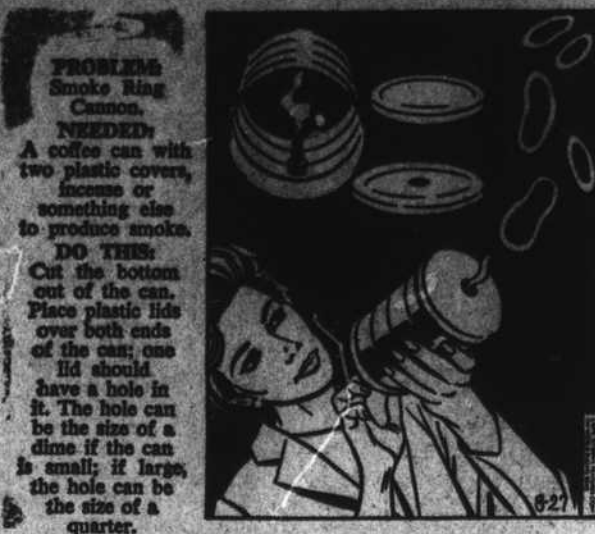


## Science for You

By BOB BROWN



**PROBLEM:** Smoke Ring Cannon.  
**NEEDED:** A coffee can with two plastic covers, screws or something else to produce smoke.  
**DO THIS:** Cut the bottom out of the can. Place plastic lids over both ends of the can; one lid should have a hole in it. The hole can be the size of a dime if the can is small; if large, the hole can be the size of a quarter.  
Put smoke into the can, and rings are produced by tapping the lid opposite the hole.  
**HERE'S WHY:** When the lid is tapped, an air wave comes out at the hole. The wave is similar to a low-frequency sound wave. A little smoke comes out with each wave, and the smoke takes the form of a ring or vortex. The rings move away from the can slowly, and if the air is still this can be a beautiful and striking sight.  
(See the air cannon in the author's book Science Circus, published by Fleet of New York, page 84.)

This special "Science For You" feature is sponsored by Olin Mathieson Chemical Corporation at Pisgah Forest in cooperation with The Transylvania Times.

## Masons Order Additional "Centennial Souvenirs"

Thomas E. Payne, Jr., the Worshipful Master announces that Centennial Souvenirs have been mailed to all members of Dunn's Rock Masonic lodge and also the souvenirs have been mailed to the 25 "Honorary Members."

Each knife and key chain comes in a plastic gift box with the lettering Dunn's Rock Masonic lodge No. 287, A. F. & A. M., 1867 Centennial 1967.

### Note To Mom

Mr. Payne states that there have already been 100 sold and because of the demand to purchase additional Centennial Souvenirs the lodge has ordered 150 more. The members and visiting Masons in the county are buying extra souvenirs and keeping them for their children. Anyone wanting to purchase more can get them from Gill Thomas, W. Ansel Hart or Henry Henderson at a price of \$1.00 each.

Be sure to scour the oven next Sunday before putting the turkey — or whatever meat you're planning — in it to roast, says the American Insurance Association.  
Grease allowed to collect in an oven could cause a fire — and maybe also singe the bird.  
Faulty or neglected cooking equipment is among the principal causes of fire, the Association pointed out.

## Little Items of Lively Interest About Folks and

# Flower Gardening

By Mrs. A. R. Harrington

**In A Garden—** Let sweet alyssum and phlox be found, Let Columbine and pinks abound, Demure sweet peas and pansy faces, Nasturtium sown in ample spaces. Geraniums will keep life sweet When September brings her dust and heat. With dahlias, asters, marigold, marguerite, In A Garden— Our earthly heaven is complete. —Clark

Many of our flowers bring back dreams of days of old. So many beautiful flowers graced my grandmother's and my mother's gardens. But with all the hybrids now, I wonder what they would think?

Even with all of the improvements, I shall never forget the fragrance of roses, of pinks, of phlox, of sweet violets (so heavenly scented), of jasmine, gardenias (hedges of them), and gigantic magnolia trees!

Every garden has its charm, its beauty—I shall always remember these two. Do you have your pleasant childhood memories, too?

Last week I promised to tell you about St. Fiacre, patron saint of gardeners.

This lover of all growing things—St. Fiacre—was born about 700 A.D.—August 30 is observed as his birthday. His life span was about seventy years.

An Irishman, removed to France, Fiacre spent his life learning how to grow things and to use them for man's good. Healing herbs seemed to be of great interest to him, but flowers, (bright and beautiful) was his greatest enjoyment. Travelers and neighbors who visited his hermitage found great joy in viewing his plantings.

Everyone who loves books, and who loves to garden, would be drawn to the figure of St. Fiacre holding his spade and book so lovingly. His face drew me like a magnet! It is the personification of love, of contentment, of Divine Peace! The one of which I speak is in the

**NOTICE**  
North Carolina Transylvania County The undersigned, having qualified as Co-Executrices of the estate of Loea Neill Morris, deceased, late of Transylvania County, this is to notify all persons having claims against said estate to present them to the undersigned or before the 17th day of February, 1968, or this notice will be pleaded in bar of their recovery. All persons indebted to said estate will please make immediate payment to the undersigned.  
This the 14 day of August, 1967.

