

# THE WOMEN'S PAGE

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PAGE SIX THE TRANSYLVANIA TIMES December 10, 1970

## BBQ Glaze Ends 'Ho Hum' Ham



If your family gives you that "ho hum" look when you put ham on the table, your ham needs help. Two things can do the trick and brighten those tired ham appetites around the table. First is barbecuing in a covered barbecue kettle to give the ham the rich, smoke-oven flavor that only outdoor cooking can achieve. A covered kettle helps seal in the natural juices and give the outside of the ham a crisp, brown texture. Second is to add one of a variety of glazes to encrust the ham with a distinct sweet or tangy taste. Try one or more of the following on your future hams.

1 cup mashed jellied cranberries	1/4 cup honey
1/2 teaspoon ginger	1/4 cup orange juice
1/2 teaspoon cinnamon	1/4 cup peach preserves
1/2 cup packed dark brown sugar	1/4 cup peach preserves
	1/4 cup peach preserves
	1/4 cup peach preserves

To prepare the ham score the fat diagonally and insert a whole clove at the center of each diamond that is formed by scoring. Cook over indirect medium heat for 9 minutes per pound. After 30 minutes baste with glaze. Baste again every 20 minutes if thick glaze is desired. With all but peach glaze garnish with pineapple rings and cherries 15 minutes before ham is done.

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## Distaff Deeds

By Janice R. Christensen  
Saves Child's Life

A child's life may have been saved because a Granville county homemaker, Mrs. Hattie Rogers, cared enough to share safety information with others.

Mrs. Rogers asked for extra copies of booklet on "first aid" to give to some friends who could not attend the Extension Homemakers meeting on accident prevention.

Not too long afterwards, a neighbor child swallowed poison. The mother followed the instructions in the first aid book given her by Mrs. Rogers; then rushed the child to the family physician.

"The child was not hospitalized and is doing fine," Mrs. Mary Parham, home economics Extension agent, says.

### Plenty Of Storage

Having too much furniture and other items and not enough storage is a problem to many people. But not to the Harvey Southard family of Yadkinville.

The Southard's moved into their new house, designed by an Extension house plan, in early November.

The house, which has 1,040 square feet, features eight closets, a bathroom cabinet, kitchen cabinets, and an enclosed laundry area with storage shelves.

"To get the best use of space, Mrs. Southard thinks everyone should request the assistance of the Extension Service when planning a house," Mrs. Christine Greene, home economics Extension agent, says.

### You Can Always Learn

Regardless of your age, physical condition or past interests, there's always room for more learning.

At least that's the philosophy of two elderly sisters, Mrs. Mary Endthuff and Mrs. Margaret Herther, Cumberland county.

Said Mrs. Herther, "since my sister and I retired, we had done nothing but play bridge and watch TV. Over a long period of time this became monotonous."

Then we began reading news articles about what Extension Homemakers were doing and decided to try a new hobby—sewing.

Pattern selection, basting, fitting and using an electric sewing machine were all "new" to the ladies. But they stayed with it. When the workshop ended, the two sisters modeled their garments with great pride. Mrs. Willie Loftin, home economics Extension agent, noted.

### Refused To Move

One homemaker in the Expanded Nutrition Program feels so strongly that her family is benefiting from the visits of the aide that she refused to move out of her aide's district.

The father had found a new home for the family, but when his wife learned that her Extension Program Aide could not visit across county lines, she insisted that a home be found near by.

This was done and the family is doing well in their new home. Mrs. Carroll Beckham, assistant home economics Extension agent, Wake county, reports.

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## BEEF RIB ROAST IS TOP CHOICE for Christmas table. Add gay platter garnish—Meringued Peaches.

No better selection can be made for holiday dinner than tender, juicy ribs of beef. Impressive, delicious and easy to prepare, it's a choice that's backed by both tradition and taste.

Be sure to have your retailer loosen back (chine) bone of rib roast by sawing across ribs and then tie the roast, advises Reba Staggs, home economist of the National Live Stock and Meat Board. This makes carving easier.

To prepare the beef, place a 3 to 4-rib roast, fat side up, on rack in open roasting pan. Insert meat thermometer so bulb is centered in the thickest part, making sure bulb does not rest in fat or on bone. Do not add water. Do not cover. Roast in slow oven (325°F.) to desired degree of doneness.

The meat thermometer will register 140°F. for rare; 160°F. for medium; 170°F. for well done. Allow 23 to 25 minutes per pound for cooking roast to rare; 27 to 30 minutes for med-

ium and 32 to 35 for well done. Roasts are more easily carved if they "stand" in warm place 20 minutes after removal from oven and before carving.

### Meringued Peaches

Fill centers of drained canned cling peach halves with mincemeat (1 tablespoon in each half). Top with stiff meringue (2 tablespoons sugar per egg white) and bake in 400°F. oven 5 to 7 minutes, until lightly browned.

