

Washington Digest

National Topics Interpreted
By WILLIAM BRUCKART



WASHINGTON.—The most important news story in Washington and throughout the country now is the use of relief funds for political purposes. It is not only the most important news at this time, but has been the most important and will continue to be the most important for weeks to come. This is so because the amount of money involved is vast and the number of votes possible to be influenced by that money is so great. The stakes are high and the unscrupulous are going to play for them to the limit of their capacity. I think that perhaps the corruption of the Harding administration with its shameful oil scandal was more sensational, but surely no one condones the present situation any more than the scandals of the earlier malfeasance of office holders.

In the Harding oil affair, there was perhaps 5 per cent as much money involved. Few, if any, votes of private citizens were at stake; certainly, no votes of persons who through no fault of their own found themselves destitute.

It was the late Thomas Walsh, Montana Democratic senator, who conducted the earnest fight to purge the country of the crooks at that time. And now that the senate again has taken notice of the conditions, one cannot help but wonder whether there will be the same high-type of statesmanship displayed, the same courage shown by some Republican or Democratic senator. For the sake of the country, I hope that no stone will be left unturned by the senate investigation which, though ordered belatedly and after an irritable reaction from the country, nevertheless was ordered by the senate.

The senate deserves no credit for having moved to expose the condition which Senator Wheeler of Montana described as "playing politics with human misery." It had three chances to show its courage and its statesmanship before it would take hold of what many recognized as a political frebrand. It ran from those opportunities in the most cowardly fashion, under the lash of New Deal leaders in the senate. On three occasions, I repeat, the senate had a chance to assert control over the \$5,000,000,000 borrowing-spending-lending bill and prevent, to some extent, the further use of taxpayers' money for electioneering purposes. And, I repeat, each time the vote was against inclusion of preventative clauses in that appropriation measure. So, none can say the credit should go to the senate even though now it promises to uncover facts which anyone, with an eye half open, knows exist.

There can be no credit to the administration because President Roosevelt spoke not a word in behalf of use of funds for relief and for the removal of politics. Indeed, he praised his relief administrator, Harry Hopkins, for publicly backing Representative Wearin, the New Deal candidate for the senate nomination in Iowa. Mr. Wearin was well licked by Senator Gillette, an old line Democrat. Nor did the President tell the senate publicly that he favored a curb on the use of the money. Quite the contrary. Whether the President urged them to do so or not, his board of strategy (the new name for the brain trust) put the steam on and made enough senators vote against the amendments to curb politics to insure defeat. They even forced Senator Barkley of Kentucky to take the floor in favor of the use of money in any way the relief overseers want to use it—and Senator Barkley is seeking re-nomination in his native Kentucky. So, no credit for the move to draw back the curtain can possibly be given to the White House or any of the President's advisors or strategists.

No credit for bringing the situation to the attention of the country can go to the house of representatives. It did not even consider any restrictions on the use of the money when the bill was up for passage there. The leadership in the house is controlled by Mr. Roosevelt, but even then it was surprising to see such upstanding, square-shooting men like Speaker Bankhead and Majority Leader Rayburn of Texas side around the hot spot. Sam Rayburn is one of the really splendid men in the house of representatives, but he dodged on this thing and it is not commendable.

Then, where must credit be given? Why did the senate finally take the bit in its teeth and set machinery in motion for putting out the fire before adjournment? The answer is that the people "back home," and that means largely in smaller towns and in the country, finally caught up with the fact that they are being victimized. They let their feelings become known, and with them nearly every newspaper in the country criticized the senate until the sen-

atorial ears must have burned to a crisp. Anyway, it brought action and for that the country ought to be thankful.

It might be well to review the senate action when it ran away from an honest job on the relief appropriation. First, there was the amendment by Senator Hatch, Democrat, New Mexico, which was to prevent use of relief funds for political purposes by the simple expedient of dismissal for the official who had control over such funds; second, there was the amendment by Senator Lodge, Massachusetts Republican, which would have required a distribution of the relief funds on the basis of the number of unemployed in each state and which, thereby, would have prevented use of vast sums in some states where the political battle might be going against the candidate with a New Deal blessing, whether the opponent be an old line Democrat or a Republican; third, there was the amendment by Senator Rush Holt, Democrat, of West Virginia, which merely proposed to make all federal relief officials responsive to civil service laws insofar as political activity was concerned, and fourth, there was the amendment by Senator Austin, Republican, Vermont, which would have made it unlawful for any person whose compensation comes from relief funds to solicit, or authorize the solicitation of, funds as contributions to any political party.

