

# SAYS ALL WOMEN SHOULD HAVE JOBS

## Highest Calling Is That of Motherhood.

### Declares Dr. Esther Lovejoy Former Portland Health Commissioner.

"Every woman, and every man, for that matter, should do something to justify her or his existence. Unless a woman gives as much as she takes in service to a family, and not an asset to the community."

Commenting on the increasing number of women of wartime experience, who are floating to the various posts of duty which beckon their aid in post-war and the usual community problems, Dr. Esther Lovejoy yesterday expressed this conviction. "Every woman ought to have a job."

Dr. Lovejoy, who is one of the youngest women of her profession, has nevertheless had a broad experience, and has known women, from the pleasure loving butterfly type to the shop girl, and the mother of many children. From holding the unique position for a woman, that of commissioner of health of Portland, Ore. Dr. Lovejoy has just been elected president of the first medical women's international association, composed of women physicians and surgeons of fifteen different countries.

Dr. Lovejoy added to her observations of woman during her survey of the work being done by the American women's hospitals in France during the war. At the instance of the American women's hospitals, Dr. Lovejoy spent several months in France studying the needs and problems of the French mother and her children.

Lessons of the War.

At her office in the headquarters of the American women's hospitals, of which she is chairman of the executive board, Dr. Lovejoy said:

"One of the lessons of the war is that the strength of a nation depends upon the conservation of the physical, mental and moral health of its people, and in order to facilitate a world wide programme based upon this lesson, the recent conference of medical women from many countries was called here."

"Working for a common interest in the upbuilding of the health of the people of the various nations represented at the conference, the International association was formed as a result."

"The war showed us women physicians the value of training. I believe this truth was borne home to scores of others."

"Take for instance the women who went overseas. Why, those women went overseas and discovered the world! They had not known the possibilities for self-development that the opportunity for service afforded."

"Up to the time of going overseas many of these women had not known the real world, for they had excluded themselves from it. They had no understanding of what was worth while."

"But service taught many of these women the real important things of life. They have come back with a new sense of value of the things that count and do not count. They also realize the satisfaction to be obtained from service given by a capable worker. And these women were capable. They proved that."

"Why was Florence Nightingale a success? Because she had been trained for the work, which the necessities of the hour impelled her to meet later on."

Time-Killing "Wicked."

"There is nothing so futile as killing time. This is the stuff that life is made of, some one has said, and think of killing time, actually killing so much of life? Yet we often hear people say, 'Oh, I did such and such a thing just to kill time!' It is really wicked!"

"But out of this horrible cataclysm, we have learned some lessons. For instance, today there is to be seen a growing tendency on the part of the individual woman to devote some time to the problems that assail us, and to the interests of others in her community."

"Every woman who did some war work, whether in this country or abroad, has this newly awakened social consciousness. She knows that her experience has counted for something, and that training is the keynote of all success, and should be applied to every phase of life."

"That is why I believe the women of the country today are coming forward in big newly organized groups, with the earnest purpose of trying to be of help in the readjustment of our life."

"For five years, thousands of women all over the world have been in training through war service, and this preparation is helping them to meet the post-war conditions of their respective countries, so I am told."

"There can be no question of the benefit not only to the community but to the woman herself, through service."

"From a physical, mental and moral standpoint every woman being better for having employment, some gain interest in life. Of course that is to say, if they are employed in some healthful occupation with healthful hours, and if the work they do is giving them the satisfying sense of having achieved something for themselves and for humanity."

Health His Greatest Asset.

"The greatest asset of mankind is health, physical, moral and mental. Every human being should be in-

# Piles

Can't Be Cured From the Outside. External treatments seldom cure Piles.

For do surgical operations. The cause is inside—bad circulation. The blood is stagnant, the veins flabby.

The bowel walls are weak, the parts almost dead.

To quickly and safely rid yourself of piles you must free the circulation—send a fresh current through the stagnant pools. Internal treatment is the one safe method. Ointments and cutting won't do it.

J. B. Leonard, M. D., a specialist, set at work some years ago to find a real internal remedy for piles. He succeeded. He named his prescription HEM-ROID, and tried it in 1,000 cases before he was satisfied. Now HEM-ROID is sold by druggists everywhere under guarantee. It is a harmless tablet, easy to take, and can always be found at Smith's Drug Store and druggists everywhere, who will gladly refund the purchase price if any dissatisfied customer. Adv.

structed in the importance of physical health, and that no success is possible without it.

For instance, to-day there are many styles of dress that should actually be prohibited by law. Take for example some styles of shoes that have been in vogue. The exaggerated height of heels give a woman a sort of horse-footed appearance. When a horse's foot has such a sign of deformity a surgical operation is performed to bring it back to normal.

