Thousands Have Kidney Trouble and Don't Know it.

How To Find Out. Fill a bottle or common glass with your water and let it stand twenty-four hours: a

neys; if it stains your linen it is

evidence of kid-

ney trouble: too

frequent desire to

pass it or pain in

А



the back is also convincing proof that the kidneys and bladder are out of order.

What to Do. There is comfort in the knowledge so ow, where the grass had grown rank. often expressed, that Dr. Kilmer's Swamp- His forehead became moist and his Root, the great kidney remedy fulfills every wish in curing rheumatism, pain in the back, kidneys, liver. bladder and every part of the urinary passage. It corrects inability to hold water and scalding pain in passing it, or bad effects following use of liquor, wine or beer, and overcomes that unpleasant necessity of being compelled to go often during the day, and to get up many times during the night. The mild and the extra-ordinary effect of Swamp-Root is soon realized. It stands the highest for its wonderful cures of the most distressing cases. If you need a medicine you should have the best. Sold by druggists in 50c. and \$1. sizes. You may have a sample bottle of this

wonderful discovery and a book that tells more about it, both sent Address Dr. Kilmer & Home of Swamp-Root. Co., Binghamton, N. Y. When writing mention reading this generous offer in this paper.

Don't make any mistake, but re-member the name, Swamp-Root. Dr. Kilmer's Swamp-Root, and the address. Binghamton, N. Y., on every bottle.

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Iron work and castings of every

Wm. M. JONES, Pres. and Treas.

description. Estimates furnished

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ROUGH and

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promptly on all work.

J. A. MULLINAX, Supt.

SASH

DOORS

BLINDS



ADAM'S ALE.

Farmer's Example and Advice to a Young Man Who Used tho Devil's Brew.

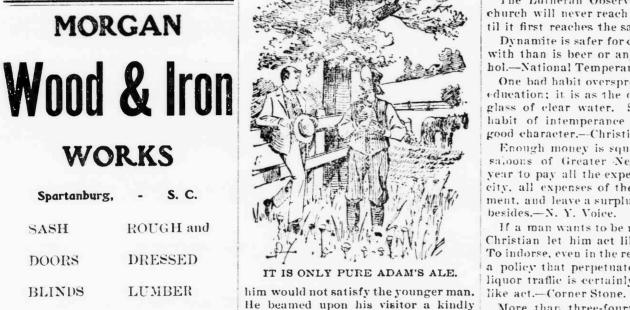
It was a very warm day when Father

Welden began plowing the south mead-His forehead became moist and his throat dry, as he followed the plow across the field. Over in the corner where the bushes cast a shade he had placed a jug full of a drink that never failed him when thirsty. He drank from it several times during the day. On the other side of the fence a young man was lying on the ground in the shade. He had been asleep. His eyes were red; he looked wretched. He was thirsty. He awoke just as Farmer Welden left his horses and went over to the corner near where he was lying. He saw him lift his jug to his lips and take from it long draughts. It made the young man feel still more thirsty to see the farmer enjoy his drink. He jumped

up quickly and shouted: "Hallo! What have you got there

to drink?" The farmer turned quickly, meeting the eyes of the young man eagerly fixed

upon him and his jug. He felt sure. however, that the drink that satisfied



smile as he replied: "Oh! it is nothing that will hurt man or beast, I assure you, if it is in a jug.

yonder. Will you have a pull?"

Then he rested the jug upon the ly?-Wayne County (0.) Herald. fence, and the young man drank as if he was burning with thirst. When he

This is why I would not drink with vou."

All present admired the man's selfcontrol and learned a striking lesson on the danger of putting temptation in a prother's way .- The Quiver.

Saloonkeepers Barred.

A saloonkeeper in Wisconsin belonging to the Modern Woodmen has objected to being expelled from that order by the new rule which forbids the receiving or continuing as a member a liquor seller. As he was a member before the new rule was adopted, he appealed to the courts. The supreme court has decided against him, declaring the rule constitutional.

THE ADVOCATE'S EPIGRAMS.

Never drink, never drunk. Swim in sin, sink in sorrow. Duties are ours, events are God's. There is no evil without a remedy. Two glasses of beer are two too many. Look before you leap, the ditch may be deep.

Beer is never as flat as those who drink it.

A drunken night makes a cloudy morning.

Saloons are toll-gates on the way to perdition.

What soberness conceals drunkenness reveals.

Wine smiles in the cup, but stings in the conscience.

Often drunk, never sober, falls like leaves in October.

Drunkenness is midnight, moderation is twilight, abstinence is daylight.

EITS AND BREVITIES.

The Lutheran Observer says: "The church will never reach the masses until it first reaches the saloons."

Dynamite is safer for children to play with than is beer or any form of alcohol.-National Temperance Advocate. One bad habit overspreads a brilliant education; it is as the drop of ink in a glass of clear water. So the one bad habit of intemperance mars many a good character .-- Christian Work.

Enough money is squandered in the saloons of Greater New York every year to pay all the expenses of the big city, all expenses of the state government, and leave a surplus of \$53,105,803 besides .- N. Y. Voice.