Well, as I said, the senate ran away from them and it seems to me that any senator who voted against those amendments has a pretty difficult job to explain that vote. As much as I admire Senator Barkley, the basis of his argument was so sour that it smelled to high heaven. The Kentuckian told the senate that the amendments would destroy senators and give all of the political power into the hands of state political machines which could use that power against senators seeking reelection. Senator Barkley is being challenged for renomination in his state and, I suppose, the matter strikes right close home with him.

Whether senators who voted against those amendments so intended or not, what they have done, when the picture is examined in an unbiased fashion, is to put the whole Roosevelt administration in a ridiculous position. It was their action which makes the record show that the whole administration is willing to let politics run riot in relief; it is against a fair and equitable allocation of money among the states in accordance with the number of unemployed who must be fed.

As to the phase of conditions "back home," the word seeps through to Washington that a good many persons who are seeking house or senate nominations against New Deal aspirants are finding strong WPA organizations against them and in favor of the New Deal candidate. And the full import of that strength comes to mind quickly when one thinks what a hungry person will give up in order to have food.

Senator Tydings of Maryland is the sponsor of the move to clean up the mess in relief. Of course, Senator Tydings, while a staunch Democrat, seldom has done anything to cause the New Dealers happiness; on the contrary, he was marked for "liquidation" long ago. It is much better that an outstanding Democrat should have proposed the investigation than to have had the proposal come from a Republican. Had a Republican introduced the resolution, the thing would have been called political, purely. But it would have been a move calculated to demonstrate the genuineness of the New Deal if some Roosevelt 100 per center would have brought up the proposition.

There is a great opportunity for this new senate committee to serve the country well. It can, and should, go into every report its investigators obtain to learn to what extent taxpayers' money is being employed to influence elections. It has an outstanding piece upon which to work, at the very start. Did not Mr. Hopkins horn into the Iowa primary? And everywhere there was the question whether the WPA and other relief workers in Iowa would not construe the Hopkins announcement in behalf of Mr. Wearin as an "order" for them to support the same man.

But more important than Mr. Hopkins, this investigation—if it is seriously made—can point the tremendous fallacy and danger of relief being administered from Washington instead of from the states and the counties where the money is spent. If the country is made fully aware of true conditions, I believe there will be changes in the relief methods that will allow more than 60 or 70 cents out of each dollar expended to be used for food and clothing as is the case now.

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IMPROVED UNIFORM INTERNATIONAL SUNDAY SCHOOL Lesson

By REV. HAROLD L. LUNDQUIST, Dean of the Moody Bible Institute of Chicago. © Western Newspaper Union.

Lesson for June 26

SHARING SERVICE WITH THE LIVING CHRIST

LESSON TEXT—Mark 16:1-3, 14-16, 19, 20. GOLDEN TEXT—And they went forth, and preached everywhere, the Lord working with them. Mark 16:20. PRIMARY TOPIC—At Work With Jesus. JUNIOR TOPIC—Jesus Our Living Lord. INTERMEDIATE AND SENIOR TOPIC—Making a New World With Christ. YOUNG PEOPLE AND ADULT TOPIC—Making a New World With Christ.

Easter again? No, the calendar does not say so, nor have we forgotten that we observed Easter ten weeks ago, but quite properly we study the resurrection story again today. Not only does it come in the sequence of our lessons as our final study in the Gospel of Mark, but the fact is that every Sunday is a reminder of Easter. The reason why we worship on the first day of the week is that it is the resurrection day. What life it would put into our Sunday worship if the glory of the risen Lord would shine forth (as it should) each Lord's Day in all of our service and worship.

It is difficult to think or write about the living Christ without using superlatives. Our lesson for today brings before us the most important truth that the world has ever heard—"He is risen"; it speaks of the worst thing in the world—"unbelief"; and it presents the world's greatest commission—"Go . . . and preach."

I. The Transcendent Truth (vv. 1-8).

"Ye seek Jesus, the Nazarene, who hath been crucified; He is risen, He is not here" (v. 6).

The world anxiously awaits news, and, hoping almost against hope, it longs for good news. This is the good news—the Gospel—the all-important tidings that the Son of God who had taken upon Himself not only the form of man, but the sins of mankind as well, who had tasted the bitter death of Calvary's cross, could not be holden of death, but breaking its bands asunder had risen from the dead.

This truth becomes the chief burden of the messages of the disciples as they soon went everywhere proclaiming the Gospel. See the sermons recorded in the Book of Acts (2:24, 32; 3:14, 15; 4:10, 23; 10:40; 13:30). It was such preaching that was at the foundation of the Christian church. It may be that we should emphasize it more.

