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"LOOK FORWARD AND NOT BACK"

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Helps For Home-makers

Edited by the Extension Department of the State Normal and Industrial College.

Reduce High Cost of Living With a Garden All Year Round.

E. E. Balcomb.

Once there was a family what wouldn't plant no seeds. An' let the n-i-cest garden patch grow up to ugly weeds; The women folks an' chil'ren folks thist held their heads up high, 'N made fun of havin' G-A-R-DENS.

An' said their dad could buy. 'N they wouldn't heed the warnin'— "Never buy what you can raise," But ran BIG BILLS, 'n lolled about through all the summer days.

But long nen in the win-ter time. THE WOLF STOOD AT THEIR DOOR!

'N if the neighbors hadn't saved 'em, He'd uv et 'em up for s-h-o-r-e! So put a G-R-E-A-T BIG GARDEN IN,

An' mind what you're about, Er the HARD TIMES'll git you Ef you

Don't Watch Out!

The Industrious Family

that raises plenty to eat has a great advantage over the family that depends on the tin can counter of the local grocer who must make much more as the war in Europe is pushing prices pretty high.

Miss Jamison's Recipes

have made you unusually anxious for a large variety of vegetables in your garden, because having tried the recipes which call for things you already have in stock you know that you can make delightful dishes from what you can raise in your garden.

Some Women Are Always Critical and Complaining

They often say a writer's directions and advice are not practical. I have heard farm women complain because recipes called for mustard or spinach or parsley, Swiss chard or kale, an onion for flavoring, a pepper pod, a pinch of sage, celery and asparagus, which they did not have and could not afford to buy. I have heard women of moderate circumstances in towns with garden spaces going to waste make the same complaint; and also women of means—they, because the grocer did not keep these garden products. If these women had been practical they would have raised these things. Particularly is such a complaint inexcusable from a woman of North Carolina.

North Carolina Women are the Most Fortunate on Earth.

There are very, very few districts so crowded that a garden spot can not be found for the family—if not on one's own lot then on some vacant lot nearby. Even our mill districts provide well for such a need. There is no call for costly irrigation. We have the sunshine, we have the

showers for a long growing season. If a North Carolina woman will plan carefully her family may live reasonably well though mills shut down and war makes prices high, for—

We can raise what we can use And WE DON'T HAVE TO BUY.

"Stir Constantly"

This admonition, given in a preceding article, applies again to both the gardener and the garden. It will take some lively stirring this month, too, for while the planting of a large variety of vegetables is going on at different intervals, the ground around the vegetables already planted will have to be stirred, and more of these same vegetables planted.

Mustard

"A little nonsense now and then is relished by the best of men."

So also are a few "greens" in the spring time. And not only by the best of men, but by "very ordinary" men and all the rest of the family as well.

Every garden in the spring-time should contain some mustard. It is a hardy plant that furnishes a relish in the form of greens when the system is having its annual spring awakening, and adds a pleasant, pungent flavor to salads and "sich."

Chinese, White London, Giant Southern, and Curled are varieties that are much recommended.

It needs little cultivation and may be followed by other crops, as late peas, for example. Sow in drills 1 oz. to 100 feet; later thin to three inches apart in the row. Rows, 18 inches apart. The seeds are small and should be planted very shallow, not more than one-fourth of an inch deep. The mustard should be ready for use in four weeks.

By successive plantings about every 15 days fresh, tender leaves may be had at all times.

Beat the Beet if You Can

for a vegetable rich in coloring. It is beautiful sliced in thin even slices. Some folks always serve beets cold with strong vinegar, but I like them hot with some of Miss Jamison's good salad dressing on them. And beets make the finest kind of

Coloring for Candy and Easter Eggs.

Besides you can make very decorative candy by crystalizing sliced beets, and can trim up your Christmas candy boxes as nicely as those displayed in shop windows. Parsnips may also be used in this way. If you would like to know how

Write to the Extension Department

and we will see that some one tells you.

Beets should be planted 1½ inches deep in drills, 2 feet apart. An oz. should plant 50 feet. For the early crop plant Egyptian Eclipse, Detroit, or Dark Red. Early beets should be ready for use in 65 to 75 days. Early beets are very much better when tender and for this reason frequent plantings should be made. The soil should be loose and kept well worked. Since the edible portion grows under ground clods and hard unyielding soil interfere with the perfect development of the beet.