If a man wants to be recognized as a Christian let him act like a Christian. To indorse, even in the remotest degree. a policy that perpetuates the infernal liquor traffic is certainly not a Christ-

More than three-fourths of our expenditures for police, jails, poorhouses, children's homes and the like are due to the liquor traffic. But this expense It is only pure Adam's ale, brewed this is not assessed upon the traffic. It is morning under the elms you see over paid by the public. Do you say the saloon does not hurt you and your fami-

The tyranny of the drink habit is proverbial. The drunkard is often by nature a generous and affectionate creature, but slavery to his appetite degrades him to a lower level than the to drink the clothes from his wife's back, the food from his children's mouth and all bappiness from his home. -Central Christian Advocate. when you can get lower prices at drink as much as I please of my Adam's Three Ways to Deal with the Evil. Mr. Charles Eliot Norton, of Harvard. town and village hoodlumism and resulting crime, commenting upon the recent wholesale butchery by rum-crazec ruffians in the town of Gorham, N. H.

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and Building Materials Plastering Hair Dressed Lumber Cement Laths Lime Shingles Ready Roofing Sash Glass Doors Putty Blinds Sash Locks Locks Window Lifts Hinges Sash Cord and Weights Window Pulleys

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Leather for harness And Leather for soles. Straps and strings, Buckles and screens: Buckles and screens: Buckles and screens: The finest of silks And 8he coarsest of jeans. Potatoes and apples, Lard and meat, Butter from the country Fresh and sweet. Tea and coffee, Sugar and rice, Beans and crackers, Cheese and spices. Chewing gum, candy Corset and bustle: The people come trading And how we do hustle Medicine to make you sick, Medicine to make you well; In fact ≥ e have everything That the best stores sell.

W. B. WILLIAMSON,

Cashier.

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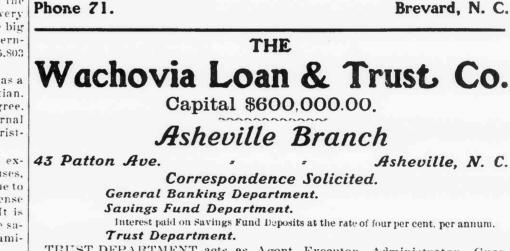
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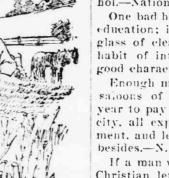
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Don't forget to clip and save the coupons which appear in each issue of the News. They count.

had finished the farmer said to him: "You'd better drink more of this kind of ale, young man, and less of 'tother, hadn't you?'

"Yes, sir, I had," was his reply. "I wish with all my heart that I had never tasted anything stronger."

"Well, then, young man, take an old man's advice, and stop at once. I can ale and feel none the worse for it. Instead, it freshens me up, and makes me who during the past summer has made strong and steady for work. I reckon some wholesome utwerances in regard to you cannot say the same of yours."

"No. sir, I cannot. I am wretched this morning."

"Yes, I see you are." After a few more kind words and said: "The conditions that produce good advice, which were listened to be- such crimes should be met in three cause given so kindly, the older man ways. swung down the jug into the shade, gathered up the reins and said to his horses:

"Come, lads, get up! Go 'long there, Bill! What are you about there, Doll, old girl? We must be after them thistles lively."

His advice is just as good for us as it was for the young man. Adam's ale is the safest drink, the best drink for everyone. Why is it called "Adam's ale?" Because it was the drink God supplied for Adam in the Garden of Eden .- National Advocate.

AMERICAN REFUSES A DRINK.

Incident on Board a Steamer Which Illustrates Danger of Putting Temptation in Another's Way.

A man who lately came over from America told the writer that on board the steamer one of the passengers went up to another in the smoking-room and asked him to have a drink with him. The man thus invited continued reading a newspaper and made no reply. The other man again asked him to drink with him. No answer again. A third invitation was then given in these words:

"Sir, I have asked you in as friendly a way as possible to drink with me, and each time you went on with your reading, and had not the civility to answer me. Now I ask you for the third time if you will drink wine, whisky, or anything else with me?" The man then put aside his paper and

answered quietly: "Do you see that glass, sir? Well, if I were to take even a quarter of it, I could not leave off until I had drank all the liquor on board.

"First, a quickened sense of the responsibility of parents for the restraina or control of their children.

"Secondly, a quickened sense of the responsibility on the part of the towr officers for the checking of evils at their ery beginning.

"Thirdly, a quickened sense of responsibility on the part of the lawobeying and church-going portion of the population in respect to the conditions and character of the community to which they belong."

Cry Aloud.

Intemperance threatens our homes its labor, our manhood and our souls and must we not cry aloud for protection? Never mind if men call this fanaticism, interference with personal liberty, destroying legitimate business We are simply exercising the right or self-defense to protect ourselves fron the abuses by which evil threatens al we hold dear.-Mgr. Conaty.

Comparatively Speaking.

Mrs. Justwed-Ain't I the dearest little wife in the world? Mr. Justwed-Well, yes; considering my salary.-Judge.

Going It Alone.

No matter what you undertake, no matter what the game.

Be in love or business, this advice goes just the same; In your struggle for position, for happines

or wealth, Let these words your motto be: "Rely

upon yourself. Then if you make a ten-strike it will be all

your own, And if you in the gutter fall you can wallow there alone

-Chicago Daily News.

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