

## Your Health Comes First

This week is National Community Health Week.

The North Carolina Heart Association suggests that all tar heels see what is being done in their community and have a checkup for their heart's sake.

The Old North State has one of the nation's highest rate of death from heart disease.

One of the best ways of protect-

ing yourself is through regular physical examination.

Your physician can often spot early warning signs of possible stroke and heart attack. Give him a chance to help you by seeing him.

Also, the North Carolina Heart Association reminds everyone to watch their weight, reduce their smoking, get some daily exercise and, above all, see your doctor.

## Recipe For Understanding

A few weeks ago, the 1967 National Senior Girl Scout Conference was held in Indianapolis, Indiana. The purpose of the meeting was to concentrate attention on ways of expanding Girl Scout membership in the core areas of cities. Girls from 58 Scout councils in urban areas representing a membership of more than one million attended the meeting.

The riots which have torn our cities have been rooted in fear and feelings of persecution and frustration. The present effort being made by the Girl Scouts of America to bring the opportunities of scouting to all girls living in the densely populated urban centers of our nation is aimed directly at the root of

the problem. As young people of different backgrounds can be brought together in the sharing of common experiences and goals, the prejudices of their parents tend to be broken down. For the future, a base of mutual understanding can gradually be built among girls who have worked together with each other to build a bridge of friendship between Americans who are now too often strangers.

The tremendous enthusiasm, dedication and confidence of the girls attending this conference provided compelling evidence that the America of tomorrow is in good hands. In their present effort, the Girl Scouts deserve the thanks and support of all of us.

## Out Of Bounds

The National Labor Relations Board has too often made it a practice to impose penalties which would be beyond the pale of legal precedent and practice in a court of law. Now it has happened again. The NLRB has found that a firm, in its opinion, has engaged in unfair labor practices contrary to the National Labor Relations Act. Although the company involved believes that it is not guilty of violations and plans to appeal the case, the NLRB has ruled that it must mail a notice of the violations to all of its employees, post it on all company bulletin boards, and

at a meeting of all its employees, have a company official read the notice. According to The Wall Street Journal, the District of Columbia Court of Appeals has ruled that any such forced public confession was "degrading."

This case will eventually be decided in the Supreme Court, and it is to be hoped that the precedent of forced public confession will be reversed. It jeopardizes a fundamental tenet of human freedom—that no person believing himself innocent should be forced to declare publicly that he is guilty.

## United Nations -- An Important Force

The United Nations is the greatest experiment yet attempted in the age-long search for peace among nations. Imperfect as it is, the UN is so necessary that, as Adlai Stevenson said, "If the UN did not exist, it would have to be invented."

On October 24th, by proclamation of President Johnson, the nation will mark the 22nd anniversary of the founding of the United Nations. The occasion will be observed all over the country with prayer, with conferences on the many activities of the international organization.

Since its founding, the UN has often failed to fulfill the high hopes set for it. Many funeral orations have been pronounced over its grave. How often have we heard that "the UN has squandered its own credit and dissipated its usefulness" or "little remains of the original UN concept."

Those who bury the UN or have lost confidence in it overlook one fact: the UN's performance is limited by the limited resources provided by its members. The UN can only be as effective as the moral, political and financial support it receives. And when we consider that the UN also reflects the national, racial, ideological and economic differences of its 122 members, we have an idea of both the problems and potential of the world organization.

A realistic view of the UN's present capability is needed as we approach the world organization's anniversary. Fewer illusions will make for fewer disappointments. But we can take heart in the observation by Prof. Lincoln P. Bloomfield of M.I.T. that "the United Nations is the only political institution in history that became indispensable before it became effective."