"But, I presume, such reforms will come in time with a change in sentiment when women become more thoughtful on questions of health and the value that good health plays in a woman's life and happiness."

"This change will come eventually just as many others, and I believe these changes will be for the real benefit of society."

"For instance, I sincerely hope to see the day when work for every woman will not be a question of money, but one of ethics. I believe that day will come when there will be an exchange of service. For instance, why should I try to help another woman if she refuses absolutely to be of service? We may live to see the following scene enacted, say, at a government employment bureau: A woman, leading a dog on a string, applies for a servant. They look her up. Why, she has no occupation, they find. She tells not, neither does she spin. She does nothing for humanity, nothing for herself. Well, servants are scarce, and they don't waste a good servant on that woman and her dog. Besides, a new idea has taken root in the world, and this new idea is that every woman ought to do some useful work."

Scenes of the Future.

"To continue the illustration: A mother carrying a babe in arms, and another child following behind, applies for a servant. She has brought her credentials with her. They are sufficient. She gets a servant, or two, if she likes."

"A woman who does nothing all day but coddle a dog is really antisocial. I think the number of children a woman has should act as an index to her social standing. The more she has the higher in the social scale her standing should be."

"There is no more important work

in the world than motherhood, and it should be recognized as such. But is it?"

"Motherhood is unprotected. Some of the belligerent countries to-day depleted in manhood, are crying out in alarm at this condition. Some of the governments are offering a small money inducement, but the mother well knows that this is not anywhere near the amount that will be required in addition to her own earnings to keep a child in healthy condition, even if it manages to keep from starvation."

Mothers who have seen their little ones sicken and die before their eyes for lack of nourishment, are giving serious thought to whether they should assume the responsibility of motherhood under such conditions.

"The mother ought to be protected. We grant all sorts of pensions. Why not one to the mother? In time of national trouble, the son on whom she has lavished so much care and attention she releases to the government. Wouldn't it be an equally fair thing that the government, in her time of distress, should afford her some protection?"

"Women to-day are considering the

## TODAY'S WATCHWORD

### Sickness Prevention

The guiding inspiration of modern medical science is *Sickness Prevention*. As this idea has worked itself out, smallpox, cholera, yellow fever and other infectious diseases already have given way. And science has finally developed an effective agent against the plague which is the originating point of over 90% of disease.

That plague is constipation, and that agent Nujol. The dangers of constipation are so widespread because by reducing the body's power of resistance through self-poisoning it makes it easier for any disease to develop. Nujol by relieving constipation prevents the absorption of the poisons which otherwise would be taken into the blood and infect the whole system.

Leading medical authorities agree that pills, salts, castor oil, etc., simply force and weaken the system. Nujol softens the food waste and encourages the intestinal muscles to act naturally. Nujol helps Nature establish easy, thorough bowel evacuation at regular intervals—the healthiest habit in the world. Get a bottle from your druggist today.

For valuable health booklet—"Thirty Feet of Danger"—free, write Nujol Laboratories, Standard Oil Co. (New Jersey), 50 Broadway, New York.

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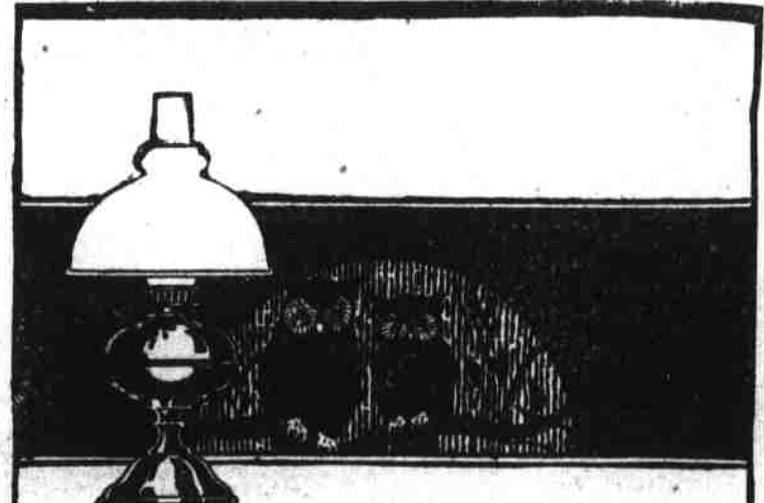
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# Nujol

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## For Constipation

SICKNESS PREVENTION



## For Night Owls

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## TREAT YOUR COLD OR CROUP WITH CHENEY'S EXPECTORANT

Cheney's Expectorant gives immediate relief to all colds. It is the quickest of all cough remedies. It produces results now.

