

THE **WOMEN'S PAGE**
 ☆ FEATURES ☆ NEWS ☆ HOUSEHOLD HINTS
 All Of Interest To The Feminine Folk Of Transylvania County



BACK-TO-SCHOOL it will be today for the high school girls with college students leaving later in the fall. These coordinated ensembles will provide the "real sharp" look at high schools and colleges this fall. Latest addition to the skirt-sweater-blouse-bermuda shorts theme are the handbag and shoes combination noted above. Note how they are coordinated in color and trim, the perfect size for carrying to classes.

Making Most Of Appearance Can Be Accomplished

Every girl and woman wants to make the most of her appearance, and usually make a special effort to do so. Makeup is wisely chosen and applied with care. Hair is kept at its shining best by frequent—and often special—shampoos. And it is cut and set in a becoming coiffure. Plenty of attention is given to clothes and accessories, too—but what about figures?

Some women, of course, are blessed with nearly perfect figures. But—unfortunately—the majority have figure faults of one kind or another. Designers and beauty experts agree that six of the most common problem figures are the egg type, the hippy type, the half pint, the beanpole, the roly-poly and the pouter-pigeon type.

Learn your figure faults—and then keep them to yourself. There's no law against fooling all of the people all of the time with the right clothes. Use the proper design to whittle your figure down or build

it up. If you're on the short and let's face it—plump side, you won't look twice at a big splashy print with balloon sleeves and shirred waist. But if you're six feet tall and weigh only 100 pounds or so, it's just the thing for you. You'll buy it right away and avoid the slim-skirted dress in a vertical stripe.

These "camouflaging" clothes are fine to wear while you're trying to whittle down—or build up—your figure faults. But don't skip doing the proper exercises and eating the right foods in favor of this easy way out.

Around 1,200 farm boys and girls attended State 4-H club week in Raleigh during the week beginning Monday, July 25.

When you think of prescriptions think of **VARNER'S**—adv.

CLEARANCE SALE MATERNITY MODERNS
 10 Wall Street Asheville, N. C.

COOKS' CORNER
 —BY—
ADELAIDE VAN WEY

We all are looking for quick and easy party fare that tastes and looks fancy. Judy Canova, that Princess of Performers, star of screen, radio and television, gave me a wonderful recipe for a party dip that she promises will make a hit with every guest.

Judy's Cuban Party Spread or Dip
 1 can undiluted black bean soup
 1 medium onion finely grated
 1 pkg. cream cheese
 3 tbs. sweet pickle relish
 Mix all ingredients together thoroughly. Spread on rye bread cut paper thin. When used for a dip thin mixture with milk until dipping consistency. It's mighty good, and different, too.

I have another quick and easy for you to use when company comes.

Rolls Piquante
 8 brown-and-serve rolls
 2 tbs. chopped stuffed olives
 1-4 cup chopped chives (or 1-8 tsp. onion salt)
 1-2 cup cottage cheese
 2 tsp. chili sauce
 Mix cottage cheese with olives, chives and chili sauce. Cut two diagonal gashes on top of rolls. Fill with the cheese mixture. Bake in hot (450) degree oven until rolls are done. These will spark the plainest meal. Better plan to have plenty.

I feel exotic today so most of the recipes will be just that—exotic.

Hawaiian Chicken
 2 chickens—3 to 3 1-2 lbs. cut up
 1-2 cup salad oil
 3 large white onions, cut in thick slices
 3 green peppers, seeded and cubed
 1-4 cup soy sauce
 1-3 cup cornstarch
 2 can (No. 2 1-2) pineapple chunks, drained
 1 cup celery cut in medium chunks
 1-4 cup dark brown sugar
 2 tbs. sliced fresh ginger (preserved will do)

Shake chicken pieces in bag with cornstarch until coated. Fry in oil until medium brown. Remove chicken. Put pineapple chunks, onions, celery and peppers in deep Dutch oven or roaster. Mix remaining frying oil with brown sugar and soy sauce and ginger. Pour over vegetables. Add chicken. Cover and cook over low heat for 30 to 40 minutes or until tender. Lightly mix ingredients so that chicken will be under vegetables and the cornstarch will cook into sauce. Cook until nicely thickened. Serve with fluffy rice. What a feast for eight lucky people.