Since beets are slow starters in

life's race it is well to sow radishes in the same row. The radishes mark the rows for cultivation and are out of the way before the beets need the room. Manure should be well rotted and thoroughly mixed with the soil. In fact it is better for the beets if the manure has been applied for a previous crop. The State Department of Agriculture recommends 1,000 to 2,000 lbs. of the following fertilizer:

Phosphoric Acid 7 per cent.
Nitrogen 5 per cent.
Potash 8 per cent.

Beets are one of the numerous vegetables that let you

"Keep Your Cake and Eat it Too."

GOVERNOR REFUSES PARDON TO WILCOX.

Craig Declares Protest From Mother's Heart Has Justice on its Side

FAMOUS CASE REVIEWED IN LENGTHY STATEMENT

Raleigh, N. C., April 12—Declaring that while there was only one voice raised against a pardon for James Wilcox, convicted murderer of Nell Cropsey at Elizabeth City, but that voice was from a mother's heart, all ways constant and with justice on her side, constituting a majority opposition, Governor Craig tonight definitely declined to grant the petition for pardon.

In connection with this refusal the governor issued a statement of seven and a half typewritten pages. Wilcox has served twelve years of a thirty year sentence for second degree murder.

Governor Reviews Case.

In his statement and reasons for refusing the pardon the governor reviews in detail the circumstances of the association of Wilcox and Nell-Cropsey as lovers, the lively and attractive personality of the ill-fated girl, the event of the fatal evening at the Cropsey home, the disappearance of the girl and the conduct of Wilcox, together with the features of the trial and the final disposition of the case by the supreme court on appeal, leaving Wilcox the 30 years sentence.

He refuses to credit suicide and says, "I cannot say that in this case there has been any miscarriage of justice. I do not believe that the demand for justice would be satisfied by punishment of 12 years imprisonment for this atrocious crime. To release the defendant would in my opinion tend to lessen the confidence in our courts to do justice and would not be in accord with the well considered judgment of this state as expressed by statute and judicial precedent." Wilcox has been dealt with sternly, but not inconsiderately. He has been defended by the ablest and most skillful lawyers. He has been tried before just and impartial judges, with every advantage in the selection of a jury. Two judges have pronounced him guilty

beyond a reasonable doubt. The Supreme court set aside the first verdict on the ground that it was influenced by the feeling of a community outraged by a horrible murder. After a careful and most deliberate consideration of the last trial, the Supreme court affirmed the judgment, concluding the opinion as follows:

"Human tribunals may only deal with such cases in the light of such testimony as it is possible to obtain. No man can say with absolute certainty what the very truth of the matter is, but calling to our aid the experience and wisdom of the sages of the law and examining the testimony as it is certified to us we are of the opinion that it is sufficient to bring the minds of an intelligent and fair minded jury under the instructions of a learned, just and impartial judge to the conclusion to a moral certainty that the defendant is guilty."

Physician Reports Health Improving.

"It is urged that the prisoner should be pardoned because he has contracted tuberculosis since his imprisonment. The state is not responsible for this. He has been humanely dealt with and his surroundings have been sanitary to a high degree. The physician reports that he is now improving. When a prisoner has been sentenced to a short term for a minor crime, the fact that he has contracted a serious disease while in prison appeals to me strongly, for in such cases the law does not contemplate severe punishment under such circumstances. This case is different.

"James Wilcox has never repented, but has as this evidence establishes, the horrible secret in his heart that was there on the night of November 20, 1901. A pardon on the ground of his improper conviction would be a vindication of him and a condemnation of the law and the administration of the law. A great number of people have asked his pardon. It is apparent that many of them have no conception of the evidence. There is only one voice raised against him and that is the cry of a mother's heart that is always constant. She, with justice on her side, is the majority."

ENTERTAINMENT at Elm Grove Hall by The Edgewood School Tuesday Evening, April 27, 1915, 8 O'clock. PROGRAM.

Song, "With Joy We Greet You"
Dialogue, "Dot Entertains"
Song, "A Queer Dream"
Dialogue, "Friday Afternoon Program."
Action Song, Primary Grade
Play, "Waiting for the Train"
Duet, "Twas Thee, Twas Thou"
Play, "Uncle Dick's Mistake"
Pantomime, The Holy City
Play, "Andy Freckles, The Mischievous Boy."
Drill, The Rose Maidens
Song, "It's Time to Tell You All Good-Bye."

Admission: Adults 15 cents.
Children 10 cents.
2t.

Kodak Epigrams in Signs
Signs what you can't

Christians in Business

In one of the busiest streets of Peking this sign is hung out every Sunday: "Today is worship day." This is striking to the Chinese, who for forty centuries have worked without ceasing, bartering and selling every day in the year.