**NOTICE**  
North Carolina Transylvania County The undersigned, having qualified as Administrator of the Estate of John R. Schmidt, deceased, late of Will County, Illinois, this is to notify all persons having claims against the estate to present them to the undersigned at the office of Potts & Hudson, 15 East Jordan Street, Brevard, North Carolina, on or before the 25th day of February, 1968, or this notice will be pleaded in bar of recovery. All persons indebted to said estate will please make immediate payment to the undersigned.  
This the 10th day of August, 1967.

JOHN R. HUDSON, JR. Administrator of the Estate of John R. Schmidt 8-17-67c

Cloisters Gallery of the Metropolitan Museum of Art, New York City, and is done in Alabaster by a 15th Century English sculptor.

I have promised myself that someday I shall spend a full week at the Metropolitan Museum of Art. It contains works of art dating from the ancient civilizations of Egypt to modern times. A week wouldn't be enough to see all the paintings, prints, decorative arts, porcelains, jades, bronzes, sculpture, antiquities, statues, vases, rugs, jewelry, ceramics, enamels, furniture, glass—in fact, endless collections! I especially would like to spend some time in the reference library. But, goodness, I must get back to Gardening!

ra nne a tocem

Look for new Oriental poppies to plant now. "Carousel", white ruffled petals, bordered brilliant red is striking. "Harvest Moon", golden orange; "Helen Elizabeth", pure pink; "Salome", rose; "Show Girl", big pink with white center; "Barr's White", "Salmon Glow" and "Crimson Pompon" are but a few to choose from.

Give poppies a sunny spot, good deep loamy soil, and they will last a life time. Plant with "eyes" three inches deep. Water well. A light mulch the first winter is beneficial.

Flower Spotlight thrown on Allison Sanders, (and congratulations, too), for winning the Junior Achievement Award at the recent flower show with her marvelous "Flowers A-Go-Go" arrangement of brilliant red zinnias. The "go-go" dancer with musical instrument was the touch superb, Allison. More power to you in coming years! So long gardeners!

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Vol. 80 — No. 35

BREVARD, N. C., THURSDAY, AUGUST 31, 1967 ★ SECTION TWO ★

## Rites Held For Dr. Johnson

Dr. Harry Paul Johnson, age 55, of the Shoal Farm section of Henderson county died in the local hospital last Thursday afternoon following a brief illness.

He was a native of Kingman, Indiana, and a graduate of Purdue University. He had practiced pharmacy in Indiana, Florida and North Carolina. For the past five years he had been connected with Macfie Drug store in Brevard.

He is survived by his wife, Mrs. Rose Marie Spenard Johnson; two sons, Paul E. of Denver, Colorado, and John Hubert Johnson of Bradenton, Florida; two daughters, Mrs. Diane Hartenstein of Bradenton, Florida, and Mrs. Ruth Ann Varns of Sarasota, Florida; two step-sons, Roger and William Albert Spenard of Bradenton, Florida; one step-daughter, Mrs. Lorraine Tierney of Largo, Florida; two brothers, Harold of Covington, Indiana and Ted Johnson, of Kingman, Indiana; and 21 grandchildren.

A rosary was said at the Chapel of Moore Funeral Home on Friday evening by the Reverend Andre Corbin. The body was returned to Covington, Indiana on Monday for services.

Moore Funeral Home was in charge of arrangements.

## Overweight Children—

## Obesity Makes Them Victims Of Many Hazards

That plump, healthy, happy youngster may grow up to be a fat, unhealthy, unhappy older child, and later into a fat adult who is prey to all of the physical ailments that are a part of obesity.

Faulty eating habits started in early childhood often are the cause of overweight adults in later life, says Today's Health, the magazine of the American Medical Association.

All too many mothers, with the best of intentions, nag their small fry into eating more than they want to eat. The healthy, fat baby who remains chubby as he grows into pre-school and first grade years becomes less attractive as an individual. And the habit of eating more calories than necessary is likely to remain the rest of his life.

The parent is not the one to decide whether the child should lose weight, how he should lose it, or whether he should continue to remain "pleasingly plump," says Today's Health. The doctor should be consulted.

If it fits your doctor's counsel, here are some tips to help your youngster lose weight—

★ Weigh once a week and keep track of the weight. Use



the same scale and wear approximately the same clothing.

★ It isn't necessary to cut out all desserts and snacks, as long as their caloric count is included in the daily total. Fresh fruits are good for snacks.

★ Keep a supply of raw carrots, radishes, celery sticks and pickles for more snacking. Tomato juice or clear bouillon can serve for drinks.

★ Cut out rich salad dressings; instead use vinegar and lemon juice.

★ Trim fat from meat, take it easy on the butter, substitute skim milk for whole milk. But be sure to get sufficient Vitamin A from fruits and vegetables.

The most important factor in helping the obese child to reduce poundage is to handle it naturally. Don't make a point



He will give you the desires of your heart.—(Psalms 37:4)

It is good to take time to plan. Successful people always plan a meeting, a meal, a day's work. The most successful people take time to plan with God's help and direction. Let us take time to talk with God about our life plans now. Then let us write them down. Let us write down what we want this morning, today, this week, this month, this year. Let us thank God that He has already given us all good and that we can have any good desire.

of telling the child he is on a reducing diet. Just serve the meals naturally and as a matter of course. Avoid nagging the child about his diet. It will only make him rebellious and more inclined to snack on the sly.

### Safety Tip

Whenever you go into a school, church, theatre, store, or other place of assembly where there's a crowd of people, always look around and see which exit is nearest you, says the American Insurance Association.

It could save your life, in case of fire.

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