II. The Impassable Barrier (v. 14).

"He upbraided them with their unbelief and hardness of heart, because they believed not." Many are the sins that men commit, but at the root of them all we find the heart of all sin—unbelief.

The tragic consequence of unbelief is that it shuts the door, throws up a barrier to God's blessing that is virtually impassable until God himself gives grace to believe. The astonishing thing is that the hardness of heart and lack of faith here were on the part of those who had been the disciples of Jesus, to whom He had made known the fact that He was to die and to arise on the third day, and to whom there had now come the word of eye-witnesses that they had seen the Lord.

While we marvel at their shortsighted unbelief, shall we not ask ourselves what hindrances we have placed in God's way in our own lives?

III. The Supreme Commission (vv. 15, 16, 19, 20).

"Go ye into all the world and preach the gospel to the whole creation" (v. 15). "And they went . . . and preached, the Lord working with them and confirming the word" (v. 20).

The great commission of Christ is still the "marching orders of the church," but how slowly we have marched. The writer of these notes was recently startled by statistics revealing anew the fact that "Christian" America is rapidly returning to the status of a mission field. It is said that last year 60,000 churches in America had no converts, and 9,000 churches were closed during the year. There are 10,000 villages reported to be without church services, and 30,000 communities without a resident pastor.

The command of Christ is that we should go to these pagan communities in our own land with the gospel, and surely it is our double shame that there are still lands where Christ has never been preached, yes, tribes that do not even have a word in their language for the blessed name—Jesus!

If we will go He will indeed work with us (v. 20) and accompany the message and ministry with divine authority and power. Who will go?

Select Good Company
When a man lingers in the neighborhood of sinners he may expect to be tempted. Our company has not a little to do with our conduct.

Try Again
The diligent searcher after truth will not be deterred by many disappointments. His hope may fail, but he will try again.

Key to Success
There is only one key to success, and that is perseverance.

WHAT to EAT and WHY

C. Houston Goudiss Offers More Advice About Reducing

Describes the Perils of Unscientific Methods for Losing Weight

By C. HOUSTON GOUDISS
6 East 39th Street, New York City.

MY RECENT discussion of reducing in these columns brought many letters, indicating that the modern woman is, fortunately, weight conscious. This is an encouraging sign. For it shows that you are alert to the dangers of overweight, which not only destroys beauty but may indirectly contribute to heart disease, kidney disorders and diabetes, which take their greatest toll from among the heavyweights.

Guard Against Unscientific Reducing Methods

Some of these letters caused me great concern, however, because they indicate that in spite of my warning against unscientific methods of weight reduction, many women still cling to the idea that there is some magic in the various pills, powders, capsules, soaps, salts and mechanical devices that are sold at fancy prices and hold out alluring promises of speedy reducing without dieting or exercise.

It is bad enough that most of these fail to reduce. For they may delay the day when the victim of overweight will undertake a sound and scientific program of weight reduction that will effectively take off weight—thus improving appearance, benefiting health and increasing the chances of longevity. But what is far more serious is that some of these preparations may endanger health or cause lifelong physical impairment.

Dangerous Drugs

Drugging is particularly to be condemned, and no one should attempt to reduce by this method except under the advice and watchful eye of a physician. There are many invalids today who would be happy and healthy if they had not attempted to take some "reducing medicine" without consulting a physician.

One preparation that is still bought by foolish women—in spite of repeated warnings against its use—may even result in permanent blindness.

Almost equally objectionable are excessive purging—which may leave you a wobbly wreck—and fasting, which is even more dangerous to women than men.

Don't Diet Without Direction

A carefully regulated diet will not only maintain normal weight, but will banish overweight by forcing the body to burn its own excess fat as fuel. Having heard of this scientific principle, many women frantically and foolishly attempt to prescribe their own reducing diets—often with disastrous results.

There is always the possibility that one may omit calcium-bearing foods and thus impair the teeth, or leave out foods rich in

iron and copper and interfere with the formation of the hemoglobin or red pigment in the blood.

One of the most common and most serious errors is to omit all bread, potatoes and cereals, in the belief that carbohydrates are "fattening foods." Carbohydrates are required by the body in order to utilize the fats in the diet, and when reducing, they are also necessary to burn up excess fatty tissue.

