

THE WOMEN'S PAGE

Edited by Dorothy Wallace

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Plentiful Foods For January

During the first month of the New Year, homemakers can look forward to a varied supply of food foods.

Leading the plentiful food list for January are two versatile and basic vegetables — canned corn and fresh potatoes. Also on the list are apples, pecans, peanuts and peanut products, beef and pork.

Miss Gaynelle Hogan, consumer marketing specialist for the Agricultural Extension Service at N. C. State, says canned corn is a perfect vegetable for January meals. Convenient to store and use, canned corn suggests hot chowders to greet people coming in from the cold, corn fritters for wintry meals, scalloped corn and corn pudding—to name a few.

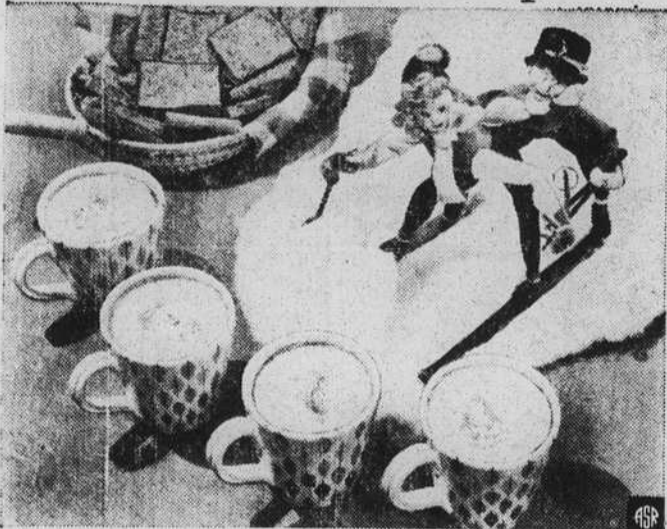
Potatoes, another welcome item, will be available for every purpose—baking, frying, boiling, and incorporating in casseroles and other dishes. Try them in potato-onion soup, potato pancakes, beef-potato stew, or baked with sour cream topping or in souffle.

Happily, the meat-and-potatoes men can look forward to plenty of both these foods next month. There'll be about 15 per cent more beef going to market at the end of this year than last, and very large supplies of pork. In addition to the popular T-bone steaks, rib roasts and hamburger, homemakers will want to take advantage of some of the other beef cuts by serving Swiss steak made from round, and not oast from the blade shoulder or arm roast.

The 1963 apple crop continues to grow larger with each new report. So, here's a suggestion for a crisp winter salad—combine mayonnaise (mixed with a little cream), apples and pecans (another plentiful food). Or eat apples and pecans as they are or snack items.

As for peanuts and peanut products, there's never any problem about what to do with them, as long as the kids like sandwiches and their parents like snacks, peanuts are bound to be popular.

Hot Mocha Java for a Winter Warm-Up



One of the nicest things about a winter outing is the party around the hearth which always follows. Next time, have mugs of hot Mocha Java ready to warm the souls of skiers and skaters alike. Mocha Java is a blend of equal parts strong coffee and cocoa, sweetened to taste, a deliciously warming combination. To dress up each drink, top with whipped cream and a sprinkling of cinnamon.

With the Mocha Java, serve a basket of Guilford Card Gingerbread, made from a cherished family recipe. The ingredients have been near and dear to American hearts since colonial days—molasses and brown sugar, cinnamon and ginger. The texture is what makes it so different—delicately crisp, not chewy. It is served in slim squares dusted with a mixture of sugar and pulverized coffee.

Guilford Card Gingerbread

3/4 cup butter or margarine	1 1/2 teaspoons ginger
3/4 cup brown sugar, firmly packed	1/2 teaspoon cinnamon
1 egg, well-beaten	3/4 teaspoon salt
1/2 cup molasses	2 1/2 teaspoons baking soda
1 1/4 cups sifted, enriched flour	1 tablespoon sugar
	1 teaspoon pulverized coffee

Cream butter or margarine to consistency of mayonnaise. Beat in sugar and continue beating until fluffy. Stir in egg and molasses. Mix and sift flour, spices, salt and baking soda. Stir in gradually. Chill. Roll 1/4 inch thick on lightly floured board. Place on greased baking sheet. Combine sugar and pulverized coffee and sprinkle over top. Bake in moderate oven, 350° F., 20 minutes. Cut in squares.