South Pacific Short Ribs
 3 lbs. beef short ribs water
 1 1-2 tsp. ground ginger
 8 maraschino cherries
 1 large can (No. 2 1-2) sliced pineapple
 1 tbs. brown sugar
 Cut short ribs into serving size pieces; brown on all sides in a heavy kettle with a cover. Drain juice from pineapple and add enough water to the juice to make two cups. Pour over short ribs. Add soy sauce, ginger and brown sugar. Simmer for three hours, adding more water if necessary.

—Turn To Page Seven

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Color Choice In Homes Not Always An Easy Selection

A good choice of colors can go a long way toward making your home extra attractive. Combining colors in your home isn't always an easy task.

If you know a few simple rules and work from a color scheme, you can avoid mistakes.

Printed draperies can be the starting point for your color plan, says University of Illinois home furnishings expert Ellen Hansen. She suggests that you choose the dominant color in the draperies, and use it for the main color in your room. For instance, if green is used most in the draperies, use the same color for your walls. The other colors can be used on upholstered pieces and accessories.

Miss Hansen goes on to say that a framed picture or a lovely vase may also suggest a color scheme. Or you may choose a scheme suggested in a magazine.

She adds that while some homemakers choose a lovely color for their floor covering, she thinks that in the long run a neutral shade proves to be more practical. And it can be attractive too. As she points out, you may tire of the colors in your room and want to change them. If your rug is a neutral shade, you can use it in your new scheme of colors.

Miss Hansen says to avoid using

Attention Hemorrhoid (Pile) Sufferers
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SMART CORDUROY separates for fall are being featured by leading sportswear designers. This good-looking Jack shirt and colorful Smart pants are in chamois-soft washable corduroy and are styled by Stephanie Koret, California designer. The shirt features slant front pockets and pointed collar. The slim, tapered pants are made of a new-type corduroy fabric, the print depicting medieval knights.

the same tone for all the colors in a room. Instead, she advocates using light, dark and medium tones in every color scheme, regardless of how many colors you use.

Tar Heel grain farmers without proper storage for their grain lose thousands of dollars every year as a result of the seasonal flooding of the market.

Certified small grain seed growers in North Carolina increased their acreage for production of certified seed by around six per cent the past season.

Glasses Frames Should Be Chosen With Great Care

Your complexion is one of the first things to consider in choosing the color of the frames for eye glasses. Shape and proportion come next, according to beauty experts. They suggest that before you try frames for size you hold colors to your face to see which does the most for your skin.

If your budget permits you to get two pairs, so much the better. Try colors both in daylight and under artificial light. Then have one made up for day and one for evening wear.

Blondes look best in frames of blue, brown and pastel shades. Brunettes wear deep reds, dark blues and other definite colors well. And redheads look most glamorous in green. And there are plaid, tweeds and other colorful combinations with a gay, youthful look.

According to the beauty experts, brown is a universally popular and becoming color—but be sure it's right for your skin. If you tend to be sallow, forget it. Instead, choose frames in a clear, light shade of blue. Green is effective with pale, slightly freckled skin of redheads. And an Auburn beauty can wear vivid green for day, and turquoise at night.

Remember that your eyeglasses should be slightly wider than your face. Too-narrow eyeglasses give a pinched look, and make eyes seem close together. Eyeglasses should follow the line of your brows and not completely cover them for best effect.

Incidentally, brows need special accent or the strong line of the glasses will so dominate the face, people will forget you have brows. After you've plucked stray hairs, darken your brows into smooth, even arches with an eyebrow pencil. Avoid touching the pencil to the skin unless your brows have blank spaces between them. Use feather strokes of the pencil, then with your little finger blend and soften the pencil strokes.

Now that you've chosen frames as a picture for your eyes, remember that lenses have a tendency to dim the picture unless you emphasize it. So it's a wise idea to accent the color of your eyes with the faintest touch of shadow on the lids, starting at the center and fading upward and outward toward corners.

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