### ADMINISTRATORS NOTICE

State of North Carolina County of Transylvania  
Having qualified as the administrator of the estate of Lillian H. Wilson, deceased late of the county of Transylvania, North Carolina, this is to give notice that all persons having claims against the estate of the deceased to present them to the undersigned administrator at 104 Hawthorne Dr., Brevard, N. C. on or before the 25th day of May, 1971, or this notice will be pleaded in bar of their recovery. All persons indebted to the said estate will please make immediate settlement.

This the 25th day of November, 1970.  
GEORGE W. WILSON  
Administrator Estate of Lillian H. Wilson deceased.  
12/3/4tc

## Household Hints

If your cakes tend to be uneven it indicates that the oven rack is not level. Leveling legs should be turned in or out. Fill cake pan half full of water to check your work. Top of water should parallel top of pan.

Use an old sheet to make a muslin pattern for a slipcover. Cut and fit it, then keep it for re-use.

### NOTICE OF SALE

State of North Carolina County of Transylvania

Under and by virtue of the power of sale contained in a certain Deed of Trust executed by Charles T. Cox and wife, Sheila F. Cox, dated the 18th day of August, 1969, and recorded in Book 83, Page 831, Records of Deeds of Trust for Transylvania County, North Carolina, default having been made in the payment of the indebtedness thereby secured and said Deed of Trust being by the terms thereof subject to foreclosure the undersigned Trustee will offer for sale at public auction to the highest bidder for cash at the Courthouse door in Brevard, North Carolina, at noon, on the 22nd day of December, 1970, the property conveyed in said Deed of Trust, the same lying and being in the County of Transylvania and State of North Carolina, in the Town of Brevard, and more particularly described as follows:

BEGINNING at a point in the center of Tinsley Road (State Road No. 1355) at a point located North 3 degrees East 300 feet from the point of intersection of the center line of said road with the center line of the Bridge over Kings Creek also located South 79 degrees 50 feet East 16.5 feet from an iron pipe on the West side of said road and runs thence North 79 degrees 50 feet West (passing said iron pipe at 18.3 feet) 114.2 feet to an iron pin; thence North 9 degrees 20 feet West 30.0 feet to an iron pin; thence North 49 degrees 30 feet East 100 feet to a point in the center of the aforesaid Tinsley Road; thence with the center line of said road South 3 degrees West 179 feet to the point of BEGINNING.

JOHN B. HUBSON, JR.  
Substitute Trustee  
11-28-70

When in need of job printing, call The Transylvania Times.

## Punchy Paragraphs

### Teens Up Food Budget

Food gets a bigger share of the total budget in families that have teenage appetites to satisfy.

### Livestock Census

While the "people" census is taken only once every ten years, livestock numbers are calculated annually. Perhaps it's because there aren't as many demographic groups to tabulate. At any rate, the nation's cattle, hog and sheep industries have managed through business like efficiency and know-how to keep the meat animal population high enough to feed the human population adequate amounts of beef, veal, pork and lamb. Here's what the livestock population amounts to in 1970: 112.3 million cattle and calves; 56.7 million hogs and pigs and 20.4 million sheep and lambs.

### Food Up; Income Up More

Last year consumers spent \$511 per person for all food, a 34 per cent increase over the 1957-'59 average. Personal income, however, for the same period rose 68 per cent, from \$1,864 to \$3,098. Thus, people who spent 20.6 per cent of disposable income on foods during '57-'59 period spent only 16.5 per cent in 1969, a decrease of over 4% for food.

### 8,000 Choices

Today's shopping consumer has approximately 8,000 different items to choose from in a big supermarket. About 2,000 new items are added to the shelves every year.

### Soaring Seventies

By 1980 it is estimated personal consumer spending will hit eight hundred billion dollars annually. About 66 per cent of the American people will have a real income over \$7,500 a year and one in four families will enjoy a income of over \$15,000.



THE SWITCHABLES—Cone's plush cotton corduroy styles separates that can get together or go it alone. At left, garrison pants are matchmated with the new longer vest. The zip-up mini jumper can stand alone or pair up with the garrisons for a tunic/pant look. All three are from Blue Bell, a division of Lady Wrangler.

### NOTICE

The undersigned, having qualified as Administrator CTA of the Estate of GEORGE A. REILLY, deceased, late of Transylvania County, North Carolina, this is to notify all persons having claims against said Estate to present them to the undersigned on or before the 19th day of May, 1971, or this notice will be pleaded in bar of their recovery. All persons indebted to said Estate will please make immediate payment to the undersigned.

This 19th day of November, 1970.  
Gayle E. Ramsey  
Administrator CTA, Estate of George A. Reilly, Deceased.  
Ramsey, Hill, Smart & Ramsey  
Post Office Box 426  
Brevard, North Carolina - 28712  
11-19-4tc

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