

Says E. B. Morrow

Meat, however, was different. If

time of a month she had vanilla extract or orange or lemon extract.

Hominy was another favorite of late 1800's. For hominy a bottle of strong lye was kept on the pantry shelf. This bottle of lye, plus an iron kettle full of water, plus some shelled corn, plus a day's soaking, plus repeated washings, plus cooking, produced hominy. Simple, wasn't it?

aged in a refrigerator as good meat is now. It was alive in the morning and grandmother bought it that day, Kale gives a change from collards or the next, because there were Southern Curled Mustard for their had were ponds and a prayer for attractive appearance and edibility, cold weather; and that didn't work

best seed that you can get. There although they are not quite so hardy so well in the south. Though it is best seed that you can get. There have pure strain wheat of high pro- as some of the other types. county that have been certified. This said. Sweet potatoes and pumpkins the north. gives you the assurance of getting a pure strain of wheat and also keep best in a moderately dry place at a temperature of about 50 dewheat of known germination as all certified seed carries the germination on the bag. If you do not know in touch with me I will be glul to by to avoid bruises if they keep well. give you the names of parties having such wheat.

I would like to say this in regard a moderately moist atmosphere. to the Redheart wheat. It is one of Pitts, hills and cellars afford good the best yielding varieties that I places to keep these crops, Morrow know, having produced as high as pointed out. 45 to 50 bushels per acre here in Onions and other bulbous crops the county on actual test. Also, it keep best in cool temperatures and first, then gradually the myriad is a very hard grained wheat and a relatively dry atmosphere. Onions for that reason is in demand at all keep best when stored in slatted mills, as it will produce more flour crates in order to provide for better per bushel.

Growing Mushrooms For Use In Home → Is Very Profitable

below.

"Good Old Days" Are

Reviewed By A&P

ods Of Culinary Art With

Those Of Grandmother

In those days, away from the sea-

coast the only seafood obtainable was

salted. It came in two forms, dried

Mushroom growing offers the home grower an opportunity to supply his table with fresh delicacies in winter.

By spending a little time and care, Article Contrasts Modern Meththe gardner can provide his table with mushrooms in January, February and March, says Dr. W. C. Coker, professor of botany at the Chapel Hill unit of the University caused by a return to the good old of North Carolina.

Coker says.

stables makes the best soil for grow- last seventy-five years, the A&P ing mushrooms. The manure may be Kitchen found these to be some of spread in beds about a foot thick. the difficulties our grandmothers had Fifteen-inch boards stood on edge to face in feeding their families. will serve to box the bed in. If If grandmother wanted to be sure desired, beds may be made and plac- of serving grandfather a steaming ed in tiers one above the other, with hot cup of freshly roasted coffee for 20 to 24 inches clearance between breakfast in the 1850's and 1860's, each bed.

she had to roast it and grind it her-The manure should be cured by self. That's what everyone had to do placing it in piles three or four feet then. For breakfast cereals all granddeep, covering it with cloth, and al- mother had to do was to buy a lowing it to ferment. The manure basket of wheat, cook a quart or so usually requires about 15 days to on the back of the stove for two cure. To prevent overheating while days until it was soft enough to fermenting, it should be forked over chew. every day or two and made into a

new pile. After curing, it is ready for the bed.

Cultivated mushroom spawn for salt fish and pickled salt fish. The planting may be obtained from seed dried salt fish were just dandy if dealers in the form of dried manure you had enough time to soak them never goes near water except to bricks. Break the bricks into pieces for a day, and if you had enough about two inches in diameter and time to change the water often. plant eight to ten inches apart and Soap was not something that two inches deep. After packing the grandmother could just order a dozen manure firmly, cover the bed with bars of at the local store. She saved straw. A week later, remove the straw and cover the bed with an inch for months and rendered them into of loamy soil. The beds should be sprinkled with water occasionally, but not enough to wet them.

The mushrooms are ready to pick

The storage of vegetables for win-

rumored that in 1871 an ice plant was built in New Orleans, from ducing varieties. Redheart and Leaps Prolific are the two varieties in the did Sweet netting and numbers and numbers and numbers. keep best in a moderately dry place The great change in the food buy-

