

# THE WOMEN'S PAGE

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PAGE SIX    THE TRANSYLVANIA TIMES    May 4, 1967



MRS. WILMA DYKEMAN STOKELY

## Mrs. Stokley Advises "Stay Home"

Mrs. Wilma Dykeman Stokely, well-known author, spoke to the students of Brevard College in an assembly, April 20. She gave an interesting and informative talk on the people of the mountains, their goals, and ambitions.

The mountain people are more intelligent than common folklore holds them, according to Mrs. Dykeman. She illustrated this by the example of Mr. Harry H. Straus, who began the Ecusta Plant (now part of Olin Mathieson.) He brought some Germans over to teach the natives how to run it—they learned in a tremendously short time.

She also said that the mountain people, not merely the mountaineers, must be developed in order to bring others in the area.

Mrs. Dykeman illustrated her speech with vivid descriptions by urging the students to stay in the mountains and make a life here. Her well-constructed speech has prompted the reading of many of her books which are to be found in the Brevard College library. Those books are THE FRENCH BROAD, NEITHER BLACK NOR WHITE, SEEDS OF SOUTHERN CHANGE, THE TALL WOMAN, and PROPHET OF PLENTY.

## Punchy Paragraphs

### Pot-Roast, With Onions

If your husband enjoys beef pot-roast with a lot of onions, use condensed onion soup as the cooking liquid right along with sliced or whole onions as a vegetable cooked with the meat.

### Budget Helper

Combine 1 pound ground beef, ¼ cup dry bread crumbs, ½ cup milk, 1 teaspoon salt and ½ teaspoon pepper. Line ungreased muffin cups with ¼-inch thick layer of mixture. Bake in a slow oven (325° F.) 30 to 35 minutes. Serve, centers filled with creamed potatoes.

flower to flower, (5) The light in a child's eyes as he hands you a fistful of short stemmed flowers, saying "I brought you these."

### Make Studying Easier

"Studies in space, science and the new math may be easier for 4-H Club members in Guilford county who take advantage of the 4-H study unit project," Mrs. Rosa T. Winchester, extension home economics agent, believes.

She points out that the workshop will acquaint 4-H members and leaders with the facilities needed in a study unit, will stress good lighting and will teach 4-H'ers how to construct a good study lamp.

Mrs. Winchester used low-cost materials when she made the model unit. The bookcase and desk were constructed of cement blocks, pine boards and a square of plywood. Accessories, such as a pencil holder, book ends, and waste baskets, were designed from tin cans, ice cream cartons, covered bricks and cardboard.

After attending one workshop a leader stated, "At times I feel I have nothing to offer my children in trying to help them with their lessons. Modern methods of teaching and new subject matter has left a wide breach between their grade level and mine. Now I feel I can have a part in encouraging their learning. I may not be able to help them with their lessons, but I can provide them with a private study corner and a good lamp."

### Help Fund Drive Reach Goal

Health chairman in 24 extension Homemakers Clubs in Bladen county assisted with the county heart fund drive, Fleta Harrelson, home economics extension agent, says. The result was encouraging. The contributions collected from the rural areas was the largest ever. "This month the same leaders are assisting with the Cancer Crusade," she adds.

**NOTICE OF SERVICE OR PROCESS BY PUBLICATION Before Ligon B. Ard, Justice of the Peace**  
State of North Carolina, County of Transylvania, Township of Brevard.  
LAKE TOXAWAY CO., a corporation,  
Plaintiff,

vs.  
WILLIE B. LEWIS, Defendant.  
TO WILLIE B. LEWIS: TAKE NOTICE that a pleading seeking relief against you has been filed in the above entitled action. The nature of the relief being sought is to recover the sum of Seventy Dollars (\$70) with interest thereon from the 1st day of August, 1965, by way of contract for rent of a seeder.

You are required to make defense to such pleading not later than the 25th day of May, 1967, and upon your failure to do so the party seeking service against you will apply to the court for the relief sought.

This the 18th day of April, 1967.

Ligon B. Ard  
Justice of the Peace  
4-20-4tc



CATHY is always grinning, even when she has a Spanish book in her lap.

## Cathy Wyant Sparkles On Brevard College Campus

The sparkling bundle of energy who rules West Beam is the student of the week. Whether solving a dorm dispute, winning a swimming event, or working a trig problem, Cathy Wyant puts her best effort.

Cathy, a resident of Greensboro, is a familiar face around the BC campus. Her cheerful smile and warm friendliness reflect her enthusiasm for BC and her interest in everything, especially sports.

An active member of the swimming team, Cathy plans to major in physical education and minor in sociology perhaps at Florida Southern University or Guilford College. She would like to work in the NYC slums for a year, combining her physical education and sociology interests to help others and to

## Household Hints

Imbedded stains in rawhide luggage can be removed with scouring powder or fine steel wool. Actually, it sounds more drastic than it is.

If shirt collar stays get lost, a flat toothpick makes a good substitute.

gain knowledge and experience.

Cathy, who easily becomes involved in the problems of others, finds this one drawback to a small school. However, her enthusiasm for BC is boundless. "I love it. It's just great."