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★ EDITORIAL PAGE ★

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### Guest Column

## The Gab Bag

By ALAN BROWNING, JR.  
(Hickory Tribune)

Bits of knowledge and wisdom with which you perhaps are not familiar:

Angeworms are of earth, earthy, and crawl for a living. The angeworm, though full of grit, is not quarrelsome. It was once said by naturalists that angeworm oil, rubbed on the back of the neck, would cure a man of lying. We don't believe this unless it kills the man. Death is the only safe cure (that has been discovered to the present date), for the falsehood disease. Angeworms are used by some people as an article of diet -- to catch fish with. They are handy to put on to a hook, and are rather difficult to take off again as every wicked person knows who has fished all day Sunday in a mill pond.

Then here is something you may not know about goats:

The goat is a coarse woolen sheep, with a cracked voice and a sanguine digestion. They had rather steal a rotten turnip out of a garbage can than come honestly by a peck of oats. They strike from the head instead of the shoulders, and are as likely to hit the mark as is a bumblebee. They are faithful critters in the hour of adversity, and will stick to a man as long as he lives in a shanty. They can climb everything except a greased pole and are always poor in the body but fat in the stomach. What they eat seems to all go to appetite. A fat goat would be a real curiosity.

There is no man so poor but that he can afford to keep one dog -- and we have known some so poor that they could afford to keep three.

We know some of this is going to make strange reading to the younger generation, but we are recalling things from a great many years ago. For instance, these remarks about a rooster:

Roosters are the pugilists among birds, and having no suitable shoulder to strike with, they strike from the beak and the heel. When a rooster gets whipped the hens all march off with the other rooster, even if he isn't half so big or as handsome. It is pluck that wins a hen. Roosters as a class won't do any household work. They spend most of their time in crowing and strutting, and once in a while they find a worm which they make a great fuss over, calling their wives up from a distance, apparently to treat them, but just as the hens get there, this elegant cuss bends over and gobbles up the worm.

Just like a man for all the world!  
Did you know that a great many people

put a lot of faith in their horoscope? We've never paid much attention to such goings on, but chancing across the horoscope for April, we read it just out of curiosity, having been born in April. This is what it said:

The man born this month will have a liquid temperament (meaning not stable, we suppose), but is not necessarily inclined to liquor. His great aim will be to get married (once), and he will succeed by marrying a beautiful and also good-looking wife. They will be happy as two lambs, and leave one son, whom they intended should be president of the United States, but who very wisely decided to go into some other line of endeavor. (We don't suppose that's so wrong, also had a daughter as well as a son).

Just so you won't feel left out, the lady born in April will have blue eyes, and a full set of teeth. Her heart will be as tender as a porterhouse steak. She will keep a lap dog, who will have weak eyes and whose Christian name will be Fanny. She will die and leave a bed quilt, which will go down to posterity, with upwards to 700 blocks in it.

We just thought you'd like to know.

Our wife was born in October, and just as a matter of curiosity we looked up her horoscope:

The woman born in October will be short of statue, and acquainted with grief. She will want a great many things in this world that aren't handy to be gotten. She will marry just about the right time, and undertakes to live with her mother-in-law, which is a difficult contract to fill, but being of sweet and gentle nature that even tolerates the cussedness of the man she married, she is indeed a jewel among women.

The horoscope for the woman who was born in July is quite interesting. It says:

The girl born this month will flash like a streak of yellow sunshine. She will be sought after like the halm of many flowers. She will have poetry for breakfast, and spend the rest of the day on zephyrs and chocolate caramels. The man who gets her for a wife will change into a butterfly, and the two will be seen, some sweet night, flying away to the song of the crickets.

Maybe this column isn't interesting, but it's at least educational.

### Pick of the Press

#### (The Cleveland Times)

As the Senate Armed Services Committee made clear, the war in Vietnam is going badly, what with McNamara's bans and certain inhibitions imposed by the President. But it could be worse. Think what would happen if the Supreme Court got into the act. In that event a 5-4 decision might require the military to carry on as follows:

1. The constitutional rights of Viet Cong and North Vietnamese must be respected under every circumstance.
2. Under no circumstance may an alleged enemy be summarily killed without due process, including the right to appeal.
3. No prisoner shall be denied counsel, and if he wishes to be represented by someone from Hanoi, Peking or Moscow, this must be arranged.