This year's traditional white sales are featuring some of the most colorful and fashionwise household linens in many years. Vari-colored towel sets, pastel and decorator patterned sheets and pillowcases share the spotlight with the conventional white sale offerings.

However, look for quality as well as style and attractive price tags at these sales. Your investment in linens is considerable so it would be well worth your time to select carefully.

When purchasing towels, the colorfast ones are the best buy. All towels don't hold their colors after laundering. Choose close, large, loosely-twisted and thickly-packed loops, which indicate that the towels will be absorbent and give good service.

Also, observe, feel and pull the different sections to make sure that all stretch equally. Uneven tension can cause towel

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College Coeds Favor Cotton Blouses

Feminine, British and classic influences shape cotton blouse fashions, reports the National Cotton Council.

Feminine designs are fashioned in sheer cottons such as dotted swiss, organdy, crepe and lady-like floral prints. Sleeves are soft and full with wide cuffs. Necklines are high and round or slightly dipped, rimmed with bows, softly draped hoods or round, shawl and mandarin collars.

The British influence appears in ascot blouses inspired by hunting shirts and in widely colored and back yoked Oliver blouses. Rugby type shirts favor white pique cuffs and pointed collars. Interpreting these styles are cottons in typical small British prints, glen plaids and checks as well as wide striped cotton prints.

The newest blouse on the lassics scene is the "dorm hirt." Cut like grandfather's night shirt, it features long cuffed sleeves, collar, a loop on the back yoke and tiny buttons from neck to hem.

Almost knee length, this college fashion is perfect for lounging in the dorm. Add a skirt and it's ready to go out. Classic cotton broadcloth stripes and prints are favored for this style.



ERICA ELIAS OF JUNIORITE designs lounge and study dorm shirts in versatile cottons, an entire collection of them in many prints and woven patterns. Here are two. The hooded shirt in bright calico print coordinates with a wrap skirt in green cotton suede. The long dorm shirt is in striped cotton.

With The Farm Women by MAIDRED MORRIS

Uses Extension Practices

Mrs. Ernest Grimes says she is looking forward to putting in to practice some of the Extension recommendations she has learned in the past few years as a Home Demonstration club member.

Mrs. Frances Darden, home economics agent, says they have built a new home using an Extension plan. "Now I can make curtains, upholster and slip cover furniture and select accessories that will enhance my new home," reported Mrs. Grimes.

Helpful Hints

A postscript for holiday parties: remedy any tiny cigarette burns on your table tops with a small amount of paste silver polish; wipe dry, coat with regular furniture polish, and rub the area with a soft cloth.

A delicious and seasonal suggestion for leftover pork is to prepare sandwiches of pork slices, canned cranberry sauce, mayonnaise and lettuce leaves.

If the northwind makes your window rattle late at night and

Pony Leads The Race

The animal instinct gets stronger and stronger as fur-like fabrics gain in popularity for linings, shells, blazers, parkas, dresses and jumpers. Lynx is a front runner in this animal kingdom.

Synthetic fibers and blends are used almost exclusively. Included in the array of furry fabrics you will see worn this season are leopard, zebra, dalmation, ocelot, mink, lamb, and lion.

Most of these furs are washable according to tests made at the American Institute of Laundering's Certified Washable Seal Laboratory; however, the fur-like fabrics should be washed with as little mechanical action as possible.

For best results, it is suggested that the fabrics be washed in a warm, sudsy water and brushed while still damp with a stiff brush to loosen pile and restore soft appearance.

Rugs and Carpets

Twenty-five Rockingham homemakers recently attended a special school on selecting rugs and carpets which play a vital role in furnishing a home. Following the school, they toured a mill showroom to study rugs.

Miss Isabelle Buckley, home economics agent, says the group learned to select quality products according to construction and fiber and how to plan carpeting into the decorating scheme of the home by considering color and design.

COOKS' CORNER

—BY—
ADELAIDE VAN WEY

The main course, or entree, makes the meal. Fancy trimmings add glamour and spark, but if the entree isn't much the entire meal is a failure. Here are some sure "hits" to add to our recipe file that will make our meals a real treat.