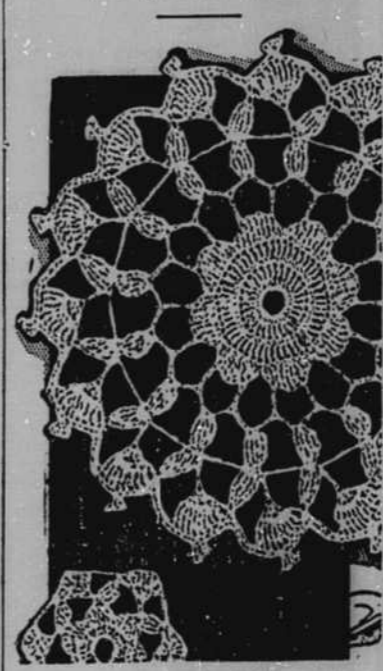
Just as fire cannot burn without air, fat cannot be utilized in the body without the presence of starch or sugar. When the diet contains insufficient carbohydrates, fat burns incompletely, resulting in the dangerous acetone type of acidosis.

Counting Calories the Easy Way to Reduce

The one safe, sure and scientific method of getting rid of surplus weight and at the same time maintaining top health—is to consume a diet that is balanced in every respect, but to count your calories at every meal, making certain that you consume fewer calories each day than your body requires for its normal energy expenditure.

I will gladly send to every reader of this newspaper, a copy of my reducing bulletin. This includes a chart showing the caloric value of all the commonly used foods—plus a week's sample reducing menus. By following this scientific plan for weight reduction, you can easily lose from one to two pounds weekly. A more rapid reduction is not advisable. At that rate, you can lose from six to eight pounds in the course of a month—twenty-four pounds at the end of three months. That is a lot of weight to lose and will

Doilies Soon Done In Jiffy Crochet



Pattern 1669.

You'll find yourself so fascinated by this jiffy crochet pattern that you'll turn these doilies out by the dozen in all three sizes. Use heavy perle cotton or four strands of mercerized string to achieve that heavy richness that you usually find only in rare old lace. Use as luncheon set or just as centerpieces. Pattern 1669 contains directions for making these doilies; illustrations of them and of all stitches used; material requirements; a photograph of a doily.

Send 15 cents in stamps or coins (coins preferred) for this pattern to The Sewing Circle, Needlecraft Dept., 82 Eighth Ave., New York. Please write your name, address and pattern number plainly.

Aisle of Woman's Dreams

That, in effect, is what advertisements in this paper can do for you. They bring all the needs of your daily life into review . . . in one convenient place. Shop from your easy-chair, with the advertisements. Keep abreast of bargains, instead of chasing them. Spend time in your newspaper to save time—and money—in the stores.

Are You Overweight? You can REDUCE Safely - Surely - Comfortably

Send for This Free Bulletin Offered by C. Houston Goudiss

Readers of this newspaper are invited to write to C. Houston Goudiss, at 6 East 39th Street, New York City, for his scientific Reducing Bulletin, which shows how to reduce by the safe and sane method of counting calories.

"The bulletin is complete with a chart showing the caloric value of all the commonly used foods and contains sample menus that you can use as a guide to comfortable and beautiful weight reduction."

make a vast difference in your appearance and in the enthusiasm with which you greet your daily tasks.

The Film Stars' Method

This simple and scientific method of controlling the weight is the one used by film stars in Hollywood. It is essential that they keep slim and practically every important film player has a clause in her contract calling for a cancellation if she permits her weight to increase beyond a certain point. But at the same time, film stars must safeguard their health, for their work is the most strenuous of occupations!

Counting Calories Is Fun

In Hollywood they make a game of counting calories. You, too, will find it amusing, as well as beneficial to health and looks. And you will be rewarded by noting a drop in weight every time you step on the scales.

If Your Weight Is Normal Keep It That Way

It has been determined that the ideal weight—that is the weight that best promotes health and longevity—after thirty, is the normal weight for one's height at the age of thirty.

If you are approximately thirty and your weight is normal, you should send for my Calorie Chart and Reducing Bulletin and use it to help maintain your present weight!

If you are over thirty and overweight, you should not lose another day before sending for the bulletin so that you can begin at once to regain your normal weight by the safe, simple, scientific and comfortable method of counting calories.

As the pounds disappear you will feel as though you had stepped out of a prison of fat into a new world of physical freedom.

Questions Answered

Mrs. J. M. T.—It is impossible to generalize regarding the diet in asthma. This condition is due to allergy, and the symptoms are produced by different foods in different individuals. Almost all protein substances are capable of causing distress.

Miss L. T. B.—Though it lacks fat and vitamin A, skim milk is a rich source of calcium and phosphorus, and also furnishes high grade protein. A quart of skim milk, plus one and one-half ounces of butter is the equivalent of a quart of whole milk.

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