

## My HEART and My HUSBAND

Adele Garrison's New Phase of Revelations of a Wife

### The Plans Lillian Underwood Laid.

My eyes were fixed on Lillian as intently as hers were upon the desk which Jim had smuggled so successfully into the house.

I do not know what I expected, probably that she would at once discover the mechanism of that secret drawer. But I was doomed to disappointment, for after she had scrutinized it from every angle some minutes she spread her hands with an expressive gesture of finality.

"Well, there's one good job done," she said, turning away. "So far, so good."

"You aren't going to open it, then?" I couldn't repress the query.

### What Lillian Decided.

"Of course not!" she said, turning to me with a surprised expression. "In the first place I want to see if Mr. Stockbridge renews the permission he gave you to go through it, and what are the conditions he gives you. You say you wouldn't work with the others. There is a possibility, a slight one, mind—but still existing—that he purposely misled you, that he never expected you to find the drawer."

"In the second place," she drew down the corners of her mouth with a rueful expression, "in the event that Mr. Stockbridge refuses permission, and we have to open it ourselves, I am afraid I shall have to call in another friend of yours. The corner of my brain which ought to house an understanding of mechanism is perpetually for rent unfurnished. I can't open a simple lock with the key in position. It's Allen Drake who's the original white-haired boy in that direction. He's the lad with the gimlet eyes which can bore through the most complicated mechanism, secret or open, that was ever devised."

"Allen Drake?" I echoed with a start not exactly of dismay, but which held something of that emotion in it.

### A Surprising Interruption.

There is no other person in the world who affects me in such contradictory fashion as does Allen Drake. He has the faculty of arousing in me furious resentment by his kindly words and feminine intelligence in general and mine in particular—or so I fancy when I am with him. And then, with a most unexpected little turn of his mood, he proves himself the gentlest, most considerate of cavaliers, lavishing all his wonderful skill and experience in my service. At one moment I am sure I detect him thoroughly. The next I am forced to wonder if remonstrance, admiration and liking for him.

"But finding that secret drawer is a problem of some weeks to come, not for now," Lillian went on, exactly as if her remark concerning Allen Drake, and my ejaculation had never been spoken. "I suppose you are wondering," she went on, "why the urgency of getting the desk here if we didn't intend to try to open it."

"That's simply because I don't want it around where Mr. Stockbridge's enemies can get hold of it. They may not be

## LOOKING FORWARD.

By Juanita Hamel



THE passing of the old year with its dead hopes, its passed happiness, its bygone fortune or misfortune, seems to be a thing of fluttering, slow-moving steps and the new—the coming year that enters with an exultant shout bringing with it new hopes, new desires, new endeavors—what a wonderful thing it would be if each and every hope that starts afresh with the New Year could be realized with its passing.

That would be asking too much perhaps. But think of the joy of forward looking—think of all the happiness the New Year holds for those who truly love.

strong on secret mechanism, but they're probably sharks with axes, and that would be about the first thing that would occur to them, to smash the thing to pieces, always provided they had received a hint that something might be concealed within it. And with those telephone girls and their knowledge—the devil alone knows how much they've heard—in the office, it's dangerous to leave anything like this in any place that's known.

### WINIFRED BLACK WRITES ABOUT School-Children Clothes Problems

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## WINIFRED BLACK WRITES ABOUT School-Children Clothes Problems

SILK stockings, high-heeled shoes, silk skirts, silk lingerie—are they the right sort of things for high school girls to wear? Silk shirts, silk socks, \$6 neckties, \$5 hats, \$12 shoes—are they the sort of things for high school boys to wear to school?

What are we trying to make of our boys, anyway—lackadaisical, effeminate poppinjays, or plain men of brains and muscle and common sense?

Who are these boys who spend so much money and so much thought on their clothes—where did they come from, anyhow? Who earns the money they spend so lavishly?

Are we all going crazy on the subject of dress and show and extravagance?

I hope not. I hope there are a few sane, level-headed people in this country who have control enough over their own children to see that those children don't make themselves and their parents ridiculous by dressing like a lot of fashion models when they are going to school.

Time enough for that, girls, time enough for that. Braid up your honey brown hair; there is a sheen on it better than all the satin in the world. Keep the roses in your cheeks—the ones that grow there naturally. You can't buy another pair of such ornaments in any beauty shop in the world.