ing habits of the nation came in the grees. These conditions are best sup- 1890's. Cities were growing. The plied in a sweet potato storage and tempo of life quickened. Housewives curing house. The potatoes must be no longer wanted to spend hours and dug before frost and handled careful- even in some cases days preparing a single dish or a meal. In response Cabbages, celery, beets, carrots, to this demand changes in food sellparsnips, turnips and Irish potatoes ing habits appeared rapidly. Fully keep best at cool temperatures and in automatic can-making machinery first appeared in 1885. Thereafter canned foods became an important part of the grocery business. Breakfast cereals were invented that came ready to serve. Oats for oatmeal wheat and corn cereals that one sees today. Rectors' restaurant which opened in Chicago in the 1880's provventilation. The temperature should be kept just above freezing when ters packed in ice could survive a ed to a disbelieving world that oyspossible, but never allowed to go trip to Chicago. Home soap-making disappeared overnight before a superior manufactured product. Every one of the 200-odd A&P stores began to carry extracts in response to

demands of the customers. **Anniversary Kitchen** By 1901 the changes progressed far enough for the Ladies' Home Journal to write, "In these days you can buy almost everything partly or wholly cooked." However, the development of ready-to-eat foods, that so excited the ladies of 1901 was hardly A housewives' revolution would be the beginning. Growth since that time of food preparing technique plus days, declares the A&P Kitchen, re-Mushrooms grow best in cellars or viewing those "good old days" on growth of well organized distribubasements where the temperature the occasion of the seventy-fifth an- tion systems not only made prepardoes not go below 55 or above 65 de- niversary of The Great Atlantic & ed foods available to everyone, but grees. Stables which are protected Pacific Tea Company, celebrated dur- also fresh fruits and vegetables and from the weather are suitable, Dr. ing the month of October. Throwing good meats available the year round at low cost and made the modern the spotlight of interest on the pro-Horse manure from well-bedded gress in feeding a nation during the meal a matter of minutes not hours.

> Slang Slang is popular but unauthorized language, usually inelegant. Slang has been defined cleverly as vigorous

World's Chemicals About 15 per cent of the world's

outlaw language.

chemicals are manufactured in countries which in 1913 had no important chemical manufactures.

Friends Church In Ohio

There are more representative branches of the Friends church (Quakers) in Ohio than in any other

state in the Union.

cally. It is also advisable to have your car washed thoroughly several times a year. Pressure washing will remove the dirt from beneath the fenders and the underneath part of the body. Also have the engine cleaned at your service station. A clean car is not only more pleasant **Goose Ignores Water** Hawaii has a species of goose that drink, yet has web-feet like its ancestors and present-day relatives.

cleaned at your service station. A clean car is not only more pleasant to drive and to ride in but it will give you a pride in ownership that will make you hesitate to neglect any little replacements or repairs that are necessary from time to time. A dirty, rusty car often leads motorists to neglect these seeming-ly unimportant jobs until it is too late. Fog Sailors' Worst Eenemy Of the six dangers of the sea, fog. fire, icebergs, storm, rocks and shoals, sailors reckon fog as far their worst enemy.

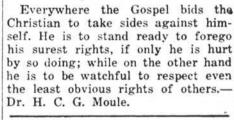
Removing Freckles

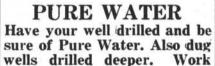
Flavoring extracts did not come in Maidens of the seventeenth century The mushrooms are ready to pick when the gills beneath the umbrella portion are a bright pink color. They remain good until the gills are dark brown or even black, provided they are not decayed. Thavoring extracts did not come in neat bottles in the 1860's. Grand-or carefully save her orange and lemon peel for months and soak them in brandy, and in the short in oblong baking pans in moderate or pineapple juice and chill. Then oven (375° F.) for 45-50 minutes.) add 3 qts. finely grated raw car-Porcupine Beef Balls (serves 50) rots, 1/2 No. 10 can drained crushed -Combine 8 lbs. ground round pineapple and 2 teaspoons salt to steak, 1 qt. uncooked rice, 2 table- gelatin when slightly thickened. spoons minced onion and 2 table- Chill in individual molds or shalspoons salt, and mix thoroughly. low pans until firm. Serve in crisp Form into small balls. Place in lettuce nests with Mayonnaise.



By JOSEPHINE GIBSON

Director, Heinz Food Institute





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Mebane, N. C.

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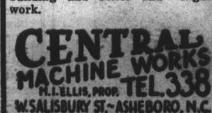
Fine Laxative and Tonic Most Speedy Remedies Known.



Dad says:

"Keep young in your heart; keep a song on your lips. You still have your youth if you are happy."

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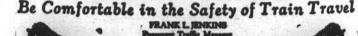


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We have installed a Modern Seed Cleaner that Cleans all kinds of Small Grain, Lespedeza, etc.

> Let Us Clean Your Fall Seed. You Reap What You Sow.





Oil fumes coming from a dirty engine and going out of hood tends to dull the finish of the hood and

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