This responsible, energetic freshman dorm president, in the opinion of Carol Clayton, her fellow Beam President, is "doing a tremendous job. She does everything right." Brevard is indeed lucky that Cathy will be here next year to continue her efforts.

### NOTICE TO CREDITORS

The undersigned, having qualified as Executor of the Estate of William J. Wallis, deceased, late of Transylvania County, this is to notify all persons having claims against said Estate to present them to the undersigned on or before the 20th day of October, 1967, or this notice will be pleaded in bar of their recovery. All persons indebted to said Estate will please make immediate payment to the undersigned.

This the 17th day of April, 1967.  
Robert Elliott Johnson, Jr., Executor of William J. Wallis, Deceased.  
4-20-4tc

## COOKS CORNER

—BY—  
ADELAIDE VAN WEY



The star of the spring seasonal foods is fresh asparagus. It is harvested and shipped to market with the greatest of care. Asparagus is a gourmet's delight, and fixed almost anywhere is a superb treat. Don't, oh, please don't, overcook it. This green goodness should never be limp and mushy from overcooking. The best way to cook it is to tie in a bundle, stand on stalk ends and in a minimum of salted water; or in a deep pot, cover and steam cook until just tender. For the best asparagus remember these three things: keep it moist, keep it cold and cook it quickly. Always store in your refrigerator vegetable drawers.

to 10 minutes. Arrange asparagus in a buttered 10x6x2 inch baking dish. Melt butter in a sauce pan. Blend in a gradually stir in ¼ cups of the milk. Cook over medium heat, stirring until of medium thickness. Beat egg yolks with the remaining ¼ cup milk. Gradually blend into the sauce. Stir and cook ½ minute. Remove from heat and add salt, pepper, mustard, onion and mayonnaise. Pour over asparagus. Sprinkle with ½ cup of the cheese. Beat egg whites until they stand in soft, stiff peaks. Fold in the remaining cheese and spread carefully over the top. Bake at 300 degrees for 20 to 25 minutes, or until meringue is brown. This serves six.

Here are some "delish" asparagus recipes:

### Fresh Asparagus With Cheese Meringue

2 lbs. fresh asparagus  
3 tbs. butter or margarine  
3 tbs. flour  
3 large eggs, separated  
1½ cups milk  
1 tsp. salt  
½ tsp. blackpepper  
½ tsp. dry mustard  
1 tbs. finely chopped onion  
2 tbs. mayonnaise  
1 cup grated sharp American cheese

Wash and trim tough ends from asparagus. Cook, uncovered, in 1-inch boiling water and ½ tsp. salt for 5 minutes. Cover and continue cooking for 8

### Asparagus With Shrimp

2 lbs. fresh asparagus  
1½ lbs. fresh jumbo shrimp  
2 tbs. oil  
2 tbs. soy sauce  
2 tbs. vinegar  
3 tbs. sherry  
1 tsp. sugar  
Dash hot sauce  
½ tsp. garlic salt

Wash and trim tough ends from asparagus. Cook, uncovered, in 1-inch boiling water with ½ tsp salt for 5 minutes. Cover and continue cooking for 8 minutes, or until just tender. Put stalks on warm platter. Remove shell from shrimp, but leave the tail on. Slit the back of the shrimp, but leave the

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## Distaff Deeds

By JANICE R. CHRISTENSEN

### From Table To Cabinets

Mrs. Ernest Riddle, Avery county homemaker, was so pleased with the table she refinished at an Extension workshop that she decided to tackle the kitchen cupboards next.

"The cabinets turned out to be a more difficult job than the table," Marie Scott, extension home economics agent, notes. Mrs. Riddle worked over a two month period with assistance from her husband, when he could spare the time.

They removed seven coats of enamel paint and a final coat of black stain, which required some bleaching. When they finally reached the wood, they discovered the cabinet was made of wormy chestnut, with the exception of two doors made of white pine. Riddle was able to locate enough wormy chestnut

to replace the pine doors for his wife.

The Riddles finished the cabinets with a penetrating seal and replaced the old hardware with black wrought iron.

### Think Positive

If you dislike gardening, change your attitude by thinking about the benefits you get in return. Mrs. Dorothy G. Wilkinson, home economics extension agent, Greenville county, suggests.

Chances are the first benefits you'll think of are the fresh vegetables and fruit and beautiful flowers you'll have. But here are some other signs of beauty you'll receive:

(1) The excitement when the first bud bursts into flower, (2) The delicate breeze which brings the fragrance of the rose or the honeysuckle, (3) The melody of the birds' song, (4) The colorful wings of the butterfly as it drifts and dips from

When you think of prescriptions, think of VARNER'S. adv

# Meet the Jones family.



## And their quick recovery electric water heater.

They're quite a family, and they need lots of hot water. For showers. For baths. For dishes. For laundry.

And they get all the hot water they need. All day long. Because their quick-recovery electric water heater provides all the hot water they need.

There's a size that can do the same for

your family. At your favorite plumbing contractor, electric appliance dealer or Duke Power.

It may not be as big as the Jones family's, but then, your family probably isn't either.

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