It is famous as a cure for croup and whooping cough. Cheney's Expectorant is so pleasant that children ask for it when afflicted. Colds are contagious and so every member of the family should take Cheney's Expectorant on the appearance of the slightest cold or symptom of whooping cough or croup.—Adv.

Thomas J. Harkins and George Pennell argued the case for the city, while Julius C. Martin, appeared for the street car company. Mr. Martin contended that under the supreme court decision in the Hendersonville depot case, denied the right of appeal from the decision of a corporation commission to the superior court, on the ground that it was the intention of the general assembly that the corporation commission should be the final court of appeal in such case.

It was pointed out that practically the same point was involved in a Charlotte case, which is now pending in the supreme court. The right of appeal was argued by the city attorneys and the commission finally decided to give the courts the opportunity to pass on the whole question. It is expected the future conduct of the case will depend very largely on the decision of the supreme court in the Charlotte case, provided the attorneys decide the points raised are substantially the same.

The burden of the fight for communication has been borne by the young wife of the man. She has been constantly in the city in order that she could be near her husband awaiting electrocution in the penitentiary.

Failure of the Governor to act, leaves the date for the electrocution set for Monday, at 10 o'clock.

AUBURN IS SCHEDULED TO PLAY W. AND LEE NEXT YEAR

MONTGOMERY, Ala., Dec. 9.—For the first time in many years the Auburn football team next season will go outside the limits of the southern intercollegiate athletic association for one of its most formidable opponents, Washington and Lee university, having agreed to meet the Plainsmen at Birmingham on November 13.

## DENIES CONTENTION OF LIGHT COMPANY

(Special to The Citizen)

RALEIGH, Dec. 9.—The corporation commission today denied the contention of attorneys for the Asheville Power and Light company, that the city was not entitled to an appeal from the decision of the commission in the street car fare case. Consequently, the commission will certify the records in the case and send them to the proper court officials.

WILL NOT COMMUTE GODLEY'S SENTENCE

(Special to The Citizen)

RALEIGH, Dec. 9.—Governor Bickett today declined to commute the sentence of Churchill Godley, Smithfield man convicted last June of assault upon a child. The commutation to life imprisonment was asked for on the ground of insanity of the man, the chief argument being that the act itself was sufficient of an impaired mental condition. The governor could not see it that way. He had experts examine the man and they found nothing abnormal, although the petitioners did present the testimony of Dr. Harby, former superintendent of the feeble-minded school, who said Godley was a sensual pervert.

Accept "California" Syrup of Figs only—look for the name California on the package, then you are sure your child is having the best and most harmless laxative or physic for the little stomach, liver and bowels. Children love its delicious fruity taste. Full directions for child's dose on each bottle. Give it without fear. Mother! You must say "California."

## RED CROSS SALES YESTERDAY \$116

Rain Interfered With Sales, During Part of Day.

Street sales for the Red Cross Christmas seals yesterday, the second day they have been on sale, reached \$116. Rain during the greater part of the day, no doubt, interfered to a great extent with the sales.

Miss Florence Miller had charge of the sales yesterday, and was assisted by Misses Annab Rankin, Elizabeth Blaine, Dorothy Angel, Edythe Redman, Helen Tillotson, Eva Horner, Isabelle Hazzard and Mrs. Tommasenas.

Miss Maude Hamilton will be in charge of the sales today, and will have her headquarters at the post office, being assisted by several young ladies of the city.

CENTRE COLLEGE TO PLAY HARVARD TEAM NEXT YEAR

CAMBRIDGE, Mass., Dec. 9.—Centre college, of Kentucky, which emerged from football obscurity this fall with a string of twelve unbroken victories, the University of Virginia and Notre Dame, will meet Harvard on the gridiron next year, according to a schedule tentatively agreed upon by the crimson athletic authorities. Doubleheaders are also in prospect against Bowdoin and the University of Maine.

Virginia will come to Cambridge on October 31.

A state conference on Indiana history opens at Indianapolis today under the auspices of the state historical and patriotic societies.

## "SYRUP OF FIGS" CHILD'S LAXATIVE

Look at tongue! Remove poisons from stomach, liver and bowels.



Accept "California" Syrup of Figs only—look for the name California on the package, then you are sure your child is having the best and most harmless laxative or physic for the little stomach, liver and bowels. Children love its delicious fruity taste. Full directions for child's dose on each bottle. Give it without fear. Mother! You must say "California."

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