Pearls? There isn't a woman of 30 on earth who wouldn't give every dime in her \$50,000 strand of jewels for a set of the pearls you show every time you smile.

Diamonds? What's the matter with your eyes? Don't do it, little sister—don't do it!

Don't spoil your youth and your beauty. Don't harden your kind young heart by extravagance that costs those who love you so dearly, so much.

Be what you are—the darlings of all our hearts, the treasure of every home that you adorn—not a source of sorrow and worry and care to your own father and your tired, anxious mother.

Put it up to the boys and girls, gentlemen of the school department; put it right, straight to them. They'll settle the matter with their own good sense and their own good heart—see if they don't.

## HOME-MAKING HELPS

By Jeannette Young Norton

"EVERYTHING ABOUT THE HOUSE HELPS TO MAKE THE HOME"

### Solving Some Open-Fire Chimney Problems.

THERE are two forms of the approved open fire, wood and coal with an abortive third, the gas log. The open wood fire is the fire ideal. The one built of canal coal is second choice. The basket grate in which hard coal is usually burned is not to be despised, for it heats well and is often the solution of the too-small fire difficulty.

### Regulating the Draft.

The smoke shelf or chamber regulates the draft. When the fire is kindled the warm air rising induces a down draft of cold air which if the construction were continuous would send the smoke out into the room but the shelf prevents this happening. Dampers are sometimes set in chimneys, but are rarely used except in summer or when high winds prevail.

Care in building must be exercised so that no woodwork comes in close contact with the chimney. If the wall is thin the chimney must be lined with terra cotta having seams and joints well cemented. Chimneys are built today of iron, steel, re-enforced cement or concrete as well as of brick.

## Secrets of Health and Happiness

## What Tartar Really Is, and How to Keep Teeth Sound

By DR. LEONARD KEENE HIRSHBERG  
A. B., M. A., M. D. (Johns Hopkins University)

TARTAR is nothing more nor less than a rough coating spread over the surface of the teeth. It appears as a result of poor brushing, or of no brushing at all, and, in general, as a result of unhealthy tendencies.

Tartar is apt to be a breeding place of bacteria. These microbes lift their heads and start their ravages when the tiny bits of food, too small to be seen by the naked eye, begin to decay. The heat of the mouth is the incubator of the bacteria. It nourishes them and makes them thrive at the expense of human vitality.

If tartar is permitted to remain upon the surface of the teeth one layer of it becomes superimposed upon the other, and in a short time a greenish layer is visible. Bacteria are then bred with inconceivable speed, and decay of the teeth grows apace.

The breath becomes intensely objectionable. You may have beauty of form, figure and face, but all of these cannot counteract the effects of an offensive breath, which is embarrassing to both speaker and listener.

A foul breath is very frequently due to a film of tartar on the teeth. It may also be due to sore throat or poor digestion. The latter may be due, however, to the use of improper food, to badly masticated food or decayed teeth.

Decayed teeth affect digestion and may lead to abscesses, gum boils, unhealthy gums and sore mouth and lips. This may be the beginning of a general breakdown.

Prevent decay of your teeth and you will not need to make repairs. Use a good tooth paste, an alkaline which will neutralize the bacteria in the mouth. When properly used, with a small, soft tooth brush of varying sized bristles, the teeth will feel perfectly smooth and the tongue will slide freely across them. When the teeth feel like this they are about as clean as they can be.

Never use a horizontal movement of the brush, for that only scrubs the surface of the teeth and wears away the enamel, especially that of the canine teeth. Let your brush move with an up-and-down movement, so that the bristles penetrate the crevices and thus remove food particles.

See that your paste or powder is perfectly fine, then the teeth are not scratched. Baking powder is good for

the purpose. It is cheap and effective. In spite of your careful habits, however, your teeth decay because of natural wear and tear. Have them repaired at once, for decay of one tooth starts several more in that direction. Have them filled at once or crowned, if necessary, by a dentist who is expert at his profession. When you see a good dentist you are making a good investment.

Avoid toothpicks if possible. They make the gums bleed and enlarge the spaces between the teeth by wearing away the enamel. Use a brush after each meal, or dental floss.

Thorough cleaning of the teeth should come at night, before bedtime, so as to minimize the evil influence of bacteria in that long stretch of time between the evening meal and breakfast.

### Answers to Health Questions

D. D. Q.—We girls would like to know if you can tell us of a belladonna preparation to make the eyes bright like the actresses use?

