

TRANSYLVANIA'S MENTAL HEALTH PROGRAM

By - Dr. Joanna Byers
Consulting Psychologist

Forum On Drug Use And Abuse Reaction!

This week I am bringing to you a letter sent to me. It says what I have been trying to say — and says it much better.

I have just finished reading your article in today's Times, and I can certainly see the point you are trying to get across to the parents, as I see it so clearly.

Most every case of drug use that's been reported in Transylvania County has derived from the youth's home environment. The father is a heavy drinker, the mother is a nervous alcoholic wreck, habitual arguments that spring from being under the influence, children are aroused from their sleep when the Father comes in all hours of the night, and a fight occurs, cursing and name calling.

I wish I could put the words on paper that would sound right to make the parents see they are destroying their children! When the child or children become involved in drugs or alcohol, armed robbery or sex, they ask "How could you do this to your Mother and me?" I'll tell you how they can do it—easy! They need to escape from the life they've been forced into.

Thank you Dr. Byers for reading this. It's my story. I hope you will have it printed in next week's Times.

* * *

People have been saying "I've had it up to my ears about drugs!" This is only one area of concern for the Mental Health Program. This letter points up very remarkably how much the behavior and beliefs of the child.

With all the changes in society many parents are at a loss as to how to handle present day problems of child rearing. The message

Two County Students Receive Degrees At Appalachian State

Two Transylvania students received degrees from the Appalachian State University at Boone recently. They are Sue Ella Kirkman, who received her degree in Elementary Education, and Ray Charles Eugene, who received the Master of Arts degree in the same field.

Kirkman and Eugene were among a total of \$1,259 students who were awarded undergraduate and graduate degrees at the May 30th Spring Commencement ceremonies.

Candidates for the degrees were presented by Deans William C. Strickland, William V. Muse, Ben H. Horton, Nicholas Erneston and Cratis Williams.

Dr. W. H. Plemmons, president emeritus of the institution, and Dean Williams presented the candidates for honorary degrees. All degrees were conferred by Dr. Herbert Wey, ASU president.

for today is that the first step in learning how to be a good parent is to learn how to be a real person. This means seeing yourself as you are, and accepting yourself as an individual who is not entirely good or not entirely bad, but with strengths and weaknesses. It means having an idea of training a child to become adult. Training means many years of teaching, guiding and helping the young person to learn the skills of living. Long years of training. Not one day or one weekend, but day by day effort. It means helping the young person when he runs into a problem, even though it is your time to put your feet up and rest. It means saying over and over again "You can do it. Try again." And it means giving praise when praise is due. It means giving punishment when needed. And it means some kind of consistent expectancy for the child to grow. Being a parent isn't measured in clock time. It is a full time job. So if you are starting out with young children, get set for the long grind. If you have children partly grown take a look to see whether you've missed some of the good years; and if you have, start now to enjoy being a parent.

The reward of all parents is in seeing a child grow, develop and learn. Many people will be enjoying the reward of seeing their children graduate from High School or College. Many others are enjoying the fruits of middle-age, that of being grand-parents.

So look at yourself. Are you able to run the course of years? If you fall can you pick yourself up and keep going? Can you tolerate both good and bad times? If you say "yes" then you are on the way to becoming a real person who can be a good parent.

Vacation Time Reported In The Cedar Mountain Section

By - Mrs. Nancy Logan
Mrs. Ruby Skerrett

CEDAR MOUNTAIN — "School is Out" seems to be the biggest news around here. All the children are busy having fun and catching up on some playing. Many activities are planned for the summer in scouting, community work and church work, so they'll all be busy soon.

The BTU Social held on Sunday night was indeed a big success. Delicious fried chicken was served along with many fine dishes brought by those attending. Following the meal a very interesting slide show was given by Mr. and Mrs. J. H. Boulet of Sherwood Forest. They have a collection of International prize winning slides and we can all understand why. They were certainly beautiful and it was enjoyed by everyone. We want to say thank you to Mr. and Mrs. Boulet.

Brownie Troop 99 enjoyed a cook out at the center on Tuesday. Hamburgers and all the trimmings were the menu. They even cooked a cake outside for their dessert. This was all done under the leadership of Mrs. Willene Bishop and Mrs. Barbara Jones.