The ten Chinese girls, the first sent to America to be educated on the indemnity fund, are all Christians, and eight are daughters of Chinese pastors. They were chosen by competitive examination in Peking.

There has never been a greater opportunity for American missions than today. There is nothing better known to all the Chinese than Mr. Wilson's peace policy. I am thankful as never before for being an American citizen and missionary to China. China sees Christ in America's foreign policy. An educated Chinaman told me the other day: "Only America and China are not involved, yet not for the same reason, China is not able America is not willing."

H. H. M'MILLAN.

Soochow, China.

Every third child born into the world looks into the face of a Chinese mother; every third pair given in marriage plight their troth in a Chinese cup of wine; every third orphan weeping through the day, every third widow weeping through the watches of the night, is in China; every third person who comes to die is a Chinese.

In spite of the war, contradictions for the work of the English church missionary societies have been maintained, and those of the S. P. G. have actually increased in every department. This is a splendid demonstration of the way in which the sorrows and misfortunes of the war are deepening the earnestness and devotion of all nations.

Corapeake News.

Misses Della and Ruth Lassiter, Clio Brinkley of Cypress, Va., Mary, Helen and Dorothy Truitt of Suffolk dined at the home of Mr. L. M. Rountree Sunday.

Mrs. B. C. Ellis and two children Willie Mae and Mills Woodrow of Suffolk spent last week with her mother Mrs. Fannie Eure.

Miss Ethel Bunch and Mr. Walter Speight attended services at Middle Swamp Sunday afternoon.

Mr. J. Edward Norcume of Norfolk was the week-end guest of his parents Mr. and Mrs. J. E. Norcume.

Mrs. A. S. Ward was called to Edenton suddenly Monday to be with her mother-in-law, Mrs. Mariah Ward, who is very ill.

J. T. Banks of Eure made a call here Sunday.

J. E. Norcume, visited J. R. Lassiter Sunday afternoon.

Miss Myrtle Mathias has returned home from a visit to relatives in Charlotte and was accompanied by her cousin Miss Bertie Henry.

Messrs. Harrison Ellis and Edward Eure were guests of Miss Vergie Blanchard Sunday afternoon.

Mrs. T. M. Benton, Misses Della and Ruth Lassiter spent

Wednesday in Suffolk shopping. Miss Minnie Belle Ralph enjoyed an automobile ride with Mr. Charlie Parker of Cypress Sunday afternoon.

Born to Mr. and Mrs. G. C. Hollowell on Tuesday April 6, a son.

Mr. Claude Morgan spent Saturday in Suffolk.

Rev. Josiah Elliott spent Saturday night at the home of Mr. Clinton Rountree.

MILITARY BOYS GOING TO CAMP.

The advisory board has agreed on tentative dates for the regular annual North Carolina National Guard encampments to be held this summer at Camp Glenn, Morehead City. These are July 6 for the Second Regiment; July 20 for the First Regiment and August 3 for the Third Regiment. Each of these encampments is to continue for eight days.

"War or No War"

Every time a great crisis occurs, Life Insurance has an opportunity to show what a giant of strength it is. Tremendous burdens are placed upon its shoulders, but it never shirks, never hesitates or groans.

When the Titanic took its awful plunge, carrying 1500 human souls into the deep, thousands of widows and orphans were left throughout the world. But Life Insurance accepted the burden without the quiver of a muscle and spread its protection around the globe.

When, seven years ago, the financial world was laboring under an acute attack of indigestion, due to "undigested securities," money was so tight that a substitute for it was issued in various parts of the nation. People could not get their own money, even out of savings banks without a wait, but Life Insurance furnished spot cash to its policy holders upon application.

Today when a gigantic struggle wages across the seas and the cash has again sought cover, men find it difficult to get the accustomed loans from banks and other money lenders to carry on their business. But when they remember their Life Insurance, they find the solution. Life Insurance today is saving thousands of men all over the nation not only embarrassment but actual failure.

When you go forth on your daily rounds, fail not to pay Life Insurance the handsome tribute which she so richly deserves. She is not only the friend of the widow and orphan, but the real friend of the business man. In times of greatest financial peril, and distress, she is your surest friend.

For Best in Life Insurance at Lowest Net Cost—it is the Union Central Life.

BARLOW HARRELL,
Special Agent.
Edenton, N. C.

The wonder of this 20th century is the Monthly Life Income Policy issued by the Union Central Life.

Adv.