4. Since the court views with repugnance the doctrine of guilt by association, it shall not be considered evidence against a prisoner that he is found in enemy uniform. Such a person could, after all, be a Stokely Carmichael, a Yale professor or an American folksinger entertaining enemy troops, costumed for the occasion.

5. The military must cease and desist at once from the use of radar and other electronic devices which the court holds to be an unwarranted invasion of the privacy of the individual.

6. Before any missions are ordered into territory occupied by the enemy, proper warrants must be obtained from the court. A man's cave, foxhole or sniper's nest is his castle, and must be considered inviolate.

7. When any person suspected of participating in so-called enemy action is taken into custody a senior officer must read to him the Geneva Convention, the Charter of the United Nations and the statement of this Court to acquaint him with his rights.

8. If enemy soldiers wish to demonstrate, or take action that is annoying and offensive, there must be no interference with them under the doctrine of free speech and freedom of assembly.

9. Any member of the military who illegally burns the person of an alleged opponent, without observing the due process set forth herewith, shall be held liable and

## Vietnam And Court

shall be subject to civil and criminal action before this court.

10. Members of the military shall under no circumstances be required to take an oath of allegiance to the United States.

## FROM OUR FILES . . . . GLANCING BACKWARD AT "THE GOOD OLD DAYS"

(From the file of October 11, 1962)

Word has been received by the Chamber of Commerce from Congressman Roy A. Taylor that approximately 100 persons will be arriving in the Rosman - Brevard area in late June or early July, 1963, who will be associated with the operation of the Satellite Tracking Station.

The Brevard Police department has been instructed to rigidly enforce traffic regulations, particularly at the post office intersection.

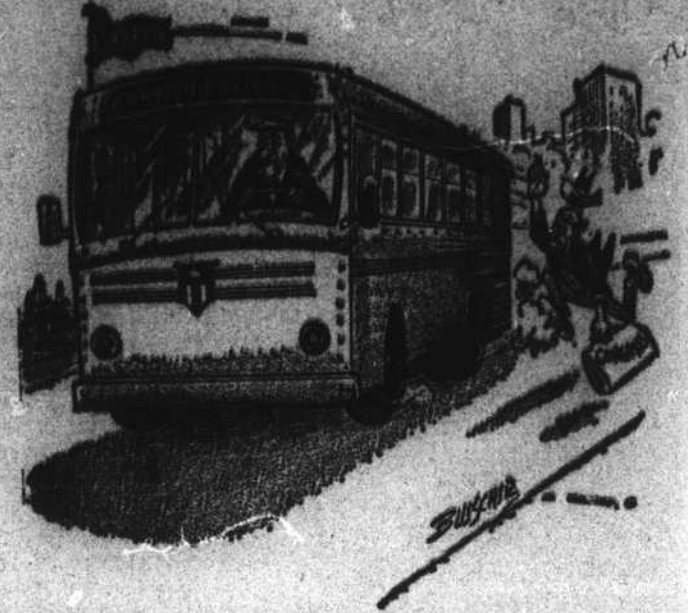
David Phillips, a student at Chowan college, Murfreesboro, spent last week here visiting his parents, Mr. and Mrs. Eston Phillips.

Charles S. Colwell, Jr., of 5 Stratford avenue, Brevard, has started his college year at Stevens Institute of Technology. It was announced by Charles Wellhausen, dean of students and admissions.

Mrs. Vernice McCall was elected secretary of the Neuman Rescue Squad Auxiliary at the meeting Tuesday night at the Neuman Squad center. She succeeds Mrs. Ed Carnecki who resigned.

A large crowd attended the ceremony held at the Postoffice Community center last Sunday afternoon, commemorating the cornerstone which was erected recently.

NOT FOR LOCAL STOPS



## LETTERS TO THE EDITOR

(Editor's Note: Letters must be brief, signed, typed or written legibly on one side of paper. We reserve the right to reject, edit, or condense. Letters should be received by The Times by Monday mornings.)