The Solomon Jones family met for a family get-together at the center on Saturday night. A delicious meal was served by the ladies and everyone had a real good time.

Mr. and Mrs. Curtis Lane of Decatur, Georgia spent the weekend at their home in Cedar Mountain.

Mr. and Mrs. George Stinson of Cincinnati, Ohio spent the weekend at their home here and were joined by their daughter, Melody who is attending Western Carolina.

Sunday guests of Mrs. Claude

Jones were Mr. and Mrs. Vernon Jones of Asheville, N. C.

Ralph Howard of Decatur, Georgia, visited Mr. and Mrs. Paul Jones over the weekend.

Mrs. Olivia Sebastian has returned to her home here after a trip to Fredericksburg, Virginia visiting relatives.

Renee, Charleen and Lee Smith enjoyed last week end at the beach with relatives. They are the children of Mr. and Mrs. Willard Smith.

Smokey Says



... along with women and children!

When in need of job printing, call The Transylvania Times.

Stuart English Given Degree Sunday, ECU

Edwin Stuart English, son of Mr. and Mrs. Edwin S. English, of Nicholson road, received his BA degree at East Carolina University, Greenville, (N. C.), Sunday afternoon.

Some 2,000 Bachelor's and Master's degrees were awarded during the ceremonies.

Dr. Raymond Lewis Bisplinghoff was the graduation speaker.

Mr. and Mrs. English attended the ceremonies.

(Editor's Note: Letters must be brief, signed, typed or written legibly on one side of paper. We reserve the right to reject, edit, or condense. Letters should be received by The Times by Monday mornings.)

LETTERS TO THE EDITOR

120 Broadview Circle
Brevard, N. C.
May 31st, 1971

Route 1
North Carolina, 28712
May 28, 1971

Dear Mr. Anderson:

A special recognition is due to one Mrs. Art Fore, Director of Music at the First Baptist Church.

If you have not heard the Youth Choir of the church sing "Now Hear It Again," you have missed a most heart touching performance.

Under Mrs. Fore's direction and talents, these fifty young people are speaking to us with the beat of their drums, the strings of their guitars and in their language.

This musical has already been presented the third time and each time "You Hear It Again", it tells you something.

I would urge anyone and parents to watch for the announcement of the next presentation and let our young people speak to us, it can certainly "fill the generation gap," and your hearts.

Sincerely,
Mrs. Don (Dee) Blackwell

Transylvania Committee For The Prevention On Drug Abuse

Dear Sirs:

I would like to say something about the letter printed in last week's "Letters to the Editor", signed by some of the Rosman high school students.

I regret to say that I was one who signed it. I sympathize with my classmates and understand their reactions, but I also recognize that our letter sounded "High and Mighty".

In this time of trouble which affects all of us we should work together.

I am not trying to cut anyone down, especially my own school, but I think that we did act a little fast without thinking about the matter. I think that it's time we worked together as friends. This drug problem has got to be solved. We have got to work together so as to get our country rid of it!

Thank you very much for listening.
Sincerely yours,
Beth Shepherd
Rosman High School

CLOSING-OUT SALE

YES, BOWER'S IN BREVARD IS Going Out Of Business

And Here Are Just A Few Of The Outstanding Values You'll Find At Our Sale, Now In Progress!

250 PAIR
LADIES' SANDALS
99c Pair

MEN'S
JARMAN SHOES
8.88 a pair

Large Valure
BATH TOWELS 1.29
WASH CLOTHS 15c & 27c

BOYS'
SHORT SLEEVE SHIRTS
PERMANENT PRESS
1.22

Double Knit POLYESTER
2.98 yd.

ALL SEWING NOTIONS & TRIMS
1/2 price

HURRY IN TO BOWER'S SALE OF A LIFETIME TODAY —
While Selections Are Still Good!

100% NYLON TRICOT
LADIES' PANTIES
48c a pair
BIKINI STYLE
42c a pair

SORRY, NO EXCHANGES NO REFUNDS



ALL SALES FINAL!