Sesame Burgers

2 tps. shortening
1 lb. ground beef
1 tsp. salt
1/4 tsp. pepper
1 tbs. brown sugar
1 8-oz. can tomato sauce
1 1 1/4-oz. pkg. blue cheese, crumbled

Melt shortening in a skillet. Add ground beef and cook until meat is brown. Add salt, pepper, brown sugar and crumbled blue cheese. Heat until mixture is bubbly and cheese is just melted. Serve over sesame biscuits, made as follows:

2 cups sifted enriched flour
1 tbs. baking powder
1 tsp. salt
1/4 cup shortening
1 tbs. sesame seeds, toasted
2/3 to 3/4 cup of milk

Sift together flour, baking powder and salt. Cut or rub in shortening until mixture resembles coarse crumbs. Stir in toasted sesame seeds. Add enough milk to make a soft dough. Turn out on a lightly-floured board, and knead gently for 30 seconds.

Stuffed Pork Chops

4 rib pork chops—1 inch thick
1 tbs. chopped onion
1/4 cup diced celery
2 cups crumbled dry bread
2 tbs. fat
1/2 tsp. salt
1/4 tsp. pepper
1/4 tsp. sage
1/4 tsp. poultry seasoning
1/4 to 1/2 cup water
Salt
Pepper

Brown onion and celery in the fat, and combine with bread crumbs. 1/2 tsp salt, 1/4 tsp pepper, sage, poultry seasoning and just enough water to moisten the mixture. Slit a pocket in each pork chop and fill with stuffing. Fasten edges together with wooden picks. Brown the chops in a heavy skillet. Season with salt and pepper, then cover and bake in a moderate oven—350 degrees—for one hour. For variety, serve pork chops topped with the stuffing. Brown the chops on both sides in a heavy skillet, and season with salt and

—Turn to Page Seven

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NOTICE OF SERVICE OF PROCESS BY PUBLICATION

State Of North Carolina
County Of Transylvania
In The General County Court
Robert L. Rackley, Plaintiff,

-vs-
Lucia Rackley, Defendant.
To: Lucia Rackley:

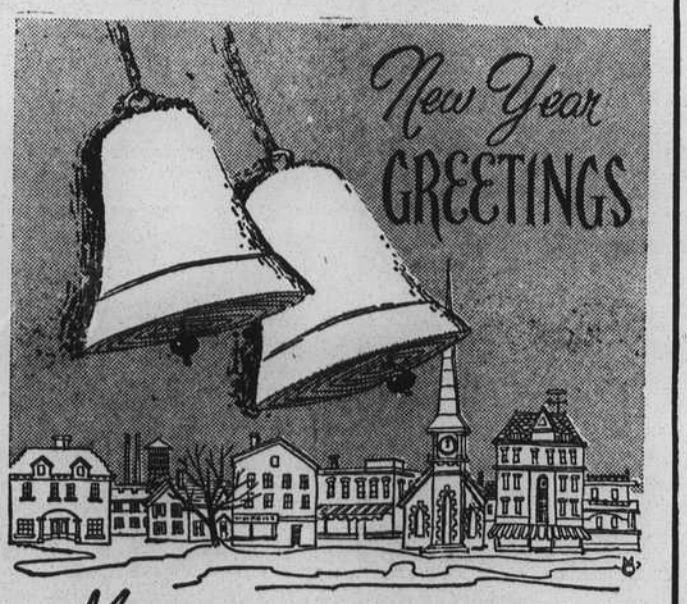
Take notice that a pleading seeking relief against you has been filed in the Office of the Clerk of the General County Court of Transylvania County, North Carolina, the nature of the relief being sought as follows:

To obtain an absolute divorce on the grounds of two years separation.

You are required to make defense to such pleadings not later than the 4th day of February, 1964, and upon your failure to do so, the party seeking relief against you will apply to the Court for the relief sought.

This the 13th day of December, 1963.
F. M. McCALL,
Clerk of the General County Court Of Transylvania County.

12-19-63
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May the New Year hold for you all... good health, good times and good fortune. We look forward to serving you next year!

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