(Editor's note: The following letter was received by The Clarion, student newspaper at Brevard College, from Mr. and Mrs. Alan Wallace, who are touring England. Mr. Wallace has served on the Brevard College faculty for several years.)

September 30, 1967

Yesterday we saw an exhibit of children's art (ages 6 to 15). Today we saw the changing of the guards again at Buckingham. This afternoon we took a

boat ride on an old canal. Last night we saw a performance by a Russian Ensemble at Albert Hall. They were so well disciplined — they enjoyed the performance so much themselves. You got a feeling that the audience just stopped by to see it!

We saw the Elgin marbles at the British museum the other day — (If you can't go to Greece — see the Elgin marbles from the Parthenon.)

We heard the Royal Philharmonic orchestra twice. One all Tchaichorsky - Russian violinist — and Spanish pianist. We've seen 4 plays — from light comedy to melodrama.

We've walked three parts of 3 villages of London — Chelsea — Turn to Page Four

## THE EVERYDAY COUNSELOR

BY DR. HERBERT SPAUGH

There are two sides to the "New Morality" code which is being widely discussed in bull sessions on college campuses, according to Louis Cassels, veteran United Press International correspondent. He states that this new morality has been enthusiastically promoted by Playboy Magazine "with an assist from certain theologians who are not noted for their reticence about publicity."

He quotes from a report in the Journal of the American Medical Association by Dr. Seymore Halleck, director of student psychiatry at the University of Wisconsin. He said that 70 per cent of the coeds who responded to a confidential questionnaire affirmed the belief that there is "nothing wrong" with premarital sexual intercourse. However, he said only 22 per cent said they had actually engaged in intercourse. Cassels then quotes the Rev. Paul F. Bosch, Lutheran campus chaplain at Syracuse University, who sets forth counter-arguments which should be presented to young people who so secretly admire and approve the new morality.

Bosch contends that this new morality can be shown to be false at almost every point. He then proceeds to dissect "the four arguments most frequently mentioned by exponents of the new morality."

No. 1 - Sex is simply a game, like tennis. "As long as no one gets hurt, and no one takes it seriously, it's fun and there's no harm in it." He says that this light-hearted view may make some sense for boys, but not much to girls as there is "a vast difference between male sexuality and female sexuality." He notes that women have much more at stake in this experience, and take it more seriously. Subconsciously they realize that they are gambling with their future.

No. 2 - Sex is merely an appetite like hunger, and should be satisfied as matter-of-factly as any other normal human need."

Bosch's counter-arguments concede there is some truth in this, but observes that the premise that human happiness consists in prompt satisfaction of all appetites isn't true. Only spoiled children expect to have their wants gratified. Their ability to discipline appetites, including sex, is a mark of a mature personality.

No. 3 - "Sex is simply a matter of getting to know you." Bosch grants that sex does perform that function, but states that to know someone intimately is to put him or her in a position of vulnerability, in a position of getting hurt, without the security of total commitment on all levels of life.

No. 4 - Sex is simply an expression of love, a sign or symbol of affection, that Christians uphold as the ideal basis of all human relationships.

Here is the understanding of the true meaning of love. The English language has only one word, "love," to cover a range of human emotions. The Greeks used five different verbs to express love: (1) physical love, (2) love of friendship, (3) love of parents for children and children for parents, (4) conjugal love, (5) marital love. The latter is the kind of love which Christ commanded His followers to show to all persons, including their enemies. It is pure, unselfish love which has nothing to do with sexual expressions of love.

The chaplain concludes that "for the Christian, all of life is an expression of love. Love ought to be transparent in everything a person says, or does, or is . . . you learn what true love is all about only within the monogamous, indissoluble commitment of marriage — not in a series of sexual adventures, but from within a pledge of mutual faithfulness."

While true love is the basis of an enduring marriage, it reaches far beyond that in all our relationships. It is as the veteran psychiatrist, Dr. Simlay Blanton, put it in his book, "Love Or War." Get that book and read it. It's a Great Book, issued in paperback.