—Is it harmful to use? If not, how often can it be used during the week and how long does it take to act?

A.—Real actresses never use it. My advice is to avoid it.

—It is dangerous. Its only use is to dilate the pupils and it takes days to wear off.

H. H. S. S. Q.—My children are troubled with eczema. Please tell me what to use for them?

A.—Apply a little of the following to the affected parts:  
Acid salicylic ..... 15 grains  
Oil of cade ..... 1 dram  
Carbolic acid ..... 15 drops  
Powdered sulphur ..... 1 dram  
White vaseline ..... ½ ounce  
Lanolin ..... ½ ounce

CONSTANT READER: Q.—Can anything be done for dizziness?

A.—Your doctor should first find the cause. It may be due to high blood pressure, to middle ear infection, to gall stones, to hemorrhage, to hunger, to a blow on the head, to a goitre, to a sick stomach, to internal disorders.

M. E. R. Q.—Would you please tell me how to reduce my weight?

A.—Health, like riches, cannot be acquired by medicines, tricks or a formula. Work, exercise, eat little bread, potatoes, sweets, or oily, fatty matter. Roll, or use electricity, swim, and be massaged. These will help you to reduce.

MR. A. R. C. Q.—Please tell me of something for neuralgia?

A.—If X-rays, blood tests, and other examinations cannot show the cause, the inoculation of the irritated sensitive nerve with 95 per cent. alcohol usually does away with the pain for a year or more. Then the injection is repeated.

Dr. Hirschberg will answer questions for readers of this paper on medical, hygienic and sanitation subjects that are of general interest. He cannot always underwrite a prescription or offer advice for individual cases. Where the subject is not of general interest letters will be answered personally, if a stamped and addressed envelope is enclosed. Address 1122 INQUIRIES to Dr. L. K. Hirschberg, in care of this office.

## Diary of a Fashion Model

By GRACE THORNCLIFFE

### She Chats About the New Color, "Tomato Red," and Its Uses.

TOMATO RED is my new color, Miss Henry, and it's just the shade for you. It's particularly good on a brunette.

"Tomato red sounds a bit loud," replied Miss Henry. "Isn't it rather gay and festive?"

"Well, not too much so," replied madame, "especially in dusty, whose soft, suede-like texture is particularly lovely in the warm tones. You'll love it. Just wait and see."

"I was thinking of ordering an afternoon gown, madame, and I don't want too light a dress."

"This shade is not too light, my dear lady. Most stunning afternoon gown is made of tomato red duvetyné. It is a dressy shade, of course, but so pretty. Trimmed with gray-blue wolf, it is perfectly charming," said madame. Turning to me, she said: "Please let Miss Henry see the tomato red dress with the long tunic, bordered with blue wolf. It has the high collar, you know."

"This gown is extremely stunning and the contrast between the bluish-gray fur and the red duvetyné is lovely. Tomato red is somewhat the shade that its name implies, though the color is a bit duller than a ripe tomato."

There is also an effective hat to go with this dress. It is made of the same material, red duvetyné, only instead of being trimmed with fur it has gray silk fringe run around the upturned brim. The gray fringe tones perfectly with the fur.

When I had fastened the choker collar of fur and every little duvetyné-covered button was in its place across the bias



This Odd Afternoon Gown of Tomato Red Duvetyné Is Trimmed with Gray-Blue Wolf.

## ADVICE TO GIRLS

By ANNIE LAURIE

DEAR ANNIE LAURIE: I am a girl of 18. This summer while I was visiting in another town I met a boy of my own age. He is very nice and gentlemanly. I like him very much. He is now away at school, and I write to him. He is very jealous, and doesn't want me to go with other boys. If I do he sends it out and gets mad. Will you please advise me as to how I can win his confidence?

BLUE EYES. You are far too young to think of devoting all your time and energies to one young man, and the boy has no right to ask it. How silly it would be to think of picking out your husband before you are really com-

plaint to select your own hats and clothing!

DEAR ANNIE LAURIE: There is a boy who I know on speaking terms only. I like him, and he seems to like me. He does not live near me. Would it be correct for me to ask him to call?

CHERRY: If you are old enough to receive callers and your mother or guardian has no objection, dear, I can see nothing wrong in inviting the young man to call. Invite him casually, not making a big fuss about it, of course.